

Go	At	On	For
	0.0	Start of route	0.0
	0.0	Sloatsburg Railroad Station, head left, south on Mill St	0.2
L	0.2	Left on sidewalk one block	0.0
QR	0.3	Cross Rt 17 at the traffic light, Eagle Valley Rd	1.4
R	1.6	Sterling Mine Rd/ Rt 72	1.3
S	2.9	Straight onto Mill Pond Rd at traffic light	0.4
L	3.4	singletrack trailhead, follow orange trail	0.6
S	3.9	Red Dot in White singletrack	0.1
S	4.0	White singletrack	0.3
L	4.3	Left TRO White singletrack	0.1
L	4.4	Left on Yellow singletrack <i>note: easy to blow past</i>	0.0
QR	4.5	Right on Blue single track	0.3
R	4.8	Right on Blue single track	0.5
	5.3	Shephard Lake	0.0
	5.3	End of route	