


Go	At	On	For
	0.0	Start of route	0.0
	0.0	Start, Poughkeepsie railroad station	0.1
QL	0.1	Davies Pl	0.1
QR	0.2	Mill St ⇒ Verazzano Blvd	0.4
L	0.5	Washington St	0.1
QR	0.6	Parker Ave	0.2
L	0.8	Left turn to access the High Bridge	0.0
QL	0.8	Walkway Over the Hudson/ Walkway Over the Hudson east approach	8.2
R	9.0	Cross Rt 299 TRO railtrail	0.6
S	9.6	Follow onto Main Street, NY 299, New Paltz	1.0
R	10.6	North Front Street	0.2
R	10.8	Wallkill Valley Rail Trail	2.0
S	12.8	Cross Springtown Road	5.7
L	18.5	Breezy Hill Road, CR 26 ⇒ Sawdust Ave	1.1
S	19.5	straight onto Cottekill Rd	0.4
R	19.9	Right turn on Coxing Rd	1.0
L	21.0	Left turn on Marcott Rd	0.9
L	21.9	Left on Rt 209, keep well to right on shoulder as traffic is fast	0.9
R	22.7	Right turn on Tongore Rd	1.5
R	24.2	Right turn on Hurley Mountain Rd	0.1
L	24.3	Quick left on Van Wagenen Lane	1.2
R	25.6	Ashokan Road	0.3
L	25.8	Lapla Road	1.1
L	26.9	Lapla Road	3.5
R	30.4	Ashokan Road	0.1
BL	30.5	Beaverkill Road	0.6
BL	31.2	Stone Church Road	0.1
L	31.3	Turn slight left onto B W S Road, NY 28A	0.3
R	31.6	Right TRO B W S Rd	0.3
R	32.0	TRO B W S Rd	0.1
R	32.1	TRO B W S Rd	1.3
R	33.5	Right turn on Reservoir Rd	1.8
R	35.2	Right turn on Rt 28 east	0.7
R	35.9	the Ashokan Rail Trail	6.0
L	41.9	into parking lot to exit rail trail	0.2

Go	At	On	For
R	42.2	State Route 28, NY 28	0.2
BR	42.4	Basin Road	0.7
R	43.1	Right turn on Dike Rd	1.1
R	44.2	Right on Rt 28A	0.1
QL	44.2	Quick Left on Dug Hill Rd	5.0
S	49.2	Straight onto Hurley Mtn Rd	1.0
R	50.2	Right turn onto Wynkoop RD	0.6
L	50.8	Left turn onto Old Rt 209⇒ Main St, Hurley	0.4
R	51.2	Millbrook Ave	0.1
QL	51.3	Foertner St ⇒ Zandhoek St, CR 28	1.0
S	52.3	Straight ⇒ Dewitt Mills Rd, CR 28	2.2
R	54.4	Right turn onto Wallkill Valley Rail Trail, easily missed	0.7
R	55.2	TRO Wallkill Valley Rail Trail	4.7
R	59.9	right turn off rail trail at cafe access road	0.0
	59.9	follow roads around to the left to join River Rd	0.2
S	60.1	River Rd passes under rail trail	0.7
L	60.8	Turn slight left onto River Road	0.5
R	61.2	Turn sharp right onto River Road	0.3
R	61.6	Rt 32 <i>Caution, fast motor traffic</i>	0.3
	61.9	<i>Caution, dangerous left turn narrow shoulder, fast motor traffic both directions. You might need to ride past the turn, then do a U turn when safe.</i>	0.0
QR	61.9	Turn sharp left onto NY 213	0.9
R	62.8	Right turn onto Cow Hough Rd ⇒ N Ohioville Rd	2.6
L	65.5	Left turn onto Van Nostrand Rd ⇒ Black Creek Rd	1.3
S	66.8	Black Creek Rd ⇒ Hawley's Corners Rd	0.7
R	67.5	Lily Lake Rd	2.1
S	69.5	Straight to cross Rt 299, fast motor traffic	0.1
BL	69.6	Weeds Mill Rd	0.0
QR	69.7	Quick right onto S Riverside Rd	0.3
L	70.0	Left turn to enter Tony Williams Park, follow to rail trail	0.1

Go	At	On	For
BR	70.1	Hudson Valley Rail Trail	3.5
R	73.6	Right turn around gate at caboose to exit rail trail	0.0
QL	73.6	Left turn onto Haviland Rd	0.6
L	74.2	Follow path left onto Mid Hudson Bridge users path	0.7
L	74.9	Left turn to exit bridge path	0.1
QR	74.9	Right turn onto Gerald Drive at end of path	0.1
QL	75.0	Rinaldi Boulevard	0.2
R	75.2	Main Street	0.0
	75.2	Stairway to Poughkeepsie Metro North platforms, end <i>check the MN app for southbound train platform</i>	0.0
	75.2	End of route	