

Go	At	On	For
	0.0	Start of route	0.0
	0.0	NJ side of GW Bridge, go south on sidewalk/path on the eastern side of Rt 505/Hudson Terrace <i>Start</i>	0.5
<b>BL</b>	0.5	Henry Hudson Drive, aka "River Road", may have barrier, caution!	7.1
<b>S</b>	7.5	Continue Uphill at Circle, ascend "Alpine Hill"	1.2
<b>R</b>	8.8	9W north	3.2
<b>R</b>	12.0	Ludlow Ln/Lamont Doherty Institute access road	1.0
<b>L</b>	13.0	Washington Spring Rd	0.3
<b>R</b>	13.2	US-9W N	0.3
<b>R</b>	13.5	Tallman State Park trail <i>Just past the Market</i>	1.4
<b>L</b>	14.9	At barrier, turn left onto road	0.1
<b>R</b>	15.0	road at T	0.2
<b>BR</b>	15.2	at circle and continue straight past barrier	0.5
<b>R</b>	15.7	Ferdon Avenue across bridge	0.2
<b>L</b>	15.8	Sharp left onto Tate Avenue	0.2
<b>BL</b>	16.0	Ash Street	0.1
<b>QL</b>	16.1	Sharp left onto Hudson Terrace	0.1
<b>QR</b>	16.1	Sharp right onto Old Erie Path	2.3
<b>S</b>	18.4	Cross S. Broadway to continue on trail <i>Caution</i>	0.7
<b>L</b>	19.1	Jog left/right across Clinton Ave onto S. Franklin St.	1.0
<b>R</b>	20.1	6th Ave	0.1
<b>L</b>	20.2	N Broadway	1.8
<b>PIT</b>	22.0	Pit stop at Nyack Beach State Park <i>Then continue north on unpaved bike path along the river</i>	1.5
<b>BR</b>	23.6	Haverstraw Trail	3.4
<b>S</b>	26.9	Riverside Ave ⇒ West St ⇒ Maple Ave	1.7
<b>L</b>	28.7	W Broad St/Bike Rte 9	0.1
<b>R</b>	28.8	Conklin Ave/Bike Rte 9	0.3
<b>R</b>	29.1	Westside Ave/Bike Rte 9	0.1
<b>L</b>	29.2	Samsondale Ave/Bike Rte 9	0.3

Go	At	On	For
<b>R</b>	29.5	Tanneyanns Ln	0.3
<b>R</b>	29.8	E Railroad Ave ⇒ Beach Rd	2.1
<b>R</b>	31.9	Beach Rd/Bike Rte 9	0.4
<b>L</b>	32.3	Tomkins Ave/Bike Rte 9	0.4
<b>R</b>	32.7	9W	1.0
<b>PIT</b>	33.7	Optional coffee stop @ Cove Deli	2.9
<b>R</b>	36.6	River Rd/bike Rte 9	0.5
<b>S</b>	37.1	Jones Point Path	1.9
<b>R</b>	39.0	9W	1.7
<b>R</b>	40.7	@ Circle, take 1st exit for Bear Mt. Bridge and US-202 E/US-6 E	0.6
<b>BR</b>	41.3	after bridge TRO Rt 202 / Rt 6	3.6
<b>S</b>	44.9	At circle, take 1st exit to continue straight onto US-202 E/US-6 E	0.2
<b>R</b>	45.1	Briarcliff-Peekskill Parkway	0.1
<b>QR</b>	45.2	at end of cement barrier and left onto sidewalk - downhill	0.2
<b>L</b>	45.3	Old Pemart Avenue	0.3
<b>S</b>	45.7	North Water Street	0.2
<b>R</b>	45.9	South Water Street	0.2
<b>R</b>	46.0	Hudson Avenue - train @ 1:31 pm	0.1
	46.1	End of route	