

Go	At	On	For
	0.0	Start of route	0.0
L	0.0	Head north on East Drive	2.2
BR	2.2	Adam Clayton Powell Jr Blvd	0.4
L	2.6	W 117th St	0.0
QR	2.6	Saint Nicholas Ave	2.3
S	4.9	Continue straight	0.0
QL	5.0	Sharp left onto Amsterdam Ave	0.0
QR	5.0	Saint Nicholas Ave	0.4
L	5.4	W 168th St	0.2
R	5.5	Fort Washington Ave	0.4
L	5.9	W 177th St	0.1
R	6.0	Cabrini Blvd	0.1
QL	6.1	sidewalk, then left again onto bridge ramp	1.3
R	7.4	Hudson Terrace	2.0
L	9.4	E Palisade Ave	0.1
R	9.5	Rte. 9W	5.0
L	14.5	Closter Dock Rd	2.6
L	17.0	High St	1.1
S	18.1	Old Hook Rd	0.8
R	19.0	Bogerts Mill Rd	0.4
L	19.4	Harriot Ave ⇒ Rivervale	0.5
BL	19.8	around curve	1.9
R	21.8	Old Tappan Rd	3.6
R	25.4	Main St	0.1
BL	25.4	Oak Tree Rd	0.2
R	25.6	Livingston St	0.3
R	25.9	TRO Livingston St	0.2
PIT	26.1	Lunch @ Northvale Diner, then continue south on Livingston/CR-505	0.5
L	26.6	Paris Ave	1.1
R	27.6	Piermont Rd	3.9
S	31.5	Straight onto Piermont Rd (County Rd./CR-501 turns left)	1.8
L	33.3	Central Ave	0.1
QR	33.4	County Rd	0.4
L	33.8	E Clinton Ave	0.1
QR	33.8	Dean Dr	0.9
L	34.7	E Ivy Ln ⇒ E. Hudson	0.1
S	34.8	E Hudson Ave	0.5
R	35.2	Elkwood Terrace	0.1

Go	At	On	For
QL	35.3	Lydecker St	0.1
R	35.5	TRO Lydecker St	0.2
L	35.7	Jog left/right across Glenwood Rd TRO Lydecker	0.6
L	36.3	Walnut St	0.6
L	36.8	N Woodland St	0.1
R	36.9	Pershing Ave	0.3
R	37.3	Summit St	0.3
L	37.6	E Palisade Ave	0.4
R	38.0	Hudson Terrace	2.0
L	40.0	GWB bike path	1.3
R	41.3	Cabrini Blvd	0.1
QR	41.3	W 177th St	0.0
QL	41.4	Haven Ave	0.5
R	41.8	Fort Washington Ave	0.1
R	42.0	W 165th St	0.1
QL	42.1	Riverside Dr	3.9
L	46.0	W 90th St	0.7
R	46.6	West Dr	0.0
	46.6	End of route	