



## March 2009 Bulletin

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### Prez Sez

Spring is a time of renewal. Spring is a time of hope. Spring is a time of celebration. And best of all, spring is a time to get back out on the road! Unless of course, you've been brave enough, or perhaps (as our non-cycling friends might say) crazy enough to cycle through the winter! In which case, spring is a time to ride longer and longer and enjoy!

On Wednesday, February 25th, I had the delightful pleasure of attending the Volunteer Recognition Party. I think we may comfortably say that the health of the NYCC, based on the group I saw at the party, is very, very good. A large group in attendance, many repeat offenders (you know who you are!), and plenty of new faces too! IchiUmi was a wonderful venue with many interesting and novel treats available. I would expect that when the word gets out, we may have even more of our membership volunteering this year in order to attend the next soiree. For those volunteers who were unable to attend, Iâ€™ll repeat my speech: Thank you! You are the heart and soul of the club. Your contributions; leading rides, staffing events, working the ENY, are what makes the New York Cycle Club the success that it is.

The SIGs and STS rides have begun. The ride listings on the club web-site are beginning to show signs of the spring thaw. The rides are varied, and while they are not yet plentiful, it's only a matter of time before they are. At least it will be only a matter of time if the spirit of volunteerism remains strong. Take a look at the [ride listings](#) for the next couple of weeks . . . go ahead . . . check right now . . . I'll wait . . . done?... Okak . . . If you're not in the SIG, and you're not riding an STS, are there enough rides to keep you busy? Is there that C-14 to Piermont that you'd join in a heartbeat? What about a nice A-20 to get the blood flowing on an early spring day? Anything in between, say a B-18, maybe over to Jersey? The pancake house in Ridgewood comes highly recommended. If the answer is no, maybe you can lead a ride this spring. It can be a great deal of fun, and very rewarding, and you'll also earn an invite to the next Volunteer Recognition Party!

Make the time over the next couple of weeks to get your bike tuned up. It's always a good idea to check everything before it becomes a problem. If you're not too mechanically challenged, you can do much of it yourself. If you have ten thumbs, and two left hands (like me!) take it in to your LBS (local bike shop). They'll appreciate the business, and you'll be safer on the road with a mechanically sound machine.

Also, if you get out on the road and notice safety issues; potholes, plates, etc., post it on the [club message board](#), and get on the phone to 311 to report the issue. That way, we can all help to keep each other safe.

Be safe, be well, and I'll see you on the road.

--George Arcarola

### Who's In Your Club

**Catching up with Paula Froke**

### Submit!

Have you a hankering to express yourself in prose? Do you have a wealth of information to share with the NYCC membership? Have you just returned from some far-flung spot and wish to tell everyone about it? Submit! Submit!



**How many bikes?**

Three in NYC: 2007 Specialized Tarmac Expert, 2001 LeMond Zurich, 2008 Surly CrossCheck. Plus a 2007 Specialized Allez at my parents' so I can ride when I visit them

**What is your favorite pre-ride breakfast?**

Oatmeal, toast and jelly, and a couple of bananas.

**What is your favorite ride destination?**

Any of the Berkshires rides that we did on the NYCC Memorial Day Weekend trip. (Plus my commute along the Hudson from the Bronx to the Far West Side.

**What's the last book you read?**

I'm pretty much simultaneously making my way through a couple of Final Cut Pro video editing books, a couple of beginner Flash books, and a couple of general visual storytelling-and-editing books.

**What do you do when you're not cycling?**

I'm an editor and manager with Associated Press (AP).

**Vice President of Programs Needed**

As you may be aware, the NYCC has an unfilled Board of Director's position: Vice President of Programs. We need a qualified and willing volunteer to step into this role.

From the NYCC by-laws: The Vice President of Programs shall be responsible for producing programs at membership meetings with the optional assistance of a committee

Joining the board can be fun as well as fulfilling; it's certainly challenging, and will give you an entirely new perspective on how our wonderful organization runs.

To paraphrase JFK, ask not what your club can do for you, rather, ask what you can do for your club!

Any and all interested candidates should forward a brief summary of what your experience and expectations are to me at [president@nycc.org](mailto:president@nycc.org) or see me at a club meeting or function. If you would like more info, or have questions, I can put you in touch with the current as well as past Program VPs so you can get details on what the position is all about. The Board will select the most qualified person from all the applicants, to assume the role for the remainder of the year.

Thanks,  
George Arcarola  
President, NYCC

**March Rides**

To see February's rides listed by the week or month, [click here](#).  
(password required)

**MarchEvents**

For a list and description of this month's events, [click here](#).

### **Bike Shop Discounts**

To access your discount card and a list of bike shops offering discounts to NYCC members, [click here](#) (password required)

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