

Go	At	On	For
	0.0	Start of route	0.0
<b>L</b>	0.0	Union out of train station.	0.1
<b>QL</b>	0.1	Church St S	0.5
<b>L</b>	0.6	Sargent Dr	0.3
<b>R</b>	0.9	Vision Trail	0.1
<b>QR</b>	1.0	after Long Wharf Dr onto bike path	0.7
<b>L</b>	1.7	Turn left	0.1
<b>QR</b>	1.8	Long Wharf Dr	0.0
<b>QL</b>	1.8	Long Wharf Dr	0.1
<b>QL</b>	1.8	Sargent Dr ⇒ 5th St.	0.4
<b>R</b>	2.2	Greenwich Ave	0.3
<b>L</b>	2.6	1st St	0.0
<b>QL</b>	2.6	Quick left onto Kimberly Ave	0.9
<b>L</b>	3.5	1st Ave ⇒ Beach	1.9
<b>S</b>	5.3	sidewalk and onto Savin Rock Trail	1.0
<b>BR</b>	6.3	TRO Savin Rock Trail	0.1
<b>QL</b>	6.4	Ocean Ave	2.1
<b>L</b>	8.6	Take 2nd exit off traffic circle onto New Haven Ave.	0.6
<b>BL</b>	9.1	Kings Hwy	0.3
<b>L</b>	9.4	TRO Kings Hwy	0.2
<b>R</b>	9.6	Mark St	0.2
<b>R</b>	9.8	Abigail St	0.1
<b>QL</b>	9.9	Merwin Ave ⇒ Edgefield ⇒ Melba	2.2
<b>R</b>	12.1	Odell Ave	0.1
<b>L</b>	12.2	Welchs Point Rd ⇒ Gulf St.	1.6
<b>L</b>	13.9	Elton St ⇒ Shipyard Ln.	0.3
<b>L</b>	14.2	across foot bridge	0.0
<b>QL</b>	14.2	Factory Ln/Helwig	0.2
<b>R</b>	14.4	High St	0.1
<b>QL</b>	14.5	Green St	0.2
<b>L</b>	14.7	Lafayette St ⇒ Rogers Ave.	0.6
<b>R</b>	15.2	E Broadway	1.1
<b>R</b>	16.3	thru gate onto Silver Sands Park Rd.	0.3
<b>L</b>	16.6	TSO Silver Sands Park Rd.	-0.1
<b>QL</b>	16.5	TRO Silver Sands Park Rd	0.4
<b>L</b>	17.0	at Nettleton Ave onto bike path	0.2
<b>R</b>	17.2	Viscount Dr.	0.1
<b>R</b>	17.3	TSO Viscount Dr	0.1
<b>QL</b>	17.4	E Broadway	0.8
<b>R</b>	18.1	Botsford Ave	0.4
<b>R</b>	18.5	Milford Point Rd	0.4

<b>L</b>	18.9	Naugatuck Ave	0.3
<b>L</b>	19.2	Baldwin St	0.1
<b>QR</b>	19.3	Quick right onto Lenox Ave	0.1
<b>QL</b>	19.4	Quick left onto Edgemont Rd	0.3
<b>R</b>	19.7	Rivercliff Dr	0.2
<b>L</b>	19.9	Bridgeport Ave/US 1	0.2
<b>BR</b>	20.1	Barnum Avenue Cutoff	0.2
<b>BR</b>	20.3	E Main St	0.4
<b>L</b>	20.7	Patterson Ave	0.0
<b>QL</b>	20.7	Quick left TRO Patterson Ave ⇒ Clinton	0.4
<b>R</b>	21.0	Hurd Ave	0.4
<b>L</b>	21.4	Main St	1.2
<b>R</b>	22.6	Stratford Ave	1.3
<b>BR</b>	23.9	Connecticut Ave ⇒ Stratford Ave ⇒ Fairfield Ave	5.3
<b>L</b>	29.2	Riverside Drive	0.9
<b>R</b>	30.1	S Benson Rd	0.2
<b>L</b>	30.3	Old Post Rd ⇒ Oldfield	1.7
<b>R</b>	32.0	Sasco Hill Rd	0.3
<b>L</b>	32.4	Harbor Rd	0.1
<b>L</b>	32.5	TRO Harbor Rd	0.6
<b>BR</b>	33.1	Westway Rd	0.2
<b>L</b>	33.4	Pequot Ave ⇒ Beachside ⇒ Greens Farms ⇒ Bridge St.	5.3
<b>L</b>	38.7	Riverside Ave	0.1
<b>R</b>	38.8	Charles St	0.2
<b>L</b>	39.0	Saugatuck Ave ⇒ Winfield	2.1
<b>L</b>	41.1	East Ave	0.1
<b>R</b>	41.2	Van Zant St	0.4
<b>L</b>	41.6	Fort Point St	0.5
<b>L</b>	42.1	S Main St	0.9
<b>BR</b>	43.0	Meadow St ⇒ Wilson	0.8
<b>L</b>	43.8	TSO Wilson Ave	1.3
<b>R</b>	45.1	at T onto Rowayton Ave. ⇒ Cudlipp ⇒ Tokeneke	1.1
<b>L</b>	46.2	Old Farms Rd. Immediate right onto Locust Hill Rd. ⇒ Old Kings Hwy	1.7
<b>BL</b>	47.9	Boston Post Rd/Post Rd	1.4
<b>L</b>	49.3	Weed Ave	0.9
<b>R</b>	50.2	Turns right onto Cove Rd ⇒ Elm	1.3
<b>L</b>	51.5	Jefferson St ⇒ Dock St.	0.6
<b>L</b>	52.1	Pacific St	0.2
<b>R</b>	52.3	Henry St	0.3
<b>L</b>	52.6	Washington Blvd	0.1

<b>QR</b>	52.6	Quick right onto Pulaski St ⇒ Greenwich Ave.	0.2
<b>S</b>	52.8	Greenwich Ave	0.3
<b>R</b>	53.1	Selleck St ⇒ Brown House Rd.	1.0
<b>R</b>	54.2	Harding Rd	0.2
<b>L</b>	54.4	Laddins Rock Rd; then immediate right onto Sound Beach Ave.	0.1
<b>L</b>	54.6	Lockwood Rd	0.7
<b>R</b>	55.2	Lockwood Ln	0.3
<b>L</b>	55.5	U.S. 1 S	0.4
<b>L</b>	56.0	River Rd/River Run	0.7
<b>L</b>	56.7	Strickland Rd ⇒ Station Dr.	0.3
<b>L</b>	57.0	Sound Shore Dr	0.5
<b>L</b>	57.4	Indian Field Rd	0.2
<b>R</b>	57.6	Bruce Park Dr ⇒ Davis Ave.	0.8
<b>S</b>	58.5	@ Circle, take the 2nd exit onto Indian Harbor Dr	0.1
<b>R</b>	58.6	Museum Dr	0.2
<b>BL</b>	58.8	Arch St/Steamboat Rd	0.3
<b>L</b>	59.1	Horseneck Ln	0.3
<b>R</b>	59.4	Field Point Rd	0.0
<b>BL</b>	59.4	Prospect St	0.1
<b>QL</b>	59.5	Old Field Point Rd ⇒ Hamilton ⇒ Ritch ⇒ Delavan ⇒ Mill	2.3
<b>L</b>	61.8	N Main St/US 1	0.5
<b>BL</b>	62.3	Grace Church St	1.3
<b>L</b>	63.6	Forest Ave	1.5
<b>R</b>	65.2	Oakland Beach Ave ⇒ Osborne Rd.	1.5
<b>BL</b>	66.6	CR-54 Halstead Ave	2.0
<b>L</b>	68.6	Mamaroneck Ave	0.2
<b>R</b>	68.8	Palmer Ave	3.0
<b>L</b>	71.8	Stephenson Blvd	0.4
<b>R</b>	72.2	Main St	0.1
<b>BR</b>	72.3	Huguenot St	0.5
<b>L</b>	72.8	Lecount Pl ⇒ Locust Ave.	0.3
<b>R</b>	73.1	Clinton Pl	0.2
<b>L</b>	73.3	S Division St	0.1
<b>QR</b>	73.3	Prospect St	0.1
<b>QL</b>	73.4	Centre Ave	0.2
<b>R</b>	73.6	Elm St	0.2
<b>S</b>	73.8	@ Circle, continue straight TRO Elm St	0.5
<b>L</b>	74.3	Weyman Ave	0.2
<b>R</b>	74.5	Mt Tom Rd	0.6
<b>R</b>	75.2	Pelhamdale Ave	0.1

<b>L</b>	75.3	Manor Cir	0.0
<b>QL</b>	75.3	TRO Manor Cir	0.2
<b>L</b>	75.5	Park Ln	2.1
<b>L</b>	77.6	Turn left, cross Shore Rd.	0.0
<b>QR</b>	77.6	Turn right, cross City Island Rd., continue over bridge on bike path	0.7
<b>R</b>	78.4	to Pelham Path	0.7
<b>R</b>	79.1	TRO Pelham Path	0.1
<b>R</b>	79.2	Turn right, cross Pelham Pkwy. at crosswalk	0.0
<b>QL</b>	79.2	continue on path	1.6
<b>R</b>	80.8	Pelham Pkwy N	0.0
<b>QL</b>	80.9	Pelham Pkwy N	0.2
<b>R</b>	81.1	at end, then cross left onto bike path	0.4
<b>S</b>	81.5	Continue straight	0.2
<b>BL</b>	81.7	Mosholu Parkway Greenway	0.0
<b>QL</b>	81.7	TRO Mosholu Parkway Greenway	1.8
<b>BL</b>	83.5	TRO Mosholu Parkway Greenway	0.0
<b>QR</b>	83.6	TRO Mosholu Parkway Greenway	0.7
<b>BR</b>	84.2	John Kieran Nature Trail	0.2
<b>R</b>	84.4	John Kieran Nature Trail	0.1
<b>R</b>	84.5	John Kieran Nature Trail	0.0
<b>S</b>	84.5	John Kieran Nature Trail	0.0
<b>QL</b>	84.5	Putnam Trail	0.0
<b>QR</b>	84.6	Turn right	0.2
	84.7	Ride ends at 242nd St/Van Cortlandt Park stop on #1 train.	0.5
	85.2	End of route	