

Nyack

from Central Park Boathouse

Total mi.	turn	Street	For (mi)	Total mi	Turn	Street	For (mi)
0.0	L	E. Drive Central Park	2.1	30.0	L	Broadway	0.2
2.1	L	110 th (CP North)	0.4	30.2	L	Depew	0.1
2.5	R	Morningside Drive	0.5	30.3	1 st R	Piermont	3.3
3.0	L	120 th St.	0.4	33.6	L	Ash to Gazebo-LUNCH	0.1
3.4	R	Riverside Drive	2.0	33.7	L	Main	0.2
5.4	R	155 th St	-	33.9	BR	Piermont Ave	0.2
5.4	BL	Old Riverside Dr	0.2	34.1	R	Ferdon	0.8
5.6	L	Riverside	0.3	34.9	L	Valentine	-
5.9	R	162 nd	0.1	34.9	R	Carteret (becomes Piermont)	5.4
6.0	L	Fort Washington	0.8	40.3	BR	At County—stay on Piermont	1.3
6.8	L	177 th	0.1	41.6	L	Hudson	0.3
6.9	R	Cabrini	-	41.9	R	Magnolia	0.4
6.9	L	Across GW bridge	1.3	42.3	L	Hillside	0.1
8.2	R	Hudson Terrace to T	2.1	42.4	R	Serpentine	0.4
10.3	L	Palisade Ave.	0.4	42.8	L	Westervelt	0.1
10.7	R	Summit	0.7	42.9	R	Engle	0.1
11.4	L	Lyncrest	0.3	43.0	L	Woodland Park Dr	0.4
11.7	R	Woodland St	0.8	43.4	R	Leroy	0.1
12.5	L	Churchill to T	0.7	43.5	QL	Churchill	0.7
13.2	R	Leroy	0.1	44.2	R	Woodland St	1.1
13.3	QL	Woodland Park Dr.	0.4	45.3	L	Pershing	0.2
13.7	R	Engle to T	1.2	45.5	R	Summit	0.3
14.9	L	Hudson Av	0.4	45.8	L	John	0.3
15.3	R	County Rd	1.0	46.1	R	Hudson Terrace	2.0
16.3	BR	Anderson	1.8	48.1	L	GW bridge	1.3
18.1	L	Hickory	0.6	49.4	R	178 th Street	0.1
18.7	R	Piermont Rd \approx Carteret	4.1	49.5	R	Cabrini	0.1
22.8	L	Valentine to T	0.2	49.6	R	177 th	-
23.0	L	Piermont Av \approx Orangeburg	0.3	49.6	L	Haven	0.5
23.3	R	Hickey	0.1	50.1	R	Fort Washington	0.1
23.4	1 st L	King's Highway to T	1.6	50.2	R	165 th	0.1
25.0	R	303	0.2	50.3	L	Riverside	4.9
25.2	R	Mountain View	-	55.2	R	Just before 72 nd st to Eleanor Roosevelt statue	
25.2	L	Greenbush	1.4				
26.6	R	303	0.1				
26.7	R	Greenbush	0.6				
27.3	R	Bradley	0.7				
28.0	BR	Bradley uphill	0.7				
28.7	L	Highland to TL	0.3				
29.0	L	Stay on Highland	0.2				
29.2	BL	9W @ TL	0.1				
29.3	1 st R	Depew	0.5				
29.8	L	Broadway to Spoon (PIT STOP)	0.2				

L=left, R=right, Q=quick, B=bear, X=cross
TL=traffic light