

Go	At	On	For
	0.0	Start of route	0.0
	0.0	Tarrytown Metro North railroad platform, follow Depot Plaza to right	0.1
<b>QR</b>	0.1	West Franklin Street	0.3
<b>R</b>	0.4	South Broadway, US 9 <i>note: you might be able to ride the sidewalk if no pedestrians</i>	0.6
<b>R</b>	1.0	Shared Use Path of the Gov. Mario M. Cuomo Tappan Zee Bridge	4.5
<b>BR</b>	5.5	to exit bridge bike path, follow signs of bike path to Nyack <i>Esposito rail trail north</i>	0.6
<b>L</b>	6.1	Cedar Hill Avenue	0.0
<b>QR</b>	6.1	Quick right onto South Franklin Street	0.3
<b>R</b>	6.4	High Avenue	0.2
<b>L</b>	6.6	North Broadway <i>Runcible Spoon on northeast corner</i>	1.9
<b>BR</b>	8.5	entering Nyack Beach SP	0.3
<b>S</b>	8.8	Nyack River Trail: gravel	1.5
<b>R</b>	10.2	Haverstraw River Trail	4.5
<b>S</b>	14.8	Riverside Avenue	0.3
<b>BR</b>	15.1	West Street, Haverstraw	1.0
<b>BL</b>	16.1	Westside Avenue	0.1
<b>L</b>	16.2	Conklin Avenue	0.3
<b>L</b>	16.6	West Broad Street	0.1
<b>R</b>	16.7	Maple Avenue	0.5
<b>S</b>	17.2	West Street	4.3
<b>BL</b>	21.4	Haverstraw River Trail	0.4
<b>L</b>	21.8	Nyack River Trail	0.6
<b>L</b>	22.4	Turn sharp left onto Nyack River Trail	1.6
<b>S</b>	24.0	North Broadway	2.1
<b>R</b>	26.1	Depew Avenue	0.2
<b>L</b>	26.3	South Franklin Street	0.1
<b>L</b>	26.4	Cedar Hill Avenue	0.0
<b>QR</b>	26.4	Quick right onto Raymond G. Esposito Trail	0.5
<b>BL</b>	27.0	Spur Path of the Gov. Mario M. Cuomo Tappan Zee Bridge	0.1

Go	At	On	For
<b>QL</b>	27.0	Turn slight left onto Shared Use Path of the Gov. Mario M. Cuomo Tappan Zee Bridge	4.8
<b>L</b>	31.8	South Broadway, US 9 <i>Once again, you might be able to ride the same sidewalk</i>	0.6
<b>L</b>	32.4	West Franklin Street	0.3
<b>L</b>	32.7	Depot Plaza	0.1
	32.8	Tarrytown Metro North Station, walk bikes over stairs to access southbound platform <i>end of ride</i>	0.0
	32.8	End of route	