'08 BOARD ELECTIONS: EXCERCISE YOUR RIGHT TO VOTE FOR CLUB OFFICERS & MEMBER AWARDS; IN PERSON, ONLINE OR BY PAPER BALLOT (ENCLOSED)
As I write this we are enjoying magnificent weather this weekend for the annual Connecticut Shoreline Ride which is chiefly organized by Gary McGraime. Let's hope that the air stays cool and that the pizza for the train ride back to Grand Central stays hot!

The members of the 2007 NYCC Board of Directors are wrapping up their terms and with the exception of a few are getting ready to transition their roles to others in 2008. The position of membership director is contested, so please check out the NYCC website for more information on the candidates and vote either online or with the ballot that you will find in this bulletin. Also, you might notice that as of now, we do not have any nominees for the position of Bulletin Editor. If you are interested in running for bulletin editor or know anybody who is, please email the chairperson of our nominations committee Carol Waaser or me (both of our addresses are to the right) and let us know so that we can try to provide uninterrupted bulletins as we begin 2008.

On the topic of the bulletin, you should have read last month that the board voted to move to exclusively paperless distribution of the bulletin in 2008. As outlined last month, there are many reasons for the switch, but it certainly represents a significant change in the publication and distribution of the bulletin. We have a handful of our approximately 2000 members without email addresses, and we are willing to assist these members on a case by case basis so that they will continue to receive our bulletin.

On October 14, once again the NYCC chalked up another successful Escape New York (ENY) Century ride. Although the chairman Bill Laffey and his committee are still tabulating the results, we are proud to have raised nearly $5000. These proceeds will be donated to the ENY committee's selected charities of Recycle-A-Bicycle and NYCC's Stan Oldak Youth Program. We would also like to thank ENY Chairs for Sponsorship, Eden Weiss and Valli McRoberts, who collected nearly $20,000 in gifts and donations from various sponsors that were distributed to ENY participants. Please thank our sponsors by supporting them: Cityshuffle: $4,000, Sunrose Aromatics: $4,000, Toga: $2,178, Bicycle Habitat: $1,758, Sid's Bike Shop: $1,720, Ride NoHo: $880, Larry's 2nd Avenue: $833, Signature Cycles: $665, R&A Cycles: $620, Vallifitness: $450, Lightload towels: $400, Bruce Mandelbaum/massage: $375, Bicycle Renaissance: $340, Slope Sports: $330, Tenafly Bicycle Workshop: $325, Berkshire Bike & Board: $310, Accelerade: $300, Jackrabbit Sports: $200, Road ID: $150.

Here we are in November already and our riders are still out on the roads en masse! October has been a fantastic month for riding (although on one particularly warm weekend I overheard someone in Central Park ask another cyclist, "Is it October or is it July?") but let's hope that our proper autumn weather comes in November and stays through Thanksgiving!

Until then, be safe and I hope to see you out on the road.

Jeff Terosky, NYCC President

NYCC Bulletin

The NYCC Bulletin is published monthly by the New York Cycle Club. The opinions expressed herein are those of the authors and do not reflect the official position of the NYCC.

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Subscriptions: Free to NYCC members. Questions about your membership? Contact Neil Botwinoff at membership@nycc.org. Include your name and full address in your message.

Printing: Dandy Printing and Copy Center, Brooklyn, NY (718) 774-6837.

Ads: Only bicycle related advertising is accepted. Only digital files will be accepted. Contact Editor for more information. Page size is 7.5 by 10 inches.


Submissions: Email your text and/or photos to bulletineditor@nycc.org

Please proof-read your submissions carefully. Submission is contributor's warranty to the NYCC that material is in no way an infringement on the rights of another and may be published without additional approval. Publication is determined by available space. We cannot guarantee that all submissions will be published. A full page of text is 750 to 1,090 words. Material may be edited for brevity and clarity.

Deadline: All submissions and advertising are due to the editor by the second Tuesday of each month prior to publication. Sorry. No exceptions.

File format: Only digital files will be accepted. Image files must be TIFF, EPS, or JPG format. Text files can be in text or .txt format. Please do not send huge attachments without contacting the editor first.

Address all correspondence to: bulletineditor@nycc.org.

Thanks! KML, Editor
TUESDAY, NOVEMBER 13TH  6–9:15PM
OFF-SEASON TRAINING: NOT JUST STAYING
IN SHAPE, BUT COMING BACK STRONGER THAN
EVER. WITH CAMIE KORNELY, EXERCISE PHYSIOL-
OGIST, PERSONAL TRAINER & CAT 2 RACER.

Cycling season is officially over. How do we stay in shape and pre-
pare ourselves for next year? What can we do to make our next season even better than this one? Camie Kornely, will talk to
us about winter training. She'll tell us what we can do on
the bike both indoors and out, what kind of strength train-
ing to do and how to cross train when we take time away
from the bike — Camie has a Master's degree in exercise physiology and is certified by the
American College of Sports Medicine and the National Academy of Sports Medicine. She has worked as a personal trainer to athletes of all levels, children through adults, casual weekend warriors to elite professionals. Camie began
cycling seriously in 2005 and progressed from a Cat 4 to a Cat 2 racer with 8 podium places this season. Come
learn how she did it!

Admission is $23* for program and dinner. Social hour with cash bar starts at 6 PM. Dinner at 6:45
PM. Program runs from 8:00 to 9:15.
Annie Moore's Pub and Restaurant - 50 E. 43rd St.
(west of GCT between Madison and Vanderbilt Aves.)
Subway: 4/5/6/7 to 42nd Street/Grand Central.

*After many years of maintaining a $20 admission fee, Annie Moore's has informed us that due to rising costs, they must increase the dinner price.
November ‘07 Club Event

Friday November 30th, 6:30–9:30pm

Ice Skating in November?
Yep. The Bryant Park Pond.

Ice skating right in Midtown. This year we’ll skate [hopefully] at Bryant Park, 6th Ave, 40th-42nd St. For those who have never been, it’s a beautiful venue right in the center of Midtown.

Best of all it’s FREE. Bring your own skates, or rent theirs [cheap]. Sorry, no bikes on the ice.

We’ll skate for an hour or so, then go somewhere close for drinks, hot chocolate or some Chinese food, or a combination thereof depending on the group’s preference.

These events are arranged in advance; however, this particular rink is not yet open for business. We’ll confirm early November and post an update to the message board. Stay tuned.

To get a feel for the numbers we ask that you RSVP: events@nycc.org

Location:
Bryant Park is situated behind the New York Public Library in midtown Manhattan between 40th and 42nd Streets & Fifth and Sixth Avenues. Tel (212) 768-4242
NYCC ride listings guide

**NYCC rides** are led by volunteer leaders. The leaders plan the route and maintain the listed speed. We list rides by level and cruising speed classifications in order to help riders find rides in groups of similar ability. The pace and style of the different levels may vary, but rides all share the common objective of riding for fun, fitness and food.

**Ride classifications** All rides are classified according to level and cruising speed. The levels are as follows:

<table>
<thead>
<tr>
<th>Level</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Fast, vigorous riding with advanced bike handling and paceline skills required. Stops every 2 hours or so.</td>
</tr>
<tr>
<td>B</td>
<td>Moderate to brisk riding with attention to scenery. Stops every hour or so.</td>
</tr>
<tr>
<td>C</td>
<td>Leisurely to moderate riding at a gentle pace. Sightseeing and destination oriented (a good introduction to the club). Stops every half-hour or so.</td>
</tr>
</tbody>
</table>

A number following a letter indicates the target cruising speed on flat roads: e.g. **B15** = B level at a 15 mph cruising speed. Cruising speed indicates the ride’s speed on flat terrain. Average riding speed over rolling terrain is generally 3 mph less than cruising speed. This will vary plus or minus 1 mph, according to terrain. Overall speed, including all rest and food stops, is about 3 mph less than average riding speed.

**Self-test** Assess your cruising speed by timing yourself on a four-lap ride of the complete oval in Central Park (24.4 miles). Ride at a comfortable, sustainable pace. Fewer than four laps will give a false assessment. Find your time below and note the cruising speed.

<table>
<thead>
<tr>
<th>Four lap time</th>
<th>Cruising speed</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:10 or less</td>
<td>22+ mph</td>
</tr>
<tr>
<td>1:10 to 1:13</td>
<td>21</td>
</tr>
<tr>
<td>1:13 to 1:16</td>
<td>20</td>
</tr>
<tr>
<td>1:16 to 1:20</td>
<td>19</td>
</tr>
<tr>
<td>1:20 to 1:25</td>
<td>18</td>
</tr>
<tr>
<td>1:25 to 1:30</td>
<td>17</td>
</tr>
<tr>
<td>1:30 to 1:38</td>
<td>16</td>
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<tr>
<td>1:38 to 1:48</td>
<td>15</td>
</tr>
<tr>
<td>1:48 to 2:00</td>
<td>14</td>
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<tr>
<td>2:00 to 2:14</td>
<td>13</td>
</tr>
<tr>
<td>2:14 to 2:30</td>
<td>12</td>
</tr>
<tr>
<td>2:30 to 2:50</td>
<td>11</td>
</tr>
</tbody>
</table>

**Your first NYCC ride**

**Be conservative** Choose a ride easier and shorter than you think you can ultimately handle. You won’t enjoy struggling to keep up with a ride that’s too fast for you, nor will the group enjoy waiting for you. It’s a good idea to call or email the leader a day or so before the ride and introduce yourself when signing up at the start.

**Before any ride** Check that your bike is in good riding condition: brakes and derailleur working well, tires pumped to the pressure specified on the sidewall. Eat a breakfast consisting of carbohydrates and proteins.

**Bring** a spare tube or two, tire levers, patch kit, pump, water, snacks, money, medical ID, emergency phone numbers and rail pass. We also suggest that you bring a lock. Leaders may specify other items in their ride listings.

**Lead a ride**

Pick a date, pick a pace, pick a destination, pick a route, write it all up and submit to the appropriate ride coordinator (listed below) by the second Tuesday of the month before you want to lead your ride.

**A-rides**

Terry Hildebrandt
a-rides@nycc.org

**B-rides**

Kay Gunn
b-rides@nycc.org

**C-rides**

Scott Wasserman
c-rides@nycc.org

Lead enough rides during the year and you qualify for a special prize (given out in December):

- **3 rides** = NYCC water bottle
- **6 or more rides** = NYCC t-shirt
- **12 or more rides (1st time)** = NYCC Ride Leader’s vest (you can’t buy one of these—you have to earn them).
- **12 or more rides (2nd time)** = any club garment of your choice.

**PLEASE NOTE** Metro-North requires prior notice for large groups (16 or more) on scheduled Bike Trains (Bike Trains are indicated by a bicycle symbol on the printed Metro-North timetables) and groups of three or more cyclists on a non-bike train. When you submit a ride involving Metro-North to a ride coordinator, at the same time shoot an email off to our trusty Metro-North liaison, Hank Schiffman, at hshiffman1@nyc.rr.com. He will manage all the details but he can not do it on a piecemeal, last minute basis.
November ride listings

Club rides

To keep abreast of any last minute changes, always check the ride listings on the website at http://www.nycc.org/rideshub/view/ridelistings.aspx

Thursday, November 01, 2007

A18 45 mi 10:00 am
Hogwich Thursdays
Leader: Todd Brilliant, toddtheracer@yahoo.com, 646-651-9760
From: Grant’s Tomb (122nd St and Riverside Dr)
   Time to relax, ride easy and enjoy a muffin and coffee at the Runcible. Play hooky
   and join me for these weekly rides.

Saturday, November 03, 2007

A23 76 mi 8:00 am
New Brunswick, NJ - New Hope, PA
Leader: John Zenkus, jjz2116@aol.com 917 617-0901
From: Penn Station NY and Penn Station Newark
   South and west of NYC can provide nice riding days in early November. Meet at
   Penn Station 8:00 for the 8:14 train to New Brunswick, NJ. There will be one stop in
   New Hope.
   While a bike pass is not required, helmet, ample food and water, spare tubes and a
   pump are a must. If the weather appears doubtful, check the message board where the
   ride’s status will be posted by 6:30am.

B17 65 mi 7:30 am
Trailway Coasting to NYC
Leaders: Hannah Borgeson, hannahb@att.net, 212-348-2601; Derek Chu, derek_chu@hotmail.com
From: Grand Central Terminal, Information Booth
   Why go up Westchester’s trails when you can go down them? After an early train (buy
   a one-way ticket to Brewster), we’ll have a few miles on the road before reaching the
   paved, car-free rail trail along the Old Put line--AKA the North and South County
   Trails--in Putnam, Westchester, and now the Bronx too. We’ll ride nearly effortlessly
   for miles and miles, stopping for lunch in Briarcliff Manor, before hitting some major
   hills--and traffic--in Yonkers and the Bronx as we return to Central Park. Altogether,
   we’ll ride three segments of trail that one day soon will all be connected. Pace on the roads
   will be B17; on the trail we may not go quite so quickly if there are pedestrians or slower
   cyclists around. Bring a train pass and money for lunch.

Sunday, November 04, 2007

A19 30 mi 8:30 am
A Sunday Morning Quickie
Leader: Richard Edmonds, richard.edmonds@ny.stemcor.com
From: Soldiers’ & Sailors’ Monument, 89th Street & Riverside Drive
   Kids who need your undivided attention? Your spouse complaining about how long you
   spend on the bike? Errands to run?
   How about a quick 30 miles on a Sunday morning? GWB, River Road and back via
   9W. No food stops, just a quick bathroom break at the Alpine Police Station if needed.
   We’ll be back by 10:45. Usual cancels.

A19+ 55 mi 9:00 am
Saddle River
Leader: Sue Foster, suefoster@nyrr.com
From: Grant’s Tomb (122nd St and Riverside Dr)
   Join me for a quick spin through some of the loveliest ‘burbs in Jersey. Flat route with
   special note that this ride leaves from Grant’s Tomb to avoid any NYC Marathon
   congestion. Requirements: paceline savvy, self-sufficient (can change a flat and read a cue sheet,
   in case you drop off the back or fly off the front.

B18/19 55 mi 9:00 am
Oyster Bay- Bayville
Leader: George Arcarola, garcarola@nycc.org, 917-837-9010
From: Statue of Civic Virtue, Queens Blvd & Union Tpk, Queens
   A fast paced ‘B’ ride thru some of the prettiest scenery that western Long Island has to
   offer. We will strictly adhere to the posted pace. You know what to bring. Rain cancels.

B14 35 mi 10:30 am
Mike Weinberger’s After Breakfast Ride
Leader: John Pinto, jpinto15@nycc.org 917-608-1387
From: City Hall Park, Opposite Brooklyn Bridge
   The sweeping becomes the leader, albeit temporarily. Since we haven’t been to
   Crocheron Park in a while, that will be our destination. We’ll pick up lunch at a fabu-
   lous, local deli and picnic in Crocheron Park overlooking Little Neck Bay. As usual, we
   should be back at City Hall around 3:30. Please check the message board on Sunday
   morning for any changes or updates. I might need to work over the weekend, so I’ll post a
   confirmation/cancellation by 9:00 AM.

Tuesday, November 06, 2007

B16 50-60 9:00 am
Jay’s LoHud Series/West Bank Vistas
Leader: Jay Jacobson, joanandjay@aol.com 917-837-9010
From: Soldiers’ & Sailors’ Monument, 89th Street & Riverside Drive
   Bicycling Magazine (July, 2007) named this ride as one of the “great club rides” in
   the U.S.

Specific destination will be determined by abilities and wishes of riders but will be in the general direction of quaint rivertowns...
of Piermont/Nyack. Routes may include Esplanade/Rio Vista, River Road, Clausland & Tallman Mountains, Bradley, Tweed, Christian Herald/Storms and/or the newly paved $multi-million Orangetown railtrail. Some hills, but we will patiently wait for slower riders. Stunning scenery and riv vus guaranteed. A brief stop at a mini bike/touring museum may be included. Please ride single file in Nyack, Grand View & Piermont.

**Thursday, November 08, 2007**

<table>
<thead>
<tr>
<th>Route</th>
<th>Distance</th>
<th>Time</th>
<th>Leader</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>A18</td>
<td>45 mi</td>
<td>10:00 am</td>
<td>Todd Brilliant, <a href="mailto:toddtheracer@yahoo.com">toddtheracer@yahoo.com</a>, 646-651-9760</td>
<td>From: Grant’s Tomb (122nd St and Riverside Dr)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Time to relax, ride easy and enjoy a muffin and coffee at the Runcible. Play hooky and join me for these weekly rides.</td>
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**Friday, November 09, 2007**

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<tr>
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<th>Distance</th>
<th>Time</th>
<th>Leader</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>B17/18</td>
<td>45 mi</td>
<td>8:50 am</td>
<td>Ron Grossberg, <a href="mailto:argee401@aol.com">argee401@aol.com</a>, 718-369-2413</td>
<td>From: Staten Island Ferry, Manhattan Terminal</td>
</tr>
<tr>
<td></td>
<td></td>
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<td></td>
<td>Perimeter of Staten Island with some interior hills. Picnic lunch at Tottenville Conference House overlooking Raritan Bay. (weather permitting) Please call or e-mail to confirm.</td>
</tr>
</tbody>
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**Saturday, November 10, 2007**

<table>
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<tr>
<th>Route</th>
<th>Distance</th>
<th>Time</th>
<th>Leader</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>B16</td>
<td>64 mi</td>
<td>8:30 am</td>
<td>Marty Wolf, 212-935-1460</td>
<td>From: Central Park Boathouse</td>
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<tr>
<td></td>
<td></td>
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<td></td>
<td>The goal is to reach St. Paul’s in New City before the best made ornaments and gifts are sold out. Church lunch of soup, sandwiches and home baked desserts - all very inexpensive. Bring a muzette bag or small knapsack for your purchases. Note: We leave at 8:45AM sharp.</td>
</tr>
<tr>
<td>C12</td>
<td>30 mi</td>
<td>9:30 am</td>
<td>Alfredo Garcia, <a href="mailto:cyclistbxii@yahoo.com">cyclistbxii@yahoo.com</a></td>
<td>From: Staten Island Ferry, Manhattan Terminal</td>
</tr>
<tr>
<td></td>
<td></td>
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<td></td>
<td>Eat a tasty “Turo Turo” lunch at Kabalen, in Jersey City. Route goes to scenic Liberty State Park. Ride ends at a Jersey PATH station or NY Waterway terminal. Bring lock, $ for meal &amp; return fare (PATH or NY Waterway). Some busy, bumpy, hilly roads with a bridge. Co-listed with NYCC.</td>
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**Sunday, November 11, 2007**

<table>
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<tr>
<th>Route</th>
<th>Distance</th>
<th>Time</th>
<th>Leader</th>
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</tr>
</thead>
<tbody>
<tr>
<td>B16</td>
<td>50-60 mi</td>
<td>9:00 am</td>
<td>Jay’s LoHuD Series/West Bank Vistas</td>
<td>Leader: Jay Jacobson, <a href="mailto:joanandjay@aol.com">joanandjay@aol.com</a>, 845-359-6260</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>From: Eleanor Roosevelt statue, 72nd St and Riverside Drive</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Bicycling Magazine (July, 2007) named this ride as one of the “great club rides” in the U.S. Specific destination will be determined by abilities and wishes of riders but will be in the general direction of quaint rivertowns of Piermont/Nyack. Routes may include Esplanade/Rio Vista, River Road, Clausland &amp; Tallman Mountains, Bradley, Tweed, Christian Herald/Storms and/or the newly paved $multi-million Orangetown railtrail. Some hills, but we will patiently wait for slower riders. Stunning scenery and riv vus guaranteed. A brief stop at a mini bike/touring museum may be included. Please ride single file in Nyack, Grand View &amp; Piermont.</td>
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**Thursday, November 15, 2007**

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<tr>
<th>Route</th>
<th>Distance</th>
<th>Time</th>
<th>Leader</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>A18</td>
<td>45 mi</td>
<td>10:00 am</td>
<td>Todd Brilliant, <a href="mailto:toddtheracer@yahoo.com">toddtheracer@yahoo.com</a>, 646-651-9760</td>
<td>From: Grant’s Tomb (122nd St and Riverside Dr)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>The pace will be mellow, got that? MELLOW! Tom will take one group at a mellow pace and Debbie will take another group at a mellow pace. Check the message board if weather looks doubtful.</td>
</tr>
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</table>

**Saturday, November 18, 2007**

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<tr>
<th>Route</th>
<th>Distance</th>
<th>Time</th>
<th>Leader</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>B18/19</td>
<td>50 - 60 mi</td>
<td>9:00 am</td>
<td>Marty Wolf</td>
<td>From: Tramway Plaza NW Corner 2nd Ave/59th St.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Annual Sale of new bike stuff - books, posters, Christmas cards, postcards, mugs, ties, desk accessories, jewelry - all with a bike motif. Bring train pass if you wish to return by LIRR. Cue sheets provided should you wish to ride faster/slower than the advertised pace. If it’s a rainy day and you have a car and want to drive out or should you wish to take the train to within five blocks of the sale, call leader. NOTE: We’ll leave on the dot of 9:00AM from 2nd and 59th.</td>
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**Sunday, November 25, 2007**

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<tr>
<th>Route</th>
<th>Distance</th>
<th>Time</th>
<th>Leader</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>A19+</td>
<td>75 mi</td>
<td>8:30 am</td>
<td>Sue Foster, <a href="mailto:suefoster@nycrr.com">suefoster@nycrr.com</a>, 212-874-1388</td>
<td>From: Central Park Boathouse</td>
</tr>
<tr>
<td></td>
<td></td>
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<td></td>
<td>Time to work off the turkey! This ride will take us up through White Plains and into some classic Westchester climbs—Whippoorwill, Roaring Brook and, lest I forget, Hardscrabble. Flat return from Tarrytown. Requirements: paceline savvy, self-sufficient (can change a flat and read a cue sheet, in case you drop off the back or fly off the front). Ride status will be posted on the message board by 7:00am, if weather is an issue.</td>
</tr>
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**Thursday, November 29, 2007**

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<tr>
<th>Route</th>
<th>Distance</th>
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</thead>
<tbody>
<tr>
<td>A18</td>
<td>45 mi</td>
<td>10:00 am</td>
<td>Todd Brilliant, <a href="mailto:toddtheracer@yahoo.com">toddtheracer@yahoo.com</a>, 646-651-9760</td>
<td>From: Grant’s Tomb (122nd St and Riverside Dr)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Relaxed, easy Nyack ride with a coffee stop at the Runcible.</td>
</tr>
</tbody>
</table>
A friends & family event at the World Famous, Woolworth Building – Woolworth Tower Kitchen. If you were lucky enough to attend this year's volunteer recognition dinner you already know this is a beautiful place and the food excellent. Expect a fabulous evening with plenty of time to socialize, dine, talk (a club staple) and yes, dance, as there will be music.

Until November 30th: $40*
December 1st–7th: $45*
Day of, at the Door: $50

Cash bar

*Online Reg. Closes: December 7, 2007 11:59 PM Pacific Time

Woolworth Tower Kitchen, at the Woolworth Building
233 Broadway, corner of Barclay Entrance on Barclay
Tel. (212) 571-2930.

Easily accessible by all public transportation – 1 block west of City Hall.
**Board Elections 2008 NYCC**  
**Excercise Your Right To Vote!**  
**Vote For Club Officers And Member Awards - In Person, Online Or By Mail**

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**CLUB OFFICERS - 2007**

- **PRESIDENT:** GEORGE ARCAROLA
- **VP RIDES:** KAYE GUNN
- **VP PROGRAMS:** LIANE MONTESA
- **SPECIAL EVENTS COORDINATOR:** HAL ESKENAZI
- **TREASURER:** JEFFREY IGNALL
- **SECRETARY:** ELLEN JAFFE
- **MEMBERSHIP DIRECTOR:** NEIL BOTWINOFF
  
  MARK ISRAEL

- **PUBLIC RELATIONS:** INGRID WIEGAND
- **BULLETIN EDITOR:** OPEN
- **WEBMASTER:** MATTHEW ZIMMERMANN
- **A RIDES COORDINATOR:** BETSY HAFKIN
- **B RIDES COORDINATOR:** SKIP RALPH
- **C RIDES COORDINATOR:** SUSAN NIEDERMAN

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**MEMBER AWARDS**

Here’s the fun part! No doubt, the announcement of the member award winners is one of the true highlights of the NYCC year. Yes, you can vote for yourself. We won’t tell.

<table>
<thead>
<tr>
<th>Award Category</th>
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</thead>
<tbody>
<tr>
<td>Best Man in Lycra</td>
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<tr>
<td>Best Woman in Lycra</td>
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<tr>
<td>Most Improved Man</td>
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<tr>
<td>Most Improved Woman</td>
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<tr>
<td>Comeback Rider of the Year</td>
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<tr>
<td>Cycling Couple of the Year</td>
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<tr>
<td>A-Ride Leader of the Year</td>
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<td>B-Ride Leader of the Year</td>
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<tr>
<td>C-Ride Leader of the Year</td>
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<tr>
<td>Diner/Food Stop of the Year</td>
</tr>
<tr>
<td>Fastest Flat Fixer</td>
</tr>
<tr>
<td>Gear Head of the Year</td>
</tr>
<tr>
<td>Retrogrouch of the Year</td>
</tr>
<tr>
<td>Best Wheel to Follow in Paceline</td>
</tr>
<tr>
<td>Best Schwebbers*</td>
</tr>
</tbody>
</table>

*Schwebbers are the marks cyclists get when their legs brush up against the chain or chainwheel (Also known as a ‘chainring tattoo,’ or ‘rookie mark,’ Ed.)
You are encouraged to vote in person at the November club meeting, Tuesday 13 November 2007 at Annie Moore's Bar and Restaurant, 50 East 43rd Street, starting at 6pm, or online at http://www.nycc.org/home_ballot.shtml

If you cannot attend the November meeting and are unable to vote online, you may vote by completing and mailing the ballot printed opposite this page. Fill in your name, address and signature in the lines provided on the form, detach it, fold it and seal the ballot with tape. DO NOT USE STAPLES. You may copy this form for multi-member households, but remember that all ballots must have the voter’s name, address and signature in the return address field or they will not be counted. Please remember to affix a 41c stamp.

The position of Bulletin Editor is open, as no nominees have accepted to stand for this position at the time we are going to press.

The deadline for paper submission is 6:00 PM, Monday, November 12.

Signature

Name

Street Address

City, State, Zipcode

New York Cycle Club
Post Office Box 4541
Grand Central Station
New York, NY 10163
New York Cycle Club Board Meeting Minutes

May 2007
At the office of Kim Jenkins, 52 Vanderbilt Avenue, Thirteenth Floor.
The meeting was called to order at 6:40PM.
In attendance were Scott Wasserman, Jeff Teresky, Neil Botwinoff, Kay Gunn, Kim Jenkins, Hal Eskenazi, Ellen Jaffe, Kevin Ley, Timothy McCarthy, Reggie Johnson, Debbie Rothschild. Jeff Teresky – President

The club is contributing $100 to Hole In The Wall & $ 100 to Kiva in the memory of David Oliner, a B-SIG participant who collapsed and died during a SIG ride on April 14. The club sent letters to the parents of kids in the youth program, many who were witness to David’s collapse on the ride. Debbie has offered her services as counselor to the kids. An incident report form was filed with NYCC’s insurance company. David’s beneficiary will receive $5,000. David’s immediate family is coming to the B-SIG graduation. The family will be presented with his graduation certificate.

Youth Program
A motion was passed as follows:
1: Contributions to the youth program through active.com will continue through 2007.
2: The 2008 youth program will be independently funded.

NYCC Calendar
There are two calendars:
• rides in the area
• club rides of all kinds

Recycle-A-Bicycle
Lisa Stein, the new president of recycle-a-bicycle has thanked the club for it’s donations.

Escape New York
Bill Laffy is heading up the ENY committee of eight or so people. Debbie had a very strong response in her efforts to recruit committee volunteers. In an effort to set ENY apart from the many other annual club rides, the committee is aiming to brand ENY as a particularly beginner-friendly ride. The committee is beginning to discuss registration cost, marketing, ENY web presence, committee job list, ride giveaways.

Ellen Jaffe – Secretary
March minutes approved

Kim Jenkins – Treasurer
As of 5/01/2007:
Youth Program $392.66
Operating Account $3,446.09
Money Market Account $24,558.48
Total $28,397.23

Club Merchandise
Kim has volunteered to warehouse club merchandise and deal with fulfillment.
We need a volunteer to handle marketing and inventory. Ellen volunteered to begin a process of a graphic redesign.

Neil Botwinoff – Membership
April 1 was cutoff for old members. We have 1256 members as of April 29, 2007. Mark Gelles checked that all B-SIG participants are NYCC members. A & C SIG rosters will go to Neil to double check they are members.

Debbie Rothschild – VP Programs
47 people attended March meeting. 40 paid for dinner at March meeting. 30+ paid for dinner in April. The May meeting will be B-SIG graduation. The June meeting will be A-SIG graduation. The C-SIG has their final ride and picnic on Saturday, May 19. For July we may have a Tour-watching party with a speaker, possibly Reina. The August meeting & special event may be combined, perhaps as an ice cream social at the Boat Pond, Central Park.

Hal Eskenazi – Special Events
May 8 is the billiards party. Monday, May 14 will be the special bike art exhibition co-organized by club member Carol Wood, followed by a visit to NYC Velo bike shop, where the show continues, followed by a light dinner at Moonstruck Diner. A Mets game is scheduled for June 20 with free tickets going to Youth Program participants as a SIG graduation present. Free tickets are also going to Ed Fishkin’s Kid’s Ride Club. Additionally, Hal has arranged for free tickets to go to leaders and some parents. If all goes well, both groups may be treated to a second game on August 5. July 18 is the Yankee Game.

Reggie Johnson – Ride Coordinator
The SIGs and STSs need to coordinate to avoid SIG-lock at dinners and on Metro North. We need a check-box on the ride submission form that indicates a Metro North need. This will allow better Metro North coordination. June 16 is the All-Class ride at Kingsland Park. July will have a Newcomer’s ride. It was suggested that SIG graduates help lead an All-Class ride. There will be a cleanup ride in August.

Kay Gunn – B-Rides Coordinator
Leaderless rides were discussed. We agreed they should not be listed as official NYCC rides via the ride submission program. It was suggested that something on the bulletin board be posted regarding open pickup rides that might regularly start at the Boathouse at 9AM on Saturday and/or Sunday.

Kevin Ley – Bulletin Editor
Bulletin printers have committed to a delivery schedule for Eva’s mailing party. We are getting a decent deal cost-wise. Kevin will put together a pdf describing advertising rates and ad format. Kevin will publish the updated roster in June as a pdf only.

Timothy McCarthy – Webmaster
Several volunteers have stepped forward to help with the website. Timothy will provide a web link to Jim Galante’s NYCC jersey site.

Other Business
Both the Nominating and Advocacy committees were unanimously endorsed (and re-endorsed) by the board as ad-hoc committees for 2007.
The Board was in agreement that they are great ideas. Annaline & Carol will provide updates on the committee work at the June 5, 2007 Board meeting. The new e-weekly format has been working nicely. Jef has been writing it, compiling it and sending it out. We need a volunteer to take this over.

Next BOD meeting:
June 5, 2007, 6:30PM, location at Kim’s office, 52 Vanderbilt Avenue, 13th floor.
The meeting was adjourned at 8:40PM.

June 2007
At the office of Kim Jenkins, 52 Vanderbilt Avenue, Thirteenth Floor. The meeting was called to order at 6:45PM. In attendance were Scott Wasserman, Jeff Terosky, Kim Jenkins, Hal Eskenazi, Ellen Jaffe, Timothy McCarthy, Debbie Rothschild, Terry Hikelbrandt.

Jeff Terosky – President
The e-weekly is being managed and sent by Maggie Nguyen. The e-weekly process: Maggie copies previous e-weekly into a Google document, then it is edited throughout the week by Jeff, Debbie & Reggie. Maggie prepares eweekly at noon on Sundays for Monday delivery. NYCC People is a Google document listing contact information for every committee member, informational contact & program leader in NYCC.
NYCC Calendar is online on the resources page. Reggie and Jeff are in charge of posting additions and changes. The Escape New York Committee is moving along well. Under consideration are some pre-rides for beginners.

Ellen Jaffe – Secretary
May minutes approved

Kim Jenkins – Treasurer
As of 6/05/2007:
Youth Program $1,223.37
Operating Account $2,514.81
Money Market Account $24,558.06
Total $28,304.24

There is still an ENY check to be presented to Recycle-A-Bicycle. $808 has been donated in Stan’s memory to the Youth Program. The club will publish financials once a year, after the fiscal year ends. Our postage expense increased $177 for mailing the bulletin. Eventually those receiving a paper bulletin will be charged more.

Neil Botwinoff – Membership
We have 1417 members as of June 3, 2007.

Metro North Issues
Process the online spreadsheet of rides using Metro North is monitored by Reggie, the Ride Steering Committee and Hank Schiffman. It is eventually forwarded to Metro North then Kyle sends an email back to confirm reserved trains. Jeff and Timothy suggested that each ride listing requiring Metro North is flagged. Metro North was accommodating us this Memorial Day, devoting an entire train to NYCC.
groups heading to the Berkshires. Metro North, however, has said they will not allow bikes at all on Memorial Day weekend next year.

**Palisades Park Commission**

Though our $1,000 NYCC check has been cashed, there is no NYCC bike rack at the Alpine Police Station yet.

**Timothy McCarthy – Webmaster**

There have been recent board posts about the moderators, who they are, for what reasons they pull posts. The moderators will not have to justify why they pull posts. Their identity will remain anonymous.

**Debbie Rothchild – VP Programs**

Over 100 members came to the B-SIG graduation meeting. Reyna Franco will speak about nutrition at the July 10 meeting, at which we also hope to view the Tour de France.

Debbie will request tv/sports junk food. Possible meeting speakers: a sports psychologist, Mike Sherry, Debbie’s physical therapist, a physical therapist recommended by Jeff, and Rick Prince, a coach/trainer. Jeff hopes various speakers will contribute articles to the club resources page. Annie Moore’s has raised prices to $23 starting this month. Kim will bring Debbie’s bulletin copies to the meetings. The wireless mikes have been fixed. Memorial Day Weekend was a huge success. Over 100 people attended the dinner. The rides were great, weather perfect.

**Hal Eskinazi – Special Events**

*All-Class Ride food has been arranged. Mention will be made on the web site that a free lunch is for members only. A $12 profit was made on the wine tasting. Yankee tickets for July 18 are sold out. There may be free tickets available June 20 for the Mets game. September 28 will be another Mets game.

**Peter O’Reilly**

Peter has devised an online bicycle accident/risk assessment survey. It will be completely anonymous. Peter hopes, among other things, that it will bring visibility to the NYCC site. He plans to compile the results and disseminate to interested clubs and other organizations.

**Annaline Dinkelman**

With TA, the club has been involved with the Bike Coalition. NYCC took part in memorial rides. NYCC will work to bring back public service announcements. The Palisades Park Commission will meet next week. NYCC will participate as Annaline thinks that will immediately and positively effect the club. Annaline suggests more web links relevant to advocacy.

Next BOD meeting:
July 10, 2007, 6:00PM, location: Annie Moore’s. The meeting was adjourned at 8:20PM

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**July 2007**

At Annie Moore’s Pub

In attendance were Jeff Terosky, Neil Botwinoff, Kim Jenkins, Terry Hildebrandt, Kay Gunn, Hal Eskinazi, Regan Johnson, Scott Wasserman, Ellen Jaffe, Kevin Ley, Carol Wassner, Timothy McCarthy.

**Jeff Terosky – President**

No report

**Ellen Jaffe – Secretary**

June’s minutes were approved as may be amended.

**Kim Jenkins – Treasurer**

<table>
<thead>
<tr>
<th>Program</th>
<th>Balance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth Program Balance</td>
<td>$ 743.69</td>
</tr>
<tr>
<td>Checking Account Balance</td>
<td>$ 1,077.97</td>
</tr>
<tr>
<td>Money Market Balance</td>
<td>$ 24,580.43</td>
</tr>
<tr>
<td>Total Cash</td>
<td>$ 26,580.43</td>
</tr>
</tbody>
</table>

Some club merchandise appears to be missing: both leftover Liberty and Brooklyn Bridge jerseys. We will search the storage garage once again.

**Carol Wassner – Past President**

Nominating Committee: Carol put together a nominating committee to recruit volunteers for the 2008 NYCC Board. If you have not yet indicated your willingness to run, please get back to Carol ASAP.

**NYCC 2008 Board Positions**

<table>
<thead>
<tr>
<th>Position</th>
<th>President</th>
<th>VP Programs</th>
<th>VP Rides</th>
<th>Secretary</th>
<th>Treasurer</th>
<th>Public Relations</th>
<th>Special Events</th>
<th>Membership</th>
<th>A-Rides Coordinator</th>
<th>B-Rides Coordinator</th>
<th>C-Rides Coordinator</th>
<th>Bulletin Editor</th>
<th>Webmaster</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Open</td>
<td>Open</td>
<td>Ellen Jaffe</td>
<td>Open</td>
<td>Open</td>
<td>Open</td>
<td>Neil Botwinoff</td>
<td>Open</td>
<td>Open</td>
<td>Open</td>
<td>Kevin Ley</td>
<td>Open</td>
</tr>
</tbody>
</table>

**NECC 2008 Board**

- **President:** Kim Jenkins
- **Secretary:** Ellen Jaffe
- **Treasurer:** Kay Gunn
- **VP Programs:** Open
- **VP Rides:** Open
- **Webmaster:** Open
- **Buyer:** Open
- **C-Rides Coordinator:** Open
- **Membership:** Open
- **Public Relations:** Open
- **Special Events:** Open
- **All-SIGs:** Open

**Kim Jenkins’s office.**

**Jersey Redesign**

Ellen and Kevin met to develop further the mechanics of a jersey or kit redesign.

**Scott Wasserman – C-Rides Coordinator**

There are more C-rides this year.

**Kevin Ley – Bulletin Editor**

Kevin wants to list new members in the bulletin every month. Neil will ask Bob Cowin to prepare a report to provide Kevin with the list of all first-time 2007 members including the date on which they joined. Everyone felt the tribute to Stan Oldak was well done.

**Timothy McCarthy – Webmaster**

The team of web elves and moderators is doing well.

**Hal Eskinazi – Special Events**

The All-Class Ride was an outstanding event with 160+ riders in attendance. Cost to the club: $1,167.46. The Newcomer’s Ride on July 7th was attended by over 100 cyclists. The June event at Blockheads was very successful. The Yankee game on July 18 is sold out. Mets tickets for September 28th are now available. Blondies on July 15 and Bar 12 on July 25 are the two TDF events this year. In late July, August and September Peter O’Reilly will again teach a 5-session bicycle repair workshop.

**New Business**

- Escape New York. Grants such as the $5,000 donated last year by a financial services company are unlikely this year. Should the club kick in funds, above and beyond what is raised by registration, to make ENY special? That remains to be decided.
- **Metro North**
  - Because of an unreasonable conductor Hank Schiffman was left on a train platform last weekend. Carol, Regan and Hal will work on a letter to Metro North that includes the variety of Metro North experience.
- **Jersey Redesign**
  - Ellen and Kevin met to develop further the mechanics of a jersey or kit redesign. A committee of 5 or 6 will be formed to pursue this.

Next BOD meeting:
Tuesday, September 4, 2007 6:30PM
Kim Jenkins’s office.

The meeting was adjourned at 7:00PM

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12 November, 2006
September 2007

In attendance were Jeff Terosky, Neil Botwinoff, Kim Jenkins, Hal Eskenazi, Ellen Jaffe, Kevin Ley, Carol Waaser, Timothy McCarthy, Terry Hildebrandt, Scott Wasserman, Debbie Rothschild.

Jeff Terosky – President
Is it appropriate to have advertising on the website, message board? The consensus is that members would not appreciate it. Companies are listed gratis on our website as a member service. Zephyr, a tour company, will be listed on the resource page of the website as they have offered a 15% discount to members. SBR will offer a discount and be listed on our bike shop list. Metro North is problematic in the spring around the SIGs as well as during the summer. Suggested: a checkbox in the ride submission program to alert both the ride coordinator as well as Hank Schiffman about the ride requiring Metro North. There must be coordination with the VP of rides.

Ellen Jaffe – Secretary
September minutes were approved. NYCC kit redesign: Ellen, Kevin and Timothy will meet to proceed on the kit redesign.

Kim Jenkins – Treasurer
Youth Program Balance $ 843.69
Checking Account Balance $ 6,536.56
Money Market Balance $ 24,587.74
Total Cash $ 31,967.94

Some club merchandise still appears to be missing: both leftover Liberty and Brooklyn Bridge jerseys… probably 44 pieces in total. Kim has contacted Joanne who will go to the storage facility and bring any unsold inventory to the 9/11/07 club meeting. Kim will call Recycle-A-Bicycle to let them know we have the proceeds from ENY 2006 to present to them.

Neil Botwinoff - Membership
We have 1752 members as of September 2, 2007. Membership rates were dropped as of Sept. 1 from $17 to $10 for the remainder of the year. An email will go out to all ENY registrants to remind them to join NYCC.

Carol Waaser – Past President
Gary McGraime will coordinate the Shoreline Ride this year on October 28. NYCC 2008 Board Positions: nominations to be presented at the September meeting:

President: Open
VP Programs: Open
VP Rides: Kay Gunn
Secretary: Ellen Jaffe
Treasurer: Jeffrey Ignall
Public Relations: Ingrid Wiegand
Special Events: Hal Eskenazi
Membership: Neil Botwinoff
A-Rides Coordinator: Betsy Hafkin
B-Rides Coordinator: Skip Ralph
C-Rides Coordinator: Susan Niederman
Bulletin Editor: Open
Webmaster: Open
Immediate Past President: Jeff Terosky

Kevin Levy – Bulletin Editor
Eva is sending 250-300 copies on a monthly basis. Eva’s thinking of having the printer do fulfillment. Perhaps we should raise the membership rate on the mailed bulletin. $ 584.91 is the printing cost for 350 copies. A discussion ensued: is it time to eliminate the paper bulletin, perhaps over the coming year? Would eliminating the paper bulletin substantially change the bulletin editor’s job? The editor would no longer have to worry about length of bulletin. The direction of all bulletin content is that it eventually be integrated into the club website. A motion was passed: as of January 2008 we will no longer produce a printed bulletin but have it available on the website in pdf format. We will maintain the monthly frequency of the bulletin.

Timothy McCarthy – Webmaster
The FAQ page is up. Timothy has begun installation of the content management system but there is much left to do. It was proposed that the club look into employing someone to do the technical work to switch us over to content management. We’ll investigate costs for doing this.

Debbie Rothschild – VP Programs
Mike Sherry will speak at the September club meeting.

Hal Eskenazi – Special Events
28 people showed at the Yankee game, 40 tickets sold. The no-shows were most likely due to a steampipe explosion near Grand Central Terminal that hobbled the subway system. The Ice Cream Social: about 40 attended. The location cost about $175. Mets tickets for September 28th are still available. The Connecticut Shore Ride on October 28 is October’s special event. There will probably be an ice skating party in November.

New Business
It was suggested we present plaque of thanks to present to Metro North. We are sending a deposit to The Thayer for July 4 weekend. It’s been suggested that we make our mile on 9W the New York Cycle Club Stan Oldak Memorial Mile. A discussion ensued about who might receive the lifetime membership.

Next BOD meeting:
Tuesday, October 2, 2007 6:30PM
Kim Jenkins’ office.

The meeting was adjourned at 8:21PM

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**Bike cargo boxes available for rent**

NYCC now owns two bike cargo boxes that will allow you to bring your bicycle on an airplane. The boxes measure 30”x47”x10” and come with wheels. They are available for rent by club members for $25 per week. There is a non-refundable reservation fee of $25, which will be deducted from the final cost of the rental. A pedal wrench is included as well as instructions on how to pack your bike.

To reserve a box, contact Joanne McGarry, 212 505-2755 or jmcgarry@nassaucountyny.gov.

Checks payable to NYCC
Please Welcome Our New 2007 Members

Abel, Joan • Abrahami, Rachelle • Abrams, Barry • Abshire, Ryan • Ackerman, Marc • Adams, Helena • Adams, Paul • Agoglia, Peter • Aguero, Carmen • Aghosh, Minda • Allison, Michael • Alves-correa, Jose • Alvarez, Jonathan • Anderson, Jessica • Anderson, Scott • Anderton, Mary • Anntto, Meg • Anthony, Michael • Appel, Sheri • Asaro, Sergio • Asirifi, Carolina • Atchley, John • Ayre, Georgina • Babik, Michael • Baker, Brooke • Baker, Jill • Bakst, Marlo • Ballinger, Jeff • Banks, Ryan • Banner, Sonya • Bao, Chiann • Baran, Jason • Barney, Anayah • Barrie, Brooke • Barz, Allison • Barz, Sara • Battaglia, John Jr. • Bauer, Isaac • Baumel, Christina • Beame, Rachel • Beinstein, Samantha • Bender, Anna • Benjamin, Christine • Benjamin, Mary • Bennett, Joanne • Benowitz, Rosenberg • Benson, Donna • Benyi, Ryan • Bergland, Elizabeth • Berridge, James • Bettincourt, James • Bierbraber, Lori • Bierman, Bob • Bilic, Shawnie • Black, Kathi • Blackwell, Emma • Bluto, Stephen • Bodnar, Maxine • Boiko, Alex • Bonneau, Francois • Bonner, Annie • Bonner, Christoph • Bossert, Robin • Bottiger, Stephen • Bowles, Mary • Boyce, Liz • Bradley, K • Brassil, Donna • Breck, Nicole • Breslin, Lee • Bresnick, Julie • Breton, Kristian • Bridge, Sarah • Brilliant, Todd • Brister, Steve • Brodie, Josh • Brogan, Michael • Bronnimann, Mark • Brown, Bonta, Binta • Brown, Craig • Brown, Richard • Brown, Cori • Bryson, Beth • Buchholz, Robin • Bulthuis, Brian • Burger, Joffie • Burkey, Paul • Burns, Adam • Burress, Katy • Burton, Alexandra • Byrd, Anne • Caesar, Peter • Carnevale, Nicolas • Carter, Joseph • Ceceri, John • Cerami, Victoria • Chapman, Garth • Chasnof, Joel • Chiang, Campbell • Chiang, Danny • Chinitz, Adam • Chock, Judy • Choi, Eunyoung • Christie, Ross • Chukes, Kevin • Cipolario, Gregory • Cirilli, David • Ciurea, Sorin • Clark, Christopher • Clark, Heidi • Clarke, Art • Clegg, Graham • Coats, Johanna • Coburn, Stephanie • Cohen, Barbara • Cohen, Neil • Coleman, Joe • Collins, Charles • Collina, Ronald • Cook, Aaron • Cooper, Neil • Correa, Liliana • Cortes-correa, Andrea • Costalonga, Erica • Cox, Greg • Cross, Christopher • Crotty, Emily • Cunningham, Melissa • Oatman, Gary • Cruz, Christine • Delia, Matthew • Dahu, Joel • Daly, Margaret • Dancier, Jacqui • Danzy, Percy • Darienzo, Lauren • Darves, Derek • David, Philippe • Davies, Lisa • Davis, Blaire • Davis, Scott • Dasch-goldberg, Dana • De Guia, Emilio • De Los Santos, Inday • De Nys, Axel • Debenedetto, Erica • Dereding, Nicholas • De la Elena, Ralph • Deluna, Daniel • Denicolaus, Susan • Dennis, Steve • Denniss, Sarah • Denny, Harry • Desjarlais, Daniel • Deose, Leah • Despres, Joanne • Deville, Michael • Devuyst, Justin • Diprete, Thomas • Droege, Claudia • Doherty, Buzz • Domrose, Margret • Donhardt, Samuel • Doherty, Liz Ann • Donikian, Michael • Donneson, Lisa • Doocia, Brian • Dorman, Lennert • Dow, Tari • Don, William Jr. • Dragan, Beth • Dreyer, Kathleen • Dulph, Dean • Duggan, Frances • Dunleavy, Denise • Dupont-nivet, Justine • Dupree, Janine • Durbin, Ted • Durels, Elizabeth • Dutt, John • Edwards, Ian • Egert, Seth • El-or, Prof. Tamar • Ennis, Christine • Ermarkaryan, Sosi • Esperaz, Manuel • Esposito, Francesca • Estelita, Richard • Estrada, Nicolas • Fahim, Ahmed • Fanner, Leigh • Fantasia, Michael • Farrow, Terry • Feinberg, John • Feinberg, Ruthanne • Feinman, Martin • Feldman, Courtney • Pendelton, Burton • Pertuck, Eric • Petterson, Joyce • Figueroa, Angel • Filabi, Azizah • Fine, Aubrie • Finerman, Stacey • Fishe, Gabrielle • Fisher, Zac • Fleet, Katherine • Floyd, Jacques • Fogel, Robin • Ford, Aixu • Foster, Peter • Fraga, Javier • Franco, Michael • Frenchik, Lisa • Freund, Roland • Friedman, Jim • Friedman, Melanie • Friedman, Robert • Friese, Matthew • Fries, Frank • Friesen, Dennis • Friest, Blane • Frim, Erick • Froloev, Nina • Gafney, Peter • Gunn, John • Garber, Terry • Garland, Clio • Garrigan, David • Gawlowski, Rafal • Gawlowski, Renata • Geiler, Michael • George, Ryan • Gescheil, Philippe • Gibson, Susan • Gil, Laura • Gilady, Amy • Gill, Rob • Gillespie, Barbara • Gimpel, Jeff • Gladney, Ken • Gladney, Zachary • Godfrey, Laurie • Gohn, Ben • Gold, Martin • Goldberg, Judith • Goldman, Kenny • Goldsmith, Lyn • Goldstein, Karen • Goldstein, Steven • Goldstone, Jonathan • Gonzalez, Monica • Graf, Eli • Graham, Leigh • Graham, Robert • Grahnick, Lori • Grazi, Victor • Granick, Ian • Greco, Jeffrey • Green, Benjamin • Green, Dan • Greene, Courtney • Greenlee, Samuel • Greenwood, Ken • Gregory, Aaron • Grilly, Tim • Grippa, Vincent • Grubbs, Eugene • Gruen, Michael • Gustelli, Robert • Guerrier, Scott • Gump, Patricia • Gump, Thomas • Gunzburg, Michael • Guyer, Erica • Guzik, Louis • Haas, Matthew • Haddad, Rami • Hallam, Halli • Kelly, Haller, Adi • Hallinan, Thomas • Hamilton, Lorri • Hamilton, Samantha • Hardee, Catherine • Harstein, Ed • Hart, Jonathan • Hartman, David • Havekost, Amy • Hawley, J.R. • Hawkins, Christopher • Heikens, Barbara • Henick, Adam • Hennigan, Katrina • Hernandez, Fernando • Hertz, Joseph • Hespoe, Kristin • Hine, Skip • Ho, Simon • Hocking, James • Hoelstark, Martin • Hoff, Amie • Holland, Erin • Holland, Maureen • Holmgren, Erik • Holzmann, Greg • Hoycker, Mark • Horovitz, Marc • Hau- chey, Edith • Huang, David • Hubbard, Lisa • Hucklefeld, Christopher • Hudson, Caleb • Humphrey, David • Hunt, Brendan • Hyde, Anders • Irons, Timothy • Isahao, Allan • Jacobs, Barbara • James, Penny • Jammet, Andy • Janof, Patricia • Jenkins, Johnathan • Jensen, Stacey • Johnson, Jeffrey • Johnston, Lisa • Jones, Bruce • Jordan, David • Sean, Joyce • Dwight • Kahaney, Jeanne • Kamp, Alexander • Kanarios, Angelo • Kannan, Saravanan • Kaplan, Nancy • Kaplan, Robert • Karasik, Ilyssa • Karlovich, Christine • Karlsen, Corinna • Karmen, Abbe • Karpowicz, Sheryl • Kataguir, Edgar • Katz, Gil • Katz, Rachel • Kaufman, Ethan • Kelly, Joseph • Kern, Scott • Kidd, Tami • Kim, Grace • King, Charles • King, Kevin • Kirchen, Kevin • Kittle, Louise • Klebaner, Josiah • Klein, Bradley • Klapper, Jennifer • Klein, Judith • Knight, Claire • Kiosk, Matt • Kolovenko, Zeke • Konstek, Andrea • Kost, Eliza • Koriol, Tejus • Kornfeld, Andi • Krakora, Jozef • Kramer, Ari • Krause, Rochelle • Kreitman, Michael • Kreitnert, Ramit (rah-meet) • Kulik, Tobias • Kuo, Jonathan • Kuehner, Lev • Kwizidzinski, Michael • La Rosa, Karen • Lacey, Paul • Lachanas, Andrew • Lalezarzadeh, Katrin • Lam, David • Lamprecht, Jennifer • Landreth, Sarah •
2007 membership application/renewal/change of address

In consideration of being permitted to participate in any way in New York Cycle Club (“Club”) sponsored Bicycling Activities (“Activity”) I for myself, my personal representatives, assigns, heirs, and next of kin: 1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately cease further participation in the Activity. 2. FULLY UNDERSTAND that (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH (“RISKS”); (b) these risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE “RELEASEES” NAMED BELOW, (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time, and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity. 3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE the Club, the LAB, their respective administrators, directors, agents and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the “RELEASEES” herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE “RELEASEES” OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS. AND I FURTHER AGREE that if, despite the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which may incur as the result of such claim. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Check one:  
• Individual, bulletin mailed: $16  
• Individual, bulletin online: $12  
• Couple residing at the same address, bulletin mailed: $22  
• Couple residing at the same address, bulletin online: $17

Check one:  
• New  
• Renew  
• Address change

Date: ___________________________  
Check Amount: ___________________________

Check one:  
• Send me the print bulletin by mail  
• Save the postage (and other expenses). I’ll collect the NYCC Bulletin on line.

Check (if applicable):  
• Do not print my  
• Address  
• Phone  
• Email  
• Do not print my partner’s  
• Address  
• Phone  
• Email in the NYCC roster.

Name: _________________________________________  
Email: ___________________________  
Signature ___________________________________

Partner: _________________________________________  
Email: ___________________________  
Signature ___________________________________

Address: _______________________________________________________________________________________________  
Apt. __________________

City: ___________________________________________  
State: ___________________________  
Zip (required): ___________________________

Day tel: ________________________________________  
Night tel: _______________________________________

New York Cycle Club, P.O. Box 4541  
Grand Central Station  
New York, NY 100163

Checks payable to New York Cycle Club (take 6-8 weeks to clear)  
You may also register on line at active.com:  
www.active.com/event_detail.cfm?event_id=1025985
Bicycle shops etc. offering discounts to NYCC members

**Accelerade Products**  
www.accelsport.com/nyccycling  
20% off on Accelerade, Endurox R4 and Accel gel w/ flatrate shipping of $5.95 per order.

**A Bicycle Shop**  
163 West 22nd Street, NY, NY  
(212) 691-6149, www.a-bicycleshop.com  
info@a-bicycleshop.com; 10% off non-sale items (not items already discounted).

**Bicycle Habitat**  
244 Lafayette Street, NY, NY  
212 431-3315, cmcbike@aol.com  
10% off parts and accessories. No discount on bicycles.

**Bicycle Heaven**  
348 East 62 Street, NY, NY  
212 230-1919  
8.25% off accessories and repairs.

**Bicycle Workshop**  
175 County Road, Tenafly NJ 07670  
201 568-9372; 10% off parts and accessories

**Bicycle Renaissance**  
430 Columbus Avenue, NY, NY  
212 724-2350; 10% off repairs and accessories (not on sale items and new bikes)

**Conrad’s Bike Shop**  
25 Tudor City Place, NY, NY  
212 697-6966  
conrads.bikeshop@verizon.net; 8.25% off parts, accessories and repairs.

**Gotham Bikes**  
112 West Broadway, NY, NY  
212 732-2453, gothik@aol.com  
10% off parts, accessories and repairs.

**Larry’s 2nd Ave. Bicycles Plus**  
1690 2nd Ave. at 87th Street, NY, NY  
212 722-2201, larrysbicyclesplus.com; 15% off parts & accessories; 3% off bikes.

**Master Bike Shop**  
225 West 77th Street, NY, NY  
212 580-2355; 10% off parts, accessories and bicycles.

**Piermont Bicycle Connection**  
215 Ash Street, Piermont, NY 10968  
845 363-0900 and 4 Washington Street, Tenafly, NJ 07670, 201 227-8211  
www.piermontbike.com; 10% off everything including bicycles. Free S&H on purchases over $100.

**Sid’s Bike Shops**  
235 East 34th Street, NY, NY  
212 213-8360 or www.sidsbikes.com  
10% off accessories and clothing.

**Toga Bike Shop**  
110 West End Avenue, NYC, NY  
212 799-9625 or gotbik@aol.com; 10% off parts, accessories and repairs.

**Turin Bicycle**  
1027 Davis Street, Evanston, IL 60201  
847 864-7660, www.turinbicycle.com  
cmailing@turinbicycle.com; 10% off parts and accessories. Owned by NYCC Life Member.