

| Go | At | On | For |
|------------|------|---|-----|
| | 0.0 | Start of route | 0.0 |
| L | 0.0 | Riverside Dr | 4.3 |
| R | 4.3 | 155th St. | 0.0 |
| BL | 4.4 | TRO Riverside Dr. | 0.2 |
| L | 4.6 | after intersection and up ramp TRO Riverside Dr | 0.3 |
| R | 4.9 | W 162nd St | 0.1 |
| L | 5.0 | onto Fort Washington Ave | 0.8 |
| L | 5.8 | W 179th St | 0.0 |
| BR | 5.8 | TRO W 179th St | 0.1 |
| BR | 5.9 | Cabrini Blvd | 0.1 |
| QL | 6.0 | GWB North Walk | 1.4 |
| R | 7.4 | Hudson Terrace | 1.9 |
| L | 9.3 | E Palisade Ave | 0.2 |
| R | 9.5 | Floyd St | 1.0 |
| L | 10.5 | Van Wagoner Dr | 0.1 |
| L | 10.7 | Johnson Ave | 0.3 |
| R | 11.0 | N Woodland St | 0.7 |
| L | 11.7 | Churchill Rd (to end) | 0.7 |
| R | 12.4 | Leroy St | 0.2 |
| S | 12.6 | Straight onto Stonehurst Dr | 0.4 |
| R | 12.9 | TRO Stonehurst Dr (to end) | 0.2 |
| R | 13.2 | Engle St | 0.1 |
| QL | 13.2 | E Clinton Ave | 0.4 |
| BR | 13.6 | County Rd | 1.9 |
| S | 15.5 | Straight onto Anderson Ave | 1.8 |
| L | 17.3 | Hickory Ln | 0.6 |
| R | 17.9 | Piermont Rd | 2.0 |
| R | 19.8 | Rockleigh Rd | 1.3 |
| R | 21.1 | Oak Tree Rd | 0.1 |
| L | 21.3 | Route 9W | 1.1 |
| R | 22.4 | Rockland Rd (at Tallman Mt. Park sign) | 0.7 |
| R | 23.1 | Ferdon Ave | 0.3 |
| S | 23.4 | Piermont Ave | 0.2 |
| PIT | 23.5 | Lunch at Bunberry or get a sandwich at the Market to take to the Pavillion | 0.2 |
| S | 23.7 | Head south on Piermont Ave onto Ferdon Ave | 0.8 |
| L | 24.5 | Valentine then quick right to follow NY-340 E, becomes Piermont Rd., becomes County Rd. | 5.8 |

| Go | At | On | For |
|-----------|------|--|-----|
| BR | 30.3 | Piermont Rd | 1.3 |
| L | 31.7 | Hudson Ave (hard to see sign) | 0.2 |
| R | 31.9 | County Rd | 0.7 |
| L | 32.6 | E Clinton Ave (around bend) | 0.1 |
| QR | 32.6 | Dean Dr | 0.9 |
| L | 33.5 | E Hudson Ave (to end) | 0.5 |
| R | 34.1 | Elkwood Terrace | 0.1 |
| QL | 34.2 | Lydecker St | 0.1 |
| R | 34.3 | TRO Lydecker St | 0.2 |
| S | 34.5 | Jog L/R to cross Glenwood Rd and continue on Lydecker | 0.6 |
| L | 35.1 | Walnut St (up hill to end) | 0.6 |
| L | 35.7 | N Woodland St | 0.1 |
| R | 35.8 | Pershing Ave | 0.3 |
| R | 36.1 | Summit St | 0.3 |
| L | 36.4 | E Palisade Ave | 0.4 |
| R | 36.8 | Hudson Terrace | 2.0 |
| L | 38.8 | GWB North Walk | 1.4 |
| S | 40.2 | W 180th St | 0.1 |
| R | 40.3 | Fort Washington Ave | 0.2 |
| R | 40.5 | W 177th St | 0.1 |
| L | 40.6 | Haven Ave | 0.5 |
| R | 41.1 | Fort Washington Ave | 0.1 |
| R | 41.2 | W 165th St | 0.1 |
| QL | 41.3 | Riverside Dr | 4.9 |
| R | 46.2 | Eleanor Roosevelt Statue at 72nd St. | 0.0 |
| | 46.2 | End of route | |