

| Go  | At   | On   | For |
|-----|------|--|-----|
|     | 0.0  | Start of route   |     |
|     | 0.0  | NJ side of GW Bridgehead north on Hudson Terrace                         | 2.0 |
| L   | 2.0  | E Palisade Ave   | 0.1 |
| R   | 2.1  | 9W   | 9.9 |
| L   | 11.9 | Oak Tree Rd  | 2.0 |
| S   | 14.0 | Main St<br><b>Note:</b> Tappan   | 0.1 |
| S   | 14.1 | Kings Hwy  | 0.1 |
| BL  | 14.1 | onto Greenbush Rd  | 0.5 |
| R   | 14.6 | Western Highway  | 4.8 |
| PIT | 19.4 | West Nyack Deli<br><b>Note:</b> West Nyack Deli                          |     |
| QL  | 19.4 | W Nyack Rd   | 0.4 |
| R   | 19.8 | Strawtown Rd/ Rt 23  | 2.3 |
| R   | 22.1 | TRO Strawtown Rd   | 2.3 |
| S   | 24.4 | Straight onto Ridge Rd   | 1.4 |
| L   | 25.8 | Dt 90/S Mtn Rd   | 0.2 |
| BR  | 26.0 | S Mountain Rd  | 4.1 |
| PIT | 30.1 | Orchards<br><b>Note:</b> Orchards  | 0.0 |
| QR  | 30.1 | NY-45 N  | 0.6 |
| L   | 30.7 | US-202 W   | 0.8 |
| R   | 31.5 | Ladentown Rd   | 0.3 |
| R   | 31.8 | N Camp Hill Rd   | 0.9 |
| R   | 32.6 | Call Hollow Rd   | 2.1 |
| L   | 34.8 | Willow Grove Rd  | 0.9 |
| S   | 35.7 | Rt 106   | 1.9 |
| R   | 37.6 | Lake Welch access road, follow to far end of parking lot                 | 1.3 |
| S   | 38.9 | go past toll gate on to Lake Welch Pkwy                                  | 1.7 |
| L   | 40.6 | Lake Welch Pkwy<br><b>Note:</b> hairpin turn, easy to miss               | 0.1 |
| QR  | 40.7 | Tiorati Brook Rd   | 3.6 |
| S   | 44.3 | Tiorati Circle, take the 1st exit 7 Lakes Dr                             | 0.0 |
| PIT | 44.3 | Restrooms  | 3.7 |
| S   | 48.0 | Long Mtn Circle, take the 2nd exit onto the US-6 E ramp to Bear Mountain | 0.5 |
| S   | 48.4 | Merge onto US-6 E - CAREFUL<br><b>Note:</b> Merging onto Hghwy from left | 0.1 |

|    |      |   |      |
|----|------|---|------|
| S  | 48.5 | Take exit 19 , 7 Lakes Dr north                           | 1.1  |
| L  | 49.6 | Sharp left onto Perkins Memorial Dr                       | 2.3  |
| L  | 51.9 | TRO Perkins Memorial Dr                                   | 0.0  |
| QR | 52.0 | TRO Perkins Memorial Dr                                   | 2.0  |
| S  | 53.9 | Seven Lakes Drive   | 1.8  |
| S  | 55.7 | @ Circle, take the 2nd exit and stay on Seven Lakes Drive | 0.5  |
| L  | 56.2 | Rt 9W N   | 0.4  |
| S  | 56.6 | @ Circle, continue straight onto US-9W N                  | 11.7 |
| R  | 68.3 | River Ave<br><b>Note:</b> Cornwall on Hudson              | 1.2  |
| R  | 69.6 | Rt 9W north   | 0.8  |
| BR | 70.4 | Old Rte 9W  | 0.3  |
| BR | 70.7 | River Rd ⇒ Water St                                       | 3.3  |
| R  | 73.9 | Grand Ave   | 0.3  |
| L  | 74.2 | Beacon Newburgh Bridge bike path under overpass           | 2.0  |
| R  | 76.3 | NY-9D S   | 0.7  |
| R  | 76.9 | Beekman St  | 0.2  |
| R  | 77.1 | W Main St   | 0.3  |
|    | 77.4 | Beacon Railroad Station                                   | 0.0  |
|    | 77.5 | End of route  |      |