

# **NYCC BULLETIN**

**August 2008** New York Cycle Club / [nycc.org](http://nycc.org)



## **INSIDE:**

**AN ESCAPE NEW YORK VOLUNTEER APPEAL FROM OUR PRESIDENT**

**BIKING “THE FALLS”**

**ROOFTOP HAPPY HOUR**

**THE “UNIGEEZER” RIDES AGAIN**

## President's Letter

To all NYCC members:

I'm writing to ask for your help.

I've been told that I can be a fairly persuasive and passionate speaker. A gift from my mother, I have always been able pour my soul into those things I believe, and feel strongly about.

**Escape New York 2008** is one of those things.

This year our club's fall classic, **on Saturday September 20**, is all about community, about our strong NYCC community and about the greater cycling community we are a part of.

For **ENY '08**, we've made it a goal to cast as wide a net as possible, reaching out not only to avid cyclists from the tri-state area and beyond, but also to other bike clubs, cycling organizations, bike advocates, and to leadership of communities we bike through.

**ENY 2008** is our club's gift to this vibrant community, a day for us to show off NYCC hospitality while we provide wonderful riding, great refueling stops, a tremendous raffle, a wild flat-fixing contest, fun giveaways and memorable bonhomie for our fellow cyclists.

*(Continued on next page)*

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The *NYCC Bulletin* is published monthly by the New York Cycle Club. The opinions expressed herein are those of the authors and do not reflect the official position of the NYCC.

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Subscriptions: Free to NYCC members. Questions about your membership? Contact Neil Botwinoff at [membership@nycc.org](mailto:membership@nycc.org). Include your name and full address in your message.

Ads: Only bicycle related advertising is accepted. Only digital files will be accepted. Contact Editor for more information. Page size is 7.5 by 10 inches.

Ad rates: Full page, \$275. Half page, \$150. Quarter page, \$85. Eighth page, \$50. Bottom blurb, \$45. Frequency discounts available.

Submissions: Email your text and/or photos to [bulletineditor@nycc.org](mailto:bulletineditor@nycc.org)

Please proofread your submissions carefully. Submission is contributor's warranty to the NYCC that material is in no way an infringement on the rights of another and may be pub-lashed without additional approval. Publication is determined by available space. We cannot guarantee that all submissions will be published. A full page of text is 750 to 1,090 words. Material may be edited for brevity and clarity.

Deadline: All submissions and advertising are due to the editor by the second Tuesday of each month prior to publication. Sorry, no exceptions.

File format: Only digital files will be accepted. Image files must be TIFF, EPS, or JPG format. Text files can be in text or .txt format. Please do not send large attachments without contacting the editor first.

Address all correspondence to: [bulletineditor@nycc.org](mailto:bulletineditor@nycc.org)

Thanks!  
Dana Gordon  
&  
Carol Krol

NYCC Co-Editors

*(resident's Letter continued)*

It's a party. And we need your help to put it on. There's plenty to do and we'll have fun doing it. Work a rest stop, help at registration, transport volunteers, drive SAG, mark routes, etc. Whatever your contribution, we'll need at least one hundred volunteers to pull this off!

We need **YOU** to make this **ENY** better than any other ride! We need YOU to help present this "gift" to the New York cycling community! We need YOU to volunteer to make this event possible!

So, what do you think? Have you been looking for a way to give back to the club? This would be a perfect opportunity. You can help us make this happen! Don't procrastinate: Sign up to volunteer today!

[enyinfo@nycc.org](mailto:enyinfo@nycc.org)

Thanks,  
George Arcarola  
President  
NYCC

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## Biking "The Falls"



***From L to R:** NYCC Secretary & ENY Coordinator, Ellen Jaffe, Director of Events & Programs, Hal Eskenazi, President George Arcarola, and Director of Public Relations, Ingrid Wiegand*



On July 30, NYCC board members participated in a guided tour of "The Falls" art installation, led by New York City Transportation Commissioner Janette Sadik-Khan. Representatives from Transportation Alternatives, the Five Borough Bike Club, the NYC Department of Transportation and our club got to chat with the Commissioner about biking concerns in the Big Apple, while doing a leisurely ride in and around the Brooklyn Bridge area.

## Upcoming Club Events

### August Meeting And Special Event

#### NYCC AUGUST Program & Special Event

Tuesday, August 12, 2008 from 6:15pm til?

##### BLOCKHEADS Restaurant

Eat, drink, socialize and relax at a rooftop restaurant

**This is the August NYCC Monthly Program & Special Event all in one.**  
2 events, 1 price, what a deal!

Time to go to Mexico. Okay, maybe just time to eat great Mexican food with your NYCC amigos.

**Blockheads Mexican Restaurant: 499 3rd Ave (34th St.) (212) 213-3332.**

This rooftop event is subject to the weather. Right now it looks clear and in the 80's. We'll check with Al Roker and and **post confirmation on the message board Monday 8/11 by 6pm.**

Why this particular joint? First, the **rooftop**. Then add **happy hour prices\*** all evening, **cheap** but **good food, free chips**, a relaxing time to talk to friends (with no loud music) and maybe meet some new friends. Need we say more? If you get there and there is a line for the rooftop, tell them you're with **New York Cycle Club** and they will let you right up.

So we have some idea of how many tables we'll need, **please RSVP by NOON on Monday, August 11 to Hal Eskenazi at [events@nycc.org](mailto:events@nycc.org)**. (This event even works for procrastinators!)

##### \*Rules of the Road

4 August 2008

So we don't wear out our welcome, the following **"rules of the road" apply**: There is a \$10 minimum per person with an 18% gratuity and tax automatically added to your table (no individual checks).

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### Next Club Meeting

Tuesday, September 9, 6 p.m.

#### Program To Be Announced

##### Annie Moore's Bar and Restaurant

50 E. 43rd Street, between Madison and Vanderbilt

**Happy Hour** 6:00 p.m.

**Dinner** 7:00

**Program** 8:00-9:00

**Dinner:** \$23

**Program only:** no charge

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### NYCC SEPTEMBER Special Event

#### Take Me Out to the Ballgame: a real family friendly event

**Friday September 24, 2008 7 p.m.**

**NY METS vs. CHICAGO CUBS at Shea Stadium**

Your last chance to visit Shea as it stands. Be part of history!

They're hot. Or not. Either way, the NYCC has arranged to get unbelievably good, cheap tickets behind home plate to see the Amazin's beat the Cubs. Long a traditional battle, it will be a great game, just as the pennant race is heating up. Join us in the upper deck and kick back with a hot dog & a cold frosty beverage.

We have a limited number of tickets that will go fast. **The price will be tiered as follows, based on your speed in responding: group 1: \$13, group 2: \$15.**

(The sooner you RSVP and pay for your tickets, the cheaper they will be. NYCC tickets for the June Yankees game sold out immediately. This is a popular event, so don't delay!) We will all be sitting together (but not in Wilpon's box.) The Mets will welcome the NYCC with an announcement on the centerfield scoreboard. (If we all wear our club jerseys, I bet we'll even be on TV!) Go Mets!

Please be advised that due to security concerns **you may bring food, but briefcases, backpacks and glass bottles are NOT permitted in Shea Stadium.**

**Tickets:** available to members on a first come, first-served basis from Hal Eskenazi. Reply to [events@nycc.org](mailto:events@nycc.org). You will receive a

return e-mail asking you to send a check & self addressed, stamped, envelope within seven days to reserve your ticket.

### Getting There:

1) With the group: meet Hal Eskenazi at **6pm sharp, at the Grand Central Station Information Booth to take the #7 train.**

2) On your own. Subway: take the #7 to the Willets Point / Shea Stadium stop; we'll see you at our seats.

3) Bike it!! Shea has bike parking.

Join your friends at all of these NYCC Special Events & Programs. We'll have some fun. We always do!



Terry "Unigeezer" Peterson

## The Unigeezer rides again

By Allen Lessels

Unicyclist, 52, finds audience on YouTube, but longs for competition

Tennis was never his thing. He had been a runner, but he was not sure his knees were up to that any longer. Mountain biking did not much appeal to him.

But Terry Peterson, a piano tuner by trade in the Los Angeles suburb of Lomita, was closing in on 50 and needed something. He loved his work but not the fact that it's sedentary. And while he was not exactly heavy, his weight was sneaking up a bit and his pants

were getting a little tight around the waist.

Enter unicycling. Again. "I started riding on a basic Schwinn unicycle in 1966 when I was 10 years old," Peterson said.

Got pretty good back then. Forty years later, he took it up again. "I figured why not try unicycling and see what comes of it," Peterson said.

Turns out riding a unicycle is like riding a bike: You don't forget. Peterson not only remembered. He got hooked, on mountain unicycling in particular, partly because he discovered a website: [unicyclist.com](http://unicyclist.com). "That opened up a whole new world and it kind of snowballed from there," he said. "It changed my life forever."

Now, a couple of years and about 100 unicycling videos full of drops off rocks and over stairs and rides up steep ascents later, Terry Peterson is the Unigeezer on YouTube.com and a one-wheeled inspiration to kids half -- heck, a quarter -- his age (see <http://www.youtube.com/ttt8699>.)

"Terry is always challenging himself and trying to improve," said Adam Brody, organizer of the Orange County Unicyclists in California. "He comes along on a lot of our rides and brings a lot of energy to the

group.

Peterson turned 52 on Jan. 15: Most of the riders in Brody's club range from the second grade to the ninth. Like many mountain unicyclists, Peterson rides mostly for fun and fitness. He's on one of his several unicycles -- he has different models for different uses -- usually seven days a week.

But he's also on the lookout for competitions and a chance to test himself against others, as well as against rocky trails and over and off obstacles both manmade and natural.

There aren't many chances, though, to go up against riders his own age, since there aren't a whole lot of them in the first place. Peterson plans to be at the ninth annual Moab Muni Fest in Utah on March 28-30 this year and likely will compete in events such as the challenge ride competition against all ages. "I've decided at the next event I'll compete against the younger riders on their own terms," Peterson said. "I'm pushing the envelope so much more this year, I'm willing to do so much more."

One of his most recent videos -- he calls it Crazy Eights -- showcases one of his most impressive achievements: dropping down over eight stairs. "I can't do that," said Brody, 22. "I'm not sure anybody in the club can."

Yes, Terry Peterson is always pushing. "The fact he's 52 doesn't matter," said John Long, who rides with Peterson. "He's young at heart and he's very fit. He's getting good, no question about it."

Long, who is well-known in the rock climbing world, knows a little about fitness and getting hooked on extreme sports. Mountain unicycling is right up there with the toughest of them, Long said. "It's super addictive," he said. "It's another of those full absorption things. It's such a focus thing. It's so quick and it's so fast and it takes full concentration. You're pressuring like crazy. Your body is always under a lot of tension. Sweat pours off you. . . . If your mind drifts a little bit, you're going to fall."

And tumbling downhill off a mountain unicycle in a rock field is not a good thing. That's at Long and Peterson's extreme end of things. Most anyone, most

any age, can learn to unicycle, Peterson said. "The hardest thing is getting over the sense you can't do it, the fear that someone is going to kill themselves on it," he said. "That's an unfounded fear. Ninety-nine percent of the time if you come off it, you walk off it."

A helmet and shin pads are always recommended, though, and a good shoulder, or bench, to lean on is very helpful at the start. "If you can ride a bicycle and have a basic sense of balance, anyone can learn," Peterson said. "All you need is a little determination and focus and to not give up. I tell people they can learn how to ride a unicycle -- basically ride it in a straight line back and forth -- within a week with practicing 15 to 30 minutes a day."

Starring in a UniGeezer video -- or riding up or down a steep mountain pitch with Peterson -- takes a tad more time and practice.

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## **Bike cargo boxes available for rent**

**Traveling this summer with your bike?** The NYCC owns two bike cargo boxes that will allow you to bring your bicycle on an airplane. The boxes measure 30" x 47" x 10" and come with wheels. They are available for rent by club members for \$25 per week. There is a non-refundable reservation fee of \$25, which will be deducted from the final cost of the rental. A pedal wrench is included as well as instructions on how to pack your bike. To reserve a box, contact Joanne McGarry, (212) 505-2755 or [jmccgarry@nassaucountyny.gov](mailto:jmccgarry@nassaucountyny.gov). *Checks should be made payable to NYCC.*

## Who's In Your Club?



**Catching up with . . . True Sims, member since 2007**

**\* How many bikes?**

2: Hybrid (commuter) and a Trek Pilot 2.1

**\* Pre-ride breakfast?**

Depends on the season: Oatmeal, toast with peanut butter in the winter/early spring, cereal, toast w/ peanut butter in the late spring and summer. Coffee, juice, water.

**\* Favorite ride destination?**

I enjoyed riding up Perkins over Memorial Day weekend. That was a very nice ride. Westchester in the Fall is a favorite.

**\*What's the last book you read?**

MOONTRAP by Don Berry  
( FROM A POWELL'S BOOKS REVIEW):  
“*Moontrap* is a book of remarkable beauty and power about a man caught between his vivid past and an uncertain future. The year is 1850, a transitional period in the new Oregon Territory, with settlers and lawmakers working to subdue the untamed, uncivilized region.”)

**\*What do you do when you're not cycling (what's your day gig)?**

Director of Production at Black Dog & Leventhal Publishers. I buy printing, schedule manufacturing, and get the books produced.

**\* What cycling trips/events/races are on your calendar for this year?**

CYCLE OREGON in early September and lots of weekend day trips all around NYC.

## Bike Stop: State Line Lookout

By Ingrid Wiegand

On the way to Piermont and beyond, many cyclists bypass a great destination accessible from the top of State Line Hill. If you turn right off 9W where you can see the entrance to Columbia's Lamont-Doherty Observatory, there's a line of rocks [(see picture)] blocking automobile access to an old concrete road, a remnant of the old 9W. If you ride between the rocks and follow that road, it goes down for about a quarter mile and then climbs a good half mile to the highest point on the Palisades. There, at 532 feet above the Hudson, you're at State Line Lookout, with a great view of the Hudson and of Westchester County. On a clear day, you can see all the way to the Long Island Sound. If you're there at the right time, you can watch red-tail hawks hunting along the cliffs and soaring just above your head.

The Lookout has an old Depression-era café, which is open from 9 a.m. to dusk seven days a week. It has everything a cyclist needs at a bike stop: almost any kind of sandwich – made to order – and soup, salad, and pretty decent slices of pumpkin and zucchini bread. Coffee, tea--hot and iced--as well as soda is available. There's a case with Gatorade & bottled water, and of course, restrooms – old, but clean. The food is always fresh and the guys behind the counter are always glad to see you.



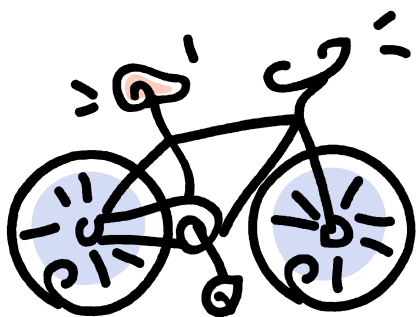
NY / NJ State of Mind

About 19 miles from the Eleanor Roosevelt at 72<sup>nd</sup> Street, State Line Lookout makes a great weekday ride all year round. The road up is a moderate hill, and 9W gives you a modest workout on the way back. The old concrete road has a few cracks and sometimes has a lot of wind debris on it, but it seems to be pitched well enough so that wind and rain keep



*Glad to see you: the café at Stateline Lookout*

it clear. The Park service removes larger stuff. Last winter it was only impassable once, when it was iced over after a snow. The Lookout is otherwise only accessible by car from Palisades Parkway, so it tends to get a little crowded on Sundays – but only on Sundays.



# THE NEW YORK CYCLE CLUB INVITES OUR MEMBERS TO VOLUNTEER

FOR OUR PERENNIAL & ILLUSTRIOUS CYCLING CELEBRATION

KNOWN AS

# ESCAPE NEW YORK!

THE TWENTIETH OF SEPTEMBER 2008

WE NEED DRIVERS TO MARK THE ROUTES, REST STOP MANAGERS,  
REGISTRATION HELPERS, FOOD & EQUIPMENT DELIVERERS,  
SAG VEHICLES, ROADSIDE REPAIR & MORE!

## WITHOUT YOU IT DOESN'T HAPPEN!

CONTACT THE COMMITTEE: [ENYINFO@NYCC.ORG](mailto:ENYINFO@NYCC.ORG)

*Ellen Jaffe Design*

## NYCC ride listings guide

**NYCC rides** are led by volunteer leaders. The leaders plan the route and maintain the listed speed. We list rides by level and cruising speed classifications in order to help members find rides in groups of similar ability. The pace and style of the different levels may vary, but rides all share the common objective of riding for fun, fitness and food.

**Ride classifications** All rides are classified according to level and cruising speed. The levels are as follows:

<b>A</b>	Fast, vigorous riding with advanced bike handling and paceline skills required. Stops every 2 hours or so.
<b>B</b>	Moderate to brisk riding with attention to scenery. Stops every hour or so.
<b>C</b>	Leisurely to moderate riding at a gentle pace. Sightseeing and destination oriented (a good introduction to the club). Stops every half-hour or so.

A number following a letter indicates the target cruising speed on flat roads: e.g. **B15** = B level at a 15 mph cruising speed. **Cruising speed** indicates the ride's speed on flat terrain. Average riding speed over rolling terrain is generally 3 mph less than cruising speed. This will vary plus or minus 1 mph, according to terrain. Overall speed, including all rest and food stops, is about 3 mph less than average riding speed.

**Self-test** Assess your cruising speed by timing yourself on a four-lap ride of the complete oval in Central Park (24.4 miles). Ride at a comfortable, sustainable pace. Fewer than four laps will give a false assessment. Find your time below and note the cruising speed.

Four lap time	Cruising speed
1:10 or less	22+ mph
1:10 to 1:13	21
1:13 to 1:16	20
1:16 to 1:20	19
1:20 to 1:25	18
1:25 to 1:30	17
1:30 to 1:38	16
1:38 to 1:48	15
1:48 to 2:00	14
2:00 to 2:14	13
2:14 to 2:30	12
2:30 to 2:50	11

## Your first NYCC ride

**Be conservative** Choose a ride easier and shorter than you think you can ultimately handle. You won't enjoy struggling to keep up with a ride that's too fast for you, nor will the group enjoy waiting for you. It's a good idea to call or email the leader a day or so before the ride and introduce yourself when signing up at the start.

**Before any ride** Check that your bike is in good riding condition: brakes and derailleurs working well, tires pumped to the pressure specified on the sidewall. Eat a breakfast consisting of carbohydrates and proteins.

**Bring** a spare tube or two, tire levers, patch kit, pump, water, snacks, money, medical ID, emergency phone numbers and rail pass. We also suggest that you bring a lock. Leaders may specify other items in their ride listings.

## Lead a ride

Pick a date, pick a pace, pick a destination, pick a route, write it all up and submit to the appropriate ride coordinator (listed below) by the second Tuesday of the month before you want to lead your ride.

### A-rides

Betsy Hafkin

[a-rides@nycc.org](mailto:a-rides@nycc.org)

### B-rides

Skip Ralph

[b-rides@nycc.org](mailto:b-rides@nycc.org)

### C-rides

Susan Neiderman

[c-rides@nycc.org](mailto:c-rides@nycc.org)

Lead enough rides during the year and you qualify for a special prize (given out in December):

**3 rides** = NYCC water bottle

**6 or more rides** = NYCC t-shirt

**12 or more rides** (1st time) = NYCC Ride Leader's vest (you can't buy one of these—you have to *earn* them).

**12 or more rides** (2nd time) = any club garment of your choice.

**PLEASE NOTE** Metro-North requires prior notice for large groups (16 or more) on scheduled Bike Trains (Bike Trains are indicated by a bicycle symbol on the printed Metro-North time-tables) and groups of three or more cyclists on a non-bike train. When you submit a ride involving Metro-North to a ride coordinator, at the same time shoot an email off to our trusty Metro-North liaison,

Hank Schiffman, at [hschiffman1@nyc.rr.com](mailto:hschiffman1@nyc.rr.com). He will manage all the details but he can not do it on a piecemeal, last minute basis.

## Bicycles and trains

**Bike trains** On Saturdays and Sundays, MetroNorth has scheduled specific trains to/from Grand Central Station to accommodate large groups of cyclists. Bike trains are indicated by a bicycle symbol on the printed MetroNorth timetables. Schedules change frequently. There are no Bike Trains on holidays. Refer to the NYCC roster for restrictions which apply at other times.

**Bike passes** are always required. Bike passes are available at Window 27 at Grand Central or by calling (212) 499-4394 or (718) 558-8228 for an application. Also try [www.mta.nyc.ny.us/lirr/pub/bicycle.htm](http://www.mta.nyc.ny.us/lirr/pub/bicycle.htm)

**Schedules** Here are some commonly used departure and return times for weekends effective October 7, 2007. Contact Metro North for the most current and complete schedules at: <http://www.mta.info/mnr/html/planning/schedules/index.html>

### HUDSON LINE

depart	arrive
<b>GCT/125th</b>	<b>Poughkeepsie</b>
7:51/8:02 am	9:46 am
8:51/9:02 am	10:46 am

depart	arrive
<b>Poughkeepsie</b>	<b>125th/GCT</b>
3:33 pm	5:10/5:21 pm
4:33 pm	6:15/6:26 pm
5:33 pm	7:10/7:21 pm
6:33 pm	8:15/8:26 pm

### HARLEM LINE

depart	arrive
<b>GCT</b>	<b>Brewster</b>
7:46 am	9:08 am
8:46 am	10:09 am
9:48 am	11:08 am

depart	arrive
<b>Brewster</b>	<b>GCT</b>
5:16 pm	6:41 pm
6:16 pm	7:40 pm
7:16 pm	8:40 pm

### NEW HAVEN LINE

depart	arrive
<b>GCT</b>	<b>New Haven</b>
8:07 am	9:54 am
9:07 am	10:52 am

depart	arrive
<b>New Haven</b>	<b>GCT</b>
2:55 pm	4:38 pm
3:51 pm	5:38 pm
4:51 pm	6:38 pm

# August Ride Listings

## Club rides

To keep abreast of any last minute changes, always check the **Ride Listings** on the website at

<http://www.nycc.org/ridesub/view/ridelist.ing.aspx>

or the **Message Board**:

<http://www.nycc.org/mb/threads.aspx?B=1>

### Saturday, August 02, 2008

**A19 60 mi 8:00 am**

**River Rd., Bradley, Tweed, Ike:  
As slow as A rides get**

Leader: Richard Rosenthal, [rr@ro-ads.com](mailto:rr@ro-ads.com), 212-371-4700

From: Central Park Boathouse

The route is gorgeous, challenging, and, maybe best of all, very lightly trafficked. In fact, there's only one reason to \*not\* come: You'll have to wait for me atop four climbs. I wish I were kidding. I'm not.

**A19 120 mi 7:00 am**

**Forking on Long Island**

Leader: Michael Steiner, [michisteiner@verizon.net](mailto:michisteiner@verizon.net), 646-269-2413

From: New York Penn Station / Port Jefferson

Long Island features rarely among NYCC rides yet it offers beautiful rides nonetheless, e.g., Tim's Necking on Long Island ride and the Montauk Century. This ride explores the North Fork starting from Port Jefferson zig-zagging to Orient Point and then heads via Shelter island

over to the South Fork to Montauk from where we take the train home. Given the long train rides and the few trains which allow bikes it will be a really long day but a worthwhile one. We are heading out on the 7:23 train at Penn Station arriving in Port Jefferson at 9:36. Return options are either the 6:17 train from Greenport (a nice place to hang around and have dinner) if you have enough after 80 miles or 7:34 from Montauk.

Please bring bike permit, two waters bottles, power bars or gels, money for lunch & dinner, a bicycle in good repair, along with the mandatory helmet. Check bulletin board for updates if weather appears unfavorable. RSVP would be appreciated.

**B17 80 mi 8:00 am**

**JPM Manage-a-trois - South Mountain Road**

Leaders: Maggie Nguyen, [mnguyen\\_va@yahoo.com](mailto:mnguyen_va@yahoo.com), 212-729-7298; Philip Romov, [phil.nyc@gmail.com](mailto:phil.nyc@gmail.com), 347-880-0769; Jeff Ignall, [jcinyc27@yahoo.com](mailto:jcinyc27@yahoo.com), 917-763-2671

From: Central Park Boathouse

JPM. JP Morgan? No, leaders Jeff, Phil and Maggie. You'll be managed by (warning: self-proclamation coming up) three of NYCC's finest up South Mountain Road.

A19 cuesheet, B17 pace. This ride is not for the easily intimidated; but at the same time, no hammerfest, please. Let's pace ourselves accordingly because this is a hilly 80 mile ride.

### Sunday, August 03, 2008

**B17-18 65+ 8:50 am**

**SPF No. 6**

Leaders: Neile Weissman, [soupstone-at-mindspring-dot-com](mailto:soupstone-at-mindspring-dot-com); Michael Notaro

From: to be scheduled

Back roads. Shade. Hills. Food.

Check message board mid-week for ride details, updates and status.

RSVP with a cell phone if you're on.

**B18+ 60 mi 8:30 am**

**Mamaroneck / City Island**

Leaders: Adrienne Browning, [abrowning1@nyc.rr.com](mailto:abrowning1@nyc.rr.com); Bill Laffey, [charlie07644@aol.com](mailto:charlie07644@aol.com)

From: Central Park Boathouse

A great ride to City Island, by way of Mamaroneck. It's 40 miles to lunch. We will have lunch outdoors at the very end of City Island at a restaurant on the water, a great fried fish (and other food) joint. Note: they don't accept credit cards. The ride home is a bit tricky, with fast traffic, so we're asking for experienced riders only. Rain cancels, check the message board at 7:00 a.m.

**C13 30+ mi 10:30 am**

**After Breakfast - Coney Island and the Brooklyn Greenway**

Leader: Mike Weinberger, [loftmike@yahoo.com](mailto:loftmike@yahoo.com), 212-736-2624

From: City Hall Park, Opposite Brooklyn Bridge

We usually do this ride 2-3 times a year. After crossing the Brooklyn Bridge we will traverse Brooklyn Heights, Cobble Hill and Boerum Hill, on our way to Park Slope and Prospect Park. After a loop through the park we head toward Coney Island via Ocean Parkway. Then, it's off to Nathan's for lunch. Afterwards, anyone who wants to play "Shoot Out The Star" (I will) will be my treat. If you don't know what "Shoot Out The Star" is, I guess you will have to come on this ride to find out. Afterwards we will head to the Brooklyn Greenway, which ends near Bay Ridge. Then its streets again, back to Boerum Hill and the rest of downtown Brooklyn till we wind up where we started, the Manhattan side of the Brooklyn Bridge, at about 3:30. The only requirement is that you bring a spare tube. Questions? Shoot me an e-mail.

Mike P.S. For those who are not sure, we meet on the sidewalk right next to the pedestrian entrance to the Brooklyn Bridge - which is also next to City Hall Park.

### Monday, August 04, 2008

**B18 20 mi 7:00 am**

#### Monday AM River Road w/ Optional Silliness and also sans Bob

Leader: Maggie Nguyen,  
[mnguyen\\_va@yahoo.com](mailto:mnguyen_va@yahoo.com), 212-729-7298

From: George Washington Bridge, NJ side bike path entrance

Sorry, A19 friends, I love your titles so much, I had to borrow from them.

Meet on the NJ side of the GWB. River Road. 9W return (\*\*\*please note that we fly home at 18+ mph on 9W). 8:30 back at the GWB.

Required knowledge of how to get home on your own in case you don't have time to wait for the rest of the group; also, in case we can't wait for you (not likely). It's morning and I realize everyone needs to get to work on time.

RSVP (email or call) by Sunday night, 9pm. I'll wake up and meet you only if I get 2 or more positive replies. Please check the message board on Sunday night around 10pm for cancellations (less than 2 RSVPs). Check the message board on Monday morning for weather related cancellations.

### Tuesday, August 05, 2008

**B17 24 mi 5:45 am**

#### Morning Laps in Central Park

Leader: Linda Wintner,  
[lwintner@metlife.com](mailto:lwintner@metlife.com), 212-876-2798

From: Engineer's Gate, 90th St and East Drive

Please join me for training laps in the Park. We'll concentrate on building up

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endurance, form, and good group riding etiquette. Maybe we'll do hill repeats or interval training occasionally on Tuesdays. I'll teach a rotating paceline for people who don't know how to do it. I've done these rides for several years and they've always been fun. Please check the weekly email listing and message board in case I need to cancel or change anything at the last minute. Cancels: precipitation, imminent threat of precipitation, or wet pavement.

### Wednesday, August 06, 2008

**A19/20 30 mi 6:30 am**

#### Wednesday AM River Road ride

Leaders: Betsy Hafkin,  
[betsyhafkin@verizon.net](mailto:betsyhafkin@verizon.net); Sue Foster,  
[suefoster@nyc.rr.com](mailto:suefoster@nyc.rr.com), 212-874-1388; Sharon Shachar,  
[sharon\\_shachar@hotmail.com](mailto:sharon_shachar@hotmail.com), 646-369-6079

From: Engineer's Gate, 90th St and East Drive

The leaders are having so much fun leading this ride that we're continuing it through August.

Join us for an alternative to CP laps. Relaxed, fun, brisk ride up River Road, down to the boat basin then up the hill to the police station at Alpine. Regroup there, then cooperative single rotating paceline home via 9W south.

Meet Sharon at Engineer's Gate at 6:30am, or Betsy and Sue at the NJ side of the GWB at 7am. We're usually back at the GWB by 8:30.

Bring your rotating paceline skills, a bike in good condition, water, tubes and means to inflate them and of course a helmet. Precipitation or extreme weather cancels. If in doubt check MB by 6am.

**B16 10 mi 7:00 am**

#### Train like and with a Cross Country Mule - Hill Repeats

Leader: Maggie Nguyen,  
[mnguyen\\_va@yahoo.com](mailto:mnguyen_va@yahoo.com), 212-729-7298

From: Central Park Boathouse

We'll do loops of Harlem Hill in Central Park. Sprints of the hill are now on the agenda!

<http://crosscountrymules.googlepages.com/hillrepeats>

RSVP (email or call) by Tuesday night, 9pm. I'll wake up and meet you at Central Park only if I get 2 or more positive replies. Please check the message board on Tuesday night around 10pm for cancellations (less than 2 RSVPs). Check the message board on Wednesday morning for weather related cancellations.

### Thursday, August 07, 2008

**B17 24 mi 5:45 am**

#### Morning Laps in Central Park

Leader: Linda Wintner,  
[lwintner@metlife.com](mailto:lwintner@metlife.com), 212-876-2798

From: Engineer's Gate, 90th St and East Drive

Please join me for training laps in the Park. We'll concentrate on building up endurance, form, and good group riding etiquette. Maybe we'll do hill repeats or interval training occasionally on Tuesdays. I'll teach a rotating paceline for people who don't know how to do it. I've done these rides for several years and they've always been fun. Please check the weekly email listing and message board in case I need to cancel or change anything at the last minute. Cancels: precipitation, imminent threat of precipitation, or wet pavement.

### Saturday, August 09, 2008

**A19 60 mi 8:00 am**

#### River Rd., Bradley, Tweed, Ike: As slow as A rides get

Leader: Richard Rosenthal, [rr@ro-ads.com](mailto:rr@ro-ads.com), 212-371-4700

From: Central Park Boathouse

The route is gorgeous, challenging, and, maybe best of all, very lightly trafficked. In fact, there's only one reason to \*not\* come: You'll have to wait for me atop four climbs. I wish I were kidding. I'm not.

**C12 23-100 mi 4:00 am**

#### 4-in-1 Cycling Marathon

Leaders: Alfredo Garcia, [cyclistxxiii@yahoo.com](mailto:cyclistxxiii@yahoo.com); Jesse Brown; Ken Williams

From: Sequential Locations, Various Times

Let's ride all day, nearly 24 hours, about a hundred miles, for sheer guts. Do one, several or all. Those riding ALL FOUR & stays with me will get a special embroidered patch. Stamina and alertness, as well as a bike in good condition are required. Co-listed with 5BBC.

#### • Staten Island Early Perimeter

4:00 AM, South Ferry, 40+ miles  
Early bird ride for those who want to do other things in the day. We take the 4:30 AM boat to Staten Island. We'll take about 4 hours to ride around Staten Island, averaging about 12mph (note: leader will ride a sturdy touring road bike). Bring front & rear lights, food & water. Cyclists must have bike in good working order as well as being fit to finish ride in 3.5 hours or less. 1st of 4 rides to be done within 24 hours.  
Leaders: Alfredo Garcia & Jesse Brown

#### • Sandy Hook

10:00 AM, Pier 11, Wall St. & South St., 23 miles  
Nice scenery. No beach time, just riding around. Some sightseeing pauses at the Hook. Fare: \$53. Bring water, sunglasses, sunscreen, lock. Mostly flat, some hills, busy roads. 2nd of 4 rides to be done within 24 hours. Leaders: Alfredo Garcia, 5BBC Counterpart Leader Steven Libby

#### • Coney Island

5:30 PM, City Hall, near Brooklyn Bridge, 25+ miles, Cycle for hot dogs & knishes at Nathan's and pause at the boardwalk. Front & Rear lights recommended. Mostly flat with one hilly

Brooklyn Bridge. Leaders: Alfredo Garcia, Ken Williams, 5BBC Counterpart Leader Brian Hoberman

#### • Lincoln Tunnel Run Through

9:30 PM, 13th St. & Ninth Ave, Manhattan (at pedestrian median, near the M11 bus stop), 23 miles  
Cycle on this annual night ride, culminating in a spin under that imbedded underwater worm, the Lincoln Tunnel. Ride subject to cancellation by the Port Authority. FRONT & REAR LIGHTS REQUIRED. Optional breakfast afterwards. 4th of 4 rides to be done within 24 hours. Leaders: Alfredo Garcia, 5BBC Counterpart Leader Phil Goldberg

**C14 34 mi 9:30 am**

#### Suburbs and Shores of Queens

Leaders: John Pinto, [jpinto15@nyc.rr.com](mailto:jpinto15@nyc.rr.com), 917-608-1387; Alan West

From: Statue of Civic Virtue, Queens Blvd & Union Tpk, Queens

Let's try something different and take a leisurely journey through Queens. We'll stroll through neighborhoods that will make you forget that you're in NYC, march through historic Fort Totten, circle past the Unisphere and soon to be historic Shea Stadium, cruise through the World's Fair Marina, navigate the currents at Hell's Gate, and finish at the 59th Street Bridge. Bring lunch money, a cable lock (probably not necessary), a MNRR/LIRR pass if you need to bail in Bayside and a smile! The starting point is at the Union Turnpike station on the E and F. It's also a half mile from the Kew Gardens LIRR station.

**Sunday, August 10, 2008**

**A19+ 60 mi 9:00 am**

#### Tarrytown or bust

Leader: Bob Ross, [bob.ross@verizon.net](mailto:bob.ross@verizon.net), 212-567-6535

From: Grant's Tomb (122nd St and Riverside Dr)

I have no idea what "or bust" means, and I don't want to find out. So let's just get to

Tarrytown safely, co-operatively, and quickly! (Some steep climbing involved, so maybe not \*that\* quickly...)

**B16 50-60 mi 9:00 am**

#### Jay's LoHud Series/West Bank Vistas

Leader: Jay Jacobson, [joanandjay@aol.com](mailto:joanandjay@aol.com), 845-359-6260

From: Eleanor Roosevelt statue, 72nd St and Riverside Drive

Specific destination will be determined by abilities and wishes of riders but will be in the general direction of quaint rivertowns of Piermont/Nyack. Routes may include Esplanade/Rio Vista, River Road, Clausland & Tallman Mountains, Bradley, Tweed, Christian Herald/Storms and/or the newly paved \$multimillion Orangetown railtrail. Some hills, but we will patiently wait for slower riders. Stunning scenery and riv vus guaranteed. A brief stop at a mini bike/touring museum may be included.

**Tuesday, August 12, 2008**

**B17 24 mi 5:45 am**

#### Morning Laps in Central Park

Leader: Linda Wintner, [lwintner@metlife.com](mailto:lwintner@metlife.com), 212-876-2798

From: Engineer's Gate, 90th St and East Drive

Please join me for training laps in the Park. We'll concentrate on building up endurance, form, and good group riding etiquette. Maybe we'll do hill repeats or interval training occasionally on Tuesdays. I'll teach a rotating paceline for people who don't know how to do it. I've done these rides for several years and they've always been fun. Please check the weekly email listing and message board in case I need to cancel or change anything at the last minute. Cancels: precipitation, imminent threat of precipitation, or wet pavement.

**Wednesday, August 13, 2008**

**A19/20 30 mi 6:30 am**

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## Wednesday AM River Road ride

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Leaders: Betsy Hafkin, [betsyhafkin@verizon.net](mailto:betsyhafkin@verizon.net); Sharon Shachar, [sharon\\_shachar@hotmail.com](mailto:sharon_shachar@hotmail.com), 646-369-6079; Sue Foster, [suefoster@nyc.rr.com](mailto:suefoster@nyc.rr.com), 212-874-1388

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From: Engineer's Gate, 90th St and East Drive

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The leaders are having so much fun leading this ride that we're continuing it through August.

Join us for an alternative to CP laps. Relaxed, fun, brisk ride up River Road, down to the boat basin then up the hill to the police station at Alpine. Regroup there, then cooperative single rotating paceline home via 9W south.

Meet Sharon at Engineer's Gate at 6:30am, or Betsy and Sue at the NJ side of the GWB at 7am. We're usually back at the GWB by 8:30.

Bring your rotating paceline skills, a bike in good condition, water, tubes and means to inflate them and of course a helmet. Precipitation or extreme weather cancels. If in doubt check MB by 6am.

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## Thursday, August 14, 2008

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**B17      24 mi      5:45 am**

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### Morning Laps in Central Park

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Leader: Linda Wintner, [lwintner@metlife.com](mailto:lwintner@metlife.com), 212-876-2798

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From: Engineer's Gate, 90th St and East Drive

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Please join me for training laps in the Park. We'll concentrate on building up endurance, form, and good group riding etiquette. Maybe we'll do hill repeats or interval training occasionally on Tuesdays. I'll teach a rotating paceline for people who don't know how to do it. I've done these rides for several years and they've always been fun. Please check the weekly email listing and message board in case I need to cancel or change anything at the last minute. Cancels: precipitation, imminent threat of precipitation, or wet pavement.

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## Saturday, August 16, 2008

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**A20      70 mi      8:30 am**

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### Harriman-Bear Mountain-Cold Spring

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Leader: Daniel Wolf Savin, [savin@astro.columbia.edu](mailto:savin@astro.columbia.edu), 646-707-4937

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From: Grant's Tomb (122nd St and Riverside Dr)

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A beautiful ride to Cold Spring via South Mountain Road, Harriman State Park, and Bear Mountain. We're aiming to take the train back from Garrison around 3 PM (barring mechanicals) and be back in the city about 4:30 PM. You've been riding for months now, so your legs should be in great shape for all the thrilling climbing. Requirements: paceline skills, the ability to read a cue sheet in case you fly off the front or drop off the back, a bike in good working order with enough rubber and spare tubes to get you home, pocket food, water/fluid, money for lunch, dollar bills for various vending machines along the way, and a Metro-North bike pass for the train ride home. We'll make short stops along the way for more food and fluids. Check the message board 7 AM the day of the ride for weather cancellation.

**B17      50 mi      9:00 am**

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### Made in the Shade #3: Croton Reservoir and Peekskill

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Leaders: Wayne Wright, [wwright8@nyc.rr.com](mailto:wwright8@nyc.rr.com), 212-873-7103; Beth Bryson, [brysonbeth@gmail.com](mailto:brysonbeth@gmail.com), 917-747-7903

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From: Woodlawn, Bronx (Jerome and Bainbridge)

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We'll eliminate the sun-scorched junk miles of the Grand Concourse and begin our ride at the end of the #4 subway line in Van Cortlandt Park. The ride will head north through Sleepy Hollow, lunch in Ossining, take a spin across the Croton Dam ([http://en.wikipedia.org/wiki/Image:Img\\_4749.jpg](http://en.wikipedia.org/wiki/Image:Img_4749.jpg)) and continue on to Peekskill where we'll return via Metro North.

Bring two water bottles, pocket food, Metro North train pass and a smile.

**C12      30+      mi 7:45 am**

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### Cycloviva Halo Halo Ride

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Leaders: Alfredo Garcia, [cyclistxxiii@yahoo.com](mailto:cyclistxxiii@yahoo.com); Jesse Brown; 5BBC Counterpart Leader Jim Mallard

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From: Central Park, 72nd St. & Fifth Ave.

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Not to be missed! We'll take a nice stroll down Manhattan's Park Ave (visit <http://tinyurl.com/5lbgg7>) CAR-FREE, as part of the city's Summer Streets program, to South Ferry. Then we'll ride through Staten Island and over the Bayonne Bridge to a Filipino restaurant for lunch and Halo Halo. Head further to Liberty State Park for views of New York Harbor. Choice of taking PATH or Liberty Park Water Ferry at ride's end. Bring lock, \$ for lunch and fare (\$7 ferry or \$2 PATH), sunscreen & sunglasses. Co-listed with 5BBC.

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## Tuesday, August 19, 2008

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**B17      24 mi      5:45 am**

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### Morning Laps in Central Park

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Leader: Linda Wintner, [lwintner@metlife.com](mailto:lwintner@metlife.com), 212-876-2798

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From: Engineer's Gate, 90th St and East Drive

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Please join me for training laps in the Park. We'll concentrate on building up endurance, form, and good group riding etiquette. Maybe we'll do hill repeats or interval training occasionally on Tuesdays. I'll teach a rotating paceline for people who don't know how to do it. I've done these rides for several years and they've always been fun. Please check the weekly email listing and message board in case I need to cancel or change anything at the last minute. Cancels: precipitation, imminent threat of precipitation, or wet pavement.

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## Wednesday, August 20, 2008

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**A19/20 30 mi 6:30 am**

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**Wednesday AM River Road ride**

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Leaders: Betsy Hafkin, [betsyhafkin@verizon.net](mailto:betsyhafkin@verizon.net); Sharon Shachar, [sharon\\_shachar@hotmail.com](mailto:sharon_shachar@hotmail.com), 646-369-6079; Sue Foster, [suefoster@nyc.rr.com](mailto:suefoster@nyc.rr.com), 212-874-1388

From: Engineer's Gate, 90th St and East Drive

The leaders are having so much fun leading this ride that we're continuing it through August.

Join us for an alternative to CP laps. Relaxed, fun, brisk ride up River Road, down to the boat basin then up the hill to the police station at Alpine. Regroup there, then cooperative single rotating paceline home via 9W south.

Meet Sharon at Engineer's Gate at 6:30am, or Betsy and Sue at the NJ side of the GWB at 7am. We're usually back at the GWB by 8:30.

Bring your rotating paceline skills, a bike in good condition, water, tubes and means to inflate them and of course a helmet. Precipitation or extreme weather cancels. If in doubt check MB by 6am.

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**Thursday, August 21, 2008**

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**B16 50-60 mi 9:00 am**

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**Jay's LoHud Series/West Bank Vistas**

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Leader: Jay Jacobson, [joanandjay@aol.com](mailto:joanandjay@aol.com), 845-359-6260

From: Eleanor Roosevelt statue, 72nd St and Riverside Drive

Specific destination will be determined by abilities and wishes of riders but will be in the general direction of quaint rivertowns of Piermont/Nyack. Routes may include Esplanade/Rio Vista, River Road, Clausland & Tallman Mountains, Bradley, Tweed, Christian Herald/Storms and/or the newly paved \$multimillion Orangetown railtrail. Some hills, but we will patiently wait for slower riders. Stunning scenery and riv vus guaranteed.

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A brief stop at a mini bike/touring museum may be included.

**B17 24 mi 5:45 am**

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**Morning Laps in Central Park**

---

Leader: Linda Wintner, [lwintner@metlife.com](mailto:lwintner@metlife.com), 212-876-2798

From: Engineer's Gate, 90th St and East Drive

Please join me for training laps in the Park. We'll concentrate on building up endurance, form, and good group riding etiquette. Maybe we'll do hill repeats or interval training occasionally on Tuesdays. I'll teach a rotating paceline for people who don't know how to do it. I've done these rides for several years and they've always been fun. Please check the weekly email listing and message board in case I need to cancel or change anything at the last minute. Cancels: precipitation, imminent threat of precipitation, or wet pavement.

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**Saturday, August 23, 2008**

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**C12 23 mi 7:45 am**

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**Sandy Hook Maximum Beach**

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Leaders: Alfredo Garcia, [cyclistxxiii@yahoo.com](mailto:cyclistxxiii@yahoo.com), 646-312-1604; Marina Bekkerman

From: Pier 11, Wall St. & South St.

Once more, we're getting to Sandy Hook on the 8:15AM ferry to do some cycling, then to North Beach for usual summer activities. Bring \$53 fare, sunglasses, sunscreen, two water bottles, swim gear, \$ for lunch and lock to secure bike. Come early to buy tickets. We'll have a choice taking the 3:45PM, 5:45PM or 7:30PM (via Highlands) back to Manhattan. Mostly flat, some busy & hilly roads. Co-listed with 5BBC.

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**Sunday, August 24, 2008**

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**A19 85 mi 8:00 am**

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**Greenwich / Bedford / Peekskill**

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Leader: Sue Foster, [suefoster@nyc.rr.com](mailto:suefoster@nyc.rr.com)

From: Central Park Boathouse

I'm doing something I don't normally do--lead a ride that involves a train! So join me for this excursion that heads into the rolling hills of Westchester, Connecticut, and New York. We'll ride through Scarsdale, past the mansions on the quiet roads and rolling hills of Greenwich, up into the hills of Stamford, through Pound Ridge, down through Bedford Hills, and along the Croton Reservoir for 7 miles. This promises to be beautiful and challenging. We'll take the train back to the city from Peekskill. Bail option at Bedford Hills RR station at 60 miles. The usual requirements--paceline skills, self-sufficiency (can read a cue sheet, in case you fly off the front or drop off the back).

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**Tuesday, August 26, 2008**

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**B17 24 mi 5:45 am**

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**Morning Laps in Central Park**

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Leader: Linda Wintner, [lwintner@metlife.com](mailto:lwintner@metlife.com), 212-876-2798

From: Engineer's Gate, 90th St and East Drive

Please join me for training laps in the Park. We'll concentrate on building up endurance, form, and good group riding etiquette. Maybe we'll do hill repeats or interval training occasionally on Tuesdays. I'll teach a rotating paceline for people who don't know how to do it. I've done these rides for several years and they've always been fun. Please check the weekly email listing and message board in case I need to cancel or change anything at the last minute. Cancels: precipitation, imminent threat of precipitation, or wet pavement.

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**Wednesday, August 27, 2008**

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**A19/20 30 mi 6:30 am**

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**Wednesday AM River Road ride**

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Leaders: Betsy Hafkin, [betsyhafkin@verizon.net](mailto:betsyhafkin@verizon.net); Sharon Shachar,

[sharon\\_shachar@hotmail.com](mailto:sharon_shachar@hotmail.com), 646-369-6079; Sue Foster, [suefoster@nyc.rr.com](mailto:suefoster@nyc.rr.com), 212-874-1388

From: Engineer's Gate, 90th St and East Drive

The leaders are having so much fun leading this ride that we're continuing it through August.

Join us for an alternative to CP laps. Relaxed, fun, brisk ride up River Road, down to the boat basin then up the hill to the police station at Alpine. Regroup there, then cooperative single rotating paceline home via 9W south.

Meet Sharon at Engineer's Gate at 6:30am, or Betsy and Sue at the NJ side of the GWB at 7am. We're usually back at the GWB by 8:30.

Bring your rotating paceline skills, a bike in good condition, water, tubes and means to inflate them and of course a

helmet. Precipitation or extreme weather cancels. If in doubt check MB by 6am.

**Thursday, August 28, 2008**

**B17      24 mi      5:45 am**

### **Morning Laps in Central Park**

Leader: Linda Wintner, [lwintner@metlife.com](mailto:lwintner@metlife.com), 212-876-2798

From: Engineer's Gate, 90th St and East Drive

Please join me for training laps in the Park. We'll concentrate on building up endurance, form, and good group riding etiquette. Maybe we'll do hill repeats or interval training occasionally on Tuesdays. I'll teach a rotating paceline for people who don't know how to do it. I've done these rides for several years and

they've always been fun. Please check the weekly email listing and message board in case I need to cancel or change anything at the last minute. Cancels: precipitation, imminent threat of precipitation, or wet pavement.

**Saturday, August 30, 2008**

**A19      61 mi      8:30 am**

### **River Rd.-Bradley-Tweed-Ike: As slow as an A ride gets**

Leader: Richard Rosenthal, [rr@ro-ads.com](mailto:rr@ro-ads.com), 212-371-4700

From: Central Park Boathouse

This route is challenging, pretty, and, maybe best of all, very lightly trafficked. Come knowing you will have to wait atop four climbs for the leader who leads from the rear on all uphill...not by choice but by deficiency.

## **NYCC Board of Directors**

Meeting Minutes

**Tuesday June 3, 2008 - 6:30pm**

Neil Botwinoff Office  
900 Third Avenue

In attendance were board members: Jeff Ignall, Matt Zimmerman, George Arcarola, Betsy Hafkin, Ingrid Wiegand, Neil Botwinoff, Carol Krol, Hal Eskenazi, Jeff Terosky, Dana Gordon, Ellen Jaffe.

### **George Arcarola – President**

The jersey selection process is still underway. Reiterated was the fact that the club will own rights to the design and control the type of garment.

Piermont Police Chief O'Shea: George had a dialogue with Piermont Police Chief Michael O'Shea about safe cycling in Piermont. George agreed to publicize certain cycling protocols in the bulletin and message board and ENY promo material about safe riding....ie single file riding, respecting the traffic light on Ferdon & Piermont Ave. Piermont gets almost 10,000 visitors on a nice weekend. Piermont is stepping up enforcement, and

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underlining safety with a larger police presence.

Last month's program was the B-sig graduation which, while well attended, had only 40 people who actually paid for dinner, and the rest were there for the program only. The club committed to 90 dinners and is out of pocket for 50 dinners at a loss of \$ 1,100.

Jeff suggested that guaranteeing more than the minimum of 40 require board approval....that all the board should understand the nature of the financial commitment. The worst case is that any overage can order food off the menu. Jeff I. suggested we guarantee no more than the minimum of 40 dinners. Others suggested that we just ratchet down the expected number of attendees. Jeff T. underlined the fact that we can parse meetings throughout the year and only have meetings when we feel the content is not enticing. We spent \$ 2,500 supporting under-attended meeting in the past year.

### **Jeff Ignall – Treasurer**

Current Youth Program balance:  
\$ 3,604.31

Current checking account balance:

\$ 3,173.80

Current money market balance:

\$ 21,631.14

Total cash:

\$ 28,409.25

ENY expenditures are within expectations with about \$ 6,000 spent on giveaways and printing to date.

40 have registered for ENY as of June 3.

### **Matt Zimmerman – Webmaster**

Matt is leaving on June 16.

In the absence of a replacement, Timothy, Peter and Tom will run the website. Matt is interviewing two candidates.

Matt and Tom have tried to work a more graphic ENY button onto the home page, difficult given the size parameters. Ellen passed around some ideas for the button, something that would stand out.

Matt will add the Google site search to the website. He'll also add a Google map to the ENY page.

George suggested we enlarge the number of links to such as the weather channel.

### **Hal Eskenazi – Special Events**

The Yankee tickets for June 30<sup>th</sup> is sold out.  
June 14<sup>th</sup> is the All-Class Ride.  
Membership of all participants will be checked.  
Expenses will be truck rental and food. 160 showed up last year.  
Tour de France: there will be two events. One is at Blondies, the other is at Bar Twelve.  
August will be the ice cream social.

### **Jeff Terosky – Past President**

Does the Car-free Central Park logo belong on homepage?

The board voted that the logo be moved to the resource page and also that a graphic ENY button be placed on the home page.  
Pat Janoff wants to buy socks for the C-siggies and will contact Kim Jenkins.

### **Dana and Carol – Bulletin co-editors**

Discussed was integration of the bulletin entirely into the website.  
Neil suggested that rides be password protected and that everything else be available to all. Dana, Carol & George suggested a redesign that allows clear access. Dana feels the layout and organization is ripe for reorganization. Carol asked about the amount of flexibility within the present design.  
Matt suggested we should start from scratch with a new design.  
Dana and Carol will draw up major content areas in an effort to begin a redesign....with sections and departments. Dana said there needs to be a people area in the bulletin....to be continued when content is entirely ported over to the website.

Carol wondered if an email blast could have a bulletin attached....the thought being that more would read it if attached. Jeff found out that emailing an attachment is not possible in the eWeekly. But ConstantContact offers about 40 different html newsletter templates should we ever wish to go down that road. After sending it directly via email we could upload it to [nycc.org](http://nycc.org) as html or as a .pdf to maintain our archives.

Ellen asked whether a potential ENY sponsor, 53 X 11 Coffee for Cyclists, could get bulletin exposure in exchange for a link to their site with a significant NYCC member discount.

Jeff T. said that is possible within the How to Join/Member Benefits area.  
It was agreed there would be no outright advertising in the bulletin.

Jeff suggested that we need to keep a standard for bike shop listings, that they need to be relevant listings for members.

Matt suggested we use standard replies to frequent queries by other clubs about their rides.

### **Betsy Hafkin – A-Rides Coordinator**

Way to enforce the idea that only Ride Coordinators and Kay approve or edit ride listings

### **Neil Botwinoff – Membership**

We have 1300 members as of Sunday June 1.

### **Ingrid Wiegand – Publicity**

In future, Ingrid will deal with questions about member discounts, making sure offered discounts are still valid, fielding all questions about sponsorships to benefit members.

Ingrid would like the New York Cycle to be larger on the next round of printing. She will distribute the business cards *with* card holders in gyms and bike shops and asked that board members help with distribution.

### **Ellen Jaffe – Secretary**

May 2008 minutes – approved

10,000 postcards and business cards were printed to promote NYCC and ENY.  
Cost - \$ 726.44

Trans Alt has taken cards for distribution on their rides.

ENY 2008 progress:  
The ENY committee is distributing cards to bike shops, rider stops.  
New ENY sponsors are 53 X 11 Coffee and Trader Joe's.  
Ellen attended a Piermont Trustees meeting to answer questions about rental of the village's Gostwick Pavillon for ENY. The village okayed the request, contingent on successful dialogue between Chief O'Shea and George, the latter having occurred.

George will start work on a President's Letter to membership about ENY, encouraging volunteers.  
Key volunteers are needed to head up areas of responsibility such as rest stops captains, marshal captain, SAG captain. ENY web page change will be done so that sponsor logos run down the side of the page making them highly visible.  
40 have registered as of June 3.

### **Next BOD meeting:**

Tuesday, July 22, 2008  
6:30PM at Neil Botwinoff's office.

Bike shops & other businesses offering discounts to NYCC members. When purchasing in person, present card below.

  
**53x11 Coffee**  
10% off all orders  
Use online code "NYCC" to receive your discount. Check us out at <http://www.53x11coffee.com>

**Accelerade Products**  
[www.accelsport.com/nyccycling](http://www.accelsport.com/nyccycling)  
20% off on Accelerade, Endurox R4 and Accel gel w/ flat rate shipping of \$5.95 per order.

**A Bicycle Shop**  
163 West 22nd Street, NY, NY  
(212) 691-6149,  
[www.a-bicycleshop.com](http://www.a-bicycleshop.com)  
info@a-bicycleshop.com; 10% off non-sale items (not items already discounted).

**Bicycle Habitat**  
244 Lafayette Street, NY, NY  
<http://bicyclehabitat.com/>  
212 431-3315; 10% off parts and accessories. No discount on bicycles.

**Bicycle Heaven**  
348 East 62 Street, NY, NY  
212 230-1919  
8.25% off accessories and repairs.

**Bicycle Workshop**  
175 County Road, Tenafly NJ 07670  
<http://www.bicycleworkshop.com/>  
201 568-9372; 10% off parts and accessories

**Bicycle Renaissance**  
430 Columbus Avenue, NY, NY  
<http://bicyclerenaisance.com/> 212 724-2350; 10% off repairs and ccessories (not on sale items and new bikes)

**Conrad's Bike Shop**  
25 Tudor City Place, NY, NY  
<http://www.conradsbicycles.com/>  
212 697-6966  
conrads.bikeshop@verizon.net; 8.25% off parts, accessories and repairs.

**Gotham Bikes**  
112 West Broadway, NY, NY  
212 732-2453, [gotbik@aol.com](mailto:gotbik@aol.com)  
<http://togabikes.com>  
10% off parts, accessories and repairs.

**Larry's 2nd Ave. Bicycles Plus**  
1690 2nd Ave. at 87th Street, NY, NY; 212 722-2201,  
<http://larrysbicyclesplus.com/index.cfm>  
15% off parts & accessories; 5% off bikes.

**Master Bike Shop**  
225 West 77th Street, NY, NY  
<http://www.masterbikeshop.com/>  
212 580-2355; 10% off parts, accessories, and bicycles.

**Piermont Bicycle Connection**  
215 Ash Street, Piermont, NY 10968  
845 365-0900 and 4 Washington St, Tenafly, NJ 07670, 201 227-8211

[www.piermontbike.com](http://www.piermontbike.com); 10% off everything including bicycles. Free S&H on purchases over \$100.

**SBR**  
203 West 58<sup>th</sup> (7<sup>th</sup> Ave), NY, NY  
<http://www.sbrshop.com/>  
(212) 399-3999  
5% off all in-store merchandise, including bikes

**Sid's Bikes**  
235 East 34th St NY, NY  
212 213-8360  
151 W 19th St (7th Ave) NY, NY  
212 989-1060  
<http://www.sidsbikes.com>  
10% off accessories and clothing.

**Toga Bike Shop**  
110 West End Avenue, NY, NY  
212 799-9625  
1153 First Ave @ 63<sup>rd</sup>, NY, NY  
530 N. Highland Ave (9W), Nyack, NY  
<http://togabikes.com/>  
[email@togabikes.com](mailto:email@togabikes.com)  
10% off parts, accessories and repairs.

**Turin Bicycle**  
1027 Davis Street, Evanston, IL 60201  
847 864-7660, [www.turinbicycle.com](http://www.turinbicycle.com)  
emailing@turinbicycle.com; 10% off parts and accessories. Owned by NYCC Life Member.



**2008 MEMBERSHIP CARD**