


Go	At	On	For
	0.0	Start of route	0.0
	0.0	Union Station, New Haven - Start	0.0
QR	0.0	Union Ave	0.2
BR	0.3	US-1 N ⇒ State St N	0.3
L	0.6	Chapel St	2.0
BR	2.6	Yale Ave	0.7
R	3.3	Central Ave	0.2
L	3.5	CT-243 W/â€œFountain St	1.9
R	5.4	CT-313 W	4.2
L	9.6	Clinton Rd ⇒ Beaver St	1.5
BR	11.1	Moulthrop St	0.2
S	11.3	Prospect St	0.2
R	11.5	Sharp right onto S Cliff St	0.0
S	11.5	N State St	0.1
L	11.7	TRO N State St	0.1
L	11.8	Main St	0.1
BR	11.9	Maple St <i>cross bridge</i>	0.1
L	12.0	Olson Dr	0.3
L	12.3	Pershing Dr	0.2
L	12.5	Riverwalk Trail	0.6
L	13.1	Derby Greenway	1.1
L	14.2	TRO Derby Greenway	0.1
L	14.3	Sharp left to access viewpoint	0.1
Uturn	14.4	Make a U-turn	0.1
S	14.5	Derby Greenway	0.1
L	14.6	Derby Greenway	0.0
QR	14.6	Derby Greenway	0.1
QR	14.7	TRO Derby Greenway	0.4
L	15.1	CT-34 W/â€œRoosevelt Dr	4.4
PIT	19.5	Dunkin	1.8
R	21.4	Loughlin Rd ⇒ Bowers Hill Rd	2.1
L	23.4	Good Hill Rd	1.9
R	25.3	Maple Tree Hill Rd	0.7
L	26.0	Georges Hill Rd	2.4
L	28.4	S Georges Hill Rd	0.4
R	28.9	Luna Trail	0.6
R	29.5	Sharp right onto Cedarcrest Dr	0.1
BR	29.7	Lakeside Rd	0.5
L	30.1	Fish Rock Rd	0.5
L	30.6	TRO Fish Rock Rd	0.5
R	31.1	TRO Fish Rock Rd	0.3

Go	At	On	For
L	31.4	River Rd	1.2
R	32.6	TRO River Rd	1.7
R	34.3	Purchase Brook Rd	2.2
L	36.5	TRO Purchase Brook Rd	0.5
L	37.0	W Purchase Rd	2.3
S	39.3	Lower River Rd/ Shepaug River Rd	0.1
QR	39.4	right TRO Lower River Rd	0.5
L	39.9	South St	0.5
L	40.4	Minor Bridge Rd ⇒ Hut Hill Rd	2.1
L	42.5	Stuart Rd E	0.0
QL	42.5	quick left onto Wewaka Brook Rd	1.5
L	44.0	CT-133 S	3.5
S	47.5	Silvermine Road	2.0
L	49.4	Candlewood Lake Rd	0.6
R	50.1	Forty Acre Mountain Rd ⇒ Jireh Ln	0.3
R	50.4	Hawthorne Cove	0.3
BL	50.7	Shore Rd	0.4
R	51.1	Pocono Point Rd ⇒ Forty Acre Mountain Rd	1.3
R	52.4	TRO Forty Acre Mountain Rd ⇒ Stadley Rough Rd ⇒ Hawley Rd	1.7
R	54.1	Great Plain Rd	0.1
L	54.2	Hayestown Rd	0.8
L	55.0	E Hayestown Rd ⇒ Tamarack Ave ⇒ Hospital Ave	1.6
R	56.6	Osborne St ⇒ Garamella Blvd	0.6
S	57.2	Franklin St ⇒ Franklin Street Ext	2.1
S	59.3	Middle River Rd	1.6
L	61.0	Aunt Hack Rd	0.2
L	61.2	TRO Aunt Hack Rd	0.5
R	61.7	TRO Aunt Hack Rd	0.3
R	62.0	Tanglewood Dr	0.7
R	62.8	Joes Hill Rd ⇒ Federal Hill Rd	1.9
BL	64.6	Milltown Rd	0.1
QL	64.7	quick left onto Old Milltown Rd	1.6
	66.3	Cross Rt 22 High Speed Motor Traffic	0.0
S	66.3	Sodom Rd	1.3
R	67.6	Main St <i>Brewster</i>	0.3

Go	At	On	For
R	67.9	Oak St	0.5
R	68.4	N Main St	0.1
QL	68.4	US-6	0.8
L	69.2	Drewville Rd	3.9
S	73.1	Weber Hill Rd	0.3
L	73.4	Putnam Trailway	1.7
R	75.1	Croton Falls Rd	0.2
R	75.3	East Lake Boulevard	0.6
L	75.9	North Lake Boulevard	0.4
L	76.3	Averill Drive	0.3
L	76.5	N Lake Blvd	2.3
R	78.8	NY-6	1.2
R	80.0	Secor Rd ⇒ Bryant Pond Rd	2.2
R	82.2	TRO Bryant Pond Rd	1.1
L	83.3	Peekskill Hollow Rd	0.9
R	84.1	Tinker Hill Rd <i>Climb!</i>	0.8
L	84.9	Turn slight left onto Oscawana Lake Road	5.1
L	90.0	Lockwood Rd	1.0
S	91.0	Foothill St	0.2
L	91.2	Strawberry Rd	0.6
S	91.7	E Main St	0.1
R	91.9	quick right onto Cooper St	0.3
L	92.1	Ivy Rd	0.8
R	92.9	Stoney St	2.1
R	95.0	Turn right, follow to cross Crompond Rd	0.1
QR	95.0	Crompond Road	0.1
QL	95.1	quick left onto Old Crompond Road	0.0
QR	95.1	quick right TRO Old Crompond Road	0.4
L	95.5	Hunterbrook Rd	2.2
R	97.7	Baptist Church Rd	0.7
L	98.4	Croton Ave	1.6
R	100.0	Short Hill Road	0.2
R	100.2	Turn slight right onto Rt 129	1.1
L	101.2	Croton Dam Road	0.9
R	102.1	Quaker Ridge Rd	0.3
L	102.4	Applebee Farm Rd ⇒ Blinn Rd	1.5
R	103.9	Spring Valley Rd	1.5

Go	At	On	For
L	105.4	Allapartus Rd	0.6
R	106.0	NY-134 W	0.4
L	106.4	Grace Lane	0.8
L	107.2	Pines Bridge Road	0.2
BR	107.4	Inningwood Place	1.1
⚠	108.6	Cross Rt 100 motor traffic both directions	0.0
QR	108.6	Trailways south	10.4
⚠	118.9	cross Rt 119, aggressive motor traffic both direction	0.0
QL	119.0	left and quick right onto S County Trailway	13.4
L	132.3	Left to exit Trailways in Van Cortlandt Park	0.0
QR	132.3	Turn sharp right onto Van Cortlandt Park Greenway	0.1
QR	132.4	Van Cortlandt Park Greenway	0.0
QL	132.4	Van Cortlandt Park Greenway	0.2
⚠	132.6	Cross Broadway	0.0
QR	132.6	Broadway	0.2
R	132.9	West 240th Street	0.0
QL	132.9	Corlear Avenue	0.7
L	133.6	West 230th Street	0.1
QR	133.7	Marble Hill Avenue	0.1
QL	133.7	West 228th Street	0.1
R	133.9	Broadway	0.1
⚠	134.0	cross Broadway Bridge <i>use walkway if unsure of safety</i>	0.3
L	134.3	W 218th St	0.0
QR	134.3	quick right onto 10th Ave	0.6
L	134.9	TRO 10th Ave	0.3
L	135.2	Cross 10th Av at ped safety crossing when safe	0.0
⚠	135.2	Be mindful of motor traffic in both directions	0.0
QR	135.2	walkway, follow straight to Harlem River Dr bike path <i>be mindful of other users</i>	0.1
QL	135.3	Turn slight left onto Harlem River Drive Greenway	1.9
R	137.2	Turn sharp right onto Harlem River Drive Greenway	0.4

Go	At	On	For
L	137.5	Turn slight left onto Saint Nicholas Place	0.2
R	137.7	West 151st Street	0.0
QL	137.8	Turn sharp left onto Saint Nicholas Avenue	1.4
BL	139.1	Saint Nicholas Avenue	0.5
L	139.6	West 116th Street	0.0
QR	139.6	quick right onto Adam Clayton Powell Jr. Boulevard	0.3
	139.9	Central Park north - end	0.0
	139.9	End of route	