



## June 2009 Bulletin

**NYCC News**

**Join the club**

**NYCC Events**

**Bulletin**

**Escape  
New York**

**NYCC Stuff**

**Contact us**

**Archive**

**FAQ**

**Sitemap**

### Prez Sez

Numbers ... I've always had a certain attraction to them. While I would not go so far as to say, "The numbers never lie" -- any data can be manipulated; see: Barry Bonds -- they do tell a very interesting tale.

Here are some to think about:

**1800:** that's how many of us there are, NYCC'ers that is

**150:** number of people at the Bershires dinner

**35:** 'C' and 'B' cyclists that joined the President's Ride on 5/30

**16:** the number of rides listed for the weekend 5/30-31

**5:** the number of B-SIG grads who have already listed or led a club ride

**1:** the number of members who can make a difference in the club.

The 2009 B-SIG graduated a (very) large and motivated class. On Tuesday, June 9, the C-SIG and both A-SIGs will be doing the same. From what I've heard and seen, these folks are ready to make a huge impact! The summer of 2009 could be quite busy on the metro region's roads, filled with NYCC members spinning throughout NY, NJ, PA, CT, and beyond.

Let's go back a couple of lines, to that very special number I used... it's a prime number, prime in more ways than, ahem, one ... it's the number "1"... It's you! The summer of '09 should be all about you in one way or another. Lead a ride, go up to West Point with the club, join the All-Class Ride(s) this month, pick a club ride and head out on the road with a group, see a Mets game with fellow members, enjoy yourself, and enjoy your club! Oh, and get your miles in so you're in peak condition for this year's Escape New York, the crown jewel of NYCC rides!

Be safe, be well, and Ill see you on the road.

Thank you,

**George Arcarola  
President, NYCC**

### MAY-hem

**By Carol Krol**

With bike month drawing to a close, the NYCC looks back on the last 31 days of fun and mayhem in May. It was a busy month filled with club classics like The Berkshires Memorial Day Weekend getaway and the annual, well-attended President's Ride. MVP Ride leader Maggie Nguyen (who led the most club rides in 2008) also wrapped up her Seven Deadly Sins ride series this month with a celebration ride that included ice cream and smooching frogs. In fact, sinning and indulging is definitely becoming a theme this season.

Under the banner of "brand new rides sure to become classics," May also brought us The Tour de Hangover, a two-stage "event" that occurred the last weekend in May. The ride was organized by A-SIG graduates Emily Maynard, Tristan Porto, Ryan Abshire, and brought to life by A Ride Coordinator Derek Chu.

Stage one occurred on Saturday, May 30, the crucial "Inducement of Hangover" stage in Greenwich Village. The gang met at 9:30 p.m. at Vol de Nuit, a Belgian Pub, and continued from 11 p.m. on at Barrow Street Alehouse. Stage two took off hours later. The "Hangover Ride to Nyack" shoved off from the Central Park Boathouse at 11:00 a.m. Sunday morning.

The Hangover Ride was an outgrowth of a message board thread about younger members in the club and creating rides and activities around that sub-group (<http://www.nycc.org/mb/thread.aspx?b=1&t=14714&tp=1#msg74307>).

"The idea was sparked by something that someone else wrote on a message board thread about there not being a lot of other younger people ...so I started a new thread to ask the other under-40s (I'm 26) why they cycle, and what they'd be looking for in terms of club rides," Maynard said. More than 80 replies were posted. Maynard noticed in the A Classic that most leaders and other riders were years, if not decades, older than her. "Although I really love meeting people of all ages, and I learn a lot from more experienced riders, I was also just wondering where all of the young people were."

The ride proved popular: More than 20 people showed up at both events. Said Maynard, "My favorite thing about the tour de hangover was riding in a smooth rotating single peline on 9W on the way home, when some of our riders had never even ridden in a peline before today."

### Submit!

Have you a hankering to express yourself in prose? Do you have a wealth of information to share with the NYCC membership? Have you just returned from some far-flung spot and wish to tell everyone about it? Submit! Submit!

Beyond the Hangover ride, the A riders have also formed a subcommittee to plan future events for younger members (> 30 ) more centered around later starts to weekend rides and with more opportunities to hang out before and after rides. Emily Maynard is heading up that committee. If you're interested in helping out, reach out to her at emily.woodman.maynard \*at \* gmail.com.

There was even a separate offshoot, "Too Old for a Hangover, Too Young for AARP"ride, proving that NYCC really does have rides for everyone!

Check out these links for a re-cap of the month in pictures:

#### **Berkshires Weekend**

<http://www.flickr.com/photos/bs96/sets/72157618754931171/>

<http://public.fotki.com/specdolceelite/nycc-berkshires-2009/>

<http://picasaweb.google.com/LuciaDeng/BShires09?authkey=Gv1sRgCKLcleC3mJm62wE#5340355093919795026>

<http://picasaweb.google.com/tomoboe/NYCCBerkshires2009#5340620766047839554><

<http://www.flickr.com/photos/bobcowin/sets/72157618713563501/show/>

#### **Presidents Ride (photos by Bancha Srikacha)**

<http://www.flickr.com/photos/bs96/3579917818/>

#### **Too Old for a Hangover, Too Young for AARP**

<http://picasaweb.google.com/HoosHot/20090531TooOldForAHangoverTooYoungForAARPRide?authkey=Gv1sRgCK-vqLPP58-60wE&feat=embedwebsite#5342039452483948930>

#### **Seven Deadly Sins Celebration Ride**

<http://picasaweb.google.com/HoosHot/20090530SevenDeadlySinsCelebrationRide?authkey=Gv1sRgCMP699Ke9N6CYQ&feat=directlink#>

### **Who's In Your Club**

#### **Catching up with Wayne Wright**



#### **How long have been an NYCC member?**

Since 1991

#### **How many bikes?**

Three.

#### **What is your favorite pre-ride breakfast?**

Cinnamon-Raisin bagel w/nothing on it and a banana, at home. About 1/4 of a baked potato when I get to the ride start.

#### **What is your favorite ride destination?**

Croton Dam.

#### **What's the last book you read?**

*A Son of the Circus* by John Irving.

#### **What do you do when you're not cycling?**

I sing in a choir called Polyhymnia, which does a capella music from the Renaissance. I also play the piano and I like to go hear live music. I like watching NFL football.

#### **What cycling trips/events/races are on your calendar in the coming year?**

No big trips planned, but, the Berkshires Weekend, the West Point weekend, the Harlem Valley ride and of course, Escape New York!

### June Rides

To see this month's rides listed by the week or month, [click here](#). (password required)

### June Events

For a list and description of this month's events, [click here](#).

### Bike Shop Discounts

To access your discount card and a list of bike shops offering discounts to NYCC members, [click here](#) (password required)

[<top>](#)

[HOME](#)

[RIDES](#)

[RESOURCES](#)

[MESSAGE BOARD](#)

Copyright © 2008 New York Cycle Club. No images, text, graphics or design may be reproduced without permission. All rights reserved.

