



October 2009 Bulletin

NYCC News

Join the club

NYCC Events

Bulletin

Escape New York

NYCC Stuff

Contact us

Archive

FAQ

Sitemap

Prez Sez

I looked at the calendar this morning and saw that I will be club president for only three more months. Though I have become a lame duck, I will be presiding over a very exciting period in the club's history: A contested presidential election.

This November, the club will have a choice to make, a choice between at least two (more if there are any other nominations before the next club meeting ends on Tuesday, 10/13) members who want to serve as the club's next president. I would encourage **all** members to vote in the upcoming election and have their voices heard. It's **your** club, and **your** vote makes a difference.

After the nominations close, each candidate will write a blurb to be included in the eWeekly through November 10th so that members have a better understanding of the members who are running. I'm certain that you'll be hearing from the candidates themselves, in person and via e-mail as well.

There is still time for nominations to be made for any of the club offices, so if you're interested in a position, please let me know.

October lies ahead of us, and this time of year offers some of the best riding conditions of the year. Cool crisp days, plenty of sun, and the changing colors, bold reds, warm oranges, yellows. It's my favorite time of the year, for many reasons, not the least of which is the fact that I met my wife in October (last century!). I recommend getting out on a club ride. I also urge you to lead a ride, and take advantage of the fall landscape. It's unlikely you'll be disappointed.

Be safe, be well, and I'll see you on the road.

George Arcarola
President, NYCC

Great Escape By Grace Lichtenstein

Escape New York, NYCC's signature ride, was a humongous success. It was the result of a full year of dynamic, creative work by ENY Director Ellen Jaffe and the dedicated and able ENY committee, plus 180 exuberant club volunteers. Assists from the weather, the various police departments and city and town officials on both sides of the George Washington Bridge, and a collection of stellar sponsors rounded out the supporting cast to pull off the mega-hit.

A total of 1,361 riders took part in the 15th annual event on September 26th. That's an astounding 65% increase over last year, all the more impressive since last year's numbers had already set a new record.

"Esprit de corps was incredible this year," Jaffe said. She took charge of ENY, starting with the 2008 ride, and served again this year as director. In fact, the role became a board position for the first time this year.

Submit!

Have you a hankering to express yourself in prose? Do you have a wealth of information to share with the NYCC membership? Have you just returned from some far-flung spot and wish to tell everyone about it? Submit! Submit!



Ellen Jaffe, Director of Escape New York 2009 Committee, at the start of a long day, in Sakura Park. Photo by Fred Leffel.

Riders took advantage of the mammoth Sakura Park breakfast bar, helpful crew members, clear cue sheets and beautifully-marked routes. Riders cruised into northern New Jersey and Rockland County, New York on the 50-, 65- or 100-mile route under sunny skies with temperatures in the 60s. There was more food, encouragement and mechanics at rest and food stops in Tenaflly, Piermont and Rockland Lake State Park. Marshals and SAG vehicles offered support on the roads.

The after-party, which took place in Sakura Park with 6-foot long Manganaro's Heroboy sandwiches, free gelato from Gelato Giuliana, Zico coconut water, plus other tasty treats proved to be as much fun as the ride itself.



Great Escape! After the ride in Sakura Park. Photo by Nick Lawson.

Miles Feinberg, a 23-year-old nursing student from Staten Island, won the raffled Trek Madone 5.2. "Wow!" said the beaming 6-foot plus Feinberg, who was present at the drawing. He had just completed the 100 mile route, his first century, on a Trek hybrid that cost him \$412, but Feinberg said he is already looking forward to zipping through next year's Escape NY on his carbon fiber prize.

Stephen Manning won the Vermont Bicycle Tour cycling trip to

Tuscany. Additional winners in the drawing at the after-party included Bob Bierman and Lauren Ross, who each won a Bar XII Gift Certificate for 2 dinner entree and 2 drinks; Mathew Bruckner, who won a Hambone Designs Velo Pocket Bike Bag; Maureen Miller, winner of a GalFromDownUnder - 3-in-1 reversible, neon-range/black cyclist's bag; Elmer St Vil, who won Bar Mitts; Gavin Wilson and Tom Decaro, who each won a massage by Betsy Hafkin Massage; Yunicen Yvaucuen, who won a Showers Pass Tri Vest; Jeffrey Sonnabend, winner of a Brooklyn Bicycles Deluxe Bike Tuneup; Karen Davis, winner of a Hot Velociti women's jersey; and a lucky winner of a Signature Cycles bike fit who escaped Sakura before we got her name!

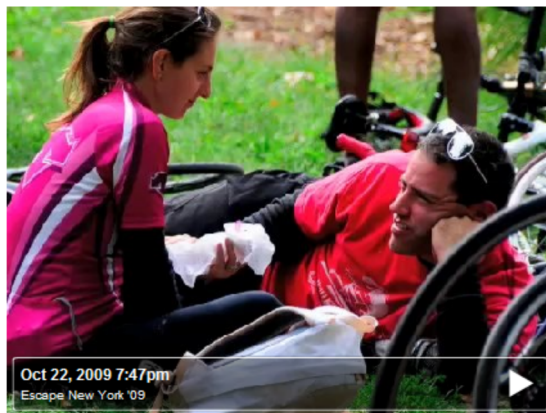


After the ride - flat fixing competition. Photo by Nick Lawson.

The flat fixing contest was a dramatic race to the finish as riders battled one another for additional goodies in the flat-fixing contest. Alas, we were so busy with our FUZE, Farmland Dairies and Zico drinks and Mona's Vitamin Cookie in one hand, and samples of Alcis pain relief cream and Boudreaux's Butt Paste in the other that we didn't get a chance to jot down their names.

Escape New York 2009 Facebook Video

Photos by Javier Fraga, Nick Lawson, Bob Cowin; track by Olatunji.



October Rides

To see this month's rides listed by the week or month, [click here](#).
(password required)

October Events

For a list and description of this month's events, [click here](#).

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