Go	At	On	For
GO			
	0.0	Start of route	0.0
S	0.0	Head north on Jerome Ave E 233rd St	0.6
			_
L	0.8	Van Cortlandt Park E	0.4
PIT	1.2	Pit stop at playground	0.4
L	1.6	McLean Ave	0.8
R	2.4	TRO McLean Ave	0.2
L	2.5	TRO McLean Ave	0.2
R	2.8	Tibbetts Rd  Note: Traffic light at bottom of downhill	0.2
L	3.0	Alan B Shepard Jr Pl	0.1
QR	3.0	S County Trailway	11.6
R	14.6	At Main St., walk bikes on side- walk to cross walk and cross with light; then left on sidewalk to Vreeland	0.0
QR	14.6	Vreeland Ave ⇒ Hayes St	0.5
R	15.1	Lamont St	0.1
L	15.2	Saw Mill River Rd  Note: There's no light - may be difficult to cross. Use caution.	0.0
PIT	15.2	Pit stop @ Dunkin' Donuts	0.2
L	15.4	Warehouse Ln	0.3
R	15.7	N County Trailway	5.2
L	20.9	Sharp left uphill to exit N County Trailway	0.1
R	21.0	NY-117 S	0.3
L	21.3	NY-448 S	0.1
R	21.4	Old Sleepy Hollow Rd	1.7
BL	23.1	Sleepy Hollow Rd  Note: CAUTION: Fast downhill to stop sign	1.4
S	24.5	Take right fork onto Webber Ave to end	0.5
R	25.0	Bedford Rd	0.2
L	25.2	Broadway	0.0
QR	25.2	Beekman Ave	0.0
PIT	25.2	Pick up lunch at J & G Italian Deli <b>Note:</b> Then continue down Beek- man	0.1
R	25.4	Pocantico St	0.3
L	25.7	Broadway	0.2

Go	At	On	For
R	25.9	Bellwood Ave	0.2
L	26.1	Palmer Ave	0.3
L	26.4	into park	0.3
S	26.7	Tarrytown Light-Kingsland Point	0.0
		Path	
PIT	26.7	Picnic in park; then return to park	0.4
		exit	
R	27.1	Palmer Ave	0.3
R	27.4	Bellwood Ave	0.2
S	27.6	Pierson Ave	0.1
R	27.7	Broadway	5.3
R	33.1	TRO Broadway/US-9	1.5
R	34.6	Warburton Ave ⇒ Riverdale Ave	4.7
R	39.3	Prospect St	0.1
QL	39.4	Hawthorne Ave	1.1
L	40.5	Valentine Ln	0.5
R	41.0	S Broadway	1.5
PIT	42.5	Snack stop @ Lloyd's Carrot Cake	0.2
PIT	42.7	Pit stop at Van Cortlandt Park	0.3
R	43.0	W 240th St	0.1
QL	43.1	2nd left onto Tibbett Ave	0.7
L	43.8	W 230th St	0.1
R	43.9	Marble Hill Ave	0.1
QL	44.0	W 228th St	0.1
R	44.1	Broadway	0.1
R	44.2	Cross Broadway Bridge on side-	0.1
		walk	
	44.4	Note: Yield to pedestrians	0.0
R	44.4	Exit sidewalk onto Broadway	0.2
R	44.5	W 218th St	0.2
L	44.7	Seaman Ave	0.8
	45.5 45.5	Riverside Dr	0.0
QR		Broadway	0.5
R	46.0	Bennett Ave W 181st St	
R QL	46.7 46.8		0.1
R	46.8	Fort Washington Ave W 165th St	0.8
QL	47.7	Riverside Dr	3.6
	51.3	Ride ends at 97th & Riverside	0.0
	51.3	End of route	