

Go	At	On	For
	0.0	Start of route	0.0
L	0.0	East Dr	2.2
L	2.2	Exit park and turn left onto W 110th St	0.8
R	3.0	Riverside Dr	2.3
R	5.4	155th St.	0.0
BL	5.4	stay on Riverside Dr	0.2
L	5.6	at 158 St take 3rd left up hill TRO Riverside Dr	0.3
R	5.9	W 162nd St	0.1
L	6.0	Fort Washington Ave	0.7
L	6.7	W 177th St	0.1
R	6.8	Cabrini Blvd	0.1
QL	6.9	GW Bridge Bike Path	1.3
R	8.2	Hudson Terrace	2.0
L	10.1	E Palisade Ave	0.4
R	10.6	Summit St	0.7
L	11.3	Lyncrest Rd	0.4
R	11.6	N Woodland St	1.0
R	12.7	Kent Rd	0.2
L	12.8	E Clinton Ave	1.0
R	13.9	Depeyster Ave	0.4
L	14.3	Highwood Ave	0.1
R	14.4	Park St	0.2
L	14.7	Hudson Ave	0.4
R	15.1	County Rd	1.2
BR	16.3	Anderson Ave	0.5
L	16.8	Hardenburgh Ave	0.9
PIT	17.7	Pit stop @ Dunkin' Donuts	0.7
R	18.4	Grant St	0.2
L	18.6	Madison Ave	0.3
S	18.9	Cross Schraalenburgh onto Hawthorth Ave	0.4
L	19.3	Park St	0.3
R	19.6	Sunset Ave	1.4
BL	21.0	Lake Shore Dr ⇒ Grant	0.1
R	21.1	1st St	0.3
R	21.4	Oradell Ave	2.0
R	23.5	Pascack Rd	1.6
L	25.0	Ridgewood Rd ⇒ E. Glen	1.2
R	26.3	E Saddle River Rd	0.6
L	26.9	TRO E Saddle River Rd	2.8

Go	At	On	For
L	29.7	E Allendale Rd	0.2
R	29.9	E Saddle River Rd	0.0
PIT	29.9	Food/Pit Stop - Deli in strip mall on left	0.0
QR	30.0	E Allendale Rd	0.1
R	30.1	W Saddle River Rd	3.7
R	33.8	Cherry Ln	2.1
S	35.9	Spook Rock Rd	0.7
BL	36.6	TRO Spook Rock Rd	2.0
R	38.6	Grandview Ave	2.4
L	41.0	Union Rd ⇒ New Hempstead Rd.	3.6
R	44.6	S Main St	0.0
QL	44.6	Quick left onto Congers Rd	0.7
R	45.3	Brewery Rd	1.6
S	46.9	Strawtown Rd	2.3
L	49.2	W Nyack Rd	0.3
PIT	49.5	Food Stop - Deli / Ice Cream	0.0
QR	49.5	Co Rd 15 (Western Highway)	5.3
L	54.8	Old Tappan Rd	0.2
R	55.0	Main St	0.1
BL	55.1	Oak Tree Rd	1.1
R	56.2	Piermont Rd (501/NY-340 E)	4.7
BR	61.0	TRO Piermont Rd	1.3
L	62.3	Hudson Ave	0.3
R	62.6	Magnolia Ave	0.6
L	63.2	Hillside Ave	0.1
QR	63.3	Serpentine Rd	0.4
L	63.6	Westervelt Ave	0.1
R	63.8	Engle St	0.1
L	63.9	Woodland Park Dr	0.4
R	64.3	Leroy St	0.1
QL	64.4	Churchill and bear right up hill	0.7
R	65.1	Woodland St	0.8
L	65.9	Lyncrest Rd	0.4
R	66.2	Summit St	0.7
L	66.9	E Palisade Ave	0.4
R	67.4	Hudson Terrace	2.0
L	69.3	GW Bridge Bike Path	1.3
R	70.6	Cabrini Blvd	0.1
QR	70.7	W 177th St	0.0
QL	70.7	Haven Ave	0.5
R	71.2	Fort Washington Ave	0.1

Go	At	On	For
R	71.3	W 165th St	0.1
L	71.4	Riverside Dr	4.9
L	76.3	W 72nd St	0.6
S	76.9	72nd St Transverse	0.0
BR	76.9	Terrace Dr	0.1
BL	77.0	TRO Terrace Dr	0.4
L	77.4	Sharp left onto East Dr	0.1
	77.4	End of route	