

Go	At	On	For	Go	At	On	For
	0.0	Start of route	0.0	L	20.3	Clove Rd/ Rt 6 <i>Easy to miss!</i>	0.9
	0.0	Poughkeepsie Metro North rail-road station, start <i>Start</i>	0.0	L	21.2	Clove Valley Rd <i>Easy to miss</i>	5.0
	0.0	walk bike uphill under highway, one way, wrong way	0.2	R	26.2	NY-55 W/US-44 E	7.4
R	0.2	Mill St	0.1	R	33.6	Clay Hill Rd <i>Easy to miss. If you do, take right at light on Rt 209 and follow to Kerhonkson</i>	0.5
S	0.2	Verazzano Blvd	0.3	S	34.1	Cross bridge	0.2
L	0.5	Verazzano Blvd/ Washington St	0.0	PIT	34.3	Pizza/Deli/Dinner/General Store <i>Kerhonkson</i>	0.0
QL	0.6	Washington St	0.0	QR	34.3	Rte 209	0.1
QR	0.6	Parker Ave	0.2	QL	34.4	Turn left, the way you came	0.2
L	0.8	access path for High Bridge	0.0	R	34.6	Berme Rd <i>Just after bridge</i>	3.5
QL	0.8	Walkway Over the Hudson/ Walkway Over the Hudson east approach	2.3	L	38.1	TRO Berme Rd	0.8
Sharp Left	3.2	Turn sharp left onto Linwood Avenue <i>Go around gate for cars</i>	0.1	L	38.9	TRO Berme Rd	2.7
R	3.3	Tillson Avenue	0.1	S	41.6	Berme Rd/ Broadhead St	0.1
Sharp Left	3.4	Turn sharp left onto Vineyard Avenue, US 44, NY 55	2.6	L	41.7	Rt 52 <i>Ellenville</i>	0.6
R	6.0	Baileys Gap Rd	0.8	L	42.3	Mt Meenagha Rd <i>(South Gully Rd)</i>	0.8
BR	6.8	Pancake Hollow Rd	0.1	BR	43.2	TRO Mt Meenagha Rd/ South Gully Rd	2.4
L	7.0	Crescent Ave	2.2	S	45.6	Craigs Moor Rd	0.1
R	9.2	Maple Ave	0.1	L	45.7	Cragsmoor Rd <i>At Post office, Optional Old Stone Church Loop, see map</i>	1.4
S	9.3	Hurds Rd, becomes Brookside Rd <i>crosses Rt 22</i>	2.1	L	47.1	NY-52 E	3.2
R	11.4	NY-32 N	0.3	L	50.3	Oregon Trail	3.5
L	11.6	Jansen Rd	1.0	S	53.7	Indian Springs Rd	1.8
R	12.7	NY-208 N <i>Careful, turn drops sharply onto shoulder</i>	1.5	L	55.6	Jansen Rd	1.5
L	14.2	NY-299 W <i>New Paltz</i>	0.3	S	57.0	Awosting Rd	0.2
R	14.5	Springtown Rd/Rt 7 <i>Will become Elting Rd but remain Rt 7</i>	0.5	L	57.2	Decker Rd ⇒ Tillson Lake Rd	3.3
BL	15.0	Mountain Rest Rd/ Rt 6	3.4	L	60.5	Bruynswick Rd/ Rt 7	3.0
PIT	18.4	Mohonk Toll/Gate House <i>water available from hose on left side of building</i>	1.9	S	63.5	Cross Rt 44/55	1.4
				S	64.9	Albany Post Rd	1.9
				L	66.8	TRO Albany Post Rd	1.3
				R	68.1	NY-299 E	2.8
				S	71.0	NY-299 E/ Main St <i>New Paltz</i>	0.6

Go	At	On	For
L	71.6	Cross 299, cross Putts Corners Rd and get onto Hudson Valley Rail Trail	6.3
Sharp Left	77.9	Turn sharp left onto Hudson Valley Rail Trail	0.3
S	78.1	Hudson Valley Rail Trail	0.3
R	78.4	Turn right, off rail train	0.0
QL	78.5	Haviland Road	0.8
L	79.2	Turn left, follow path across Mid Hudson Bridge multiuser path	0.7
Sharp Left	79.9	Turn sharp left to exit bridge path	0.1
QR	80.0	Gerald Drive	0.1
QL	80.1	Rinaldi Boulevard	0.2
R	80.3	Main Street	0.0
QL	80.3	Walk bike down stairs to access Poughkeepsie Metro North railroad platform, end <i>End</i>	0.0
	80.3	End of route	