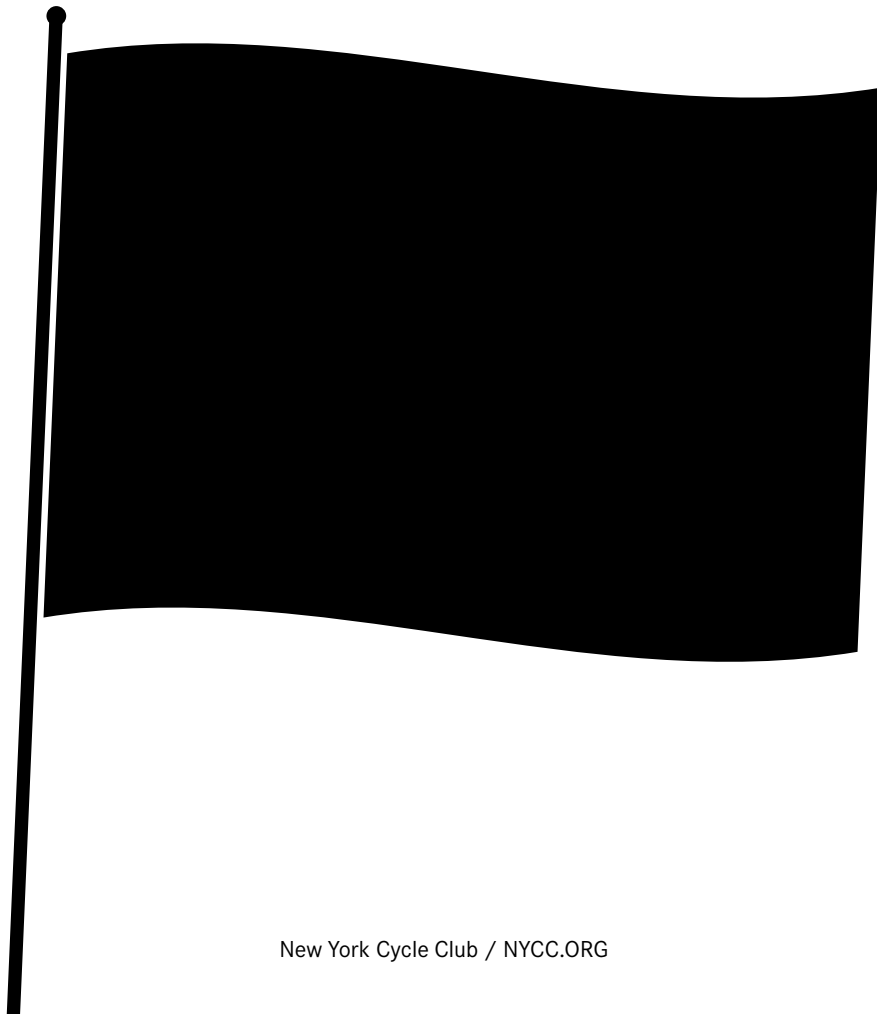


# **NYCC Bulletin**

*December 2007*



# PRESIDENT'S MESSAGE

This as you may know is my final letter to you as NYCC president and is a part of our final printed and mailed monthly bulletin which has rightfully occupied a soft spot in the hearts of many people for many years. We will continue to provide a monthly bulletin online next year to serve as a snapshot to what's happening with the club, but we will no longer send the bulletin to a professional print shop and distribute en masse via the US postal service as we have done in the past. On a case by case basis next year, several volunteers have stepped forward to help members who have no online access to receive the bulletin each month, but the face of the bulletin is changing and with the increased usage of our website and timeliness of our eWeekly email bulletin it will continue to evolve in the next few years as well. I want to take this last opportunity thank all of those involved in producing and mailing the printed bulletin each month, and especially to retiring bulletin Editor Kevin Ley who has done a fantastic job in producing the bulletin for more than a year. Kevin has brought exciting creative and artistic touches to the bulletin and has helped to make the bulletin a publication which we have all been proud of while it has been in his capable hands. Thank you.

2007 has been quite a year for the New York Cycle Club. We kicked off the year with two fantastic parties – the volunteer recognition dinner at the stunning Woolworth Tower Kitchen and the season kickoff celebration at a standing-room-only Annie Moore's Pub meeting. We initiated an enthusiastic group of graduates from our spring SIG, Youth, and STS programs into our ranks while at the same time mourned the loss of two beloved members David Oliner and former NYCC president Stan Oldak.

The weather was perfect and the dance tunes spot on for the Memorial Day weekend in the Berkshires (I wish I could say the same about the weather for *(continues p. 4)*

## NYCC Board of Directors



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deroth@mindspring.com



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Submissions: Email your text and/or photos to bulletineditor@nycc.org

Please proof-read your submissions carefully. Submission is contributor's warranty to the NYCC that material is in no way an infringement on the rights of another and may be published without additional approval. Publication is determined by available space. We cannot guarantee that all submissions will be published. A full page of text is 750 to 1,090 words. Material may be edited for brevity and clarity.

Deadline: All submissions and advertising are due to the editor by the second Tuesday of each month prior to publication. Sorry. No exceptions.

File format: Only digital files will be accepted. Image files must be TIFF, EPS, or JPG format. Text files can be in text or .txt format. Please do not send huge attachments without contacting the editor first.

Address all correspondence to: bulletineditor@nycc.org.

Thanks! KML, Editor



2007  
NYCC  
Holiday  
Party

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Saturday  
15 Dec.  
7–10pm

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Woolworth  
Tower  
Kitchen

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*A friends & family event at the  
World Famous, Woolworth Building  
– Woolworth Tower Kitchen. If you  
were lucky enough to attend this  
year's volunteer recognition dinner  
you already know this is a beautiful  
place and the food excellent. Expect  
a fabulous evening with plenty of  
time to socialize, dine, talk (a club  
staple) and yes, dance, as there will  
be music.*

Until November 30th: \$40\*

December 1st–7th: \$45\*

Day of, at the Door: \$50

Cash bar

Sign up at: [http://www.active.com/  
event\\_detail.cfm?event\\_id=1490787](http://www.active.com/event_detail.cfm?event_id=1490787)

\*Online Reg. Closes: December 7, 2007  
11:59 PM Pacific Time

**Woolworth Tower Kitchen,  
at the Woolworth Building**

233 Broadway, corner of Barclay  
Entrance on Barclay  
Tel. (212) 571-2930.

Easily accessible by all public trans-  
portation – 1 block west of City Hall.

(cont'd from p. 2) the Memorial Day weekend I shared with some fellow NYCC members in the Dolomites but it was still a trip to remember) and this summer the all-class ride to Tarrytown was well planned, well attended, and well received. With July 4th falling mid-week this year, we departed from our traditional West Point weekend (have no fear we've already reserved space at the Thayer Hotel for next year) and instead were warmly welcomed into the home of Christy and Jody across the Hudson in Cold Spring. In October, we witnessed the fruits of the labors of yet another hardworking Escape New York Century committee and we are looking forward to a fabulous Hal Eskenazi planned holiday party on December 15th to top off the year.

On a more personal level, this past year my wife Aimee and I were also fortunate to experience the thrills of becoming first-time parents to our newborn daughter Ava last October just before I became president. Fatherhood has been a wonderful experience thus far and in hindsight, there are times in which I have questioned if accepting the presidency nomination was the wisest decision I've made recently, but I can summarize by emphatically stating that what I have lacked in sleep and free time this year I've more than made up for with the opportunity to work with and get to know some of the fantastic volunteers who make this club tick. Having served on the Board of Directors last year as A-Rides coordinator, I sort of knew what to expect this year, but nothing really can prepare someone for all of the challenges and thrills of the NYCC presidency – especially this year – and I must admit that I am very relieved to be transitioning to the role of immediate past-president in just a few short weeks!

In closing I'd like to thank the outgoing NYCC Board of Directors (see all of their names and photos page 2) for helping to make this a special year for me. Without all of their help and the guidance of countless other volunteers, advisers, and friends there is no way that I could have made it through this year. Thank you for giving me the opportunity to serve the club this year and thanks to all of you who have offered me your words of encouragement along the way; they were truly appreciated. Finally, I would like to warmly welcome the 2008 NYCC Board of Directors and wish them and 2008 President George Arcarola the best in the new year. I'll do everything I can to support you and the club next year and in the future.

Ride safe and I hope to see you out on the road,  
-Jeff Terosky, President, New York Cycle Club

EDITOR'S NOTE

This being my last issue as Editor – and, perhaps, the last printed expression for the Club, well, ever – I wanted to express my gratitude to this year's Board for their support and encouragement over this past year. It has been a true honor to give back to the club in this capacity. I would be wrong to not recognize the numerous members who have submitted and shared content which makes this publication possible. *Thank you*; I only hope that I've treated your words, images, and opinions with the care they deserves. Lastly, a huge *Thanks* to the people who connect all of the dots month after month and make it possible to offer a printed bulletin – Dandy Printing, Eva, Herb and Liane and anyone else I've forgotten. See you on the road. *Kevin Ley, Editor*

# NYCC ride listings guide

**NYCC rides** are led by volunteer leaders. The leaders plan the route and maintain the listed speed. We list rides by level and cruising speed classifications in order to help members find rides in groups of similar ability. The pace and style of the different levels may vary, but rides all share the common objective of riding for fun, fitness and food.

**Ride classifications** All rides are classified according to level and cruising speed. The levels are as follows:

<b>A</b>	Fast, vigorous riding with advanced bike handling and paceline skills required. Stops every 2 hours or so.
<b>B</b>	Moderate to brisk riding with attention to scenery. Stops every hour or so.
<b>C</b>	Leisurely to moderate riding at a gentle pace. Sightseeing and destination oriented (a good introduction to the club). Stops every half-hour or so.

A number following a letter indicates the target cruising speed on flat roads: e.g. **B15** = B level at a 15 mph cruising speed. Cruising speed indicates the ride's speed on flat terrain. Average riding speed over rolling terrain is generally 3 mph less than cruising speed. This will vary plus or minus 1 mph, according to terrain. Overall speed, including all rest and food stops, is about 3 mph less than average riding speed.

**Self-test** Assess your cruising speed by timing yourself on a four-lap ride of the complete oval in Central Park (24.4 miles). Ride at a comfortable, sustainable pace. Fewer than four laps will give a false assessment. Find your time below and note the cruising speed.

Four lap time	Cruising speed
1:10 or less	22+ mph
1:10 to 1:13	21
1:13 to 1:16	20
1:16 to 1:20	19
1:20 to 1:25	18
1:25 to 1:30	17
1:30 to 1:38	16
1:38 to 1:48	15
1:48 to 2:00	14
2:00 to 2:14	13
2:14 to 2:30	12
2:30 to 2:50	11

# Your first NYCC ride

**Be conservative** Choose a ride easier and shorter than you think you can ultimately handle. You won't enjoy struggling to keep up with a ride that's too fast for you, nor will the group enjoy waiting for you. It's a good idea to call or email the leader a day or so before the ride and introduce yourself when signing up at the start.

**Before any ride** Check that your bike is in good riding condition: brakes and derailleurs working well, tires pumped to the pressure specified on the sidewall. Eat a breakfast consisting of carbohydrates and proteins.

**Bring** a spare tube or two, tire levers, patch kit, pump, water, snacks, money, medical ID, emergency phone numbers and rail pass. We also suggest that you bring a lock. Leaders may specify other items in their ride listings.

# Lead a ride

Pick a date, pick a pace, pick a destination, pick a route, write it all up and submit to the appropriate ride coordinator (listed below) by the second Tuesday of the month before you want to lead your ride.

**A-rides**  
Terry Hildebrandt  
a-rides@nycc.org

**B-rides**  
Kay Gunn  
b-rides@nycc.org

**C-rides**  
Scott Wasserman  
c-rides@nycc.org

Lead enough rides during the year and you qualify for a special prize (given out in December):

**3 rides** = NYCC water bottle

**6 or more rides** = NYCC t-shirt

**12 or more rides** (1st time) = NYCC Ride Leader's vest (you can't buy one of these—you have to *earn* them).

**12 or more rides** (2nd time) = any club garment of your choice.

**PLEASE NOTE** Metro-North requires prior notice for large groups (16 or more) on scheduled Bike Trains (Bike Trains are indicated by a bicycle symbol on the printed Metro-North time-tables) and groups of three or more cyclists on a non-bike train. When you submit a ride involving Metro-North to a ride coordinator, at the same time shoot an email off to our trusty Metro-North liaison, Hank Schiffman, at hshiffman1@nyc.rr.com. He will manage all the details but he can not do it on a piecemeal, last minute basis.

# Bicycles and trains

**Bike trains** On Saturdays and Sundays, MetroNorth has scheduled specific trains to/from Grand Central Station to accommodate large groups of cyclists. Bike trains are indicated by a bicycle symbol on the printed MetroNorth timetables. Schedules change frequently. There are no Bike Trains on holidays. Refer to the NYCC roster for restrictions which apply at other times.

**Bike passes** are always required. Bike passes are available at Window 27 at Grand Central or by calling (212) 499-4394 or (718) 558-8228 for an application. Also try [www.mta.nyc.ny.us/lirr/pub/bicycle.htm](http://www.mta.nyc.ny.us/lirr/pub/bicycle.htm)

**Schedules** Here are some commonly used departure and return times for weekends effective Monday 23 April 2007. Contact Metro North for the most current and complete schedules at: <http://www.mta.info/mnr/html/planning/schedules/index.html>

## HUDSON LINE

<i>depart</i>	<i>arrive</i>
<b>GCT/125th</b>	<b>Poughkeepsie</b>
7:51/8:02 am	9:46 am
8:51/9:02 am	10:46 am

<i>depart</i>	<i>arrive</i>
<b>Poughkeepsie</b>	<b>125th/GCT</b>
3:33 pm	5:10/5:21 pm
4:33 pm	6:15/6:26 pm
5:33 pm	7:10/7:21 pm
6:33 pm	8:15/8:26 pm

## HARLEM LINE

<i>depart</i>	<i>arrive</i>
<b>GCT</b>	<b>Brewster</b>
7:48 am	9:10 am
8:48 am	10:11 am

<i>depart</i>	<i>arrive</i>
<b>Brewster</b>	<b>GCT</b>
5:10 pm	6:35 pm
6:10 pm	7:34 pm
7:10 pm	8:34 pm
8:10 pm	9:34 pm

## NEW HAVEN LINE

<i>depart</i>	<i>arrive</i>
<b>GCT</b>	<b>New Haven</b>
8:07 am	9:54 am
9:07 am	10:52 am

<i>depart</i>	<i>arrive</i>
<b>New Haven</b>	<b>GCT</b>
3:53 pm	5:40 pm
4:53 pm	6:40 pm
5:57 pm	7:40 pm
6:57 pm	8:40 pm

# December ride listings

## Club rides

To keep abreast of any last minute changes, always check the ride listings on the website at <http://www.nycc.org/ridesub/view/ridelisting.aspx>

### Saturday, December 01, 2007

**A19 65 mi 9:00 am**

#### The Rabbit Ride

Leaders: Joe Stephen, bokononisti9@gmail.com; Julie Riccardi, juliericcardi@hotmail.com; Kevin Cruickshank, kevinnycc@mac.com

From: Eleanor Roosevelt statue, 72nd St and Riverside Drive

Looking to shake things up from the typical Nyack ride? Look no further.

Next to having fun, the purpose of this ride is to get a great workout. There is no expectation the group remains together throughout the entire ride. Feel free to jump off the front and act as the rabbit for those who want to chase, or to hang a bit off the back and take it at your own pace. I assume smaller groups will spontaneously form and that we will regroup at certain points. No maps or cue sheets, but hey, it's Rockland County (plus, I'll post the full route to the message board).

The design of the ride is as follows:

Relaxed pace to the bridge; on Hudson Terrace, we'll make a quick pit stop at the police station. Then 505>Tappan>Western Hwy to Bradley/Tweed (smaller groups to re-group at end of climb). Regroup all at Runcible Spoon for a short rest/refuel stop; ~20min.

Digestive pace back to Piermont, then Tallman>9W to Kiku, where smaller groups may form and take off. Optional visit to the Presidents (Kennedy and Eisenhower), and then hammer the rest of 9W. Some re-grouping at the NY side of the bridge for the ride down Riverside and greenway.

Requirements: good rotating paceline skills; a spare tube and pump/CO2; and pump up your tires before the ride - it's the simplest way to prevent a flat. Rain/wet roads/strong winds/very cold temps cancel. If Sunday's forecast is considerably more favorable, we may move the ride to Sunday.

RSVPs appreciated. Keep an eye on the message board a day or two before the ride for updates.

**B16 70 mi 8:55 am**

#### Long Island Crossing #10

Leader: Neile Weissman, soupstone-at-mind-spring-dot-com

From: To be announced

An eclectic succession of back roads, neigh-

borhoods and vistas. Back in Manhattan before dark. Details/updates to follow during the week. Check message board. Message me with cell if you're on. Ride will be held if weather permits and at least three people RSVP.

### Sunday, December 02, 2007

**A18 30 mi 8:30 am**

#### A Sunday Morning Quickie

Leader: Richard Edmonds, richard.edmonds@ny.stemcor.com

From: Soldiers' & Sailors' Monument, 89th Street & Riverside Drive

Kids who need your undivided attention? Your spouse complaining about how long you spend on the bike? Errands to run?

How about a quick 30 miles on a Sunday morning? GWB, River Road and back via 9W. No food stops, just a quick bathroom break at the Alpine Police Station if needed. We'll be back by 10:45. Usual cancels.

**A19 75 mi 8:30 am**

#### Orchards of Concklin

Leader: Mordecai Silver, msilver@iso.com, 212-677-3596

From: Central Park Boathouse

We'll take some less familiar roads to a familiar destination. There will be a brief stop at the bagel shop in Westwood, and then a more extended one at the Orchards (which is as far north as we'll go). There's about a mile on the dirt bike trail along the Oradell Reservoir, but it's no problem for 23 mm tires. Terrain is mostly flat or gently rolling, with one or two short, steep hills. If weather is doubtful, check the message board the evening before.

**A20+ 55 mi 11:00 am**

#### Lazy Hogwich Sundays

Leader: Todd Brilliant, toddtheracer@yahoo.com, 646-651-9760

From: George Washington Bridge, NJ side bike path entrance

The Hogwich rides are back, but leaving much later this year. Better late than never, right?

We ride north to S. Mountain Rd., over Little Tor, loop back on 9W and make our only stop at the Toga bike shop after Rockland Lake. Then 9W home.

### Monday, December 03, 2007

**B17+ 20+ 9:00 am**

#### Mid-day laps in the Park

Leader: Susan Rodetis, srodetis@earthlink.net; 212.288.9663; ride day cell 347.306.5444

From: Central Park Boathouse

Brisk loop-de-loops for fun and exercise, with some hill repeats. Responsive to what participants desire that day. Prompt 9AM departure.

### Thursday, December 06, 2007

**A18 45 mi 10:00 am**

#### Hogwich Thursdays

Leader: Todd Brilliant, toddtheracer@yahoo.com, 646-651-9760

From: Grant's Tomb (122nd St and Riverside Dr)

Relaxed, easy Nyack ride with a coffee stop at the Runcible.

### Sunday, December 09, 2007

**A18 30 mi 8:30 am**

#### A Sunday Morning Quickie

Leader: Richard Edmonds, richard.edmonds@ny.stemcor.com

From: Soldiers' & Sailors' Monument, 89th Street & Riverside Drive

Kids who need your undivided attention? Your spouse complaining about how long you spend on the bike? Errands to run?

How about a quick 30 miles on a Sunday morning? GWB, River Road and back via 9W. No food stops, just a quick bathroom break at the Alpine Police Station if needed. We'll be back by 10:45. Usual cancels.

**A20+ 55 mi 11:00 am**

#### Lazy Hogwich Sundays

Leader: Todd Brilliant, toddtheracer@yahoo.com, 646-651-9760

From: George Washington Bridge, NJ side bike path entrance

The Hogwich rides are back, but leaving much later this year. Better late than never, right?

We ride north to S. Mountain Rd., over Little Tor, loop back on 9W and make our only stop at the Toga bike shop after Rockland Lake. Then 9W home.

**C14 36 mi 8:30 am**

#### RAAM - Race Across America for "C"s

Leader: Marilyn & Ken Weissman, mollynina@yahoo.com, 212-222-5527

From: 95th Street & West End Avenue (710 WEA)

OK! OK! Its probably too cold, and Ken is probably too old to participate in a Race Across America today. But we can still do RAAM (RIDE ALMOST AROUND MANHATTAN,) mostly via NYC bike path. Heading south from 95th St., we'll break-fast at the World Financial Center, lunch in Inwood, and be home in time to eat again



while watching Giants halftime or Jets kick-off. Look at the NYCC Message Board after 6:00 PM on Fri., 12/7 for updates.

### Thursday, December 13, 2007

**A18 45 mi 10:00 am**

#### Hogwich Thursdays

Leader: Todd Brilliant, toddtheracer@yahoo.com, 646-651-9760

From: Grant's Tomb (122nd St and Riverside Dr)

Relaxed, easy Nyack ride with a coffee stop at the Runcible.

### Saturday, December 15, 2007

**A19 50 mi 9:00 am**

#### Park Ridge

Leader: Sue Foster, suefoster@nyc.rr.com

From: Central Park Boathouse

Flat and easy 50-miler to Park Ridge. Objective of this ride will be to maintain an even effort and stay warm! Hot beverage and bagel stop in Park Ridge. Should be home in plenty of time for holiday shopping. Requirements--bike in good working order, knowledge of pacelining, must be self sufficient (can change a flat and read a cue sheet).

If weather is an issue, ride status will be posted by 7:30 am on message board.

### Sunday, December 16, 2007

**A18 30 mi 8:30 am**

#### A Sunday Morning Quickie

Leader: Richard Edmonds, richard.edmonds@ny.stemcor.com

From: Soldiers' & Sailors' Monument, 89th Street & Riverside Drive

Kids who need your undivided attention? Your spouse complaining about how long you spend on the bike? Errands to run?

How about a quick 30 miles on a Sunday morning? GWB, River Road and back via 9W. No food stops, just a quick bathroom break at the Alpine Police Station if needed. We'll be back by 10:45. Usual cancels.

**A20+ 55 mi 11:00 am**

#### Lazy Hogwich Sundays

Leader: Todd Brilliant, toddtheracer@yahoo.com, 646-651-9760

From: George Washington Bridge, NJ side bike path entrance

The Hogwich rides are back, but leaving much later this year. Better late than never, right?

We ride north to S. Mountain Rd., over Little Tor, loop back on 9W and make our only stop at the Toga bike shop after Rockland Lake. Then 9W home.

### Thursday, December 20, 2007

**A18 45 mi 10:00 am**

#### Hogwich Thursdays

Leader: Todd Brilliant, toddtheracer@yahoo.com, 646-651-9760

From: Grant's Tomb (122nd St and Riverside Dr)

Relaxed, easy ride to the Runcible for coffee.

### Saturday, December 22, 2007

**C12 35 mi 9:30 am**

#### Filipino Pastry - American Chocolate Tour

Leaders: Alfredo Garcia, cyclistxxiii@yahoo.com; 5BBC Counterpart Leader Jim Mallard

From: Staten Island Ferry, Manhattan Terminal

Hi & Mabuhay--Ride to eat and bring back something trip. Buy Staten Island chocolates at Supreme Chocolatier factory plant. Go over the Bayonne Bridge for a Jersey diner lunch at the Miss America diner. Go further to buy delicious Filipino pastries (e.g. ensaymada, ube, macapuno) at Christine's Bake Shop. Note: be prepared to ride continuously and back to Staten Island. Bring \$ for food, lock and panniers. Terrain: some hills, busy traffic, bumpy roads, one bridge. Co-listed with 5BBC.

### Sunday, December 23, 2007

**A20+ 55 mi 11:00 am**

#### Lazy Hogwich Sundays

Leader: Todd Brilliant, toddtheracer@yahoo.com, 646-651-9760

From: George Washington Bridge, NJ side bike path entrance

The Hogwich rides are back, but leaving much later this year. Better late than never, right?

We ride north to S. Mountain Rd., over Little Tor, loop back on 9W and make our only stop at the Toga bike shop after Rockland Lake. Then 9W home.

### Monday, December 24, 2007

**B16 50-60 9:00 am**

#### Jay's LoHud Series/West Bank Vistas

Leader: Jay Jacobson, joanandjay@aol.com, 845-359-6260

From: Eleanor Roosevelt statue, 72nd St and Riverside Drive

Bicycling Magazine (July, 2007) named this ride as one of the "great club rides" in the U.S.

Specific destination will be determined by abilities and wishes of riders but will be in the general direction of quaint rivertowns of Piermont/Nyack. Routes may include Esplanade/Rio Vista, River Road, Clausland & Tallman Mountains, Bradley, Tweed, Christian Herald/Storms and/or the newly

paved \$multimillion Orangetown railtrail. Some hills, but we will patiently wait for slower riders. Stunning scenery and riv vus guaranteed. A brief stop at a mini bike/touring museum may be included. Please ride single file in Nyack, Grand View & Piermont.

### Tuesday, December 25, 2007

**C13/14 30 mi 10:00 am**

#### 2nd Ann'l CHRISTMAS DAY ride & Chinese buffet lunch

Leader: Trudy Hutter, trudyth@aol.com, 212-838-2141

From: NE corner of 60th St. & First Ave.

NOTE: This ride is limited to 20 participants. Call (212) 838-2141 or email (trudyth@aol.com) the ride leader, give your full name and telephone number, to put your name on the list.

A fun ride to Flushing, Queens, for a magnificent Chinese buffet lunch at the East Buffet & Restaurant. The cost for the Christmas Holiday buffet is \$25.

After lunch we'll take the long route back to Manhattan. Expected time of return is around 4 PM.

Please bring with you:  
Two spare inner tubes and a patch kit  
A lock for your bicycle (don't count on using someone else's)  
Money for lunch  
Water  
A helmet (wear it)  
A smile

### Thursday, December 27, 2007

**A18 45 mi 10:00 am**

#### Hogwich Thursdays

Leader: Todd Brilliant, toddtheracer@yahoo.com, 646-651-9760

From: Grant's Tomb (122nd St and Riverside Dr)

Relaxed, easy ride to the Runcible for coffee.

### Saturday, December 29, 2007

**B16 50-60 9:00 am**

#### Jay's LoHud Series/West Bank Vistas

Leader: Jay Jacobson, joanandjay@aol.com, 845-359-6260

From: Eleanor Roosevelt statue, 72nd St and Riverside Drive

Bicycling Magazine (July, 2007) named this ride as one of the "great club rides" in the U.S.

Specific destination will be determined by abilities and wishes of riders but will be in the general direction of quaint rivertowns of Piermont/Nyack. Routes may include Esplanade/Rio Vista, River Road, Clausland & Tallman Mountains, Bradley, Tweed, Christian Herald/Storms and/or the newly paved \$multimillion Orangetown railtrail.

Some hills, but we will patiently wait for slower riders. Stunning scenery and riv vus guaranteed. A brief stop at a mini bike/touring museum may be included. Please ride single file in Nyack, Grand View & Piermont.

**Sunday, December 30, 2007**

**A20+ 55 mi 11:00 am**

**Lazy Hogwich Sundays**

Leader: Todd Brilliant, toddtheracer@yahoo.com, 646-651-9760

From: George Washington Bridge, NJ side bike path entrance

The Hogwich rides are back, but leaving much later this year. Better late than never, right?

We ride north to S. Mountain Rd., over Little Tor, loop back on 9W and make our only stop at the Toga bike shop after Rockland Lake. Then 9W home.

**C1.5 6 mi 8:30 am**

**Cross Training - Hiking Diamond Mountain (All Class)**

Leader: Marilyn & Ken Weissman, mollynina@yahoo.com, 212-222-5527

From: 710 West End Avenue (94-95th St.)

Join us on the 13th annual climb over Diamond Mountain, an easy Harriman State Park hike, with NYC views from the top, plus a well earned picnic lunch at the NYCC's private--well, semi-private--Pine Meadow Lake overlook. The hike features almost a mile's walk along a gorgeous cascading mountain stream as well as a non-technical climb over the Cascade of Slid. Bring lunch, trail mix or snack food, and lots of water; there are no stores or facilities. Contact leaders to reserve a seat in our car or to offer seating in your car. Rain cancels. We hike in cold weather or snow conditions.

**Thursday, January 03, 2008**

**A18 45 mi 10:00 am**

**Hogwich Thursdays**

Leader: Todd Brilliant, toddtheracer@yahoo.com, 646-651-9760

From: Grant's Tomb (122nd St and Riverside Dr)

Relaxed, easy ride to the Runcible for coffee.







2007-2008

ALL CLASS WINTER HIKING/  
SNOWSHOEING SIG

*The Hiking/Snowshoe SIG meets virtually every week through March — conditions permitting — usually on Sunday, but often on weekdays too. Both of these high-energy, fun-filled sports will keep you in great condition for 2008 biking. There are many other benefits too... watching what happens when someone steps on their own snowshoe, sits on a downed tree and falls over backwards, slides down a hill in a cloud of leaves or attempts an icy trail without appropriate foot gear.*

Here's how the SIG works. You'll need to sign up in advance. Like magic, each Thursday evening brings an e-mail with an overview of Sunday's activity. As we reach many start points by car, if you e-mail back your intention to participate by Friday evening--requesting or offering transportation--you're in!

*For info on what is, and where to get appropriate clothing, snowshoes, poles, boots, gaiters, ice-capable foot gear, etc. e-mail Ken or Marilyn Weissman at [mollynina@yahoo.com](mailto:mollynina@yahoo.com). And don't wait until the last minute for gear; most stores quickly run out after the first snow.*



# New York Cycle Club Board Meeting Minutes

## October 2007

Tuesday October 2, 2007 - 6:30pm  
Kim Jenkins Office, 52 Vanderbilt Avenue

In attendance were Jeff Terosky, Kim Jenkins, Hal Eskenazi, Ellen Jaffe, Timothy McCarthy, Kay Gunn, Debbie Rothschild, Reggie Johnson, Scott Wasserman, Bill Laffey, Kevin Ley.

### Jeff Terosky, President

Terry Chin's phone number will be on the FAQ page. The bike rack donated by NYCC has been installed at the Alpine Police Station. We have nominees for all positions but the bulletin editor position. Jeff asked everyone on the board to compile a summary of exactly what their position entails. Jeff will announce nominees at October meeting.

### Nominations:

President: George Arcarola  
VP Programs: Liane Montessa  
VP Rides: Kay Gunn  
Secretary: Ellen Jaffe  
Treasurer: Jeffrey Ignall  
Public Relations: Ingrid Wiegand  
Special Events: Hal Eskenazi  
Membership: Neil Botwinoff, Mark Israel  
A-Rides Coordinator: Betsy Haskin  
B-Rides Coordinator: Skip Ralph  
C-Rides Coordinator: Susan Niederman  
Bulletin Editor: Open  
Webmaster: Matthew Zimmerman  
Immediate Past President: Jeff Terosky

### ENY Report

Bill Laffey, ENY Chair, said all is going well though it is hoped more riders will pre-register. 157 registrations have so far been received. Expenditures to date are projected at about \$ 8500. That includes food that should run about \$ 3500. There will be coffee, donuts, and pound cake at the start, pizza at Piermont, subs at Rockland Lake. There may be an additional rest stop in Sparkill at the Mountain House Restaurant for the 62 mile ride. Swag: Bags by Toga, water bottles from Sids, energy bars, massage oil, expandable towel, CO2 cartridges, patch kits and more. Raffles: jerseys, gloves, professional bike fittings, ride Noho weekend and more. About \$ 2500 in goods and services has been collected so far. The routes are last year's with only minor changes due to construction. There will be sweeps looking for stragglers. There are 41 ride leaders. Half the money will go to Recycle-A-Bicycle, the other half to the NYCC Youth Group. There will be orange tee shirts with sponsor logos on back.

### Ellen Jaffe, Secretary

September minutes were approved.  
NYCC kit redesign: Ellen, Kevin and Timothy will meet to proceed on the kit redesign.

### Kim Jenkins, Treasurer

Current Youth Program Balance \$ 743.69  
Current Checking Account Balance \$ 3,031.97  
Current Money Market Balance \$ 24,595.05  
Total Cash \$ 28,370.71. Peter O'Reilly's bike workshops generated about \$ 1100. His expenses were \$ 315.11. Proceeds of \$ 804.89 will be donated to Recycle-a-Bicycle.

### Neil Botwinoff, Membership

Neil reported in that there are 1826 members as of October 8, 2007.

### Reggie Johnson, VP Rides

Reggie suggests that we develop a Metro North field in the ride submission program with both a going and returning slot and estimated departure times. Reggie has the ride leader tally on a Google Docs spreadsheet. It was determined that socks will be given to ride leaders with 6 credits. Kay will represent NYCC at Bike Summit. Kim and Reggie will compile the 2007 roster and forward it to Kevin.

### Kevin Ley, Bulletin Editor

Where the minutes are published was discussed. Ellen will send out approved final minutes to Kevin and copy all board members.

### Timothy McCarthy, Webmaster

Timothy spoke of Matthew Zimmerman's great qualifications as new webmaster.

### Debbie Rothschild, VP Programs

35 paid for dinner at the September club meeting, 55 attended. October meeting a physical therapist will speak. November meeting a CRCA member will talk about staying in shape in the winter. December (there will be) no meeting.

### Hal Eskenazi, Special Events

We ran a \$45 deficit on the Mets tickets. The Holiday Party will be December 15, 2007 It's between Gonzalez y Gonzales and Woolworth Towers. Woolworth Towers is available on a Saturday night, Gonzalez y Gonzales is available only a weekday night. Sentiment leaned to the Woolworth Towers. It was agreed that the event should cost \$ 40 before a certain date, then \$45, and \$ 50 at the door. In the interest of keeping a ceiling on cost for members, we'll have a DJ instead of a band. The club will subsidize the difference between ticket price and the cost of the evening.

Next BOD meeting: Tuesday, November 6, 2007  
6:30PM, Kim Jenkin's office.  
The meeting was adjourned at 8:40PM

## 2008 MEMBERSHIP RENEWAL IS OPEN

*Membership renewal for  
2008 is now available.  
As you know we renew all  
memberships at the end of  
each year but often do not  
drop members from the  
previous year until sometime  
in the spring. To avoid  
even worrying about be-  
ing dropped in the spring,  
please go to [http://www.  
nycc.org/home\\_join.shtml](http://www.nycc.org/home_join.shtml)  
and sign up now!*

## Bicycle shops etc. offering discounts to NYCC members

### **Accelerade Products**

www.accelSPORT.com/nyccycling  
20% off on Accelerade, Endurox R4 and Accel gel w/ flatrate shipping of \$5.95 per order.

### **A Bicycle Shop**

163 West 22nd Street, NY, NY  
(212) 691-6149, www.a-bicycleshop.com  
info@a-bicycleshop.com; 10% off non-sale items (not items already discounted).

### **Bicycle Habitat**

244 Lafayette Street, NY, NY  
212 431-3315, cmcbike@aol.com  
10% off parts and accessories. No discount on bicycles.

### **Bicycle Heaven**

348 East 62 Street, NY, NY  
212 230-1919  
8.25% off accessories and repairs.

### **Bicycle Workshop**

175 County Road, Tenafly NJ 07670  
201 568-9372; 10% off parts and accessories

### **Bicycle Renaissance**

430 Columbus Avenue, NY, NY  
212 724-2350; 10% off repairs and accessories (not on sale items and new bikes)

### **Conrad's Bike Shop**

25 Tudor City Place, NY, NY  
212 697-6966  
conrads.bikeshop@verizon.net; 8.25% off parts, accessories and repairs.

### **Gotham Bikes**

112 West Broadway, NY, NY  
212 732-2453, gotbik@aol.com  
10% off parts, accessories and repairs.

### **Larry's 2nd Ave. Bicycles Plus**

1690 2nd Ave. at 87th Street, NY, NY  
212 722-2201, larrysbicyclesplus.com;  
15% off parts & accessories; 5% off bikes.

### **Master Bike Shop**

225 West 77th Street, NY, NY  
212 580-2355; 10% off parts, accessories and bicycles.

### **Piermont Bicycle Connection**

215 Ash Street, Piermont, NY 10968  
845 365-0900 and 4 Washington Street, Tenafly, NJ 07670, 201 227-8211  
www.piermontbike.com; 10% off everything including bicycles. Free S&H on purchases over \$100.

### **Sid's Bike Shops**

235 East 34th Street, NY, NY  
212 213-8360 or www.sidsbikes.com  
10% off accessories and clothing.

### **Toga Bike Shop**

110 West End Avenue, NYC, NY  
212 799-9625 or gotbik@aol.com;  
10% off parts, accessories and repairs.

### **Turin Bicycle**

1027 Davis Street, Evanston, IL 60201  
847 864-7660, www.turinbicycle.com  
cmailing@turinbicycle.com; 10% off parts and accessories. Owned by NYCC Life Member.





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