

Go	At	On	For
	0.0	Start of route	0.0
	0.0	Manhattan side of GW Bridge, cross bridge on bike path <i>Start</i>	1.3
L	1.3	Hudson Terrace	0.1
QR	1.4	Bruce Reynolds Blvd	0.2
L	1.5	Martha Washington Way/↔Park Ave	0.2
R	1.7	Main St ⇒ Fort Lee Rd	1.7
⚠	3.4	I-95 Cloverleaf	0.4
S	3.8	Degraw Ave	1.4
S	5.1	E Main St	0.9
S	6.0	Salem St Exd	0.3
S	6.3	E Salem St	0.2
L	6.5	State St	0.0
QR	6.5	Quick right onto Central Ave	2.2
L	8.7	Rochelle Ave	0.0
QR	8.7	Quick right onto Lotz Ln	0.2
R	8.9	Turn right, left and right onto Saddle River Pathway	0.8
R	9.7	TRO Saddle River Pathway	0.1
R	9.8	TRO Saddle River Pathway	0.4
BL	10.2	TRO Saddle River Pathway	0.5
R	10.7	TRO Saddle River Pathway	0.0
QL	10.8	TRO Saddle River Pathway	0.1
BL	10.9	TRO Saddle River Pathway	0.2
L	11.1	TRO Saddle River Pathway	0.9
R	12.0	TRO Saddle River Pathway	0.4
R	12.4	TRO Saddle River Pathway	0.5
L	12.9	TRO Saddle River Pathway	0.8
BR	13.7	Alan Ave	0.6
R	14.2	Ackerman Ave	0.2
L	14.5	Rock Rd	1.3
L	15.8	Lincoln Ave	0.1
QR	15.8	Van Winkle Ave	0.8
R	16.6	Lafayette Ave	0.1
QL	16.7	Goffle Hill Rd	0.1
L	16.8	N Watchung Dr	0.4
R	17.2	Rea Ave Ext ⇒ N Haledon Ave	0.8
R	18.0	TRO N Haledon Ave	0.6
R	18.6	High Mountain Rd	2.7
S	21.3	@ Circle, take the 3rd exit onto Franklin Lake Rd	1.8

Go	At	On	For
S	23.2	Long Hill Rd	1.2
S	24.3	Ramapo Valley Rd	0.4
R	24.7	Doty Rd	0.3
L	25.0	Sharp left onto W Oakland Ave ⇒ Colfax Ave	1.8
L	26.9	Wanaque Ave	0.4
BR	27.2	TRO Wanaque Ave	0.0
QR	27.3	Paterson Hamburg Turnpike	0.8
⚠	28.0	I-287 Cloverleaf	1.0
S	29.1	Main St	0.7
BR	29.7	Hamburg Turnpike	0.1
BR	29.8	Glenwild Ave ⇒ Otterhole Rd	6.0
R	35.8	Seymour Dr	0.2
S	36.0	Otterhole Rd	0.6
S	36.6	W Brook Rd/↔Westbrook Rd	0.1
R	36.7	Ridge Rd	1.9
L	38.6	Cahill Cross Rd	0.1
QR	38.7	Ridge Rd	1.2
R	39.9	Union Valley Rd	1.5
S	41.4	White Rd	0.3
BL	41.7	Warwick Turnpike	1.2
R	42.9	N Lake Shore Dr	1.9
PIT	44.8	Vacca's Deli	0.1
S	44.9	Longhouse Dr ⇒ Brady Rd	2.9
R	47.8	Cascade Rd	0.0
QR	47.8	TRO Cascade Rd	4.6
L	52.4	NY-17A W	0.1
R	52.5	Iron Forge Rd	0.2
S	52.8	Forge Rd ⇒ Bellvale Lakes Rd	1.5
L	54.3	NY-17A E	2.2
R	56.5	Teneyke Ave	0.4
S	56.8	Sterling Rd	0.6
S	57.4	Edgemere Ave	0.9
S	58.3	E Shore Rd	6.4
L	64.7	Greenwood Lake Turnpike	1.8
R	66.5	Stonetown Rd	3.9
BL	70.4	W Brook Rd/↔Westbrook Rd	1.4
R	71.8	Ringwood Ave	0.1
L	72.0	Skyline Lakes Dr	0.5
L	72.5	TRO Skyline Lakes Dr	0.8
BR	73.3	High Mountain Rd	0.2
L	73.5	TRO High Mountain Rd	0.5

Go	At	On	For
R	74.0	Skyline Dr	3.4
⚠	77.4	I-287 Cloverleaf	0.3
L	77.7	W Oakland Ave	0.7
R	78.4	Ramapo Valley Rd	0.0
QL	78.4	Quick left onto Yawpo Ave	1.6
L	80.0	Summit Ave	0.6
R	80.6	High Mountain Rd	0.7
PIT	81.4	Vacca's Deli	0.2
	81.6	Enter the traffic circle	0.0
QR	81.6	3rd right at traffic circle onto Franklin Lake Rd	1.2
S	82.8	Sicomac Ave	1.5
S	84.3	Goffle Hill Rd	1.4
R	85.7	Lafayette Ave	0.1
QL	85.8	Van Winkle Ave	0.8
L	86.6	Lincoln Ave	0.1
QR	86.6	Rock Rd	1.3
R	87.9	Ackerman Ave	0.2
L	88.2	Alan Ave	0.4
R	88.6	Saddle River Pathway	0.8
R	89.4	TRO Saddle River Path	0.4
S	89.8	Saddle River Pathway	0.1
L	89.9	TRO Saddle River Pathway	0.4
L	90.3	TRO Saddle River Pathway	0.8
BL	91.0	TRO Saddle River Pathway	0.1
R	91.2	TRO Saddle River Pathway	0.2
BL	91.3	TRO Saddle River Pathway	0.1
R	91.5	TRO Saddle River Pathway	0.0
QL	91.5	TRO Saddle River Pathway	0.5
BR	92.0	TRO Saddle River Pathway	0.4
L	92.5	TRO Saddle River Pathway	0.1
L	92.6	TRO Saddle River Pathway	0.1
QL	92.7	TRO Saddle River Pathway	0.0
QL	92.7	Howard Ave	0.1
QR	92.8	Howard Ave	0.1
L	92.9	Hahn Ave	0.0
QR	92.9	Harvey Ave	0.4
R	93.3	W Passaic St	1.4
L	94.7	Maywood Ave	0.1
R	94.9	Park Ave ⇒ W Anderson St	1.1
R	96.0	Linden St	0.0
QL	96.0	Quick left onto Anderson St ⇒ Cedar Ln	2.7

Go	At	On	For
L	98.7	Columbus Dr	0.4
S	99.0	Glen Ct	0.1
R	99.1	Farragut Dr ⇒ Webster Ave	0.3
R	99.4	W Forest Ave	1.0
L	100.4	Grand Ave	0.1
QR	100.5	Huguenot Ave ⇒ Hutchinson Rd	0.6
L	101.1	Jones Rd	0.1
R	101.2	E Linden Ave ⇒ S Woodland St	0.7
R	101.9	E Palisade Ave	0.8
R	102.6	Hudson Terrace	2.0
L	104.6	GW Bridge bike path	1.3
	105.9	Manhattan side of GW Bridge <i>End</i>	0.0
	105.9	End of route	