

Go	At	On	For
	0.0	Start of route	0.0
<b>L</b>	0.0	Riverside Dr	1.6
<b>R</b>	1.6	W 155th St and bear left on Riverside Dr	0.2
<b>R</b>	1.8	W 158th St	0.0
<b>QL</b>	1.8	Take 3rd left uphill on Riverside Dr	0.3
<b>R</b>	2.1	W 162nd St	0.1
<b>L</b>	2.2	Fort Washington Ave	0.7
<b>L</b>	2.9	W 177th St	0.1
<b>QR</b>	3.0	Cabrini Blvd	0.1
<b>QL</b>	3.1	sidewalk then left again onto ramp	1.3
<b>R</b>	4.4	Hudson Terrace	2.0
<b>L</b>	6.4	E Palisade Ave	0.4
<b>R</b>	6.8	Summit St	0.6
<b>L</b>	7.3	Fairview Ave	0.2
<b>R</b>	7.6	Booth Ave	0.2
<b>R</b>	7.7	N Woodland St	1.1
<b>R</b>	8.9	Kent Rd	0.2
<b>L</b>	9.0	E Clinton Ave	1.0
<b>R</b>	10.1	Depeyster Ave	0.4
<b>L</b>	10.5	Highwood Ave	0.1
<b>R</b>	10.6	Park St	0.2
<b>L</b>	10.9	Hudson Ave	0.0
<b>QR</b>	10.9	Knoll Rd	0.2
<b>R</b>	11.1	Kenilworth Dr ⇒ Devonshire	0.1
<b>R</b>	11.2	Engle St	0.4
<b>R</b>	11.6	Hillside Ave	0.3
<b>L</b>	11.9	Ross Ave	0.5
<b>R</b>	12.4	County Rd	0.3
<b>S</b>	12.7	Anderson Ave	0.5
<b>L</b>	13.2	Hardenburgh Ave	0.9
<b>PIT</b>	14.1	Pit stop @ Dunkin'	0.4
<b>R</b>	14.5	Columbus Rd	1.1
<b>L</b>	15.6	Demarest Ave	0.1
<b>R</b>	15.8	Knickerbocker Rd	0.7
<b>BR</b>	16.4	Livingston St	0.3
<b>L</b>	16.7	Highland Ave	0.3
<b>R</b>	16.9	Tappan Rd ⇒ Main St	2.6
<b>R</b>	19.6	Oak Tree Rd	0.5
<b>L</b>	20.1	Joseph B. Clarke Rail-Trail	1.0
<b>L</b>	21.1	Cross Washington Ave TRO Rail-Trail	0.1

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<b>BL</b>	21.2	TRO paved Rail-Trail	2.0
<b>R</b>	23.2	across Mountain View Ave TRO Rail-Trail	0.7
<b>R</b>	23.9	Western Hwy S	0.0
<b>PIT</b>	23.9	Possible pit stop @ Blauvelt Library	2.5
<b>L</b>	26.4	W Nyack Rd	0.0
<b>PIT</b>	26.4	Food/snack stop in W. Nyack - delis & ice cream	0.4
<b>R</b>	26.8	Strawtown Rd	0.7
<b>R</b>	27.5	Old Mill Rd	2.3
<b>L</b>	29.9	Kings Hwy	1.7
<b>R</b>	31.5	Congers Rd/ Congers Lake Rd W	0.4
<b>S</b>	31.9	Lake Rd	0.3
<b>PIT</b>	32.2	Coffee @ Dunkin' or pick up lunch @ deli at end of shopping strip for picnic in Rockland Lake Park <i>Then continue up Lake Rd</i>	0.5
<b>BL</b>	32.7	Rockland Lake Rd	0.7
<b>PIT</b>	33.4	Picnic & bathrooms at Parking Field #2 <i>Then continue on park road</i>	0.2
<b>L</b>	33.6	Landing Rd at T	0.4
<b>S</b>	34.1	unpaved bike path	1.7
<b>PIT</b>	35.7	Pit stop @ Nyack Beach bathrooms if needed	0.0
<b>S</b>	35.7	N Broadway	0.0
<b>BR</b>	35.8	TRO N Broadway	2.1
<b>PIT</b>	37.9	Various food/snack places in Nyack	0.2
<b>R</b>	38.1	Depew Ave	0.2
<b>L</b>	38.2	S Franklin St	0.4
<b>BL</b>	38.7	Raymond G. Esposito Trail	0.2
<b>BL</b>	38.9	Cuomo Bridge path	3.6
<b>PIT</b>	42.5	End of bridge path - bathrooms & vending machines	0.1
<b>QR</b>	42.5	S Broadway <i>For train to NYC, turn left on Broadway</i>	0.2
<b>R</b>	42.7	Paulding Ave	0.1
<b>BR</b>	42.8	Van Wart Ave	0.3
<b>L</b>	43.1	at end onto Riverwalk	0.6

Go	At	On	For
S	43.6	Lyndhurst Museum Ln	0.4
R	44.0	TRO Lyndhurst Museum Ln	0.1
QR	44.1	Old Croton Trailway State Park	1.0
R	45.1	N Aqueduct Ln	0.0
QL	45.1	Main St	0.0
QR	45.1	S Aqueduct Ln	0.1
S	45.2	Old Croton Trailway State Park	1.8
S	47.0	Cross Chestnut St TRO Old Croton Aqueduct Trail	0.5
BL	47.5	TRO Old Croton Aqueduct Trail	0.9
R	48.4	Chauncey Ln	0.0
QL	48.4	Broadway	0.0
BR	48.4	Old Croton Trailway State Park	0.4
BR	48.8	TRO Old Croton Trailway State Park	0.4
BL	49.2	Pinecrest Dr	0.0
BR	49.2	Old Croton Trailway State Park	0.9
S	50.1	Cross Odell Ave TRO Old Croton Trailway State Park	2.3
L	52.4	Bishop William J Walls Pl	0.0
QR	52.4	N Broadway	0.1
QR	52.5	Ashburton Ave	0.1
L	52.6	Warburton Ave	0.4
S	53.0	Riverdale Ave	0.2
R	53.2	Prospect St	0.1
QL	53.3	Hawthorne Ave	1.1
L	54.4	Valentine Ln	0.5
R	54.8	S Broadway	2.1
R	56.9	W 240th St	0.1
QL	57.0	Tibbett Ave	0.7
L	57.7	W 230th St	0.1
R	57.8	Kingsbridge/Marble Hill Ave	0.1
QR	57.9	W 228th St	0.1
S	57.9	Terrace View Ave	0.2
S	58.2	W 225th St	0.2
R	58.4	Broadway Bridge sidewalk <i>Yield to pedestrians</i>	0.3
R	58.7	W 218th St	0.2
L	58.8	Seaman Ave	0.6
R	59.4	Beak St	0.0
QL	59.5	Payson Ave	0.2
L	59.7	Riverside Dr	0.1

Go	At	On	For
R	59.8	Broadway	0.5
R	60.3	Bennett Ave	0.7
R	61.0	W 181st St	0.1
QL	61.1	Ft Washington Ave	0.8
R	61.9	W 165th St	0.1
L	62.0	Riverside Dr	2.2
	64.2	Ride ends @ Grant's Tomb	0.1
	64.3	End of route	