

Go	At	On	For
	0.0	Start of route	0.0
L	0.0	East Dr	2.2
R	2.2	Exit park at Adam Clayton Powell Jr Blvd and turn left onto 110th St.	0.2
S	2.4	@ Circle, take the 2nd exit onto W 110th St/Cathedral Pkwy	0.7
R	3.1	Riverside Dr	2.3
R	5.4	155th St. and bear left onto Riverside Dr.	0.2
L	5.6	At 158th St. take 3rd left up hill TRO Riverside Dr	0.3
R	5.9	W 162nd St	0.1
L	6.0	Fort Washington Ave	0.8
L	6.8	W 179th St	0.0
BR	6.9	TRO W 179th St	0.1
BR	6.9	Cabrini Blvd	0.1
QL	7.0	GWB North Walk	1.4
R	8.4	Hudson Terrace	1.9
L	10.3	E Palisade Ave	0.4
R	10.7	Summit St	0.7
L	11.4	Lyncrest Rd	0.4
R	11.8	N Woodland St	1.0
R	12.8	Kent Rd	0.2
L	13.0	E Clinton Ave	1.0
R	14.0	Depeyster Ave	0.4
L	14.5	Highwood Ave	0.1
R	14.6	Park St	0.2
L	14.8	Hudson Ave	0.0
QR	14.9	Knoll Rd	0.2
R	15.1	Engle St	0.5
BL	15.6	Hillside Ave ⇒ Union Ave.	0.6
R	16.2	Cross RR tracks & bear right TRO Union Ave	0.0
S	16.2	Straight (slight left) onto Grant Ave	0.4
R	16.6	Brookside Ave	0.8
L	17.4	Hardenburgh Ave	0.3
R	17.7	Knickerbocker Rd ⇒ Livingston	2.5
L	20.2	Blanch Ave	0.6
R	20.8	Tappan Rd	2.1
L	22.9	TRO Main St	0.1
BL	23.1	Greenbush Rd	0.5

Go	At	On	For
R	23.5	Western Hwy	2.3
L	25.8	Blauvelt Rd	0.7
R	26.5	Van Wyck Rd	0.5
L	27.1	5th Ave	0.5
R	27.5	Sickletown Rd	0.8
R	28.3	TRO Sickletown Rd ⇒ Strawtown Rd.	3.3
S	31.6	Brewery Rd where CR 23 turns right	1.2
L	32.8	3rd St	0.6
S	33.4	Cross 304	0.2
L	33.6	S Main St	0.2
PIT	33.8	CITY LINE DINER <i>Left out of parking lot onto S. Main St. after lunch</i>	0.2
L	34.1	Laurel Rd	0.9
R	34.9	Brewery Rd	0.7
S	35.6	Strawtown Rd/CR-23	2.3
L	37.9	W Nyack Rd	0.4
R	38.3	CR-15/Western Hwy	3.8
L	42.0	Highview Ave <i>Caution crossing RR tracks</i>	0.1
L	42.2	Greenbush Rd	0.1
R	42.3	Orangeburg Rd	0.1
S	42.4	Cross NY-303 onto NY-340 E	1.2
L	43.6	Kings Hwy ⇒ Hickey	0.1
R	43.7	Rte. 9W	11.7
L	55.4	E Palisade Ave	0.1
R	55.5	Hudson Terrace	1.9
L	57.5	GWB North Walk	1.4
S	58.9	W 180th St	0.1
R	59.0	Fort Washington Ave	0.1
	59.1	End of route	