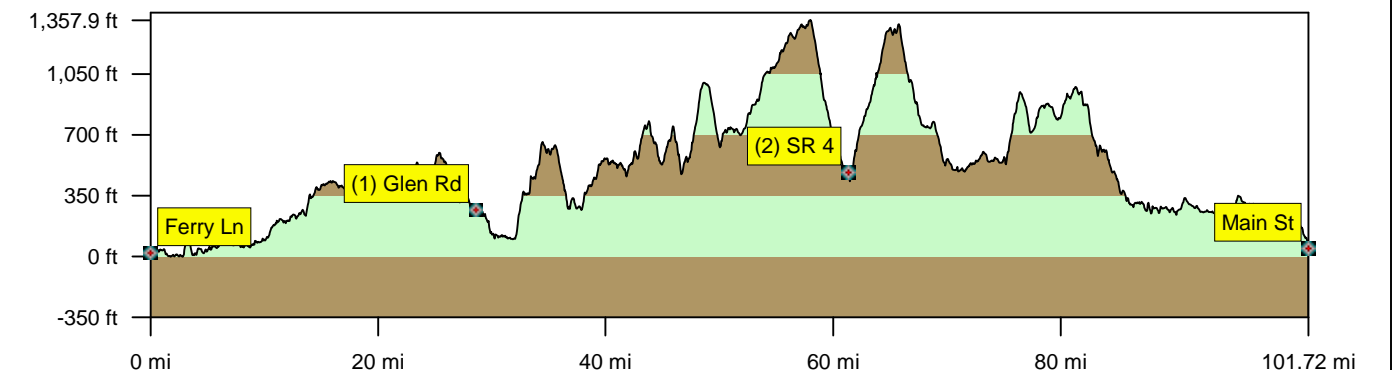
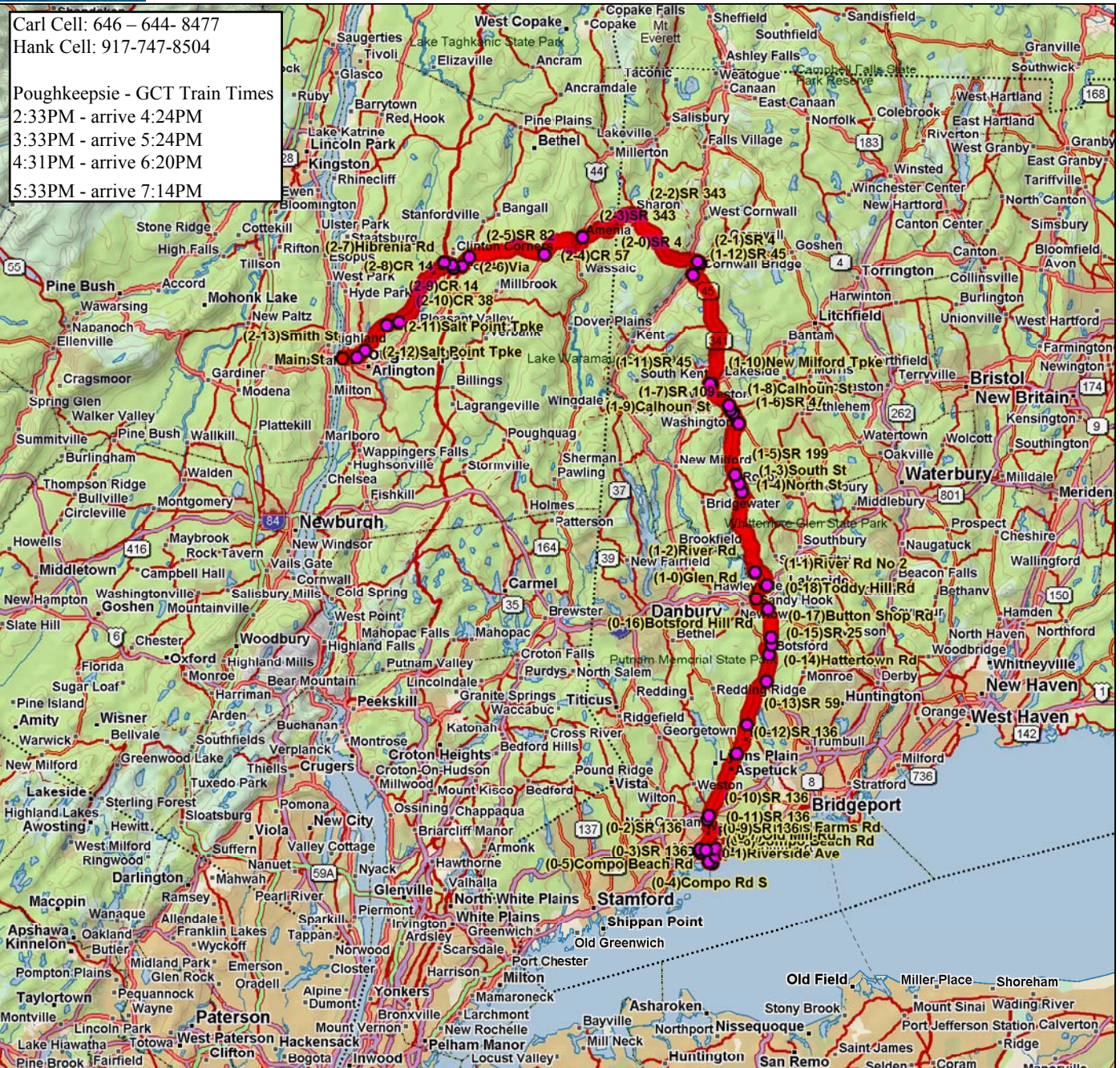


Turn	Westport to Poughkeepsie	For	Total
-	Start Westport RR Station	0	0
L	Ferry Lane (under tracks)	0.3	0.3
R	Riverside Ave	0.2	0.5
R	Bridge Street (Over Saugatuck Riv)	0.5	1.0
R	Compo Road	0.9	1.9
BR	Compo Beach Road	0.5	2.4
BL	Sound View Ave (along beach)	0.4	2.8
BR	Hillspoint Ave (continue along beach)	1.0	3.8
L	Greens Farm Rd	0.8	4.6
R	Rte 136 / Compo Rd (x US1 at light)	2.6	7.2
BR	Rte 136 to end (@Rte 57 merge)	8.5	15.7
S	Rte 59 to end	4.5	20.2
L	Rte 25	2.8	23.0
R	Swamp Rd to end	0.4	23.4
R	Botsford Hill Rd	0.2	23.6
BR	Toddy Hill Rd to end	3.0	26.6
L	Rte 34	1.3	27.9
S	Glen Road [Sandy Hook – quick snack]	1.6	29.5
L	River Road	1.7	31.2
R	Purchase Brook Rd/Brown Brook Rd /South St to Rt 67	8.2	39.4
BL	North Street / Rte 67 [Roxbury]	1.0	40.4
BR	Rte 199 to end	4.5	44.9
L	Rte 47 [Washington]	1.0	45.9
L	Rte 109 - Calhoun St	0.3	46.2
BR	Calhoun St (Rte 109 continues to L)	0.5	46.7
BL	Baldwin Hill Rd to end	2.0	48.7
L	US 202 [New Preston]	0.5	49.2
R	Rte 45 [Warren]	10.3	59.5
R	US 7 [Cornwall Bridge – lunch stop]	1.2	60.7
L	Rte 4 to end [Sharon]	8.0	68.7
S	Rte 343 (X NY Line)	5.0	73.7
S	US 44 [Amenia]	4.8	78.5
R	Co 57 / Shunpike Road	6.7	85.2
L	Rte 82	1.1	86.3
R	Hibernia Road	0.6	86.9
R	Co 13 / Clinton Corners Rd	0.3	87.2
L	Co 14/Hollow Rd (X Taconic Pkwy – Caution!!)	0.7	87.9
L	Rte 115 / Salt Pt Tpk	10.5	98.4
R	Salt Pt Tpk to Smith Street	1.3	99.7
R	US 44 / 55 - Arterial to Mill & Station	1.0	100.7

Carl Cell: 646 - 644- 8477
 Hank Cell: 917-747-8504

Poughkeepsie - GCT Train Times
 2:33PM - arrive 4:24PM
 3:33PM - arrive 5:24PM
 4:31PM - arrive 6:20PM
 5:33PM - arrive 7:14PM



Lin Dist: 101.6 mi	Terr Dist: 101.7 mi	Elev Gain: 26.8 ft	Avg Grade: 3
Climb Elev: 8,516.4 ft	Desc Elev: 8,489.6 ft	Max. Elev: 1,357.9 ft	Min. Elev: -0.4 ft
Climb Dist: 51.3 mi	Desc Dist: 50.4 mi		

