**NYCC Columbus Day Weekend in the Catskills**

**October 10-13, 2003**

Join us for a fabulous weekend in Ulster County’s lightly traveled roads. There will be great rides, fun people, delicious food (Sweet Sue’s has re-opened) and spectacular fall foliage. Phoenicia, 25 miles west of Kingston on Route 28, in the heart of the Catskill Mountains, is the perfect location for our fall getaway. Bed and breakfasts, inns, lodges and motels abound, and we all know the riding is unsurpassed. (No one ever gets lost—they just wind up on the wrong beautiful road!)

Woodstock is a mere 15 miles away and it’s just a short detour from there to the infamous Devil’s Kitchen. It’s been 6 or 7 years since one of us ventured up. I hope this year to get a whole group to suffer on this climb. Besides the great views, the reward is lunch is Maggie’s Cafe in Tannersville. New Paltz is about 70 miles roundtrip, with or without climbing Mohonk Mountain. The notorious Slide Mountain/Samson/Pekamoose loop is only a 65 mile ride, albeit most of it is vertical! Which way will we do the loop this year? Several new routes have been scouted too. There’s a route climbing past Haines Falls and one up Glade Hill and plenty of riding around the Ashokan reservoir. And there are literally hundreds of miles of other scenic roads to explore.

The only problem is that rooms sell out fast. If you’re tired of spending weekends in Nyack and Park Ridge, don’t wait until the last minute to make a reservation.

**Rides** Paul Hofherr will be leading his imitable B15/C14 rides as only a native of Phoenicia can; Margaret Cipolla will show you the Catskills on A/B18 rides; Fred Steinberg will be finding new routes on his A19 rides; and Jeff Vogel will be getting dropped while attempting to lead faster A rides. There will be other rides if someone volunteers to lead them. Contact Jeff Vogel at CPACycles@aol.com or 718-275-6978 if you would like to lead a ride.

**Hiking** Don’t forget to bring your hiking boots—you may want to forgo a day in the saddle to take advantage of the area’s many hiking trails. (There’s everything from a quiet walk in the woods, to challenging 4000 foot climbs.) Or, stay over on Monday night to hike Giant Ledge with it’s phenomenal views with Margaret and Jeff on Tuesday.

**Group Dinner** There will be a group dinner on Sunday night, October 12th at the American Cafe on Route 28, two miles west of Phoenicia and must be paid in advance. The cost is $33 if paid by September 20, then $38 until October 6. You will NOT be able to pay at the door. Please make your check payable to Jeff Vogel and mail to 102-10 66th Road, Apt 14E, Forest Hills, NY 11375.

**Transportation** Most towns in the Catskills are served by Trailways 800-858-8555. The one way fare is $27.00. Bikes are free, but must be boxed.

The following is a partial list of accommodations in the area. (All are in area code 845.)

**Phoenicia**
- Cobblestone Motel, 688-7871, inexpensive
- Phoenicia Motor Village, 688-7772, inexpensive
- Rays Cabins, 688-5410, inexpensive
- Claude’s B&B, 688-2561, inexpensive

**Chichester** (1.5 miles away):
- Manor House B&B, 688-2085, moderate

**Mount Tremper** (3 miles away):
- La Duchesse Anne, 688-5260, moderate
- Lodge at Catskill Corners, 688-2828 or 877-688-2828, expensive
- Lazy Meadow Cabins, 688-9950, inexpensive

**Boiceville** (5 miles away):
- Trail Motel, 657-2552, moderate
- Ontoera, The Mountain House, 657-6233, expensive

**Shandaken** (6 miles away):
- Appletree Inn, 688-7130, moderate
- Ramblebrook House B&B, 688-5784, moderate
- Shandaken Inn, 688-5100, moderate
- Auberge des 4 Saisons, 688-2223, moderate

**Big Indian/Oliveerea** (10 miles away):
- Alpine Inn, 254-5026
- Big Indian Springs B&B, 254-5905
- Val D’Isere, 254-4646
- Star-Lite Motel, 254-4449
- The Weyside, 254-5484

**Woodstock, Bearsville, Lake Hill** (10-14 miles away):
- Woodstock Inn on the Millstream, Woodstock, 679-8211 or 800-697-8211
- Twin Gables Guest House, Woodstock, 679-9479
- Woodstock Lodge, Woodstock, 679-2814
- Ivy Farm Inn, Lake Hill, 679-9045
- Carol’s Woodstock Country Inn, Bearsville, 679-9380
- Morning Glory B&B, Woodstock, 679-3208

**More info on lodging**
- Ulster County, www.co.ulster.ny.us
- Auberge des 4 Saisons, 688-2223, moderate
- Monticello Motor Village, 688-7772, inexpensive
- Auberge des 4 Saisons, 688-2223, moderate
- The Weyside, 254-5484

**Volunteers needed for Escape New York Century**

Want to see old friends, meet new ones and/or feast on good food, all while helping the NYCC put on one of its biggest and most popular events of the year? (Or perhaps you’re just feeling guilty that you haven’t volunteered to help out the club in a while?) Here’s your chance!

We eagerly seek volunteers to help with the Ninth Annual Escape New York Century ride, which will take place on Saturday, October 4, 2003. On the day of the ride, we will need assistance with tasks including registering people for the ride, setting up rest stops and lunch areas and serving food and drinks to the riders. (Some lucky soul may even get to operate the bull horn that we use to announce the start of the rides.) Although we need help starting early in the morning through early evening on the day of ENY, you can sign up for all or part of the day as fits your schedule. We also need volunteers to assist on Saturday, September 20 and Friday, October 3 with marking the ENY routes so that we don’t have to send out search parties to find lost, confused riders.

In exchange for volunteering, you’ll receive a free ENY T-shirt and all the wraps, cookies and gorp you can eat on the day of ENY. Although you will not be able to ride on the day of ENY, you can participate in the ENY Committee’s pre-ride of the routes on the preceding weekend and still get in those precious miles. No prior experience with ENY or running bike events is required—we’ll teach you everything you need to know.

Please contact Kathy Jennings at 212-595-2323 or kjikes@hotmail.com if you’d like to volunteer or need more information.
President’s Message

I would like to start this month’s column by apologizing for last month’s bulletin. The airing of personal grievances in a club publication is totally inappropriate in any context and beneath the standards of the NYCC. What is even less tolerable is the reproduction of private correspondence without the knowledge or permission of the author. The club’s policy has always been to give the bulletin editor discretion over what appears in the bulletin however, this should not be interpreted as license to smear other members or board members especially at the expense of club-related content. Future bulletin editors will be afforded the same wide latitude over content; however, the August bulletin highlighted a need for some revisions to our bulletin production process. The NYCC board members will take up this issue at our next meeting.

I also need to offer my personal and sincere apologies to Marina Bekkerman, an innocent bystander who was caught in the crossfire. Of course my comments were never meant for public consumption and the fact that they have caused Marina any hurt or embarrassment is very troubling to me to say the least. Despite what I wrote at the time, I have always known that Marina is an enthusiastic and dedicated ride leader who has made a great contribution to the club. And given what I am now hearing from others with much more experience dealing with her than I, my comments appear to have been made rashly and without sufficient knowledge. Marina, I truly apologize and hope you will continue to contribute to the NYCC despite this sorry episode.

Going forward, as the existence of this bulletin proves, we have secured a new editor from the vast talent pool that is the NYCC membership. For the remainder of the year, we have called a former bulletin editor out of retirement, one Ludwig Vogel. In speaking with Ludwig I can report he is eager to return to his old job and delighted at the prospect of working with our vastly updated—from his day—production infrastructure. Welcome back Ludwig!

Back to things cycling. The 9th Annual Escape New York, our very own fall classic, is rapidly approaching. The date is Saturday, October 4th. This event truly has something for everyone. There are routes of 100, 60 and 50 miles. There’s food, there are raffle prizes, you name it! But wait, there’s even more. Want to experience the joy and camaraderie of this great event but not up for the distance? How about volunteering? You can sign up for all or part of the day as fits your schedule. We need people to work registration, food stops and set-up and tear down. While you won’t be able to ride on the day of ENY, you’ll be invited to our special pre-ride of the routes on the preceding weekend. And if you have a change of address, or any other questions about your membership, email Marty Wolf at membership@nycc.org. Please include your name and full address in your message.


Submissions: Email your text and/or photos to bulletineditor@nycc.org

File format: Only digital files will be accepted. Image files must be TIFF, EPS, or JPEG format. Text files can be in text or .txt format. Please do not send huge attachments without contacting the editor first.
New York Cycle Club
Board of Directors meeting minutes

June
The meeting was called to order at 6:55, June 2, 2003. In attendance were Tom Laskey, Isaac Brumer, Marty Wolf, Robert Gray, Stan Oldak, Deborah Bennett, Eva Wirth.

Membership Report Marty reported we have 1,240 members as of May 31. It was suggested that the registration information on the website should be made clearer. A membership FAQ will be prepared by September.

Bulletin The new deadlines were discussed, they had proven achievable last month but there is some concern that the earlier date has made it more difficult to find ride leaders. The situation will require close monitoring.

Special Events The Memorial Day dinner was a big success. Other venues are being researched for next year.

All Class Ride Deli in Valhalla will deliver sandwiches to Croton Dam. Two six foot heros should feed 80 people. Need count of riders at start for drink order.

Sound Cyclists July 20th. First ride leaves 8:45, need to contact Geo Kaplan to arrange Metro North train. Sound Cyclists will take care of food and provide ride leaders. $5.00 entry fee for barbecue.

Future Events Eva is looking for a baseball game for July/August—minor league. Possible dinner—Turkish? Bowling in the fall.

Merchandise We will consider sale on existing inventory. Need to look at order taking and fulfillment. We will delay new jersey sales until the fall. We will not keep inventory until the fall. We will not keep inventory we will only order stock for to cover existing orders.

Vote on new jersey design Approved liberty on sleeve, back of jersey is okay as submitted by Richard. Jersey will not include club URL. Hope to get orders in by September 15.

New board position Unanimous approval to add Webmaster to board of directors. Peter and Timothy will join the board this year as non-voting members. Referendum will be included on the 2004 ballot to amend by-laws to include Webmaster (1 position) as full voting board member.

Miscellaneous Bill Vojtech has volunteered to coordinate the club Labor Day Weekend with Ride Noho in North Hampton, MA. The next board meeting will be July 1 at 6:30. The meeting was adjourned at 7:55 p.m. Respectfully submitted,

Tom Laskey President
(based on Eileen Crowley’s notes)

July
The meeting was called to order at 6:53, July 1, 2003. In attendance were Tom Laskey, Fred Steinberg, Marty Wolf, Carol Waaser, Robert Gray, Stan Oldak, Deborah Bennett and Peter O’Reilly.

Membership Report Marty reported we have 1,340 members. This is 200 fewer than last year at this time.

Financial Report Deborah handed out an income/expenditure statement. This is on a cash basis. It looks good year to date. We should have a small surplus again at the end of the year due to robust jersey sales.

Bulletin The July Bulletin will be late.

Ride Listings The ride solicitation schedule is not working with the earlier deadline. It’s too early for people to know what they want to do. Some discussion ensued about different solutions to getting the rides into the bulletin without moving the deadlines up. It was agreed that we’ll drop the August Newcomers ride and just do the one on July 12. The August 17 All-Class ride is still on—Eva is getting the necessary permits.

Special Events Eva has gotten tickets to the Staten Island Yankees game on August 13.

Ride Library We must decide on the presentation of the data and maps. The maps are difficult. We have to categorize the rides and differentiate among rides to the same destination. Member should be able to put the mouse pointer over a ride and get a pop-up description of the ride. Author has to write a decent narrative description. Do we want/need to have this be member-accessible only?

Miscellaneous 1. The pre-production budget for the new jersey was approved. 2. We’ll ask Hans to include in his weekly email a caution about using the gas station pit stop at the corner of Re. 501 and Hudson Avenue. All bikes must go on the lawn side of the stone wall, not anywhere near the parked cars.

The next board meeting will be September 2 at 6:30. (There will be no August board meeting.)

The meeting was adjourned at 7:48 p.m. Respectfully submitted,

Carol Waaser Secretary

2003 Special Events Calendar

September
Pilates for cyclists. Unlock you “hidden powerhouse” with certified Pilates instructor and NYCC member Karin Fantus.

October
Dance lessons at Stepping Out dance studio.

November
Bowling party at Bowlmore Lanes on University Place (a possible joint event with Sound Cyclists).

December
Our annual holiday party at St. Maggie’s Café. Monday, December 8th.

Look for more information about upcoming special events on the club website, in the weekly email announcements and in the club bulletin or, contact our special events coordinator Eva Wirth, ewirth@yahoo.com

Our next NYCC Monthly Meeting
Tuesday September 9th

Paris-Brest-Paris

It’s only once every four years. It’s been described as an Olympic level event. Only 852 Americans have successfully completed it in 112 years and some of them are New York Cycle Club members. Come join the latest class of “anciens” as they recount via picture and word their highs and lows of this grueling, intensely satisfying 750 mile/1200 Kilometer, with over 30,000 feet of climbing in 90 hours (think 1/3 the distance of the Tour de France in 1/7 of the time) classic cycling event.

Annie Moore’s Pub and Restaurant
50 E. 43rd St (west of GCT between Madison & Vanderbilt Aves.)

Buffet Dinner includes Chicken Marsala, Pasta Primavera, Sheppard’s Pie, rice, green salad, coffee or tea, and more. Dinner is $20, including tax and tip (cash only).

Social hour with cash bar starts at 6:00 PM. Dinner at 6:45 PM. Program runs from 8:00-9:15.

Subway: take the 4/5/6/7 to Grand Central/42nd St
NYCC ride listings guide

NYCC rides are led by volunteer leaders. The leaders plan the route and maintain the listed speed. We list rides by level and cruising speed classifications in order to help members find rides in groups of similar ability. The pace and style of the different levels may vary, but rides all share the common objective of riding for fun, fitness and food.

Ride classifications All rides are classified according to level and cruising speed. The levels are as follows:

A  Fast, vigorous riding with advanced bike handling and paceline skills required. Stops every 2 hours or so.
B  Moderate to brisk riding with attention to scenery. Stops every hour or so.
C  Leisurely to moderate riding at a gentle pace. Sightseeing and destination oriented (a good introduction to the club). Stops every half-hour or so.

A number following a letter indicates the target cruising speed on flat roads: e.g. B15 = B level at a 15 mph cruising speed. Cruising speed indicates the ride’s speed on flat terrain. Average riding speed over rolling terrain is generally 3 mph less than cruising speed. This will vary plus or minus 1 mph, according to terrain. Overall speed, including all rest and food stops, is about 3 mph less than average riding speed.

Self-test Assess your cruising speed by timing yourself on a four-lap ride of the complete oval in Central Park (24.4 miles). Ride at a comfortable, sustainable pace. Fewer than four laps will give a false assessment. Find your time below and note the cruising speed.

<table>
<thead>
<tr>
<th>Four lap time</th>
<th>Cruising speed</th>
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</thead>
<tbody>
<tr>
<td>1:10 or less</td>
<td>22+ mph</td>
</tr>
<tr>
<td>1:10 to 1:13</td>
<td>21</td>
</tr>
<tr>
<td>1:13 to 1:16</td>
<td>20</td>
</tr>
<tr>
<td>1:16 to 1:20</td>
<td>19</td>
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<td>1:20 to 1:25</td>
<td>18</td>
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<td>1:25 to 1:30</td>
<td>17</td>
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<tr>
<td>1:30 to 1:38</td>
<td>16</td>
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<tr>
<td>1:38 to 1:48</td>
<td>15</td>
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<tr>
<td>1:48 to 2:00</td>
<td>14</td>
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<tr>
<td>2:00 to 2:14</td>
<td>13</td>
</tr>
<tr>
<td>2:14 to 2:30</td>
<td>12</td>
</tr>
<tr>
<td>2:30 to 2:50</td>
<td>11</td>
</tr>
</tbody>
</table>

Your first NYCC ride

Be conservative Choose a ride easier and shorter than you think you can ultimately handle. You won’t enjoy struggling to keep up with a ride that’s too fast for you, nor will the group enjoy waiting for you. It’s a good idea to call or email the leader a day or so before the ride and introduce yourself when signing up at the start.

Before any ride Check that your bike is in good riding condition: brakes and derailleurs working well, tires pumped to the pressure specified on the sidewall. Eat a breakfast consisting of carbohydrates and proteins.

Bring a spare tube or two, tire levers, patch kit, pump, water, snacks, money, medical ID, emergency phone numbers and rail pass. We also suggest that you bring a lock. Leaders may specify other items in their ride listings.

Lead a ride

Pick a date, pick a pace, pick a destination, pick a route, write it all up and submit to the appropriate ride coordinator (listed below) by the second Tuesday of the month before you want to lead your ride.

A-rides Robert Gray (212) 593-0986 nyarchitect@msn.com
B-rides Stan Oldak (212) 780-9950 stanonyc@aol.com
C-rides Isaac Brumer (212) 593-0986 isaacbrumer@hotmail.com

Lead enough rides during the year and you qualify for a special prize (given out in December):

3 rides = NYCC water bottle
6 or more rides = NYCC t-shirt
12 or more rides (1st time) = NYCC Ride Leader’s vest (you can’t buy one of these—you have to earn them).
12 or more rides (2nd time) = any club garment of your choice.

PLEASE NOTE Metro-North requires prior notice for large groups (16 or more) on scheduled Bike Trains (Bike Trains are indicated by a bicycle symbol on the printed Metro-North time-tables) and groups of three or more cyclists on a non-bike train. When you submit a ride involving Metro-North to a ride coordinator, at the same time shoot an email off to our trusty Metro-North liaison, George Kaplan, at gkaplan4@nyc.rr.com. He will manage all the details but he can not do it on a piecemeal, last minute basis.

Bikes on trains

Bike trains On Saturdays and Sundays, MetroNorth has scheduled specific trains to/from Grand Central Station to accommodate large groups of cyclists. Bike trains are indicated by a bicycle symbol on the printed MetroNorth timetables. Schedules change frequently. There are no Bike Trains on holidays. Refer to the NYCC roster for restrictions which apply at other times.

Bike passes are always required. Bike passes are available at Window 27 at Grand Central or by calling (212) 499-4398 for an application.

Schedules Here are some commonly used departure and return times for weekends as of August, 2003. Contact Metro North for the most current and complete schedules at: www.mta.nyc.ny.us/mnr
September ride listings

Recurring rides

**Every Tuesday & Thursday**

<table>
<thead>
<tr>
<th>A19</th>
<th>18 mi</th>
<th>5:30 AM</th>
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</thead>
<tbody>
<tr>
<td>Morning Laps in Central Park</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sept. 2, 4, 9, 11, 16, 18, 23, 25 and 30</td>
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</table>

Leaders: Jesse Ostrow, 212-877-7658 and Richard Embry, 212-678-6115

From: Engineers Gate at 90th St & East Drive

Join us for early morning workouts. We’ll hone our paceline, do some hill repeats and speed work. All are welcome. Please be of good cheer. Mellow rules! Major rain/wet roads cancel.

<table>
<thead>
<tr>
<th>B17</th>
<th>18–24 mi</th>
<th>5:30 AM</th>
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</thead>
<tbody>
<tr>
<td>Laps in Central Park</td>
<td></td>
<td></td>
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<tr>
<td>Sept. 2, 4, 9, 11, 16, 18, 23, 25 and 30</td>
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</table>

Leader: Linda Wintner, 212-876-2798, lwintner@metlife.com

From: Engineers Gate, Fifth Ave and 90th St

Please join me for various training exercises: hill repeats, intervals, sprints, laps in a pace-line (I’ll teach you if you don’t know how to paceline). We’ll have fun and improve our skills while we’re at it. I generally try to do 18-24 miles, but you can always shorten or lengthen the time as you need or want to. (As I write this on August 11, I am out of the country on business and not sure when I’ll return. So, please check the message board and weekly email listings in September in case I’m not back and need to cancel.) Helmets required. Precipitation cancels.

**Every Wednesday**

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<tr>
<th>A21 +/-</th>
<th>52 +/- mi</th>
<th>10AM sharp</th>
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</table>

**Wednesday Morning Spin**

| Sept. 3, 10, 17, 24 and Oct. 1 |

Leader: Jeff “El Jefe” Vogel, 718-275-6978, CP cyclics@aol.com

From: The Boathouse

Join us for a quick spin to Nyack. We plan to join us for early morning workouts. We’ll hone our paceline, do some hill repeats and speed work.

<table>
<thead>
<tr>
<th>B16</th>
<th>60 mi +/-</th>
<th>9:00 AM</th>
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<tbody>
<tr>
<td>Nyack &amp; Piermont - Varied routes &amp; venues</td>
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<td></td>
</tr>
<tr>
<td>Sept. 3, 10, 17, 24 and Oct. 1</td>
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</table>

Leader: Maggie Schwarz, 212-206-7672, mschwarzny@aol.com

From: Eleanor Roosevelt statue at 72nd St & Riverside Drive

River Road (usually) and/or Crusher, Christian Herald, Speer, Tweed, Clauseland Mountain, Rio Vista and more. Guest and co-leaders such as John Wilkinson and Jay Jacobson. Specific routes may depend on wishes and capabilities of group and weather conditions.

**Every Thursday**

<table>
<thead>
<tr>
<th>A-19</th>
<th>20–25 mi</th>
<th>6:45 PM</th>
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<tbody>
<tr>
<td>Thursday Nights in Prospect Park with Bill</td>
<td></td>
<td></td>
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<tr>
<td>Sept. 4, 11, 18, 25 and Oct. 2</td>
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</table>

Leader: Bill Vohtech, (w)212-630-0379, (h)718-832-3588

From: Union Street entrance to Prospect Park

We will attempt to maintain an A-19 pace, but anyone can come along. If you drop off the back or sprint off the front, meet us when we re-group around 8:00ish or when it gets darkish, (this will vary as the season progresses). Then we’ll find a bike friendly, (outdoor seating), café for dinner in Park Slope. Lightweight pocket-sized cable lock, blinky lights, and MetroCard suggested. Non-A-rider types welcome. If the leader cannot show, that should not stop you; you will not get lost.

**Every Saturday**

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<thead>
<tr>
<th>A 20</th>
<th>57 mi</th>
<th>8:15 AM</th>
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<tbody>
<tr>
<td>River Road, Clauseland or Bradley, Tweed</td>
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<td></td>
</tr>
<tr>
<td>Sept. 6, 13, 20 and 27</td>
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</table>

Leader: Richard Rosenthal, 212-371-4700, BikeAdman@aol.com.

From: The Boathouse


**Club rides**

**Saturday, August 30**

<table>
<thead>
<tr>
<th>A19/20</th>
<th>80/90 mi</th>
<th>7:25 AM</th>
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<tbody>
<tr>
<td>Mohonk, Minnewaska &amp; Cragsmoor</td>
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</tbody>
</table>

Leaders: Fred Steinberg, 212-787-5204, fsteinberg@nyc.rr.com; Peter O’Reilly, PTOR@prodigy.net and Timothy McCarthy, timothy mc@earthlink.net

From: Grand Central (7:53am bike train to Beacon)

Another Labor Day Saturday in the incomparable “Gunks. Beautiful countryside from start to finish. Three long climbs with spectacular descents, plus some lesser hills along the way. One hardpack road, others almost that good. Be warned, this is not the ride to squeeze more miles out of threadbare tires! Alternate route bypasses one climb. Gourmet dining in Kerhonkson; water stops as available. Bring 2 water bottles, pocket food, tubes, etc. Metro North pass required. Arrive at GCT by 7:25AM and purchase ticket to Beacon (Hudson Line). Cancel conditions: Dismal weather in the mid-Hudson Valley. Rain date: call Fred.

<table>
<thead>
<tr>
<th>B18</th>
<th>100+ mi</th>
<th>8:00 AM</th>
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<tbody>
<tr>
<td>Someone’s got a birthday</td>
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</table>

Leader: Tim Casey, 718-392-1963, Tim_Casey@earthlink.net

From: 72nd St and Riverside Drive

Join me as I celebrate my 29th birthday (again) with a ride up to Bear Mt. and back. There WILL be serious climbing involved. That’s what “Mountain” means to a cyclist. I’ve got to burn calories in the day so I can have my cake later. We’ll push a “nimble” pace without mashing too hard. Bring plenty of water (2 bottles and/or Camelback) and snack bars or gels. If you haven’t done your century ride for the year, now’s a good time to get one in. Rain at 8 AM cancels. Helmets are always a good idea, and for this ride, required.

<table>
<thead>
<tr>
<th>B17</th>
<th>75 mi</th>
<th>8:30 AM</th>
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</thead>
<tbody>
<tr>
<td>Bergen-Rockland Ramble</td>
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</table>

Leaders: Carol Waaser, 212-581-0509, biker-rcn.com and Wayman Thomas, wayman_thomas@msn.com

From: The Boathouse

This is a beautiful ride mostly on back roads. Two deli stops—the second one has an ice cream parlor next door (naturally . . . this is a Waaser ride). Cancels: rain, predicted high above 90, high winds. Helmets, 2 water bottles and pocket food, please.

<table>
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<tr>
<th>C12</th>
<th>23 mi</th>
<th>8:30 AM</th>
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<tbody>
<tr>
<td>Sandy Hook V</td>
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<td></td>
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</table>

Leader: Alfredo Garcia (212) 802-2441

From: Pier 78 NY Waterway Terminal (38th St. & 12th Ave.)

Let’s see the “Hook” once more. In several years, a hotel and regular ferry service will become a reality. Let’s head there while it’s still somewhat undeveloped and feral (Bruce Springsteen once recorded a video here). Mostly flat, with some hills (to Twin Lighthouses), some moderate traffic and some beach. Bring $27 round trip fare for 9 AM ferry (tickets are limited; call NY Waterway at 800 53-FERRY), sunscreen, swim gear, lock, $ for lunch and camera. Helmets required. Co-listed with 5BC. Wet weather at the start cancels.
Sunday, August 31

A/B/C 7 miles 9:00 AM
Woo, Woo
Leader: You
From: Boathouse
Hey, the dog days are over. Go to the boat-house and meet some friends. Sharpen your pencils. It’s almost time to go back to school!

Monday, September 1 (Labor Day)

C12 10-20 mi 11:00 AM
Sandy Hook Encore
Leader: Alfredo Garcia
From: NY Waterway Terminal between World Financial Center and Rockefeller Park at Battery Park City.

The last NY Waterway cruise until next year. We’ll take the 11:20am ferry and stay at the Hook. You’ll have a choice of seeing museums, a visitor center, hiking trails or just spend time at the beach, plus ride your bike. You even do sprints (great tailwind going north.) Bring $27 fare, lunch or $ for it at the Gull’s Nest restaurant. Also, sunscreen, swimwear and a lock. Beginners welcome. You have a choice of taking the 4:30PM or 6:30PM boat back to NYC. Co-listed with SBBC.

Saturday, September 6

A19/20 95 mi 8:00 AM
Mott Farm / Gate Hill Roads
Leader: Fred Steinberg, 212-787-5204, fsteinberg@nycc.rr.com and Peter O’Reilly, pto@prodigy.net
From: The Boathouse

Da Tour de Rockland, from the Hudson shore to the Ramapo Mountains and back. Starts out mostly flat, with lots of climbing in the middle; (no mountains, only foothills), and the return is fast. Cancel conditions: oppressive heat and humidity; rain. Check NYCC BB at 7AM or call/email leaders.

B16 54 mi 8:45 AM
Climbing to New Canaan
Leader: Pat Mullen, 718-894-3333, Patmullenx@aol.com
From: Grand Central, 9:10 AM train arriving in Greenwich at 10:02 AM

Very hilly and challenging terrain with climbing at a moderate pace. We will cycle past miles of estates on scenic secondary roads which are mostly tree shaded and lightly traveled. Lunch in New Canaan. Helmets and Metro-North pass required.

Sunday, September 7

A12 35+/- mi 9:30 AM
Hills, Rivers & Rails
Leader: Isaac Brumer, 212-734-6039
From: GWB Bus Terminal (178 St & Ft Wash Ave)

Motorists know New Jersey by its highways. Cyclists know New Jersey by it's roads, lakes, streams and villages. We'll meander through the villages of the “county of hills,” the Hudson and Hackensack Rivers, and ride along the Oradell Reservoir and Tenakill Brook. We will see at least three old train stations (two functioning) and we'll stop to enjoy the scenery!

Sunday, September 13

A18 85 mi 8:30 AM
Upper Westchester Epic
Leader: Robert Gray, 212-593-0986, nyarchitect@msn.com
From: The Boathouse parking lot

Up through Scarsdale, lunch in Katonah, past a lot of reservoirs, a long climb and a spectacular descent to end at Cold Spring. Good tires, good attitudes and a train pass for sure. Train bailouts available along the way. Email me for route details.

B18 72 mi 8:00 AM
Cold Spring Reunion
Leaders: Michael Casey, 917-685-9022, Mec8870@aol.com and Adam Pollock, 646-391-4453, adam@adamdoesit.com
From: Rambles Shed

Relive the heady yesterdays of the B-SIG with Michael and Adam’s Unofficial Reunion Ride. We’ll follow the graduation route up Seven Lakes Drive, give Bear Mountain the cold shoulder, have lunch at the Station Cafe in Cold Spring and take the train home. Helmet required; Metro-North pass a must; bug repellant a good idea. We will make occasional stops, but there’ll be no real lunch till it’s over, so bring plenty of liquids and pocket food. Inclement weather cancels; the message board will have the details.

Central Park - Bedford/lunch - Peekskill, with option to Tarrytown; return to NYC by train.

Leaders: Steve Dwek, 212-744-7083, stedwek@aol.com; Ed White, 212-799-0259, ewhite10@nycrr.com and Jason Winstanley 212-242-6744, jwinstanley@att.net
From: The Boathouse

Join us for a scenic ride up through Westchester County to Bedford, NY where we will board the train to return to the city. Those who are interested may ride an addi-
tional 15 miles to Tarrytown to make it a full century. This ride has fewer turns than many other rides this distance (the whole cue sheet doesn’t even fill up one page), and includes several long stretches on well-maintained, rolling roads with little traffic. The route includes some hills, but none too challenging. A number of bail out options by train are available along the route if you can’t keep up with the pace. Please bring your Metro North bike pass, money for lunch and train ticket, two water bottles, pocket food, and a friendly disposition. Helmets and paceline skills are required. In case of inclement weather on the morning of the ride, check the NYCC Message Board or call one of the ride leaders after 6:30 AM.

**C14** 47 mi  9 AM

Mamaroneck

Leader: Scott Wasserman, 914-723-6607, swrides@earthlink.net

From: The Boathouse

One more time this year we’ll ride to this Westchester town to pick up lunch and then a block away is a park on the water. While we eat we can choose our favorite yacht or just enjoy cool breezes. Substantial expected rain cancels.

**Saturday, September 21**

**B15/16 60 mi  7:40 AM**

Amawalk Reservoir Ride

Leaders: John Zap, Day 212-255-7191, Eve 203-972-9339 and Allan Goldberg, 914-693-2928

From: Grand Central Station. Take the 7:48 AM Brewster North train to Katonah. Leader will meet group at Katonah Train Station arrive 8:53 AM

Beautiful ride through back woods of Bedford, Pound Ridge, New Canaan with Lunch in Ridgefield. Then around Titicus Reservoir and out along Amawalk Reservoir. Return approx. 4:27pm train depending on finish time. Joint. WCC

**Sunday, September 21**

**B15** 52 mi  9:30 AM

Another 3rd Annual Memorial Irv’s Birthday Ride

Leaders: Lynn Sarro, 212-529-8198 and Linda Wintner, 212-876-2798, lwintner@metlife.com

From: Boathouse

This Irv Memorial ride will be a bit slower and shorter than Ed’s B16. We will try to meet the other rides at Pascack Brook Park in Bergen County for lunch and/or desert and a very brief celebration. The route will be “Irv like”—peaceful, scenic, and with lots of turns. It will be mostly in Bergen with a bit of Rockland county added in.

**C12–13 35–40 mi  10 AM**

3rd Annual Memorial Irv Weisman Birthday Ride

Leader: Maggie Clarke, 212-567-8272, mclarke@hunter.cuny.edu

From: 178th St and Ft. Washington Ave (near of GW Bus Terminal); Take “A” train to 175th St; take elevator out and walk north to 178th St.

Let’s venture into NJ on one of Irv’s very pretty routes through the burbs of Bergen to Pascack County Park for lunch and meet up with the B section of this ride for dessert and a short celebration of Irv’s life and contribution to cycling. Helmets are required; bring good attitude and group riding skills. Cancellation: Excessive wind conditions, expected temps in excess of 90 degrees, or 50% chance of precipitation. Call Maggie after 8 am if in doubt.

**C-13 45 mi  9:15 am**

Sheepshead Bay

Leader: Peter Hochstein, 212-427-1041

From: The Boathouse

Picnic on the sand by the water if it’s warm enough. Otherwise it’s a diner lunch. No cue sheets. Plenty of subway bailouts. Bring a lock and lunch money, as well as the usual pump, helmet, yadda yadda. Rain cancels. Call 45 minutes before start time if you can’t figure out whether it’s raining.

**Friday, September 26**

**B16 45 mi  9:20 AM**

TGIF - Staten Island perimeter

Leader: Ron Grossberg, 718-369-2413, Arggee401@aol.com

From: Staten Island ferry terminal

Call or email to confirm.

**Saturday, September 27**

**A19 75–100 mi  8:00 AM**

Pound Ridge/Waccabuc/Brewster or Cold Spring

Leaders: Fred Steinberg, 212-787-5204, fsteinberg@nyc.rr.com and Hank Schiffman, 212-529-9082, schiffhank@aol.com

From: The Boathouse

Whether we end in Brewster for a 75 mile foray or go all the way into the setting sun and descend to Cold Spring for a century, this route is a crowd pleaser. Once we escape the gravitational pull of the city we will be racking up the country miles. Included will be a newly scouted section and perhaps a guest co leader. But bring a serviceable bike with enough rubber to get you home, pocket food, water/fluid, money for lunch and a Metro North bike pass as we ride out but take the train home. If in doubt about the weather call Fred and check the NYCC message board.

**B16** 72 mi  8:00 AM

Bergen/Rockland - Trees and Lakes

Leader: Wayman Thomas, wayman_thomas@msn.com

From: Boathouse

Once across the GW, the ride goes through verdant Bergen county—greenery or maybe autumnal—but, let’s bet that the trees still have leaves. Then deli lunch at 30 miles—another pit stop at 45. Bio break at 60. After lunch, we’ll ride along Lake de Forest. Then, Lake Tappan. Cancels: rain, greater than 85 degree weather, greater than 60% humidity.

**B19/16 55+/- mi  9:30 AM**

Nyack

Leaders: Hindy and Irving Schachter, 212 758 5738

From: First Avenue and E. 64 St., NW corner

Shortly after we cross the GW bridge we split into two groups. A faster group takes a hillier route including West Nyack and Christian Herald Road. A slower group takes a flatter, more direct way through the appropriately named Grandview-on-Hudson. We meet at the Runcible Spoon for coffee and camaraderie. Rain cancels.

**B16/16 71 mi  8:30 AM**

3rd Annual Memorial Irv’s Birthday Ride

Leader: Ed Sobin, 718-625-7452, esobin@keepsapanenergy.com

From: GWB Bus Terminal (178 St & Ft Wash Ave)

This is the continuation of Irv Weisman’s birthday ride series. He led this one when he was 71 (it was called 71 for 71). Using one of Irv’s circuitous (to avoid traffic and add scenic beauty) routes we will ride through Bergen and Rockland counties. This is a somewhat hilly ride, but as Irv would wish I’ll be riding up hills slowly (using low gears and spinning) while looking at the scenery.
B17 70 mi 9:00 AM
Armonk
Leaders: Wayne Wright, 212-873-7103, wwright8@nyc.rr.com and Ivy Pool, 212-496-4048, ivy_pool@hotmail.com
From: The Boathouse
Join us for a beautiful ride to Armonk and back, including a scenic spin along the Kensico Reservoir. We’ll pass by the residence of Bill and Hill in hopes of spotting of political honchos or maybe just early fall foliage. Smiles and helmets, please. Rain cancels. Check the NYCC message board if in doubt.

Sunday, September 28
A18 75 mi 8:30 AM
Lower Westchester Classics
Leader: Robert Gray, 212-593-0986, nyarchitect@msn.com
From the Boathouse
Whippoorwill, Seven Bridges, Pines Bridge Out through Ft Tyron and up to Scarsdale, Chappaqua and on to the Croton over the “Bridges.” Down map but definitely up Pines Bridge to the Sleepy Hollows and a quick run along the Hudson back home. Good tires, good attitudes and a train pass to keep your options open. Train bailouts available along the way. Email me for route details.

B17/18 100 mi 7:35 AM
Catskill Century
Leader: Ron Grossberg, 718-369-2413, Argee401@aol.com
From: Meet at 7:35 Grand Central for the the 7:53 train to Beacon
Via New Paltz, Ashokan, Kerhonkson and Minnewaska. Beautiful fall foliage ride returning to Beacon and the metro north back to GCT.

C14 40 mi 9:30 AM
Seacliff
Leader: Alinda Barth, 212-928-5399, ahb1@columbia.edu
From: The Statue of Civic Virtue (Queens); take the E or F train to Union Turnpike, front of train exit.
Let’s go to another favorite Long Island North Shore destination and have lunch at a spot with a spectacular view over Long Island Sound. The ride is over the typical rolling terrain of northern Long Island with gentle hills, shady roads and pretty scenery once we leave Queens. Bring two water bottles and money for lunch at a deli. Rain or 70% chance thereof cancels ride.

Saturday, October 4
NYCC Escape New York
100 miles: A22, A19, A17/18, B17
62 miles: A18/19, B17, B15, C14
50 miles: B15, C13/14, C12
We will need at least two leaders for each ride, please contact the appropriate ride coordinator to volunteer.

Sunday, October 5
Pumpkin Patch Pedal
Staten Island Bicycling Association
See Out of Bounds
B16 50 mi 9:15 AM
Back for Yom K Early—Pierrmont: an Unusual Route
Leader: Jay Jacobson, 845-359-6260, joanandjay@aol.com
From: The Boathouse
Possible routes include Rio Vista, Esplanade, Clausland Mtn, Tweed or Tallman Trail depending on wishes and abilities of group.

Out of Bounds
Sunday, September 7
New York City Century
15, 35, 55, 75 or 100 mile routes
Transportation Alternatives
The 14th Annual New York City Century Bike Tour features a selection of distances to match your ability, rest stops specially stocked with tantalizing goodies from our sponsors and magnificent views of New York’s bridges, neighborhoods and parks. On-line registration available until September 5th. For more information visit: http://www.transalt.org/calendar/century/index.html

Sunday, September 14
Harvest Rides 2003
100 mile, 100K, 75K, and 20 mile routes
Sound Cyclists Bicycle Club
The 14th fundraising bike tour for the Trumbull-based Make-A-Wish Foundation of Connecticut. This rain-or-shine event will offer riders a choice of 20-mile, 75-Kilometer, 100-Kilometer or 100-mile routes through scenic Fairfield County. All rides will depart between 7:30 AM and 10:00 AM from the Westport Train Station parking lot near Luciano Park. For more information, log on to www.soundcyclists.com, or call (203) 840-1757.

Sunday, September 21
2003 Golden Apple
125, 100, 75, 50, and 25 mile routes
Westchester Cycle Club
Our 22nd annual event will start and finish at the Metro-North parking lots at Goldens Bridge with distances from 25 miles to 125 miles. Lunch is included as well as food stops, cue sheets, and more. Registration fees are $20 until September 14 & $28 until the day of ride with proceeds benefiting local charities. For further information. You may register online at Active.com: http://www.active.com/event_detail.cfm?event_id=1070146

2003 Twin Lights Ride
75, 50, 30 and 15 mile routes
Bike New York and the Highlands Business Partnership
From: Highlands, NJ
Cue sheets, food stops and SAG support are all provided. Registration is $34 until September 12. Day of ride registration is will be available only to those who drive to the start and may not be available if ride limit is reached. If available, day of registration fee is $45 for adults, $35 for youths, 14 and younger. For more information check out: http://www.bikenewyork.org/twin-lights-ride.htm

Sunday, October 5
Pumpkin Patch Pedal
Staten Island Bicycling Association
See Out of Bounds

**Choos from Three Routes:**

- **7:30 am – Century Challenge**
  A rolling Full Century through scenic Bergen and Rockland Counties.

- **8:00 am – Rockland Roll**
  A Metric Century, rambling on lightly trafficked, beautiful roads.

- **9:00 am – Piermont Pleasures**
  A Half Century, to the charming village of Piermont on the Hudson.

**Sign up Today for Early Registration Fee savings**

**STOP/finish:**
Sakura Park, Manhattan.
122 St. & Riverside Drive: across the street from Grant’s Tomb.
Subway stop: 1/9 at 116th Street Columbia University.

- Lunch offered on all routes.
- Snacks and water provided along the way.
- All routes clearly marked: ENY, with route sheets.
- Free souvenirs and raffles for great bike stuff.
- Rain or shine.

**How to Sign up for**

- Fill out the attached form + send in a check.
- Log in online at www.nycc.org
- Register in person on the day of the event.

<table>
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<tr>
<th>Early Registration Fee</th>
<th>$23 until September 19, 2003</th>
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<tr>
<td>Day of Event Fee</td>
<td>$30 on October 4, 2003</td>
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**Extra Savings when you join NYCC (15 month membership)**

- **Individuals:**
  - $47 for Pre-Registrants — save $15.
  - $54 for Day-OF Registrants — save $8.

- **Couples:**
  - $76 for Pre-Registrants — save $24.

Save this page. No confirmation or additional materials will be mailed to you prior to the ride. Route sheets will be available at the start.

Cut off this panel and send in with payment.

**Make checks payable to:** New York Cycle Club

Mail registration and check to:
NYCC — Escape
P.O. Box 20541 • Columbus Circle Station • New York, NY 10023

**Waiver / Signature Required**

Be advised to wear a helmet for your own safety and as required by Rockland County. There is no rain date!

KNOW BEFORE YOU GO: In consideration of being permitted to participate in any way in New York Cycle Club (“Club”) sponsored Bicycling Activities (“Activity”) I for myself, my personal representatives, assignees, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately cease further participation in the Activity. 2. FULLY UNDERSTAND that a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH (“RISKS”); b) these risks and dangers may be caused by my own actions, or inaction, the action or inaction of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE “RELEASEES” NAMED BELOW; c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time, and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity. 3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE the Club, the LAB, their respective administrators, directors, agents and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the “RELEASEES” herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE “RELEASEES” OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATION; AND I FURTHER AGREE that if, despite the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releases, I WILL, INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which may incur as the result of such claim. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INEFFECTIVE, SETTING, NOTwithstanding, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Sign below. One person per form. May be duplicated.
As many of you know, Dustee Rhodes has been reassigned to the Guam office. We may get dispatches once in a while, but from now on we will be taking over with a slightly kinder and gentler though still naughty Road Dirt column. Now, on to the dirt:

While this is our first column, we’ve spent the last several months doing research in the field. To bring everyone up to date, here’s the scoop from the Memorial Day Berkshires weekend.

Despite the rain and the weather and more rain, the Berkshires weekend was once again a raging success. While many people wimped out and stayed home because of the forecast, a lot more braved the elements and had a fantastic time. What was really cool was how many new members showed up.

Of course, there were still plenty of old timers to contribute plenty of grit for the Road Dirt mill. For instance, poor Lianne Montessa drove all the way from her house in Sharon, Connecticut on Sunday, our only dry day, with hubby Herb Dershowitz, her bike and — no shoes!! With her characteristic grace and good spirit, Lianne waved all the cyclists off to their rides and drove on home. What she did that day we don’t know, but we do know that, along with Eva Wirth and a great venue-identification by Donna Kahn, Lianne helped coordinate a fabulous dinner that night.

Over 90 people attended the club dinner that Sunday night. As usual, our Pres-MC Tom Laskey tried to “embarrass the newbies” by making them introduce themselves and say a few words. It didn’t seem to work this time. Everyone was so busy telling how much fun they had had on their rides and how wonderful the SIGs had been, nobody had a chance to be embarrassed.

Speaking of embarrassment, how’s this? Seth Prince chose a shorter, easier ride up Bash Point swimming hole and escape the 90° heat. Instead, he stuck up River Road with baby Oliver Richard and he weighed in at six pounds, 12 ounces. Look for momma Hannah. Sts pioneer Bill Green and triathlete extraordinaire Jeanine Hartnett stuck their heads in for a minute but quickly retreated to the main room. Perhaps they preferred to discuss the fine points of the tour in their mutually fluent French.

There’s nothing quite like cycling the Lincoln Tunnel, with 50 friends, at 3AM. That’s what Alfredo Garcia, Isaac Brumer, Ed Pino and Mark Trarner got to do on July 26-27’s NYCC-5BBC “Veloped” ride. To top it off, their police escort serenaded the group with an a-capella “We are the champions” over their PA.

Cathy Martone (ex-NYCC public relations director) and David Hallerman (current NYCC public relations director) were married in June at the lovely Prospect Park Picnic House. Performing the ceremony? None other than NYCC member, the honorable judge Rick Braun. Several NYCC dignitaries were also in attendance including a few fellow board members and an assortment of ride leaders.

Next in line? Road Dirt hears that the long engagement between Simon Naduleck and Mary Ann Cotter may be reaching a happy conclusion sometime in September. Stay tuned for more details.

Former A-ride coordinator John Vazquez and wife Hanna brought a healthy baby boy into the world Sunday, July 13. His name is Oliver Richard and he weighed in at six pounds, 12 ounces. Look for momma Hannah stomping up River Road with baby Oliver strapped to her back in the very near future.

We can’t be everywhere. We need help from all of you. If you hear anything newsworthy—weddings, births, notable accomplishments, funny anecdotes or just plain juicy gossip—send us a brief write-up at: roaddirt@nycc.org.

A celeced due to the Thayer Hotel trashng our reservations for the first night with barely 2 weeks notice. “Make my day,” said the indefatigable Christy Guzzetta, who managed not only to save the weekend with the help of wife Jody Sayler, but with this year’s addition of live music on the Hudson River cruise, made the weekend one of the best ever. While the usual couples were bumpin’ and grindin’ on the dance floor, a few new couples appeared to be forming as well. Will you be reading about cycle club weddings whose origins date back to July 4th weekend 2003? As soon as we hear, we’ll let you know. The highlight of the cruise however, came when Christy unzipped his fly to show that he was wearing the red-white-and-blue boxer shorts he’d been given that morning at breakfast. Aw, how nice. He then stunned onlookers when he flashed down the boxers to show he was wearing the thong he’d also been given, underneath. The white type on the black thong reads “You’re a Winner!”

Oh yeah, there was riding too. Special kudos go to the C riders whose route the first day was supposed to be 40 miles but turned out to be almost 70, more than some in the group had ever ridden in one day. To top it off (literally), to get to Arden House, the first night’s hotel, all rides ended with a 3.5 mile climb that the intrepid C group managed to pull off with aplomb!

And of course, no weekend would be complete without some type of embarrassing faux pas and this one was no exception. On the last day, the A ride got off to an auspicious start as Christy, webmaster Timothy McCarthy and el presidente, Tom Laskey collaborated on a route home. Everything was going fine until the group got to Piermont. Very few cycle club rides ever go through that area so you can imagine that our fearless leader, was a bit confused and actually missed the turn unto 501. And speaking of faux pas, how did Christy’s Saturday B17 ride turn into a B23? Guess they couldn’t wait to get to the West Point swimming hole and escape the 90° heat.

Thanks to New Jersey’s finest: A group of 30 cyclists led by Carol Waaser had gone through Westwood heading south, approaching a merge onto Forest Ave— a difficult intersection. A local cop car pulled up next to her and asked where they were going. “River Edge Diner” she replied. Next thing they know, the cop pops the siren, speeds up to the intersection, blocks it with his car and proceeds to wave all 30 riders through. Carol invited him to lunch but we guess he couldn’t get off duty.

When you take a group of urban cyclists and bring them to the country for a day of riding with the Sound Cyclists as hosts, funny things can happen. The July All-Class ride was no exception. For instance, Maggie Clarke and Dorothy Fong were joined on their ride by a deer who broke out of a forest next to them, darted across the road and then ran along side them for a stretch leaving them speechless (not to mention breathless). Our question, was the deer using clinchers or sew-ups? And what about the Soundies’ alphabet? We know what A means but to the Soundies, B = A and we’ve even heard C+ = A. The B riders who showed up for the B ride were gasping for air at the first turn. The A riders were lucky to hang in on the back. Who says country living is relaxed? Finally, with all those fast miles behind them, the NYCC crowd plunged into the Long Island Sound head first. The Soundies looked on in wonder, “We never put our face in there” one was heard to exclaim.

If one thing is certain, we NYCCers know how to party. Large groups invaded bars in Brooklyn and Manhattan to watch the crucial stages of this year’s Tour de France and a great time was had by all. At Blondie’s on Manhattan’s Upper West Side, Michael Sopher not only organized a gathering in the back room with projection TV for over 50 people, he even took a turn as waiter to help organize paying the check. All manner of NYCC celebrity were on hand, el prez and wife, a former editor, veteran SIG leader Ms. Jody Sayler, webmaster Tim McC., you name it!! STS pioneer Bill Green and triathlete extraordinnaire Jeanine Hartnett stuck their heads in for a minute but quickly retreated to the main room. Perhaps they preferred to discuss the fine points of the tour in their mutually fluent French.

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Bicycle shops that offer discounts for NYCC members:

**A Bicycle Shop**
345 West 14th Street, NYC, NY 212-691-6149 or www.a-bicycleshop.com
abikshp@aol.com; 10% off non-sale items (not items already discounted).

**Bicycle Habitat**
244 Lafayette Street, NYC, NY 212-431-3315 or cncbike@aol.com
15% off parts and accessories. 10% off bikes, no discounts on sale items (no double discounts).

**Bicycle Heaven**
348 East 62 Street
New York, NY 10021 212-230-1919
www.bikeheaven.us
8.25% off accessories, repairs & bikes

**Bicycle Workshop**
175 County Road
Tennaflly NJ 07670 201-568-9372
10% off on part and accessories

**Bicycle Renaissance**
430 Columbus Avenue, NYC, NY 212-724-2350.
10% off repairs and accessories (not on sale items and new bikes).

**Bicycle Heaven**
348 East 62 Street
New York, NY 10021 212-230-1919
www.bikeheaven.us
8.25% off parts, accessories and repairs.

**Bicycle Paths**
138 Main Street, New Paltz, NY 845-255-8723
10% off parts and accessories. 10% off bikes. No discounts on sale items.

**Gotham Bikes**
112 West Broadway, NYC, NY 212-732-2453 or gotbik@aol.com;
10% off parts, accessories and repairs.

**Larry and Jeff’s 2nd Avenue**
Bicycles Plus
1690 2nd Ave. at 87th St., NYC, NY 212-722-2201, 15% off

**New Horizons Sports**
55 Franklin St., Westfield, MA 01085 413-562-5237
Don@NewHorizonsBikes.com
Certified Serotta Bike Fit Specialist
www.NewHorizonsBikes.com
www.BerkshireBrevets.com
10% off parts and accessories

**Piermont Bicycle Connection**
215 Ash Street,
Piermont, NY 10968
845-365-0900

**Bicycles Plus**
10% off repairs and accessories (not on sale items already discounted).

**Certified Serotta Bike Fit Specialist**
www.NewHorizonsBikes.com
www.BerkshireBrevets.com
10% off parts and accessories

**Toga Bike Shop**
110 West End Avenue, NYC, NY 212-799-9625 or gotbik@aol.com;
10% off parts, accessories and repairs.

**Year 2003**

**Membership Card**

**New York Cycle Club**
P.O. Box 20541, Columbus Circle Station
New York, NY 10023
www.active.com/event_detail.cfm?event_id=1025985

**New York Cycle Club Bulletin•**

**2003 renewal/membership application/change of address**

In consideration of being permitted to participate in any way in New York Cycle Club (“Club”) sponsored Bicycling Activities (“Activity”) I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately cease further participation in the Activity. 2. FULLY UNDERSTAND that (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH (“RISKS”); (b) these risks and dangers may be caused by my own actions, or inactions, the action or inaction of others participating in the Activity; the condition in which the Activity takes place, or THE NEGLIGENCE OF THE “RELEASEES” NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time, and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity. 3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE the Club, the Lab, their respective administrators, directors, agents and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the “RELEASEES” herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE “RELEASEES” OR OTHERWISE, INCLUDING NEGLIGENCE RESCUE OPERATIONS, AND I FURTHER AGREE that, despite the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which may incur as the result of such claim. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Check one: IQ Individual $24 ($12 after Labor Day)  IQ Couple residing at the same address $30 ($12 after Labor Day)

Check one: IQ New  IQ Renew  IQ Address change
Date: ____________________________
Check Amount: ____________________________

Check one: IQ Send me the print bulletin by mail
IQ Save the postage (and other expenses). I’ll collect the NYCC Bulletin on line.

Check (if applicable):
IQ Do not print my
IQ Do not print my partner’s

Name: ____________________________________________ Email: ____________________________________________ Signature

Partner: ____________________________________________ Email: ____________________________________________ Signature

Address: ____________________________________________ Apt. __________________

City: ____________________________________________ State: ______________________ Zip (required): ______________________

Day tel: ____________________________________________ Night tel: ____________________________

Make check payable to New York Cycle Club
You may also register online at active.com:
www.active.com/event_detail.cfm?event_id=1025985
YOUR CHANCE TO GET NYCC “LIBERTY” APPAREL IS ABOUT TO END.
YOUR CHANCE TO GET THE NEW CLUB JERSEY STARTS HERE.

We have a few “Liberty” long-sleeved jerseys and windbreaker jackets in stock. If you want them, now’s the time to buy.

Jersey . . . $60/$80
Jacket . . . $58/$78

All Unigender.

Prices include shipping and handling.

Size Chest
S 36
M 38
L 40
XL 42
XXL 44
XXXL 46

Prices include shipping and handling.

Now’s the time to order your new club jersey. The design features two of New York City’s most recognizable landmarks, but sees them as having parallels to parts of your bicycle. Jersey designer (and club member) Richard Rosenthal sees the cables of the Brooklyn Bridge as radial spokes in a wheel and by putting a wheel over the bridge the cables and spokes appear interchangeable. The sleeves observe a similarity of appearance between the spire of the Chrysler Building and a cogset. ~ Blue sky, brown bridge, black spokes with white glow, gold- yellow and blue building, blue-silver cogset, blue and yellow-gold type. Club name is large across rear pockets. Short sleeves only. Your check must be received by September 26. Send it along with your size to: NYCC, P.O. Box 20541, Columbus Station, NYC, NY 10023

Your chance to get NYCC “Liberty” apparel is about to end.

The jersey, made by an Italian company whose jerseys are on the backs of the Euro-pros, features a 3/4 zipper, a comfortable fit, and high-tech, super-wicking fabric. ~ We’re not stocking an inventory of it so if you want to get in on the first order, your order must be received by Sept. 26.

Price: $60

Enclose your check, payable to the New York Cycle Club, and indicate your size (see column on left). Not for sale to non-members.