



Go	At	On	For
	0.0	Start of route	0.0
	0.0	Sloatsburg NJ Transit railroad platform <i>Start</i>	0.0
QL	0.0	Left on road at gate	0.1
QL	0.1	Left at light, Rt 17, crossing to sidewalk on opposite/southbound side	0.2
R	0.3	Right on Eagle Valley Rd	1.4
R	1.7	Right on Sterling Mine Rd	0.6
R	2.3	Right on Eagle Valley Rd	0.8
R	3.0	Right on South Gate Rd	1.2
L	4.2	parking lot access, opposite But-tonwood Rd	0.1
L	4.3	Red Back singletrack	0.3
S	4.7	Continue Red Back trail	1.3
S	6.0	Straight on Hutchinson Trail, marked H	1.5
R	7.5	Right on Palisades 17 trail	0.0
QR	7.5	Turn sharp right	2.2
L	9.6	Left on Palisades 18 trail	1.1
L	10.8	Left on Floworks 17 trail	1.0
L	11.7	Red Back Trail	0.1
QR	11.8	Turn slight right onto Red Back Trail	0.3
R	12.2	Right on South Gate Rd	1.2
R	13.4	Eagle Valley Road	0.3
L	13.6	Eagle Valley Road	0.5
L	14.2	Long Meadow Road, CR 84	0.1
R	14.3	Sterling Mine Road, CR 72	0.4
L	14.7	Left off road onto Trailhead	0.0
QR	14.7	Right on orange marked single-track trail	0.6
S	15.4	pick up white marked singletrack trail	0.4
L	15.8	Left off white, onto yellow marked singletrack trail	0.4
R	16.1	blue marked singletrack trail	0.5
S	16.7	emerge at Shepard Lake, follow paved road south of lake	0.0
QL	16.7	Shepherd Pond Road	0.0
QR	16.7	Turn right	0.0
QL	16.7	Turn left	0.0

Go	At	On	For
QR	16.8	Turn right	0.1
S	16.8	straight, road becomes unpaved <i>road follows southern border of lake</i>	0.7
R	17.5	follow Race Trail to right	0.1
S	17.6	continue following Race Trail, it will climb steeply	0.6
R	18.1	Right on unmarked, unpaved White's Rd	0.2
Slight Right	18.3	fork at pipeline crossing TRO White's Rd	1.1
L	19.4	Left on to white marked Crossover/Poison Ivy single-track	0.1
QL	19.5	Left to continue on white marked Crossover/Poison Ivy single track	1.1
R	20.6	Sharp right as white marked crossover single track climbs above Weyble Pond	1.0
L	21.6	Pierson Ridge woodland road, marked blue. Bear to left until pipeline crossing	0.6
Sharp Right	22.2	Sharp, unexpected right. Quick drop, loose stone surface.	0.0
	22.2	large puddles tend to persist till Bear Swamp Rd proper. Look for "go arounds"	0.5
L	22.7	Left at pipeline. Follow this road to exit on left <i>Do not follow green marked Halifax trail</i>	0.3
L	23.0	Trail exits to left off pipeline, more puddles!	0.5
R	23.5	Right, crossing pipeline onto Bear Swamp Rd, aka Mtn Rd	3.3
	26.7	Go around gate!	0.1
L	26.9	Rt 202/ Ramapo Rd	0.0
	26.9	Narrow shoulder, narrow 2 lane road with lots of traffic, keep way to right	0.7
R	27.6	Seminary Rd, prepare to climb!	1.1
S	28.7	cross Campgaw Rd, be mindful of cross traffic!	0.2

Go	At	On	For
R	28.9	Darlington Ave, keep right on shoulder, lots of motor traffic	2.2
R	31.1	Right at traffic light on North Central Avenue, Ramsey. Better riding on sidewalk as 2 way road is narrow.	0.2
L	31.3	Left, cross East Main St to railroad platform	0.0
	31.4	Ramsey NJ Transit railroad platform <i>End</i>	0.0
	31.4	End of route	