

Inwood Hill Park and Roller Skating Rink

L-Left Turn R-Right Turn S-Straight

X- Cross QL – Quick Left BL- Bear Left

| Turn | Total Miles | Street | For | | Turn | Total Miles | Street | For |
|------|-------------|---|-----|--|------|-------------|--|-----|
| L | 0.0 | Out of Boathouse | 2.1 | | | | ***RETURN*** | |
| L | 2.1 | 110 th Street | .3 | | | | | |
| R | 2.4 | Morningside Drive | .5 | | | 8.6 | Ride out of Inwood Hill Park | .2 |
| L | 2.9 | W. 120th Street | .4 | | L | 8.7 | Dyckman | .1 |
| R | 3.3 | Riverside Drive | 1.7 | | | | Rest at Tread Bicycle Shop...shop! | |
| R | 5.0 | W. 155 th Street go 1 blk | - | | | 8.8 | Continue Dyckman | .1 |
| BL | 5.0 | Riverside Dr. 3 blks | .2 | | R | 9.2 | Broadway | .4 |
| X | 5.2 | Riverside Dr (at light) and | - | | R | 10.0 | Bennett (uphill steep) | .8 |
| QL | 5.2 | Uphill Riverside Dr Ramp (Hill) | .3 | | R | 10.1 | 181 St | .1 |
| R | 5.5 | 160 th Street | .1 | | L | 10.2 | Ft. Washington St | .1 |
| L | 5.6 | Ft. Washington Ave | .9 | | | | | |
| | | Rest Bus Station | | | | 15.7 | Continue past Bus Station and home | 5.5 |
| | | Right out of Bus Station on Ft. Washington | | | | | | |
| QL | 6.5 | 179 th Street | .1 | | | | | |
| | | Check out N Sidewalk GWB | | | | | | |
| R | 6.6 | Cabrini | .1 | | | | NOTE: continue North on | |
| R | 6.7 | W. 180 | .1 | | | | Seaman from Dyckman, | |
| L | | Pinehurst | -- | | | | then right on 218 th St. & left on Broadway | |
| L | 6.8 | W. 181 St. (Steep Down Hill) to T | .1 | | | | for a nice route toward | |
| R | | At bottom turn R & <u>walk</u> over ped bridge. | -- | | | | Riverdale and on to Westchester | |
| L | 8.0 | Greenway Walk to end | 1.2 | | | | | |
| | | Walk down steps onto sidewalk (not the road!) | | | | | | |
| L | | Ride on sidewalk 100 feet. (not on road...it goes wrong way!) | -- | | | | | |
| L | 8.1 | Staff St. (careful crossing highway entry road) | .1 | | | | | |
| L | 8.2 | Dyckman St. to end | .1 | | | | | |
| R | | Into Inwood Park Walk (1 st Walk) | | | | | | |
| S | 8.4 | To unused skate rink near end of park on the right | .2 | | | | | |

