

Go	At	On	For
	0.0	Start of route	0.0
	0.0	Poughkeepsie RR Station <i>Start</i>	0.0
QL	0.0	Go up the hill under the overpass and bear left to exit station complex	0.0
QL	0.1	Davies Place	0.1
QR	0.2	Mill Street ⇒ Verrazano Boulevard	0.4
L	0.5	Washington Street	0.0
QR	0.6	Parker Ave	0.2
L	0.8	to access the Walkway over the Hudson	5.3
S	6.1	Hudson Valley Rail Trail	3.5
S	9.6	Straight onto Main Street, NY 299	1.3
R	11.0	R2R trail	3.2
R	14.2	Lenape Lane	3.2
L	17.4	Whitney Road (from parking lot) ⇒ North Lookout Rd	1.7
L	19.1	Turn sharp left onto Mossy Brook Road	0.1
R	19.2	Garden Road	0.3
R	19.5	Copes Lookout Road	0.4
R	20.0	Laurel Ledge at Cope's Lookout	1.9
R	21.9	Undercliff Carriage Road	2.3
L	24.2	Trapps Trail	0.0
QR	24.3	Trapps Trail	2.4
BL	26.6	Awosting Falls Carriage Road (Red) crossing Lyons Rd	1.5
L	28.1	Sunset Carriageway (Orange)	0.3
⚠	28.4	cross park access road!	0.5
R	28.9	Turn sharp right onto Lake Minnewaska Carriage Road (Red)	0.1
BL	29.0	Lake Minnewaska Carriage Road (Red)	0.3
R	29.2	Castle Point Carriage Road (Blue)	3.9
R	33.1	Castle Point Carriage Road (Blue)	0.6
L	33.7	Lake Awosting Carriageway (Black)	2.8
R	36.6	Turn slight right onto Lake Awosting Carriageway (Black)	0.2
R	36.7	Lake Awosting Carriageway (Black)	0.5

Go	At	On	For
L	37.2	Turn slight left onto Castle Point Carriage Road (Blue)	0.6
R	37.8	Hamilton Point Carriage Road (Yellow)	2.8
S	40.6	Millbrook Mountain Carriage Road	0.2
L	40.9	Turn slight left onto Lake Minnewaska Carriage Road (Red)	0.6
BR	41.5	Lake Minnewaska Carriage Road (Red)	0.1
QL	41.6	Turn sharp left onto Sunset Carriage Road	0.8
R	42.3	Awosting Falls Carriage Road (Red)	3.8
L	46.2	to cross bridge over 44/55	0.0
QL	46.2	Turn slight left onto Overcliff Carriage Road	2.3
R	48.5	TRO Overcliff Carriage Road	0.1
QL	48.6	Rhododendron Bridge	0.0
QR	48.6	Oakwood Drive	1.4
R	50.0	Turn slight right onto Glory Hill Road	0.8
R	50.8	Lower Duck Pond Road	0.6
S	51.4	Straight to access Pine Rd	0.2
R	51.6	right on Pine Rd	0.7
L	52.3	River-to-Ridge Trail	0.4
R	52.7	River-to-Ridge Trail	0.5
L	53.2	River-to-Ridge Trail	0.1
QR	53.3	River-to-Ridge Trail	1.7
L	55.0	Rt 229, cross bridge	1.4
S	56.4	cross at light at S Putt Corners to access Hudson Valley Rail Trail	8.7
R	65.1	to exit trail	0.0
QR	65.1	Parker Avenue	0.2
L	65.3	Washington Street	0.0
QR	65.4	Verrazano Boulevard	0.0
BL	65.4	North Bridge Street	0.2
R	65.6	Mill Street	0.2
L	65.8	North Clover Street	0.1
R	65.9	Main Street	0.1
	66.0	Poughkeepsie railroad platforms. Check what track your train is on! <i>End</i>	0.0

Go	At	On	For
	66.0	End of route	