

Go	At	On	For
	0.0	Start of route	0.0
<b>L</b>	0.0	East Dr	2.2
<b>R</b>	2.2	Exit Park at Adam Clayton Powell Jr Blvd	0.0
<b>QL</b>	2.2	W 110th St/Central Park N	0.2
<b>S</b>	2.4	@ Circle, continue straight onto W 110th St/Cathedral Pkwy	0.7
<b>R</b>	3.1	Riverside Dr	3.6
<b>R</b>	6.7	W 181st St/Plaza Lafayette	0.1
<b>L</b>	6.8	Cabrini Blvd	0.7
<b>S</b>	7.4	@ Circle, exit onto Margaret Corbin Dr	0.7
<b>BL</b>	8.1	TRO Margaret Corbin Dr	0.2
<b>S</b>	8.3	Merge onto Henry Hudson Pkwy north, keep far to right on shoulder <b>Note:</b> Caution!	0.2
<b>S</b>	8.6	Take exit 17 toward Dyckman Street <b>Note:</b> Caution!	0.1
<b>L</b>	8.7	Henshaw St	0.1
<b>QR</b>	8.7	Dyckman St	0.1
<b>QL</b>	8.8	Seaman Ave	0.7
<b>R</b>	9.6	W 218th St	0.2
<b>L</b>	9.8	Broadway north	0.2
<b>S</b>	9.9	cross Broadway Bridge, use sidewalk <b>Note:</b> caution	0.2
<b>R</b>	10.1	W 225th St ⇒ Kingsbridge Rd	0.5
<b>L</b>	10.6	Sedgwick Ave	0.2
<b>R</b>	10.8	W 197th St	0.3
<b>L</b>	11.1	Goulden Ave	0.3
<b>R</b>	11.4	Bedford Park Blvd W	0.8
<b>L</b>	12.3	Webster Ave⇒⇒Bronx River Rd⇒Midland	2.7
<b>S</b>	14.9	Bronx River Rd	2.2
<b>S</b>	17.1	Midland Ave	0.6
<b>L</b>	17.7	Parkway Rd	0.5
<b>S</b>	18.2	@ Circle, take the 2nd exit onto Pondfield Rd W <b>Note:</b> Bronxville	0.0
<b>QL</b>	18.2	TRO Pondfield Rd W	0.2
<b>R</b>	18.4	Parkview Ave	1.0

Go	At	On	For
<b>S</b>	19.4	Scarsdale Rd	1.2
<b>BR</b>	20.7	TRO Scarsdale Rd	1.0
<b>BL</b>	21.7	Lynwood Rd	0.2
<b>R</b>	21.9	Ardsley Rd/ Popham Rd <b>Note:</b> Scarsdale	0.2
<b>L</b>	22.1	East Pkwy	0.2
<b>R</b>	22.3	Crane Rd	0.0
<b>QL</b>	22.4	Fox Meadow Rd	0.9
<b>L</b>	23.3	TRO Fox Meadow Rd ⇒ Waltham Ave⇒ Fisher Ave	2.1
<b>R</b>	25.4	TRO Fisher Ave⇒ Quarropas St	0.5
<b>L</b>	25.9	Mamaroneck Ave	0.2
<b>R</b>	26.1	Main St/Rte 119 E <b>Note:</b> White Plains	0.2
<b>L</b>	26.3	Rt 22 north/N Broadway	6.4
<b>L</b>	32.7	Rt 120 north/King St	0.2
<b>BR</b>	32.9	Whippoorwill Rd <b>Note:</b> climb!	3.4
<b>L</b>	36.3	TRO Whippoorwill Rd	1.4
<b>R</b>	37.7	Rt 117/N Bedford Rd	0.4
<b>L</b>	38.0	Roaring Brook Rd	0.6
<b>S</b>	38.6	Cross MN Railroad tracks & Saw Mill Pkwy <b>Note:</b> Caution!	0.1
<b>BL</b>	38.7	TRO Roaring Brook Rd <b>Note:</b> climb!	0.9
<b>R</b>	39.6	Quaker Rd/ Rt 120 north	0.8
<b>L</b>	40.4	Hardscrabble Rd <b>Note:</b> easy to miss!	4.1
<b>L</b>	44.4	Pleasantville Rd <b>Note:</b> (continue on Pleasantville Rd if to railroad station)	0.6
<b>S</b>	45.0	Bedford Rd	0.1
<b>PIT</b>	45.1	Lunch at Jean-Jacques	0.0
<b>QL</b>	45.1	Return on Bedford Rd.	0.1
<b>QL</b>	45.2	TRO Bedford Rd	1.4
<b>L</b>	46.6	NY-448 S	2.4
<b>R</b>	49.0	NY-448 S/Bedford Rd	1.5
<b>L</b>	50.4	Broadway/ Rt 9 <b>Note:</b> (continue on Beekman Ave if to Tarrytown railroad station)	5.1
<b>BR</b>	55.5	Cedar St	0.2
<b>L</b>	55.7	Main St <b>Note:</b> Dobbs Ferry	0.4

<b>Go</b>	<b>At</b>	<b>On</b>	<b>For</b>
<b>BL</b>	56.1	across Walnut onto Livingston Ave	0.2
<b>BR</b>	56.3	Broadway	0.8
<b>R</b>	57.1	Warburton Ave⇒ Riverdale Ave	7.0
<b>R</b>	64.1	W 252nd St	0.2
<b>L</b>	64.3	Independence Ave	0.3
<b>R</b>	64.6	Sharp right onto Spaulding Ln	0.2
<b>S</b>	64.8	Palisade Ave	1.4
<b>S</b>	66.2	Johnson Ave	0.2
<b>BR</b>	66.5	TRO Johnson Ave ⇒ Irwin Ave	0.4
<b>R</b>	66.9	W 230th St	0.2
<b>R</b>	67.1	Marble Hill Ave	0.1
<b>QR</b>	67.2	at the 1st cross street onto W 228th St	0.1
<b>QL</b>	67.3	Adrian Ave	0.2
<b>L</b>	67.5	W 225th St	0.2
<b>R</b>	67.6	and walk bike over Broadway Bridge	0.3
<b>R</b>	67.9	W 218th St	0.2
<b>L</b>	68.1	Seaman Ave	0.8
<b>L</b>	68.9	Riverside Dr	0.0
<b>QR</b>	68.9	Broadway	0.5
<b>R</b>	69.4	Bennett Ave	0.4
<b>R</b>	69.8	W 187th St	0.1
<b>QR</b>	69.9	Overlook Terrace	0.1
<b>L</b>	70.0	W 190th St	0.0
<b>QL</b>	70.1	Fort Washington Ave	1.2
<b>R</b>	71.3	W 165th St	0.1
<b>L</b>	71.4	Riverside Dr	2.2
	73.6	Grant's Tomb	0.0
	73.6	End of route	