

Go	At	On	For
	0.0	Start of route	
L	0.0	Ride starts on NJ side of GW Bridge, go left/south down Hudson Terrace on "sidewalk/bike path"	0.5
L	0.5	Henry Hudson Dr/Palisades Interstate Park: aka River Rd Note: gate might be down, if so walk around between boulders	0.9
S	1.4	@ Circle, take the 2nd exit TRO Henry Hudson Dr	1.5
BL	2.8	TRO Henry Hudson Dr	4.7
S	7.5	@ Circle, bear left TRO Henry Hudson Dr	1.0
BL	8.6	Alpine Approach Rd	0.1
QL	8.7	Alpine Approach Rd	0.1
QL	8.8	Rte 9W south	0.7
R	9.5	Closter Dock Rd	2.6
L	12.1	High St	1.1
S	13.1	Old Hook Rd	0.8
R	13.9	Bogerts Mill Rd	0.4
R	14.4	Harriot Ave→ Tappan Rd	3.8
R	18.2	Oak Tree Rd	1.1
L	19.3	NY-340 W	1.2
L	20.6	Orangeburg Rd/ Rt 340	0.2
R	20.8	Hickey St	0.1
QL	20.8	Kings Hwy	1.5
R	22.3	NY-303 N	0.2
R	22.5	onto Mountain View Ave/ Greenbush Rd	0.0
BL	22.6	Greenbush Rd	0.6
R	23.2	Clausland Mountain Rd (steep hill)	1.3
L	24.5	Tweed Blvd	1.5
R	26.0	Sharp right onto Bradley Pkwy	0.3
BR	26.2	S Highland Ave	0.0
QL	26.3	Upland Dr	0.3
R	26.5	South Blvd	1.0
L	27.5	Tweed Blvd	2.2
R	29.7	9W south Extra Caution! Note: Very steep ending! Extra caution when wet! Heavily trafficked, blind to motorists!	0.5

BR	30.2	Hickey St at traffic light	0.0
QR	30.2	W Lawrence Park Dr Note: U turn out back onto Hickey to make left at Light to head north on 9W	0.0
QL	30.3	Hickey St	0.0
BL	30.3	9W north Note: Caution!	0.5
BR	30.8	Broadway St	0.1
BR	30.9	Ash St	0.2
R	31.1	Sharp right TRO Ash St	0.1
QL	31.2	TRO Ash St	0.1
QR	31.2	Piermont Ave	0.2
S	31.5	Ferdon Ave	0.3
L	31.7	Rockland Rd	0.7
L	32.4	Rte 9W	1.1
R	33.5	Oak Tree Rd	0.1
L	33.7	Closter Rd ⇒ Rockleigh Rd	0.8
R	34.5	Willow Ave	0.2
L	34.7	onto Piermont Rd	3.8
S	38.5	Piermont Rd joins County Rd	0.2
BR	38.7	TRO Piermont Rd	0.8
L	39.6	Union Ave	0.3
S	39.9	Hillside Ave	0.3
L	40.1	TRO Hillside Ave.	0.2
R	40.3	Kennedy Dr	0.2
L	40.5	Eisenhower Dr	0.6
L	41.1	Truman Dr	0.2
R	41.3	Jackson Dr	0.1
R	41.5	Hemlock Dr	0.2
R	41.6	Rio Vista Dr	0.3
L	42.0	Stone Tower Dr	0.2
R	42.1	The Esplanade	0.4
R	42.5	Rte 9W	2.5
R	45.0	Sage Rd	0.1
L	45.1	Johnson Ave	0.4
L	45.5	Van Wagoner Dr	0.1
R	45.7	Floyd St	1.0
L	46.7	E Palisade Ave	0.2
R	46.9	Hudson Terrace	2.0
L	48.9	GW Bridge Bike Path	1.3
R	50.2	Cabrini Blvd	0.0
QR	50.2	W 177th St	0.0
QL	50.3	Haven Ave	0.4
R	50.7	Fort Washington Ave	0.1
R	50.9	W 165th St	0.1

L	51.0	Riverside Dr	3.9
L	54.9	W 90th St	0.6
R	55.5	Enter Central park and turn right onto West Dr	0.0
	55.6	End of route	