



Go	At	On	For
	0.0	Start of route	0.0
	0.0	The Boathouse, Central Park	0.0
<b>QL</b>	0.0	East Dr	2.2
<b>BR</b>	2.2	Adam Clayton Powell Jr Blvd	0.0
<b>QL</b>	2.3	W 110th St/Central Park N	0.2
<b>S</b>	2.4	Enter the traffic circle	0.0
<b>S</b>	2.5	Exit the traffic circle onto W 110th St/Cathedral Pkwy	0.2
<b>R</b>	2.6	Morningside Dr	0.5
<b>L</b>	3.1	W 120th St	0.2
<b>S</b>	3.3	W 122nd St/Seminary Row	0.3
<b>R</b>	3.6	Riverside Dr	2.3
<b>R</b>	5.9	W 165th St	0.1
<b>L</b>	6.0	Fort Washington Ave	0.8
	6.7	Caution, multi-use urban ped/motor traffic thru Cumming St	0.0
<b>QR</b>	6.7	W 181st St	0.1
<b>L</b>	6.9	Broadway	1.3
<b>L</b>	8.2	Cumming St	0.1
<b>QR</b>	8.2	Seaman Ave	0.6
<b>R</b>	8.9	W 218th St	0.2
<b>L</b>	9.1	Broadway	0.2
	9.2	Walk Bike over Broadway Bridge bike path	0.2
<b>S</b>	9.4	Broadway	0.3
<b>R</b>	9.7	W 230th St	0.1
<b>L</b>	9.8	Bailey Ave	0.0
<b>QR</b>	9.8	Albany Crescent ⇒ Kingsbridge Ter.	0.3
<b>R</b>	10.1	Fort Independence	0.0
<b>QL</b>	10.2	Sedgwick Ave	0.8
<b>BR</b>	11.0	E Mosholu Pkwy S	0.2
<b>L</b>	11.2	TRO E Mosholu Pkwy S	0.8
<b>L</b>	12.0	Webster Ave⇒Bronx River Rd⇒Midland⇒Main	5.6
<b>R</b>	17.5	Pondfield Rd	0.8
<b>BR</b>	18.3	Northway	0.1
<b>QL</b>	18.4	TRO Northway	0.4
<b>R</b>	18.8	Northway turns right and becomes Meredith Ave	0.1
<b>QR</b>	18.8	Hewitt Ave	0.0
<b>QL</b>	18.8	TRO Hewitt Ave	0.1

Go	At	On	For
<b>L</b>	19.0	California Rd	2.2
<b>R</b>	21.2	Lakeshore Dr	0.5
<b>L</b>	21.6	TRO Lakeshore Dr	0.5
<b>L</b>	22.1	Wilmot Rd	0.0
<b>QR</b>	22.1	Stratton Rd to END	1.8
<b>L</b>	24.0	Rural Dr⇒Lincoln	0.3
<b>R</b>	24.3	Crossway	0.2
<b>L</b>	24.5	Mamaroneck Rd	0.2
<b>R</b>	24.7	Saxon Woods Rd	1.3
<b>L</b>	26.0	Rosedale Ave	0.2
<b>PIT</b>	26.2	Deli on right	1.1
<b>R</b>	27.3	North St	0.3
<b>L</b>	27.7	Kenilworth Rd	1.7
<b>L</b>	29.3	Purchase St	1.4
<b>R</b>	30.7	Anderson Hill Rd	1.9
<b>L</b>	32.6	King St./NY-120A	0.7
<b>R</b>	33.3	Sherwood Ave to END	1.0
<b>L</b>	34.3	Riversville Rd	1.2
<b>R</b>	35.4	Porchuck Rd	0.8
<b>R</b>	36.2	TRO Porchuck Rd to END	0.6
<b>L</b>	36.8	Round Hill Rd	1.6
<b>R</b>	38.4	Burying Hill Rd to END	0.6
<b>L</b>	39.0	Lake Ave	0.1
<b>BR</b>	39.1	Lower Cross Rd to END	1.4
<b>L</b>	40.5	North Street	0.3
<b>R</b>	40.9	N Stanwich Rd to END	0.6
<b>L</b>	41.5	Taconic Rd	1.2
<b>R</b>	42.7	E Middle Patent Rd	5.1
<b>R</b>	47.8	NY-172 E	3.3
<b>L</b>	51.1	Pound Ridge CR137	0.1
<b>PIT</b>	51.2	Samuel Parker Deli on R	0.1
<b>BR</b>	51.3	Rt 124	4.6
<b>BL</b>	56.0	Keep left, approaching Rt 35	0.4
<b>L</b>	56.3	NY-35 W	0.1
<b>R</b>	56.4	Bouton Rd	0.4
<b>L</b>	56.8	Post Office Rd to END	1.7
<b>R</b>	58.6	Mead⇒Post to END	2.1
<b>L</b>	60.6	Hawley Rd.	0.1
<b>S</b>	60.8	cross Rt 121 onto June Rd.	0.7
<b>L</b>	61.4	NY-116 W	3.8
<b>BL</b>	65.2	to continue on NY-116 W/NY-22 S	0.1
<b>R</b>	65.3	NY-116 W	0.2

Go	At	On	For
	65.5	Purdy's MNRR to Left	1.2
<b>R</b>	66.7	Somerstown Trp/US-202	1.6
<b>L</b>	68.3	Croton Falls Rd/CR-34 <i>(Right 0.3 to Croton Falls MNRR Station)</i>	0.5
<b>R</b>	68.8	Optional hardpack - Samantha Ln⇒Hemlock <i>or stay straight on Croton Falls Rd</i>	0.8
<b>R</b>	69.6	Croton Falls Rd/ CR-34	0.5
<b>BR</b>	70.1	to continue on Croton Falls Rd/W Shore Dr	2.0
<b>L</b>	72.1	Drewville Rd	0.2
<b>R</b>	72.3	Seminary Hill Rd <i>!Very STEEP first 1/4 mi</i>	0.3
<b>L</b>	72.6	TRO Seminary Hill Rd	2.2
<b>L</b>	74.8	Church St	0.0
<b>QR</b>	74.9	US-6 E/Gleneida Ave. <i>Carmel. For deli, go just past NY-301/CR-47 to next right on Arthur Ave. Deli on left.</i>	0.1
	75.0	R to Brewster MNRR <i>can also pick up rail trail to Brewster off Rt 6 east</i>	0.3
<b>L</b>	75.3	NY-301 W/CR-47, follow to Cold Spring	19.1
	94.4	bottom of Main St, Cold Spring, either follow Lunn on left to train station or walk bike down and up stairs ahead, then follow path on left to train platform	0.0
	94.4	End of route	