

**NYCC \* Kensico Dam 57 Miles**

Go/Do	Where	Seg.	Dist.	Go/Do	Where	Seg.	Dist.
	Boathouse to E.102nd St. Exit	1.6	1.6	Straight	Fisher>Walworth>Fox Meadow	3.1	36.4
Straight	102nd Street	0.1	1.7	Right	Crane Rd.	0.0	36.4
Left	Madison Ave. - over Bridge	2.1	3.8	Quick L	East Parkway	0.2	36.6
Left	Grand Concourse	5.1	8.9	Right	Popham/Ardsley	0.1	36.7
Right	Van Courtlandt Ave. East	0.3	9.2	Left	Scarsdale Rd. (to end)	2.5	39.2
Left	Bainbridge > Jerome Ave.	1.3	10.5	Right	through intersection to Parkview Ave. (to end)	1.1	40.3
Right	East 233rd St.	0.1	10.6	Left	Pondfield - bear R thru Traf. Cir. Cross Palmer	0.2	40.5
Left	Van Courlandt <u>Park</u> East	0.5	11.1	Straight	Parkway Rd.	0.4	40.9
Right	240th St.	0.4	11.5	Right	DeWitt - over parkway	0.0	40.9
Right	McLean	0.1	11.6	Bear L	Midland > Bronx River Rd.	2.8	43.7
Left	Bronx River Rd > Midland	2.8	14.4	Right	McLean (240th)	0.2	43.9
Bear R	over parkway	0.0	14.4	Left	241st St.	0.3	44.2
Quick L	Parkway Rd.	0.2	14.6	Left	Van Cortland Park East	0.5	44.7
Left	Paxton	0.2	14.8	Right	East 233rd St.	0.1	44.8
Left	Palmer	0.1	14.9	Left	Jerome Ave.	0.9	45.7
Right	onto bike path	0.3	15.2	Right	W. Gunhill Rd. - cross Mosholu Pkwy - Bear L	0.5	46.2
Right	over wood bridge	0.0	15.2	Right	Sedgwick	0.2	46.4
Straight	continue on bike path to end <i>Enter Bronx River Parkway - closed to cars Sundays May- Oct. Rejoin turnsheet at Westch.Civic Cen. parking lot</i>	3.5	18.7	Right	Van Courtland Ave. West downhill - stay left	0.2	46.6
	<b>Otherwise:</b>			Left	Bailey	1.1	47.7
Right	Strathmore	0.0	18.7	Right	225th St.	0.1	47.8
Quick L	Garth (at Eastchester sign)	0.7	19.4	Left	Broadway	0.3	48.1
Right	Popham	0.1	19.5	Right	218th St. (after Bridge)	0.2	48.3
				Left	Seaman	0.8	49.1
Left	East Parkway	0.2	19.7	Left	Riverside	0.0	49.1
Right	Crane Rd.	0.0	19.7	Quick R	Broadway	0.5	49.6
Quick L	Fox Meadow>Walworth>Fisher	3.1	22.8	Right	Bennett	0.7	50.3
Straight	onto Bank St. at traf. light (Getty Sta.)	0.4	23.2	Right	181st St.	0.1	50.4
Left	Hamilton - under train sta.	0.0	23.2	Left	Ft. Washington	0.8	51.2
Quick R	onto bike path	0.3	23.5	Right	165th St.	0.1	51.3
				Left	Riverside Dr.	4.9	56.2
				Left	72nd St.	0.5	56.7
				Straight	Park Entrance to Boat House	0.6	57.3
	<b>Rejoin from Parkway:</b>						
Straight	thru Westch.Civ.Cen. park lot	0.1	23.6				
Straight	onto bike path to Dam Plaza	2.7	26.3				
Right	Broadway (sign to rte. 22)	0.4	26.7				
Left	Hillandale	0.0	26.7				
Quick L	onto Route 22 North	0.6	27.3				
Left	W. Lake Dr.-cross top of Dam	1.6	28.9				
Left	Kensico Rd. (steep downhill!)	0.5	29.4				
Right	Broadway - to village and deli or pizza	0.1	29.5				
Left	to Dam Plaza - LUNCH!!!	0.3	29.8				
Return	Exit Dam Plaza - cross Broadway onto Bike Path	2.7	32.5				
Straight	thru Westch.Civ.Cen. park lot	0.1	32.6				
Straight	bike path - cross Hamilton	0.4	33.0				
Left	Main Street	0.0	33.0				
Quick R	Bank St.	0.3	33.3				
Straight	at Getty Sta. onto Fisher	0.0	33.3				