

Go	At	On	For
	0.0	Start of route	0.0
L	0.0	Start at Boathouse. Go north on East Dr.	2.1
R	2.2	Exit Park onto Adam Clayton Powell Jr Blvd	0.4
L	2.5	W 117th St	0.0
QR	2.6	Saint Nicholas Ave	2.3
S	4.9	Follow bike lane around 162nd St to continue on St. Nick	0.5
S	5.4	Broadway, at 169th St	1.8
L	7.2	Dyckman St	0.1
QR	7.2	Seaman Ave	0.7
R	8.0	W 218th St	0.2
L	8.2	Broadway	0.2
S	8.3	Walk bike over Broadway Bridge	0.1
	8.5	The Bronx, Broadway going north	0.0
QR	8.5	W 225th St	0.0
	8.5	End of route	