November 11:
NYCC General Election
Ballot and Information, p. 10-14

December 8
Holiday Party
(Signup & Info, p. 16)
November Opportunities

It's election time here in NYCCville. You'll find our 2004 ballot in this issue. As most of you know, yours truly is stepping down. Our by-laws contain a three year term limit for the office of president and by the end of 2003 I will have served three years. I am officially lame. The good news is that we have two candidates interested in being my successor. We also have a contested election for the office of Secretary as well. And if all that weren't enough there are three ballot propositions. Those who follow the club Message Board may have noticed a little talk about whether the bulletin should continue to be delivered on paper. Well, there will be no vote about that specifically, the paper bulletin is here to stay for the foreseeable future. What you will find on the ballot is a question about offering members a $5.00 discount if they elect to receive only the electronic bulletin. We are offering this as a one year test that will be evaluated by the board at the end of 2004. The basic dues, however will not change. They will remain $24 with a $3.00 discount for on-line renewals. You can vote by mail, on-line or in person at the November meeting. Check out the ballot for the complete details and instructions.

It's really important that all members vote. In past years, our voter turnout has ranged from poor to miserable, rarely achieving even close to 5% of membership. This year, there is too much at stake not to vote. Be sure your voice is heard.

As a grand finale to a great term of office, our outgoing Special Events Coordinator, Eva Wirth, who has done such a great job for the last two years, has planned a really great time for us in November. Like cycling, it involves something that rolls. Also like cycling, you need special shoes. Unlike biking, there is no need to wear a helmet. Yes, it's bowling. When was the last time you bowled? For me it was a couple of years ago and man did I have fun. The date is Saturday, November 15th. Look for all the details in this issue, on our website and in the weekly email announcements. This promises to be a really great time!!

As a grand, grand finale, Eva has once again booked St. Maggie's Café for our annual Holiday Party. We're going to have a larger space this year because of the addition of—drum roll please—live music!!! Yes, I've been promising dancing for the last two years and it's never happened. This year, not only will there be dancing, there will be live music supplied by George Gilmore and the Giblets. What's that you say? You've never heard of them? They're a collection of seasoned New York club scene veterans who've played everywhere from CBGB's to the Beacon Theatre and with bands as diverse as Blessed Union of Souls, The Edgar Winter Band, The Individuals, The Microscopic Septet, you name it! These guys played at my wedding and I can tell you, they rock!! Do not wait to make your reservation, we cannot guarantee that there will be space left by the day of the party. You may not be able to get in at the door as in some years past. The date is Monday, December 8th. Look for details in all the usual places. Be there or literally, be square.

— Tom Laskey

A Note from the Editor:

Thanks for all the article submissions so far, and special thanks for all the pictures. Keep those stories and pictures coming!

The inclement weather made for a relative paucity of usable images from the last ENY. Perhaps we will have better luck next year.

This month's cover was Gary McGraime leading off a group of C riders at the start of the last ENY.

Alas, I didn't get any images from Phoenicia that could print bigger than a large postage stamp.

Kudos to Hank Schiffman, who identified the Halloween Quiz location: it's the small burial plot about a hundred feet south of the entrance to the Undercliff area in Palisades Interstate Park.

If anyone out there would like to help produce the Bulletin, I would be much obliged for the services of a proofreader. Any volunteers?

— Ludwig Vogel
Club Rides

**IMPORTANT:** Before you take your first club ride, please read about club rides on page 10.

**RIDE LISTINGS:** To lead a NYCC ride next month and list it in the Bulletin, contact the Ride Coordinator (see page 2) for that ride class on or before this month's club meeting date.

**ALWAYS WEAR A HELMET; NO HEADPHONES.**

**Unless otherwise stated, precipitation at starting time cancels the ride.**

**November Recurring Rides**

**Every Wednesday**

**A20+/-** 52+/- mi 10 AM **Wednesday Morning Spin**

Leader: Jeff “El Jefe” Vogel (718) 275-6978, CPAcycles@aol.com

From: the Boathouse

Join us for a quick spin to Nyack. We leave at 10 am sharp. We plan to be back by 2:15 pm. We have no silly requirements and you know what conditions cancel.

**Saturday, November 1**

**A19** 103 MI 8:00 AM **Orange County**

Leaders: Bill Moss, (917) 974-3400, billmossnola@hotmail.com; Mai Yee (917) 991-4279, mai_yee_2000@yahoo.com

From: the Boathouse—Return via Metro North (Beacon)

This may be our last chance for a long ride this season, so why not make it one that's both challenging and beautiful? We'll explore the other side of Harriman State Park, packing in country roads and a whole panoply of hills: steep (Little Tor), long and gradual (Gate Hill), and rolling (Sugar Loaf and a series of nameless mini hills), going through the towns of Tuxedo, Goshen and Washingtonville, to finish at the Metro North station in Beacon (don't forget your bike pass!). To maintain the pace and pull off the back by 2:15 pm. We have no silly requirements and you know what conditions cancel.

**B16** 50 +/- mi 9:30 AM **Choose a Leader, Choose a Destination**

Leader: TBA

Meet at the boathouse, choose a leader, choose a destination and have a great ride.

**Sunday, November 2**

**A-19** 65-75 MI 9:00 AM **Chappaqua via Tarrytown and Sleepy Hollow**

Leaders: Anthony Donato (212) 923-5924, NYC181@aol.com; Russ Berman (212) 595-8834, rberman@kronishlieb.com

From: The Boathouse

Time to go to Chappaqua again. The route offers fine scenery, falling leaves, opportunities for getting lost if you don't follow the cue sheet, a couple of memorable hills, a stop at Lange's deli in Chappaqua and a number of bailout options via Metro North or subway. Good attitude plus a helmet are necessities. All else is optional. Rain or wet roads will delay or cancel. If in doubt, call one of us or check the message board.

**A18/19** 40 to 75 MI 9:30 AM **Back Roads to Nyack**

Leader: John Bundy, jkbundy@prodigy.net

From: the Boathouse

Join me for my late season training ride for 40 to 75 miles depending on weather and time constraints. This ride gets you out and back with time left to meet commitments later in the day. We take the back roads out to Piermont/Nyack; make a brief stop at either the Runcible Spoon or the Runcible Spoon Too and ride gW or 501 back to the City. Pace line skills required; amicability appreciated. Helmets a must.

**C13** 22 MI +/- 9:00 AM **NYC Marathon**

Leader: Peter O'Reilly ptor@prodigy.net

From: Meet in front of Dunkin Donuts, nearby south subway entrance. Laststop, R train, 95th St, Brooklyn

As the title implies this is a ride along the NYC marathon course just hours before the race. Expect to ride through various ethnic neighborhoods along balloon lined streets with little or no traffic while listening to bands warming up. All in all it is a very festive atmosphere. The ride will be non-stop at a very leisure “see” ride pace. The only hills are the bridge crossings. The ride will end near the race’s Central Park finish line at Columbus Circle, 59th Street. Riders of all abilities welcome. Please budget travel time accordingly to arrive for a prompt start. If you are running late, you may catch the group en route on 4th Avenue in Brooklyn. If the weather forecast is questionable (temp below 40 or wet weather) consult the club message board for an update.

**Saturday, November 8**

**A25+** 70-83 MI 8:10 AM **Gimbels**

Leaders: Jeff Vogel (718) 275-6978 CPAcycles@aol.com and Todd Brilliant (212) 316-9430

From: the Boathouse

If you're fit and fast, this is the ride that will keep you that way through the fall and winter. If you've never done this before, we'll give you plenty of advice on the 14 mile ride to the start in Yonkers. We'll lead you up there and lead you back from the finish in Mamaroneck, but for the fast miles in between, you're on your own. We'll give you a map if you think you need one and let us know ahead of time that you're joining us. The route itself, from Yonkers to Mamaroneck, is 35 or 48 miles depending on which group you chose to do, “short” or “long”. Two water bottles and pocket food or

**SURVEY — Why don’t you attend club meetings?**

Please respond to gkaplan4@nyc.rr.com, in complete confidence. I will tabulate and post results on web and in next bulletin. Thank you. —Geo Carl Kaplan
liquid calories are essential. Rain date: Sunday.

**A17  55 MI  8:45 AM  Christmas Bazaar at St. Paul’s**

_Leader: Marty Wolf  (212) 935-1460  
From: the Boathouse_  
The goal is to reach St. Paul’s in New City before the best handmade ornaments and gifts have been sold out. Church lunch of soup, sandwiches and home-made desserts. Bring a small knapsack or large musette bag for your purchases. Note: we leave at 8:45am sharp!

**B15  40+/– MI  9:00 AM  Westchester Brunch**

_Leader: Mark Gelles, mgelles@okcom.net, (212) 689 1375  
From: End: 242nd Street & Broadway (#1 Train’s last stop)_  
Season is winding down, so let’s back off on the miles & have brunch! Route is scenic hilly ramble from Van Courtland Pk. to Pocantico Hills horse country with lots to look at. We will brunch @ Horseman diner or at Gourmet Deli. Bring a smile & brunch $. Wet roads, prediction of precipitation or 7:30 am temp. of less than 35 degrees cancels. If in doubt check message board.

**Sunday, November 9**

**A20  65 MI  9:00 AM  Swift and Pleasant Ride to Pleasantville and Back**

_Leaders:  Jason Winstanley, jwinstanley@att.net, (212) 242-6744;  
Ed White, ewhite20@nyc.rr.com, (212) 799-0259;  
Steve Dwok, stevedwok@aol.com, (212) 677-2499_  
From: The Boathouse
How could you go wrong with a destination like this? We will keep close to the trains so you can bail out if you want or if the weather threatens. You will not get too cold because we will stop and get warm if necessary. The natives will be speaking English and the scenery will be terrific. There is actually nothing to worry about at all.

**A18/19  80+/– MI  8:30 AM  All Points West Except the End**

_Leaders: Anthony Donato, (212) 923-5924, NYC181@aol.com;  
Jack Lehner, (718) 884-6437, jz@georgetown.edu_  
From: NJ Side of the GW Bridge Bike Path
Saddle River Rd/Seven Lakes Pkwy/Bear Mt/ West Point/Old Storm King Hwy/Shore Rd/Newburgh/Beacon/Cold Spring—Our last ride for the year & we hope to see you on the road next year. This is our yearly trek to the Hudson Valley area under a fall foliage canopy. An optional climb at Perkins Memorial Drive will be decided by group consensus. You must bring a MTA Bicycle Permit (bailout at Beacon or Cold Spring) for our train ride home to GCT. Helmet, Spare Tubes, 2 Water Bottles, Pocket Food, $5 for Lunch/Train Fare, and Padeline Skills required. The usual cancels. Call us if in doubt or check the NYCC Msg. Board. For any last minute cancellation.

**A18/19  40–75 MI  9:30 AM  Back Roads to Nyack**

_Leader: John Bundy (jkbundy@prodigy.net)_  
From: the Central Park Boathouse
Join me for my late season training ride for 40 to 75 miles depending on weather and time constraints. This ride gets you out and back with time left to meet commitments later in the day. We take the back roads out to Piermont/Nyack; make a brief stop at either the Runcible Spoon or the Runcible Spoon Too and ride 9W or 501 back to the City. Padeline skills required; amicability appreciated. Helmets a must.

The NYCC isn’t all just cycling. Why not try a Special Event. See page 6 for more . . .

**B14/16  50/70 MI  9:00 AM  Choices in Westchester**

_Leaders:  Hindy and Irving Schachter  (212) 758-5738  
From: First Avenue and E. 64 St. NW corner_  
All participants travel together to Scarsdale. After coffee at the Coffee Tree we break into two groups. A faster group has a longer, hillier ride going north. A slower group heads over to the Hudson and home. Rain cancels.

**C14  45 MI  9:30 AM  Roundabout to Northvale**

_Leader: Carol Waaser  (212) 581-0509, biker-c@rcn.com_  
From: the Boathouse
We’ll do a roundabout route to the Northvale Diner for a hot brunch. Shall we stop and read all the historical markers along the way? Helmets, water, $5 for lunch. Cancels: rain or more frozen precip, temps below 38° at 8:00 am or winds above 20 mph. If in doubt check message board or leader’s answering machine at 8:00 am.

**Friday, November 14**

**B16  60 MI  9:10/9:30 AM  Nyack**

_Leader: Ron Grossberg  (718) 369-2413, Arg2401@aol.com_  
From: 9:10 am—West Side Bike Path at Chambers Street adjacent to Stuyvesant High School. 9:30 am—72nd Street and Riverside Drive (Statue of Eleanor Roosevelt). Nyack. Short lunch break and return.

**Saturday, November 15**

**A19  75+/– MI  9:00 AM  Cold Spring via 7 Lakes Drive, Return by MetroNorth**

_Leader:  Hank Schiffman  (212) 529-9082; hschiffman1@nyc.rr.com_  
From: the Boathouse
Perhaps we will be able to pull this one off. Mid-November is iffy up in the hills. So make sure your bike is reliable, you have a spare tube or two, pocket food, money for lunch and the ticket home and a Metro North rail pass. If in doubt check the NYCC Message Board.

**B16/17  60+/– MI  9:00 AM  Mamaroneck Post-Foliage Tour**

_Leaders: Marci Silverman  (646) 408-4565; mhsilv@yahoo.com;  
Peter “Banana Guy” Kouletsis, (917) 854-1181, peter.kouletsis@classgroup.com, Heidi Sadowsky_  
From: the Boathouse
The leaves are gone but we still need to ride. Join us for a scenic trek to Mamaroneck where, depending on the weather, we’ll eat lunch by the harbor or in some climate-controlled paradise. The route has some rolling hills but no killers. Plenty of bail-out options available on the way home, either Metro North or the subway. Positive attitude, helmet and social skills required. Bring water, spare tube, pocket food, all the usual stuff. MetroNorth pass and Metro card strongly advised. Cancels: rain, snow, wet roads, or temperature below 35 at 8:30 am (1010 WINS or NY1)

**C15  45 MI  9:00 AM  Jersey Diner Series: Northvale’s Classic**

_Leaders:  Alfredo Garcia  (212) 802-2441 and Andrea Mercado_  
From: Rambles Shed (Central Park north of Boathouse)
Ride to this familiar two-wheeling feasting spot for good food. Interesting history on this Jersey Diner: it was built in 1918 as the Peacock Diner, located in the Meadowlands. In 1968, it was moved to Bergen County, to make room for Giants Stadium. New name: Northvale Diner. Twenty-three years later, it was acquired by current owner John Kontolis. He renamed it yet again as Northvale’s Classic Diner. We might visit a bike shop before
heading back. Ride includes hills! Helmets required. Bring a lock, $ for lunch. Wet weather at the start cancels. Co-listed with the 5BBC.

**Sunday, November 16**

**A18/19 40 to 75 mi 9:30 am  BACK ROADS TO NYACK**

**Leader: John Bundy, jkbundy@prodigy.net**

**From: the Central Park Boathouse**

Join me for my late season training ride for 40 to 75 miles depending on weather and time constraints. This ride gets you out and back with time left to meet commitments later in the day. We take the back roads out to Piermont/Nyack; make a brief stop at either the Runcible Spoon or the Runcible Spoon Too and ride 9W or 501 back to the City. Pace line skills required; amicability appreciated. Helmets a must.

**B16 50+/– mi 9:30 am  **

**CHOICE OF LEADER, CHOOSE A DESTINATION**

**Leader: TBA**

**From: the Boathouse**

Meet at the boathouse, choose a leader, choose a destination and have a great ride.

**C13 35 mi 9:30 am  DONUTS & DUCKS**

**Leader: Isaac Brumer, isaacbrumer@hotmail.com, (917) 531-5303**

**From: W 178 St & Ft Wash Ave (GWB Bus Terminal)**

A leisurely ride along the Hackensack River. Picnic in Oradell if it's nice, otherwise we'll snack indoors. Return via Demarest and the ENY route. We will be scouting a cue sheet, so be prepared for stops. Wet weather or temp below 40 cancel.

**Saturday, November 22**

**A18 65+/– mi 9:00 am  BREWS IN BREWSTER**

**Leader: Fred Steinberg (212) 878-5204, fsteinberg@nyc.rr.com**

**From: the Boathouse**

Brewster is the destination, not a bail-out this time of the year. The leaves will almost be off the trees and even familiar roads will look different. This year is the 30th anniversary of my first visit to Brewster, as good an occasion as any for some beer and Mexican food before hopping on the train back to the city. Bring: Metro North pass, $$$ for food/carfare. Bad weather cancels. Check NYCC BB after 7:00 am or call leader if in doubt.

**B17 55 mi 9:00 am  RIDGEOUCK**

**Leader: Wayne Wright, wwright8@nyc.rr.com, (212) 873-7103**

**From: the Boathouse**

Okay it's the off-season; time to dust off the diner rides. Ridgewood, NJ, has diners. Diners have pancakes. We'll burn off the diner fare thanks to rolling hills on our way back to the city. Smiles and helmets please. Precip, wet roads or temp below 32° on NY1 at 8:00 am cancels. Call leader or check NYCC message board if in doubt.

**B16 45 mi 9:30 am  WESTWOOD DINER**

**Leaders: Carol Waser (212) 581-0509, biker-c@rcn.com; Gabriella Radujko, gabfrfl@aol.com**

**From: the Boathouse**

It's getting a bit chilly, so let's take a short spin out to the diner with the best pancakes around. Nothing like a good hot breakfast to cut the nip in the air! Bring all the usual stuff (helmet, water, $$, friendly attitude). Grounds for cancellation are rain, sleet, snow, winds above 20 mph or temps below 36° at 8:30 am. If in doubt check message board or leader's answering machine at 8:15 am.

**Sunday, November 23**

**A18/19 40 to 75 mi 9:30 am  BACK ROADS TO NYACK**

**Leader: John Bundy, jkbundy@prodigy.net**

**From: the Central Park Boathouse**

Join me for my late season training ride for 40 to 75 miles depending on weather and time constraints. This ride gets you out and back with time left to meet commitments later in the day. We take the back roads out to Piermont/Nyack; make a brief stop at either the Runcible Spoon or the Runcible Spoon Too and ride 9W or 501 back to the City. Pace line skills required; amicability appreciated. Helmets a must.

**B16 50+/– mi 9:30 am  **

**CHOICE OF LEADER, CHOOSE A DESTINATION**

**Leader: TBA**

**From: the Boathouse**

Meet at the boathouse, choose a leader, choose a destination and have a great ride.

**C12 50 mi 8:30 am  PIERMONT BY KILOMETERS**

**Leader: Alfredo Garcia (212) 802-2441, Brian Hoberman & Ed DeFreitas (5BBC)**

**From: Chelsea Piers (22nd St. & 12th Ave., near Hudson River Greenway)**

We'll ride to this quaint Rockland County cycling destination, visit the sights and have lunch. We will enjoy life and ride by kilometers. No talk about mileage. We will take in side trips to Trautwein Farms and the Bicycle Workshop on the way back. Check out the http://www.sciencemadesimple.net/conversions.html website or assume 1 kilometer = 0.62 miles, or 1 mile = 1.6 kilometers. Let's get with the program. Wet weather at start cancels. Helmets required. Co-listed with the 5BBC. Some hills.

**Friday, November 28**

**A21/A18 55-65 mi 9:00 am  IRISH THANKSGIVING**

**Leaders: A21 - Tom “El Presidente” Laskey, (212) 961-1610, tomoobb@mindspring.com, and Jeff “El Jefe” Vogel, (718) 275-6978, CPAcycles@aol.com**

**Leaders: A18 - First Ladies, Debbie Rothschild, (212) 961-1610, and Margaret Cipolla, (718) 275-6978, CPAcycles@aol.com; Brian Hoberman & Ed DeFreitas (5BBC)**

Loosen your belts and work off yesterday's over-indulgence as you join us for the traditional Day after Thanksgiving ride to Pearl River. There will be two separate groups with possibly different routes, depending on the weather. For the A21’s, be prepared for as much as 38 miles before lunch. Both groups will meet at our favorite restaurant for an Irish feast, including black pudding. You can have a turkey sandwich too if you insist. The return to the city will be shorter and flatter, and hopefully we can all ride back together. Bad weather cancels.

**Saturday, November 29**

**A20 85 mi 9:00 am  COLD SPRING VIA WESTCHESTER**

**Leader: Mark Loftis, mark646@yahoo.com, (212) 866-5824**

**From: the Boathouse**

Westchester classics including Hardscrabble, Seven Bridges, Colobough Pond, Anthony's Nose. Group discussion of option to visit Bear Mountain. Bailouts available all along the way so no reason to be concerned about the weather. Bring your train pass in any event because we are returning on the train from Cold Spring.
Money will be collected the evening of the event. Cash bar and food are available. Please RSVP ASAP to events@nycc.org. JSL7@Georgetown.edu and (718) 884-6437; Linda Wintner, (212) 876-2798, or Rick Braun, (212) 477-2575.

Club Calendar

Tuesday, November 11

Election of 2004 Officers, NYCC Meeting, from 6:00 pm to 9:00 pm. Annie Moore's Pub and Restaurant, 50 East 43rd Street, west of GCT between Madison and Vanderbilt Avenues. Admission between 6:00 and 8:00 pm (including dinner): $20. Admission after 8:00 pm (program only): free. If you cannot attend, please mail in the ballot located on pages 13 and 14 of this Bulletin. Mail ballots postmarked after November 5 will not be counted. See rules printed on page 13.

Monday, December 8

NYCC Annual Holiday Party from 6:00 pm to 9:00 pm. Dine in elegant Victorian splendor at St. Maggie's Cafe, one of lower Manhattan's hidden jewels. Those of you who came last year know how wonderful it is. But this year, it will be even better. There will be another room, with a floor suitable for dancing, and a live band! The restaurant is located at 120 Wall Street near South Street and close to the #2 and #3 trains. The buffet dinner includes hors d'oeuvres; salad and bread; choice of entrée (including vegetarian); cake and coffee. A cash bar will be available. The dinner costs $40. We encourage you to pay in advance because space is limited. Pay with check or cash at the October and November club meetings or by sending a check made out to NYCC to Eva Wirth, 23 Waverly Place #6J, New York NY 10003, or pay on line via active.com by visiting http://www.active.com/event_detail.cfm?event_id=1090644.

Get Stronger, Faster. . . Better!

Had a good cycling season? Have a better one next year!

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Rick Prince
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• 14 years racing experience

For more information or references contact Rick at:
Phone: (212) 217-0629
E-Mail: endurancediagnostix@yahoo.com
• NYCC members get discount
This month’s column begins with some corrections and addenda. Last month we reported on those intrepid Club members who trained amazingly and traveled across the Atlantic to ride the 1200k of Paris–Brest–Paris. In that story, we referred to Alex Bekkerman as a current club member. In fact, Alex is a past member. I guess that just demonstrated our hope that he will return to us soon. We also told you about Diane Goodwin, who trained, went to Paris, but did not finish. According to our membership director and four-time P–B–P finisher Marty Wolf, Diane, who was Bulletin editor earlier this year, is not a current NYCC member either. Road Dirt wonders, how did she get away with that by-laws violation? Here are the P–B–P stories we left out of last month. First, two club members who finished, John Hsu and Paul Schaye, were inadvertently omitted. Heartiest congratulations to both. P–B–P Finisher Annaline Dinkelmann reports some other good tales from the front:

At the top of Roc Trevezel, the highest point in P–B–P, Margot Montaquila was backrung from George Gregorio. It was so good that a Danish participant who overheard the comments and accompanying sounds, requested a copy of the movie Backrung on P–B–P. We’ll let you know when the release date is announced.

And talk about your drastic measures, during the first hundred miles Annaline’s feet swelled so much, she used her Leatherman tool at the first control and cut open the front of her new $250 Carnac cycling shoes. Ouch!!

Finally, anyone who rides with Robert Dinkelmann knows he never leaves home without his GPS unit and one can easily see how such a toy might come in handy during a 720-mile ride. Unfortunately, before he could download the P–B–P route from his laptop to the GPS, the screen blew on his laptop, rendering his GPS useless and he was literally lost without it. Having been blinded by lack of science, he had to follow wife Annaline to find his way through the French countryside. Fortunately, Annaline used her own internal GPS and the couple finished under the allowable time limit.

Last month, Road Dirt promised you a special Dolomites edition featuring the adventures of a cadre of NYCC members who pedaled up the fierce slopes of this legendary Italian mountain range. Unfortunately, none of our travelers submitted any dirt. We can only assume they are still out of breath after those monster climbs. There is one story however that made it’s way into Road Dirt’s purview.

As many members know, there is little Timothy McCarthy, our fabulous web maestro and longtime A-SIG leader, can’t do on a bicycle. Riding without wheels is however, one of those things. Unfortunately, it looked like that was what he might have to do when he arrived in Italy senza those round rolly things that go on the bottom of most bikes.

What to do? The group traveled the Italian countryside looking for a bike shop from which to purchase or rent a wheel set. For some reason, that particular region offered little by way of suitable choices. The group even stumbled upon the Bianchi factory. Alas, no wheels, though group leader Pieter Maessen managed to pick up a spiffy Bianchi racing team kit. Eventually, Timothy found a set of wheels and was afforded the privilege of suffering up the steep and relentless Dolomites along with the rest of the group.

The big story at this year’s Escape New York was the rain. The downpour wasn’t enough to keep the 315 riders off the road but it was just wet enough and cold enough to make them shiver and to turn a few lips blue. Some riders just kept on going, others spent their Rockland lunch break in cars with the heat turned on, still others went into the bathroom and stood under the electric hand driers for as long as they could. There then was Bill Moss, Bonnie Waldman and friends who found multiple uses for the lunch stop supplies. They used the gorp baggies for their feet and the blue latex sandwich making gloves to give their fingerless gloves some fingers. And we were impressed to see Richard Rosenthal, who led his ride—in full NYCC regalia no less—despite having previously declared loud and clear that he does not, repeat, does not, ride in the rain. Despite the weather, most riders completed the routes, making it back to Sakura in time to see who won the many prizes that were raffled this year. Even though they were wet, cold and tired, it was apparent a good time was had by most.

The ENY organizers have asked Road Dirt to say a hearty thank you to all the many members who forfeited riding to help out at registration and rest stops and to those who led rides. One special thank you must go out to a volunteer who is not even a member of our club but President of our brother club in Rockland. Dave Schloss of the Rockland Bicycling Club brought a repair stand and tool kit to Rockland, painted ENY SAG all over the windows of his van and drove the route for hours repairing bikes and assisting distressed riders. Guess we better find out when their big event is so we can return the favor. Mr. President, are you ready?

NYCC’ers will have a chance to vote for one of our own in the upcoming November elections. The Honorable Rick Braun, ride leader extraordinaire, is running for New York State Supreme Court. Rick is currently a Civil Court judge sitting as acting Supreme Court Justice. Thanks to Linda Wintner for notifying Road Dirt to Rick’s political aspirations. We saw Maria campaign for Arnold, Bill for Hill, now Linda for Rick?

Some of you may wonder, whatever happened to Ken Shidler who suddenly seemed to disappear this summer. We knew Ken was trying his hand at triathlons but in fact, it turns out our Ken found true love with a non-cyclist. Hey, even we have to admit, there’s more to life…. The couple will be wed in November. Congratulations Ken, we wish you the best.

This month’s column ended up being pretty full but Road Dirt had to do most of the legwork on our own. We’ve told you, we can only be in so many places at once — so how ‘bout it? Send us your dirt at roaddirt@nycc.org. Remember, it doesn’t have to be dirty to be Road Dirt.

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Cycling the Dordogne

By Carol Waaser

Traveling by bicycle is your passport to the world. In September I did my ninth foreign cycling trip, my third in France. I had never been to the Dordogne region, home of foie gras, confit de canard, creamy goat cheese and famous regional wines. (Notice how I immediately get to the food.) The region is also famous for its sandstone cliffs, medieval castles and prehistoric cave paintings.

The tour company was Experience Plus out of Colorado, with whom I’ve done several tours. Being linguistically challenged, I prefer to be fully supported when riding in foreign countries. Although I’ve never had any problems while on my own, it’s a little safety net I prefer to have.

We were a wonderfully compatible group of 15 cyclists and 3 tour leaders, ranging in age from late 20’s to mid-70’s, with most of us being in our 50’s and 60’s.

People have asked if we had any trouble with the French, given the current tensions over Iraq. Here’s my answer: on a hot and sunny first day, I crested a tough climb into a little village and stopped to wring out my headband and cool off a bit. Three others in my group followed soon after, and a villager appeared from an alley between two houses, asking if we needed water. I said yes, and one of my colleagues pointed at the yard from whence the man had come — there was a hose connected to a faucet, so off I went to fill my bottle with good local water. However, when I got back to — continued on page 9...
Ready for lunch at Rockland State Park.

Right: Rest stop on the full Century.
Below: Volunteers in Tenafly. We couldn’t have made it happen without volunteers. Thanks for helping out.
my bike, the man had returned with two liters of ice cold bottled water from his refrigerator! We stayed a chatted with him (much of it in tourist sign language). He used to live in Paris and used to enjoy cycling, but after major heart surgery was banished to the stress-free countryside. He was clearly thrilled to be able to give us assistance and have a brief chat about cycling.

One day, we visited the Bicycle Museum in Cadouin—how fascinating! The collection starts with an early model of walking bicycle: something like a hobby horse on wheels that was propelled by the feet. There were models from virtually every period of bicycle development, including the prize possession—the very machine ridden to victory in the first Tour de France in 1903. The proprietress is the widow of the man who put the collection together. She has been unable to find a buyer for the museum (Jay, are you interested?) and said she’ll begin to auction off individual pieces. That will be sad.

— continued on page 12…
**Presidential Candidates’ Statements:**

**STAN OLDAK:**

I have enjoyed very much being a member of the New York Cycle Club and in particular taking advantage of the many rich opportunities it provides. I have been a bike rider since one summer day in the Brooklyn projects when I was six years old and Eddie Farren gave me that big push sending me down the road, sans training wheels, toward a new sense of freedom. I have never looked back.

Today I am proud to be a member of a group that allows me to mix my love of bike riding with friendship, camaraderie, new challenges, a sense of accomplishment, and a general sense of well being. So it is easy to see why I have chosen to be active in the running of the club.

During my tenure with the cycle club I have led numerous rides at the “C” and “B” levels, both “regular” and “all-class”. I have been on the Executive Board for three years, one year as the “C” rides coordinator and two years as the “B” rides coordinator. This experience as a ride leader as well as a ride coordinator and member of the Executive Board, has allowed me to be directly involved in the decision-making of the board and to gain an intimate sense of what is important to the members of the club.

I am fortunate to have been a member of the Executive Board during an exciting time for our club. It has been a time when we have seen a significant increase in our membership to over 1,500 members for the first time last year. We have also enjoyed an increase in the number of all-class rides offered to our members, and this was a time that the “SIG” training experience was first offered to members of all levels of riding with large numbers of members taking advantage of it. Finally, our web site has gone from “Great” to “Great, Great” with more expected to come.

As president I would continue to lead the club in the positive direction it has been moving. My specific priorities would be to increase the number of interesting and varied all-class rides with lunch provided; to continue the ever popular all-class weekends; to continue to provide a good assortment of regular club rides throughout the year; and to improve communication through the monthly bulletin, weekly emails, and our web site.

But I would be remiss if I did not mention that which has given me the greatest sense of accomplishment as a club member, the Escape New York Committee. In 2000, my first year on the committee I was in charge of route markings, and in 2001 and 2002, two of the most successful ENY’s in the 8 year history of the event, I was fortunate to lead the committee as its chairperson. Each year it takes 12 months of planning and a lot of hard work by a committed group of people. What a great feeling it is to be standing in Rockland Lake State Park, watching as some 300 cyclists come riding in during the day, all having a great time, and to know that our committee made it all happen. For me, that’s what it’s all about.

Stan Oldak

**HAL ESKENAZI:**

I am Hal Eskenazi, candidate for President of NYC. I would like to tell you something about myself, why I am interested in being President and what I would like to do for the club.

**About me:**

By day I am President of a National Management Consulting firm, one of several I’ve led over my career. By nights & weekends a cyclist, active member and ride leader of NYCC. I am also a B-SIG graduate. I have served as Sr. VP and Board Member of Sales & Marketing Executives International for 3 years [70 chapters worldwide]. In that capacity I dealt with membership issues, ran the monthly membership functions and built membership. This was, like NYCC, a membership/volunteer organization.

**Why me?**

I'm interested in being President for several reasons. NYCC has had a tremendous effect on my life. Out of the car, onto the bike. It has taught me to ride (no kidding) starting with Pat Janof personally teaching me how to use my gears. The SIG volunteers have taught me group riding skills, ride leadership, speed [?], roadside repairs, safety, roadside first aid, bike maintenance, nutrition, how to eat all the time, and how to have fun on my bike. Additionally, I have made a lot of new friends. All this for FREE. Now it's my turn to give something back to the club.

I have watched, in amazement, the work and effort the current leadership team has put forth to bring the NYCC to where it is today. My desire to become President is to both honor that team and continue to build the club. I believe my background uniquely qualifies me to lead NYCC.

And now the Top 10 Reasons I seek your vote. I will attempt to accomplish the following:

1. Solicit member's ideas with surveys and online brainstorming.
2. Build on the strengths of the club/membership, including creativity.
3. New event ideas. Fun outside the Helmet, maybe a clubhouse [?].
4. Safety program: we must document and reduce accidents.
5. Increase the attendance at monthly meetings with interesting topics, venue, and food.
6. Reverse the decline in membership possibly with some branding.
7. Monthly Bulletin – on time and a process rather then a person.
8. More balanced ride schedule with rides at all levels.
9. Develop Ideas that will increase participation at all levels by getting current members involved in things they'd like to do. A lot of members may be willing to make "small" contributions of involvement, without long-term commitment. That will also develop new leadership for the future of the club.
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5. Increase the attendance at monthly meetings with interesting topics, venue, and food.
4. Safety program: we must document and reduce accidents.
3. New event ideas. Fun outside the Helmet, maybe a clubhouse [?].
2. Build on the strengths of the club/membership, including creating a past president's resource center.

[Ok that's 9. I want YOUR IDEA for No. 1, see below]

1. I will bring new leadership and inclusiveness Participate. It's your club, VOTE [especially, if it's for me]

Email me: be sure to put in the subject line: NYCC hal@profiles worldwide.com
We ride for fun. Let's have fun together.
Statements of Candidates for Secretary:

MAGGIE SCHWARTZ:

I’d love to help out as secretary because I’ve benefited a lot from the experienced riders in the B and C SIGs and it’s time to give something back.

The greatest thing about NYCC is the structure it provides to people who want to improve their cycling. That takes mega-hours on the bike and some sweat and tears. So it helps to have people who are engaged in the same activity, people who are also trying to become better cyclists. There’s no way any of the good things that make up this club could happen without the time and effort of many people. I’d like to join the ranks of those people who make things in the club happen. As secretary, I will diligently record and report on board meetings, where I will get to learn the inner workings of the club.

Vote Schwartz for Secretary in ’04.

KATHY JENNINGS:

Although I joined the NYCC only three years ago when I moved back to New York City, I have been an active member of the club since then. For example, last year I completed the B-Sig (despite a classic bonk in the woods of Westchester), and I recently have started leading rides. In addition, for the past two years, I have been a member of the committee that plans the Escape from New York Century ride each fall. Last year, I was in charge of food and ride leaders, and this year, I was in charge of food and volunteers. (My “campaign photo” is located on www.nycc.org along with all of the other pictures from ENY—it’s the very last picture in the ENY series.)

I would like to be Secretary because I am interested in continuing and increasing my participation in the NYCC. As Secretary, one of my tasks would be to take notes during Board meetings and prepare minutes of those meetings for publication in the monthly NYCC Bulletin. While this does not involve rocket science, it is an important task and one that I would perform diligently. On a more serious note, I believe that Board members should listen to and solicit the opinions of the NYCC members—veterans and newcomers alike—and make sure that your voices are heard before the Board makes decisions regarding issues that affect the club. I welcome the opportunity to serve you in this role.
Please read this before your first club ride:

NYCC RIDES are led by volunteer leaders who plan the route and maintain the listed speed (e.g. B15 = B level at a 15 mph cruising speed — see charts). Our rides are described by pace and style because it’s more fun when the group is of similar ability. We ride for fun, fitness, and food.

RIDE LEVEL indicates the type of riding. See chart at right. CRUISING SPEED indicates the ride’s speed on flat terrain. AVERAGE RIDING SPEED over rolling terrain is 3 mph less than cruising speed. This will vary plus or minus 1 mph, according to terrain. OVERALL SPEED, including all rest and food stops, is about 3 mph less than average riding speed.

SELF-TEST: Assess your personal cruising speed by riding 4 laps (24.08 miles) around Central Park at a comfortable pace and matching your time with the chart. NOTE: Riding fewer than 4 laps will give you a false assessment.

YOUR FIRST NYCC RIDE: Be conservative. Choose a ride easier and shorter than you think you can ultimately handle. You won’t enjoy struggling to keep up with a ride that’s too fast for you, nor will the group enjoy waiting for you. It’s a good idea to call the leader a day or so before the ride, and introduce yourself when signing up at the start.

BEFORE ANY RIDE: Check that your bike is in good riding condition: brakes and derailleurs working well, tires pumped to the pressure specified on the sidewall. Eat a nutritious breakfast.

BRING: spare tube, tire levers, patch kit, pump, water, snacks, money, medical ID, emergency phone numbers. We also suggest: lock, railroad pass. Leaders may specify other items in their ride listings.

BIKE PASSES are always required on Metro-North and the LIRR. Bike passes good for both Metro-North and the LIRR are available at Window 27 at Grand Central or any window at Penn Station or by calling (212) 499-4394 or (718) 558-8228 or by visiting http://www.mta.nyc.ny.us/lirr/pubs/bicyclep.htm for a printable application form to mail in.

BIKE TRAINS: On Saturdays and Sundays, Metro-North has scheduled specific trains to and from Grand Central Station to accommodate large groups of cyclists. Bike trains are indicated by a bicycle symbol on the printed Metro-North timetables. Schedules change frequently. Visit http://www.mta.nyc.ny.us/mnr for the latest schedule.

There are no Bike Trains on holidays. Refer to roster for restrictions which apply at other times.

The following schedule is the most current available:

<table>
<thead>
<tr>
<th>From GCT</th>
<th>Arrives At/From</th>
<th>Departs</th>
<th>Arrives GCT</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:53 AM (Hudson Line)</td>
<td>9:49 AM</td>
<td>Poughkeepsie</td>
<td>3:38 PM</td>
</tr>
<tr>
<td>8:53 AM (Hudson Line)</td>
<td>10:46 AM</td>
<td>Poughkeepsie</td>
<td>4:33 PM</td>
</tr>
<tr>
<td>7:49 AM (Harlem Line)</td>
<td>9:20 AM</td>
<td>Brewster North</td>
<td>5:09 PM</td>
</tr>
<tr>
<td>8:48 AM (Harlem Line)</td>
<td>10:20 AM</td>
<td>Brewster North</td>
<td>6:09 PM</td>
</tr>
<tr>
<td>8:07 AM (New Haven Line)</td>
<td>9:52 AM</td>
<td>New Haven</td>
<td>3:55 PM</td>
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<tr>
<td>9:07 AM (New Haven Line)</td>
<td>10:20 AM</td>
<td>New Haven</td>
<td>4:55 PM</td>
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<td>9:07 AM (New Haven Line)</td>
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<td>9:07 AM (New Haven Line)</td>
<td>10:20 AM</td>
<td>New Haven</td>
<td>6:59 PM</td>
</tr>
</tbody>
</table>

Please Note: Metro-North requires prior notice for large groups (16 or more) on scheduled Bike Trains and groups of three or more cyclists on a regular service train. When you submit a request involving Metro-North to a ride coordinator, at the same time shoot an email off to our bike coordinator (listed below) by the second Tuesday of the month before you want to lead your ride.

A-Rides: Robert Gray, (212) 593-0986 or nyarchitect@msn.com

B-Rides: Stan Oldak, (212) 945-9801 or stan@nychc.com

C-Rides: Isaac Brumer, (212) 593-0986 or isaacbrumer@hotmail.com

LEAD A RIDE: Pick a date, pick a pace, pick a destination, pick a route, write it all up and submit to the appropriate ride coordinator (listed below) by the second Tuesday of the month before you want to lead your ride.

A-Rides: Robert Gray, (212) 593-0986 or nyarchitect@msn.com

B-Rides: Stan Oldak, (212) 945-9801 or stan@nychc.com

C-Rides: Isaac Brumer, (212) 593-0986 or isaacbrumer@hotmail.com

Lead enough rides during the year and you qualify for a special prize (given out in December):

- 3 rides = NYCC water bottle
- 6 or more rides = NYCC t-shirt
- 12 or more rides (1st time) = NYCC Ride Leader’s vest (you can’t buy one of these—you have to earn them)
- 12 or more rides (2nd time) = any club garment of your choice.

Cycling the Dordogne — continued from page 9...

The prehistoric cave paintings were amazing. (We had tickets to visit the one cave of original paintings that’s still open to the public.) It’s quite thrilling to see the way artists of 35,000 years ago used the contours of the cave walls to give dimension to the animals. These are not stick figures or flat representations of animals; they are bison in motion, living and breathing in the flickering torchlight.

I brought my BikeFriday on this trip, and it performed brilliantly. The combination of a three-speed internal hub gear and a 9-speed cassette gave me 27 speeds (and every one of them usable since the hub gear avoids the crossshaining you get with a front derailleur). The newest version of the hub gear shifts more smoothly than any front derailleur I’ve ever used. The only way in which the Friday differs from my standard road bike is in the center of balance—it doesn’t lean around curves quite as readily. So I almost bought the farm on one descent. Going into a switchback just a little too fast, I found wet sand in the middle of the road. This further hampered my ability to lean the bike over and I ended up on the far left side of the road. As I was wondering if I would even stay on the road at all, I looked up to see a camper van coming up the mountain at me. It was either get that bike over or bail into the cliffside. Not wanting to look like a pumpkin slow down and take a tour.

Whether you go on your own or take a fully supported tour, I highly recommend getting out of the USA and cycling in other parts of the world. People everywhere (except, of course, for the trouble spots) are very friendly toward cyclists. I think if you’re on a bike, you’re not threatening and you’re something of a curiosity. On a bike, you’re going slowly enough to see the country, and it’s easy to stop and make friends with the locals. So get out of your Nyack rut slowly down and take a tour.
Your Vote Counts!

Vote for Club Officers, New Bylaws and Member Awards

Vote in Person, by Email, or by Snailmail

But You Must Vote Soon!

Please Write in the Names of Your Choices for Member Awards In the Spaces Below.

Your choices may include any current NYCC members. And yes, you can nominate yourself. We won’t tell.

- Best Dressed Man (Cycling Gear)
- Best Dressed Woman (Cycling Gear)
- Most Improved Man (Cycling Skills)
- Most Improved Woman (Cycling Skills)
- Comeback Rider of the Year
- Best Cycling Couple of the Year
- Best Ride Leader of the Year
- Best Diner of the Year/Food Destination
- Fastest Flat-Fixer
- Most Shameless Gear-Head:
- Best Retrogrouch:
- Best Wheel (to Follow in a Paceline):
- Best Schwebbers*:
  *Schwebbers are the grease marks cyclists get on their legs when they brush up against the chain.

Voting instructions are printed on the following page.

There are Three Proposed Bylaws Changes to Be Put Before the Membership This Year:

**Question #1:** Should the club institute a one-year test during calendar year 2004 wherein members who elect to receive the monthly bulletin online only will receive a $5.00 reduction in annual membership dues. If approved, the test’s impact will be evaluated before the end of 2004, at which time the board will determine whether dues for online recipients in the following year will 1) return to 2003 levels, 2) be reduced by less than $5.00 from 2003 levels, 3) be reduced by more than $5.00 from 2003 levels or 4) continue at the $5.00 discount. 

**Question #2:** Should the office of Webmaster be added to the NYCC Board of Directors?

**Question #3:** Should the NYCC by-laws be amended such that the club’s fiscal year be changed from December 1 through November 30 to January 1 to December 31?
You are encouraged to vote in person at our meeting November 11, at Annie Moore’s Pub and Restaurant, 50 East 43rd Street, starting at 6:00 pm. But if you cannot attend, you may vote online or by sending in the postal ballot printed on this page.

Candidates in contested races have been offered space to make statements, which are printed on pages 10 and 11.

The position of V.P. Programs remains open. No nominees have accepted as of press time.

Online voting instructions will be posted on the website, http://nycc.org. Online votes will not be accepted after midnight, Monday, November 10.

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Fill in your name, address and signature in the address and signature lines on the other side of this page, detach, fold and seal the ballot with tape. (Do not use staples!) Send ballots to the preprinted address below.

Mail ballots must be postmarked no later than Wednesday, November 5th and received by Monday, November 10th.

Ballots received at the NYCC P.O. Box will not be counted.

You may copy this form for use in multiple member households, but without a name, address and signature in the return address your ballot cannot be counted.

Please remember to use a 37¢ stamp.

---

Signature

Name

Address / Apt

City State Zip

Mail this completed ballot to:

Geo. Carl Kaplan
18 West 16th Street
New York, NY 10011
These Bike Shops Offer Discounts To NYCC Members

Remember to clip the gray Membership Card above and present it at the store to receive your discount.

A Bicycle Shop
345 West 14th Street, NYC, NY 212-691-6149 or www.a-bicycleshop.com
abikshp@aol.com; 10% off non-sale items (not items already discounted).

Bicycle Habitat
244 Lafayette Street, NYC, NY 212-431-3315 or cmcbike@aol.com
15% off parts and accessories. 10% off bikes, no discounts on sale items (no double discounts).

Bicycle Heaven
348 East 62 Street
New York, NJ 07021
212-230-1919
www.bikeheaven.us
8.25% off accessories, repairs & bikes

Bicycle Workshop
175 County Road
Tenafly, NJ 07670
201-568-9372 10% off on part and accessories

Bicycle Renaissance
430 Columbus Avenue, NYC, NY 212-724-2350.
10% off repairs and accessories (not on sale items and new bikes).

Conrad's Bike Shop
25 Tudor City Place, NYC,
212-697-6966 or conradbike@aol.com
8.25% off parts, accessories and repairs.

Cycle Paths
138 Main Street, New Paltz, NY 845-255-8723
15% off parts and accessories. 10% off bikes. No discounts on sale items.

Gotham Bikes
112 West Broadway, NYC, NY 212-732-2454 or gotbik@aol.com;
10% off parts, accessories and repairs.

Larry and Jeff's 2nd Avenue Bicycles Plus
1690 2nd Ave. at 87th St., NYC, NY 212-722-2201, 15% off

New Horizons Sports
55 Franklin St., Westfield, MA 01085
413-562-5237
Don@NewHorizonsBikes.com
Certified Serotta Bike Fit Specialist
www.NewHorizonsBikes.com
www.BerkshireBrevets.com
10% off parts and accessories

Piermont Bicycle Connection
215 Ash Street, Piermont, NY 10968
845-365-0900
4 Washington Street, Tenafly, NJ 07670
201-227-8211
www.piermontbike.com
10% off everything, including bicycles.
Free shipping on purchases over $100.

Sid's Bike Shops
235 East 34th Street, NYC, NY 212-213-8360 or www.sidsbikes.com
8% off parts, accessories and clothing.

Toga Bike Shop
110 West End Avenue, NYC, NY 212-799-6625 or gotbik@aol.com;
10% off parts, accessories and repairs.

You may also register online at active.com:

New York Cycle Club Make check payable to “New York Cycle Club”

Individual $24 ($12 after August 13th)
Couple residing at the same address $30 ($15 after August 13th)

Send me the print bulletin by mail
Save the postage (and other expenses). I’ll collect the NYCC Bulletin online.

Check one:
☐ Individual $24 ($12 after August 13th)
☐ Couple residing at the same address $30 ($15 after August 13th)

Check one:
☐ New
☐ Renew
☐ Address change
Date: ____________
Check Amount: ____________

Check one:
☐ Send me the print bulletin by mail
☐ Save the postage (and other expenses). I’ll collect the NYCC Bulletin online.

Check (if applicable): 
☐ Do not print my
☐ Do not print my partner’s
Address
Address
☐ Phone
☐ Phone
Email
Email
in the NYCC roster.
in the NYCC roster.

Name:

Email:

Signature

Partner:

Email:

Signature

Address:

Apt. ______________

City: ____________________________ State: ______________ Zip (required): __________________________

Day tel: ____________________________ Night tel: ____________________________

New York Cycle Club
P.O. Box 20541, Columbus Circle Station
New York, NY 10023

Make check payable to “New York Cycle Club”

Enjoy the privileges of NYCC membership! NOVEMBER 2003 HTTP://WWW.NYCC.ORG | 15
Election Night!
Come to Our Meeting November 11
MEET THE CANDIDATES

So please join us on Tuesday, November 11 at

Annie Moore’s Pub and Restaurant
50 E. 43rd St
(west of GCT between Madison & Vanderbilt Ave.)
Subway: take the 4/5/6/7 to Grand Central/42nd St.

Buffet dinner includes chicken marsala, pasta primavera, shepherd’s pie, rice, green salad, coffee or tea, and more. Dinner is $20, including tax and tip (cash only). Social hour with cash bar starts at 6:00 pm. Dinner at 6:45 pm. Program runs from 8:00–9:15 pm.

Meet at 6:00 pm — Dinner at 6:30 — Program at 8:00.