

Go	At	On	For
	0.0	Start of route	
	0.0	Ride starts at Grant's Tomb, Riverside Drive, northbound	2.2
R	2.2	W 165th St	0.1
L	2.3	Fort Washington Ave	0.6
L	2.9	W 177th St	0.1
R	3.0	Cabrini Blvd	0.1
QL	3.0	George Washington Bridge bike path	1.3
L	4.3	NJ side of GWB, take pathway alongside Hudson Terrace	0.5
L	4.8	Henry Hudson Dr (aka, River Rd)	7.1
S	11.8	At roundabout descent to boat basin and then return, continue north on road	1.5
PIT	13.3	Water stop at Police station	0.3
R	13.6	US-9W N	6.0
L	19.6	Hickey St	0.1
QR	19.6	Kings Hwy	1.5
R	21.2	NY-303 N	0.2
R	21.4	S Greenbush Rd	0.7
R	22.0	Clausland Mountain Rd	1.3
L	23.3	Co Rd 5/Tweed Blvd Note: go west thru the Knot	1.5
R	24.8	Sharp right onto Bradley Hill Rd	0.3
L	25.1	Highland Ave	0.2
S	25.3	South Blvd	1.1
S	26.4	Clausland Mountain Rd Note: go SW thru the Knot	1.3
R	27.7	Greenbush Rd	0.7
BR	28.4	NY-303 N, ride shoulder	0.1
QR	28.5	Greenbush Rd	0.5
R	29.0	Bradley Hill Rd/Bradley Pkwy	1.0
R	30.0	Tweed Blvd	1.5
L	31.5	Co Rd 28/South Blvd Note: go north thru the Knot	1.1
R	32.7	S Highland Ave	0.4
R	33.0	Depew Ave	0.6
L	33.6	S Broadway Ave	0.1
PIT	33.7	Runcible Spoon	0.1
S	33.8	go north on N Broadway	1.0
L	34.8	Old Mountain Rd	0.2
R	35.0	N Midland Ave	0.0
BL	35.0	Old Mountain Rd N	0.3
R	35.3	Christian Herald Rd	0.7

L	36.0	Mountainview Ave	1.4
S	37.4	Waldron Ave on crossing Rt 59/ Main St, Nyack	0.2
R	37.6	TRO Waldron Ave	0.1
QR	37.6	TRO Waldron Ave	0.3
L	37.9	Schuyler Rd	0.7
L	38.6	Bradley Hill Rd/Bradley Pkwy/Co Rd 5	0.4
R	39.1	Tweed Blvd	1.5
S	40.6	cross the Knot going SE	2.2
R	42.8	9W Note: Extra caution! Steep entry and you will be blind to fast moving traffic!	12.2
L	55.0	E Palisade Ave	0.1
R	55.1	Hudson Terrace	2.0
R	57.1	Bruce Reynolds Blvd	0.1
R	57.2	Hoyt Ave	0.1
QL	57.3	Central Rd	0.1
QR	57.4	to merge onto I-95 N/George Washington Bridge	1.2
S	58.6	Take exit 1 toward W 178 St/New York 9A/H Hudson Pkwy	0.2
R	58.8	Cabrini Blvd	0.1
QR	58.9	W 177th St	0.0
QL	58.9	Haven Ave	0.6
R	59.5	W 165th St	0.1
L	59.6	Riverside Dr	2.3
L	61.9	at far end of Grant's Tomb	0.0
	61.9	End of route	