

Go	At	On	For
	0.0	Start of route	
L	0.0	NJ side of GW Bridge, left on same side sidewalk/bike path Hudson Terrace/Rt 505	0.5
L	0.5	Henry Hudson Dr	8.1
L	8.6	Alpine Approach Rd	0.2
R	8.8	N Rte 9W N	5.3
R	14.1	Rockland Rd	0.7
R	14.7	Ferdon Ave ⇒Piermont Ave	4.0
L	18.7	Main St	0.1
QR	18.8	at the 1st cross street onto N Broadway	0.1
PIT	18.9	Runcible Spoon	1.0
L	19.9	Old Mountain Rd	0.2
R	20.1	N Midland Ave	0.0
BL	20.1	Old Mountain Rd N	0.4
R	20.5	N Rte 9W N	2.8
R	23.3	Lake Rd	0.1
S	23.4	Rockland Lake Rd	2.4
R	25.8	TRO Rockland Lake Rd	2.2
L	28.1	Landing Rd	0.7
S	28.8	Hook Mountain/Nyack Beach Bikeway	1.4
S	30.1	N Broadway	2.1
PIT	32.3	Runcible Spoon	0.1
QL	32.4	at the 1st cross street onto Main St	0.1
QR	32.4	Piermont Ave	3.7
S	36.2	Ferdon Ave	0.8
L	37.0	at the 1st cross street onto NY-340 E	0.0
BL	37.0	Highland Ave	0.2
BR	37.2	US-9W S	11.2
L	48.4	E Palisade Ave	0.1
R	48.5	Hudson Terrace	2.0
L	50.5	cross Hudson Terrace	
	50.5	NJ side of GW Bridge	0.0
	50.5	End of route	