BishBash Falls. All this and more await those who sign up for the NYCC Berkshires Weekend. (Photograph by Robin Read)
President's Message

For some, May is a month for mothers. Others associate May with flowers and still others of a more patriotic bent are thinking of Memorial Day. We in the New York Cycle Club however think of only one thing when the month of May is mentioned, our annual Berkshires weekend, which happens to coincide with Memorial Day. If you haven’t booked a room in the Sheffield/Gt. Barrington area yet, better hurry. You’ll also want to sign up for the big Sunday night dinner. You can do it on-line from our website, or send a check for $35 to our post office box. If you send a check, be sure to let us know where you’ll be staying, that way we can drop off the ride listings and cue sheets for the weekend’s rides. Fabulous riding, beautiful surroundings, the warm camaraderie of your NYCC cycling buds, you can’t beat it!!

File this one under the prez’s latest pet project - an NYCC Junior Division. Yes, you heard right, what about a junior division? When I was growing up, my bike and I were nearly inseparable. It got to the point where my parents set one place at the dinner table for me, and another for my bike. The problem was I had no direction as a budding cyclist. I could go up and down the street, around the neighborhood, to school and back but I never had the direction I needed to really develop as a cyclist. I can’t help thinking there are tons of kids in our fair city in the same situation. What are we doing about it here at NYCC? Well, since you ask, nothing. The esteemed Dr. Ed Fishkin, NYCC member and A19 SIG Captain devotes much of his spare time to a worthy organization called Recycle a bicycle, an organization dedicated to youth cycling. He informs me that there is still much room in our area for even more programs for youth cycling and it was his suggestion to start a youth division in our club. Well, as you can imagine, it won’t happen overnight and it won’t happen without some dedicated volunteers. Are you interested in working with kids? Do you want to organize rides for experienced youth cyclists? They’re out there so if we organize a junior division, I’ve little doubt they’ll come. If you’re interested, let me know: tomoboe@mindspring.com.

I’ll end on a slightly serious note. Once in a great while, a member will report on a less than satisfactory experience on a ride he or she participated in. The board takes these types of things seriously and has an interest in keeping them to an absolute minimum. Unfortunately, these occurrences are often reported in a way that is not likely to lead to any satisfactory resolution. I’m talking about anonymous posts on the message board or complaint emails that do not give specifics as to who the ride leader was, where the events took place, or any other information that can put the situation in the proper context. I can understand the reluctance to be a tattletale or to get someone in trouble however, that’s not the way to look at it. If someone has a legitimate complaint about a ride leader I would want to contact that leader, get their side of the story and work with them on preventing similar occurrences in the future. Or, it may turn out the ride leader is totally justified in their actions and the participant has it wrong. Either way, it’s far more constructive to share all the information privately with a board member (mysf, VP of rides, or ride coordinator) so that the problem can be dealt with in the most effective way possible.

Still no takers for Road Diet. I’m gonna’ keep mentioning it until someone steps up!!!!

- Tom Laskey

Editor’s Note

There is no editor’s note this month. We ran out of space.

- David Getlen

Check out our fabulous web site:  
http://www.nycl.org

Check out the new NYCC Message board:
Out of Bounds

Sunday, May 19
The Blooming Metric
Sound Cyclists Bicycle Club’s 25th Annual Bloomin’ Metric bicycle tour will once again be offering three great scenic rides - 25 miles, 75 kilometers and 100 kilometers. And you don’t need a car to get there. Metro North has added a special stop at East Norwalk on both the 5:40am and 6:40am trains from Grand Central to New Haven for cyclists taking part in the Bloomin’ Metric. They have waived the need for a bicycle permit on New Haven line trains all day and the limit on the number of bicycles allowed on board. For registration and more information http://www.soundcyclists.com/Bloomin.htm

Sunday, May 19
Montauk Century
For more than 20 years, May has meant the Montauk Century bicycle ride — one of the flattest century rides in the Northeast! Join 1,000 other cyclists in this annual extravaganza, pedaling from the city through the Hamptons to the ocean! In addition to the 65 miles, and challenging 100 miles routes there is now an experts-only 140-mile route. The package also includes excellent SAG support; free hot showers, a free hot meal, and free massage at the finish line; transportation home for you and your bike; plus lots of free souvenir swag. For more information: http://www.5bbc.org/

Sunday, June 2
Vermont Eco Bike Tour presented by Radiant Floor Company, Montpelier, Vermont.
The tour’s purpose is to raise funds for Rural Vermont, whose focus is in the preservation of family farms and sustainable agriculture. Rural Vermont is active in the cause against genetically modified products, and they work to revitalize rural communities. They have successfully opposed factory farms, as well as the spreading of sludge. Olympic mountain biker Pavel Cherkasov and his wife Jennifer are the Eco Bike Tour organizers. Details for registration can be found at www.athletes-fornewideas.org or calling 802.249.1283

Sunday, June 2
Bike-Boat-Bike ride
Presented by the Suffolk Bicycle Riders Association. Cycle through Long Island’s East End including the north and south forks and Shelter Island. Six different routes from 25 - 125 miles all beginning in Mattatuck, Long Island. Registration opens at 7:00am for the 125 mile route. For more information contact SBRA at 631-234-8950 or visit their website: www.sbraweb.org

Saturday, September 14
New York to the Hamptons Challenge
The Long Island Association for AIDS Care & Bias HELP LI PO Box 2859, Huntington Sta., NY 11746 www.bikechallenge.com info@bikechallenge.com Tel: 1-877-612-BIKE, Fax: 631-271-5720 Benefits HIV/AIDS education and services and hate crime prevention. Distance: 100 mi. Reg. info: $75 before 7/1/02; $100 after 7/1/02; Minimum pledges $1,100. Start: 7:00 a.m., South Street Seaport, NYC; Sponsors: TBA

NYCC Sleeveless Jerseys
New Sleeveless Jerseys designed for summer riding.

Sizes: UNISEX XS, S, M. L. XL, XL
Price: $46.00 + $3.50 Shipping / Handling

Address to send orders and checks:
Hans Schmidt
217 Broadway, #401
New York, NY 10007
Checks should be made out to New York Cycle Club
Please read this before your first club ride

NYCC RIDES are led by volunteer leaders who plan the route and maintain the listed speed (eg. B15 = 8 Style / 15 mph cruising speed - see chart). Our rides are described by pace and style because it’s more fun when the group is of similar ability. We ride for fun, fitness, and food.

RIDE STYLE indicates the type of riding. See chart at right. CRUISING SPEED indicates the ride’s speed on flat terrain. AVERAGE RIDING SPEED over rolling terrain is 3 mph less than cruising speed. This will vary plus or minus 1 mph, according to terrain. OVERALL SPEED, including all rest and food stops, is about 3 mph less than average riding speed.

SELF-TEST: Assess your personal cruising speed by riding 4 laps (244 miles) around Central Park at a comfortable pace and matching your time with the chart. NOTE: Riding fewer than 4 laps will give you a false assessment. The northern end of the park can be dangerous; ride with other cyclists.

YOUR FIRST NYCC RIDE: Be conservative. Choose a ride easier and shorter than you think you can ultimately handle. You won’t enjoy struggling to keep up with a ride that’s too fast for you, nor will the group enjoy waiting for you. It’s a good idea to call the leader a day or so before the ride, and introduce yourself when signing up at the start.

BEFORE ANY RIDE: Check that your bike is in good riding condition: brakes and derailleurs working well, tires pumped to the pressure or so before the ride, and introduce yourself when signing up at the start.

Be conservative. Choose a ride easier and shorter than you think you can ultimately handle. You won’t enjoy struggling to keep up with a ride that’s too fast for you, nor will the group enjoy waiting for you. It’s a good idea to call the leader a day or so before the ride, and introduce yourself when signing up at the start.

NEW YORK CYCLE CLUB

Bike passes are always required. There are no Bike Trains on holidays. Refer to roster for restrictions which apply at other times. If you are struggling to keep up with a ride that’s too fast for you, nor will the group enjoy waiting for you. It’s a good idea to call the leader a day or so before the ride, and introduce yourself when signing up at the start.

NEW YORK CYCLE CLUB

Bike passes are always required. There are no Bike Trains on holidays. Refer to roster for restrictions which apply at other times. If you are leading a ride and absolutely require a Bike Train at another time, you must call NYCC Metro North liaison, George Kaplan at (212) 989-0863 well in advance to try to arrange another train for your ride. Bike passes are available at Window 27 at Grand Central or by calling (212) 499-4398 for an application.

NEW YORK CYCLE CLUB

BRING: spare tube, tire levers, patch kit, pump, water, snacks, money, medical ID, emergency phone numbers and rail pass. We also suggest that you bring a lock. Leaders may specify other items in their ride listings.

BIKE TRAINS: On Saturdays and Sundays, MetroNorth has scheduled specific trains to/from Grand Central Station to accommodate large groups of cyclists. Bike trains are indicated by a bicycle symbol on the MetroNorth timetable. Schedules change frequently.

SCHEDULE: Here is the schedule as of February 6th, 2000. Contact Metro North for the most current schedule:

<table>
<thead>
<tr>
<th>Outgoing from GCT</th>
<th>Returning to GCT</th>
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</thead>
<tbody>
<tr>
<td>GCT&gt;Poughkeepsie</td>
<td>7:43am (Hudson Line)</td>
</tr>
<tr>
<td>GCT&gt;Poughkeepsie</td>
<td>8:54am (Hudson Line)</td>
</tr>
<tr>
<td>GCT&gt;Brewster North</td>
<td>7:48am (Harlem Line)</td>
</tr>
<tr>
<td>GCT&gt;Brewster North</td>
<td>8:48am (Harlem Line)</td>
</tr>
<tr>
<td>GCT&gt;New Haven</td>
<td>8:07am (New Haven Line)</td>
</tr>
<tr>
<td>GCT&gt;New Haven</td>
<td>9:07am (New Haven Line)</td>
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<table>
<thead>
<tr>
<th>Cruising Speed</th>
<th>Central Park Self Test</th>
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</thead>
<tbody>
<tr>
<td>22+ mph</td>
<td>1’10” or less</td>
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<tr>
<td>21</td>
<td>1’10” to 1’13”</td>
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<tr>
<td>20</td>
<td>1’13” to 1’16”</td>
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<tr>
<td>19</td>
<td>1’16” to 1’20”</td>
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<tr>
<td>18</td>
<td>1’20” to 1’25”</td>
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<td>17</td>
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<td>16</td>
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<tr>
<td>11</td>
<td>2’30” to 2’50”</td>
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<table>
<thead>
<tr>
<th>Riding</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>A</td>
<td>Vigorous riding with advanced bike handling ability including cooperative paceline skills. Stops every 2 hours or so.</td>
</tr>
<tr>
<td>B</td>
<td>Moderate to brisk riding with more attention to scenery. Stops every hour or so.</td>
</tr>
<tr>
<td>C</td>
<td>Leisurely to moderate riding, sightseeing and destination oriented. Stops every half-hour or so.</td>
</tr>
</tbody>
</table>

NEW YORK CYCLE CLUB

May 2002

Rides List

Always wear your helmet!

Wednesday, May 1

A20+/- 52+/- Miles 10:00 AM Sharp

Wednesday Morning Spin
Leader: Jeff “El Jefe” Vogel 718-275-6978; CPAcycles@aol.com
From the Boathouse
Join us for a weekly spin through Bergen and Rockland Counties. Our destination will probably be Nyack, but other suggestions will be entertained based on the weather and group consensus.

A-19 30 +/- miles 10:00 AM

HILL REPEATS
Leader: Anthony Donato (212) 923-5924 NYC181@aol.com
From: GW Bridge (NJ Side) near the Military Humvee site.
This ride is about hill training endurance. So let’s throw the sprinters out the window. It’s also how the major tours are won. And that’s HILLS…HILLS…HILLS. Our destination is River Road. The group decides what hill/hills to climb last (whether it’s Walnut, Booth, or Churchill) on our return trip. The usual cancels and helmets are required. Check the NYCC message board for last minute cancellation or call me at home before 9:30am if in doubt.

B15 50 Miles 9:00 AM

Nyack
Leader: Bill Strachan 212-677-6951 917-369-1807
nycezrider@aol.com & Jon Adler 212-677-6951 917-369-1807 jadler8@nycc.rr.com
From: 72nd St & Riverside Drive
International Workers Day Ride. We need a day off! And off we go to Nyack for some lumpen proletarian fun. We leave at 9:15 and abandon the below 40°F caveat. 30% chance of rain cancels but call Bill at 8 to double check.

B15 15-20 Miles 7:00 PM

Prospect Park
Leaders: Ron Grossberg 718-369-2413 718-369-1568 argece401@aol.com & Ralph Yozzo ryozzo@verizon.net
From: Grand Army plaza entrance
Laps of Prospect Park (if time and weather permits may go to Coney Island.

C 14 18 miles 7:00 PM

Wednesday Night Stress Busters
Leaders: Peter Hochstein (212)-427-1041 & Dave Sabbarese (dsabbare@firstmanhattan.com)
From: The 5th Ave & 90th St Gate in Central Park
Let’s get back into our comfortable Weds night routine by doing 2 or 3 park loops. This mid-week spin is perfect for losing that work related stress, or just keeping in tune between those weekend rides to Nyack & Oyster Bay. We’ll take it easy, so newer NYCC members are especially welcome. Bring a helmet, water bottle, and blinking lights are a good idea as we usually end up after dusk. Libations afterward are always a possibility. Rain cancels.

Thursday, May 2

A19 Laps in the Park 5:30 AM

Tuesday and Thursday morning training series
Leader: Linda Wintern (212-876-2798; lwintern@excite.com)
From: 90th Street and Fifth Avenue (Engineer’s Gate)
Please join me for laps and training exercises in the Park. I know it’s early, but I’d like to beat the crowds that are starting to come out now that the weather is nice. Trust me - it is really beautiful and peaceful.

http://www.nycc.org
Lead A Ride

Pick a date, pick a pace, pick a destination, pick a route, write it all up and submit to the appropriate ride coordinator by the second Tuesday of the month before you want to lead your ride. Lead enough rides during the year and you qualify for a special prize:

5 Rides - FREE NYCC Water Bottle
12 more more Rides - FREE NYCC Ride leaders Vest (You can’t buy one of these, you can only get one by leading 12 or more rides)

Ride leader incentives are given out in December. Leaders who lead 12 or more rides will receive the vest only. Leaders will only receive the vest for one year’s rides.

A-rides co-ordinator = John Vazquez (212) 923-5924 JohnVazquez@asbinc.com
B-rides co-ordinator = Stan Oldak (212) 780-9950 stanonyc@aol.com
C-rides co-ordinator = Robert Gray (212) 593-0986 nyarchitect@email.msn.com

that early and our gorgeous double rotating paceline is the most fun when we start it early, before the rollerbladers show up. If 5:30 am is just too difficult for you, however, please feel free to join us on the second lap at approximately 5:55 am (or catch us somewhere along the way). By the way, if you don’t know how to paceline or do the other training exercises (e.g., hill repeats), we’ll teach you. Precipitation and/or really wet ground cancels. Helmets required.

A-19 30 +/- miles 10:00 AM
HILL REPEATS
Leader: Anthony Donato (212) 923-5924 NYC181@aol.com
From: GW Bridge (NJ Side) near the Military Humvee site. This ride is about hill training endurance. So let’s throw the sprinters out the window. It’s also how the major tours are won. And that’s HILLS..HILLS..HILLS. Our destination is River Road. The group decides what hill/hills to climb last (whether it’s Walnut, Booth, or Churchill) on our return trip. The usual cancels and helmets are required. Check the NYCC message board for last minute cancellation or call me at home before 9:30am if in doubt.

C12 23 miles 10:00 AM
Staten Island Chocolates / NYC Bike Show
Leaders: Trudy Hutter, TWCinNYC@aol.com (212-838-2141), Ann Shorter, Alfredo Garcia.
From: Central Park Boathouse
Gatorade libation, gooey confection and a chance to preview bike wares in a day. Ride to Staten Island to check out the Superior Confections (chocolate) factory outlet. Have lunch at the Staten Island Botanical Garden (bring lunch or money for it). Return to Manhattan for the NYC Bicycle Show (optional) at the Penn Plaza Pavilion, 7th Ave & 33rd St. Show opens at 5:00 PM; Check trip-related websites http://www.superiorconfections.com & http://www.nycbicycleshow.com. Co-listed with The Weekday Cyclists, 5BBC, TA and Times Up! Helmets required. Wet weather at the start cancels.

Friday, May 3

B16 55 Miles 9:15 AM
Long Beach LI
Leader: Ron Grossberg 718-369-2413 argee401@aol.com
From: City Hall Park opposite Brooklyn Bridge bike path
Ride to Long Beach and time permitting Point Lookout. Picnic lunch by the ocean. Call or e mail to confirm.

Saturday, May 4

A-19 SIG Ride 80 miles 9:00AM
Ride #10 South Mountain Road
SKILL: More Hillier Hills
Leaders: Keith Goldstein (212)982-9461 and Marcy Bloomstein (212) 367-0407
From: Boathouse parking lot
Arrive before 9:00 A.M. We want to get started early or at least on time today. And you thought last week was tough? More hills today (they don’t call it South Mountain Road for nothing). Practice makes perfect. Maybe you’ll see nirvana or are you just hallucinating from the oxygen debt? You’ll slide back on your saddle, extend those legs and power up as your groups attack hill climbing again. By the time we finish this ride, you will be repeating the mantra, “I love hills, I love hills,… I hate Ed, I hate Ed…” The payoff comes at the finish line. We’ll sail into Central Park and cruise to the hill with the audience standing and screaming at our triumphant arrival. Don’t forget your pocket food and drink plenty of water before, during and after the ride. You won’t believe how great you look and feel. Save a few smiles for the post ride social on the hill. Some of you still haven’t submitted your ride listings yet. A commitment for you to lead two rides is a prerequisite for graduation.

A-19+ 93 Miles 8:00AM
Spring Training Series - Storm King/Indian Mtn/Poughkeepsie
Leaders: Hank Schiffman (212) 529-9082, schiffhank@aol.com; Bill Greene (718) 832-6618, bgreene@nac.net
From: The Boathouse

Check out our fabulous web site: http://www.nycc.org
Check out the new NYCC Message Board: http://www.nycc.org/bb_frame.html
(Continued from Page 5)

With some minor modifications, this route was shamelessly lifted from Fred Steinberg. And Fred did his homework on this one. A hilly ride up Little Tor, Old Gate Hill, and 7 Lakes Drive then a short stretch up 9W for the “entertaining” ascent of Mountain Ave. above West Point on to Storm King and its sweeping Hudson vista, lunch at Painters in Cornwall, apple blossom time among the orchards of Marlboro, Indian Mtn Rd. (great Berkshire views), and finally the train back from Poughkeepsie! MetroNorth Bike Pass, spending pelf, helmets, paceline skills, buff quads, and stamina are essential. Rain date: Sunday, May 5. Check the NYCC bulletin board if in doubt or call the leader no later than 1 hr. before the ride. You probably don’t deserve to do a ride like this but do it anyway; you’ll love it.

B16-B18 85-95 miles 8:00 AM
B-Classic SIG West Point to Cold Spring
Leaders: Eva Wirth (212) 477-9322, ewirth@yahoo.com; Liane Montesa (212) 929-0787, lianemontesa@hotmail.com
From: Rambles Shed (north of Boathouse on East Drive)
Congratulations! This is your graduation ride. It’s a fine and lovely route through Bergen, Rockland, Orange, and Putnam counties. We’ll cross Harriman State Park on the great Seven Lakes Drive, then cross the Beacon-Newburgh Bridge north of West Point and ride down 9D to Cold Spring, where we’ll catch the train home. (If there’s enough time, we can all have a post-SIG celebration at the station cafe in Cold Spring.) Bring pocket food and then some extra—there aren’t many food stops, there’s no sitdown lunch, but it’s a long and great ride. MetroNorth pass required.

B15 Flat 52+miles 9:00AM
CT Gold Coast Ride Lower Section
Leader: John Zap Day 212-219-3339, Eve 203-972-9339
From: Meet at Grand Central Station for the 9:07 AM New Haven train to Darien,
A leisurely scenic ride along Fairfield County’s coastline from Darien to Stratford. A scenic easy ride to start the season with. Next month the upper section, then the entire coast in July. We’ll stop at Compo Beach in Westport, (for snacks, water) and then a late lunch at Captain’s Cove or nearby vegetarian restaurant in Bridgeport. Then a tour of Lordship on the way to Stratford Train Station. Return approx. 3:15pm or 4:11pm depending on finish time.

C-SIG
Contact: Paul Hofherr (212) 737-1553 (bikeman 999@aol.com); Jim or Patricia Janof (212) 737-1668
If your ride leaders haven’t contacted you about start time and location, call the above to confirm. Bring spare tube, water bottles, helmet, pump, lock and money for lunch. Usual conditions postpone to Sunday.

A 20 56 Miles 9:00AM
River Road-Bradley-Tweed
From The Boathouse
Leader: Richard Rosenthal, (212) 371-4700, BikeAdman@aol.com
Gorgeous (wild flowers, water falls, the cliff, the river) and car-less River Road for 9 miles with its hills that are warm-ups for Bradley and Tweed. See description on Message Board. Come and beat someone up a hill. Me. I don’t do rain and I’d rather not do lunch.

Sunday, May 5

A18 51 miles 8:00 AM
Start Early, Back Early

Leader: Peter O’Reilly 212.414.1937
From: The Boathouse
Last time I listed this ride it was a washout. Let’s head over the GWB and take a spin into NJ and visit the Country store for a stack of pancakes in Ridgewood or to a notable diner in Westwood. Expect to be back early in time to catch an afternoon matinee. Wet stuff cancels. Call to confirm ride if weather forecast is questionable.

B16 50MI 9:00 AM
Spring Ride
Leader: You Decide
From: The Boathouse
A friendly “get out of the house and on the road” ride. It’s a beautiful spring day. Get those pedals moving and meet at the boathouse.

Monday, May 6

A19 30 +/- miles 10:00 AM
HILL REPEATS
Leader: Anthony Donato (212) 923-5924 NYC181@aol.com
From: GW Bridge (NJ Side) near the Military Humvee site.
This ride is about hill training endurance. So let’s throw the sprinters out the window. It’s also how the major tours are won. And that’s HILLS..HILLS..HILLS..Our destination is River Road. The group decides what hill/hills to climb last (whether it’s Walnut, Booth, or Churchill) on our return trip. Theusual cancels and helmets are required. Check the NYCC message board for last minute cancellation or call me at home before 9:30am if in doubt.

Tuesday, May 7

A19 Laps in the Park 5:30 AM
Tuesday and Thursday morning training series
Leader: Linda Wintner (212-876-2798; lwintner@excite.com)
From: 90th Street and Fifth Avenue (Engineer’s Gate)
Please join me for laps and training exercises in the Park. I know it’s early, but I’d like to beat the crowds that are starting to come out now that the weather is nice. Trust me - it is really beautiful and peaceful that early and our gorgeous double rotating paceline is the most fun when we start it early, before the rollerbladers show up. If 5:30 am is just too difficult for you, however, please feel free to join us on the second lap at approximately 5:55 am (or catch us somewhere along the way). By the way, if you don’t know how to paceline or do the other training exercises (e.g., hill repeats), we’ll teach you. Precipitation and/or really wet ground cancels. Helmets required.

A-19 30 +/- miles 10:00 AM
HILL REPEATS
Leader: Anthony Donato (212) 923-5924 NYC181@aol.com
From: GW Bridge (NJ Side) near the Military Humvee site.
See Monday May 6 for ride description

Wednesday, May 8

A20+/- 52+/- miles 10:00AM Sharp
Wednesday Morning Spin
Leader: Jeff “El Jefe” Vogel 718-275-6978; CPAcycles@aol.com
From the Boathouse
Join us for a weekly spin through Bergen and Rockland Counties. Our destination will probably be Nyack, but other suggestions will be entertained based on the weather and group consensus.

(Continued on right hand column of Page 7)
Memorial Day Weekend
Berkshire Hills and Beyond
May 24, 25, 26 and 27, 2002

As sure as spring turns to summer, the swallows return to Capistrano and each NYCC training series returns to Central Park and beyond. The New York Cycle Club returns to the Berkshires Hills and settles into the small towns of Sheffield, Great Barrington and destinations in between for the holiday weekend. First known as “The Sheffield Weekend”, this weekend has become so popular over the years that it is now called “The Berkshires Weekend”.

Join us for three days of riding at all levels, picnic lunches and beautiful scenery in the Southern Berkshires. We also offer pre-weekend rides from New York City to the Berkshires using Metro-North trains to give us a head start. We will be trying some new routes this year and revisiting some classic old ones. (Is it Bish Bash or Bash Bish?) After riding, we will have a dinner at one of the Southern Berkshires nicest restaurants on Sunday night. Though the leaves are just about making their appearance, there is still time to make your plans for the Memorial Day plans.

Details
Most rides start each morning near the center of Sheffield at the High School on Berkshire School Road. This road connects Routes 7 and 41 just south of Sheffield. On Route 7, look for the Police station for the turn. Some rides will also leave from the vicinity of the Days Inn in Great Barrington. Details of all rides will be in the May Bulletin and in the hand-outs distributed to your lodging. To insure that your accommodation receives the handout, please let us know where you are staying.

We strongly encourage pre-registration for the Sunday night dinner this year. Please pre-register on the website and collect frequent flyer members or send a check for $35 to the PO box. After May 20, there will be an additional charge and seating at the door is subject to availability.

For those of you able to get away on Friday, we also have a number of train-assisted rides up to the Berkshires on Friday. Please see the ride listings for details of the ride. For the luggage shuttle, see the contact info below. The luggage shuttle can accommodate one weekend bag for drop off from a Manhattan location to at a central location either in Sheffield or Great Barrington.

Lodging
Accommodations vary from full service hotels to country inns and B&B’s. Each participant makes arrangements on an individual basis.

Accommodations in Sheffield are a selection of comfortable B&B’s. Full service accommodations are located in Egremont and Great Barrington, but you are here for the riding and most of the riding is in Sheffield. Also, room shares are frequently posted on the NYCC Bulletin Board.

There are two wonderful websites with information on lodgings. These include the Southern Berkshire Chamber of Commerce www.greatbarrington.org (413 528 1510) and the Lodging Guide to the Southern Berkshires www.berkshirerlodging.com, (413 528 1510) The Chamber of Commerce also has a great deal of additional information on the area while the Lodging Guide features photos of many B&B’s. For the location of the starting point and other locations mentioned, see www.mapquest.com.

For more info
For additional information, e-mail berkshires@nycc.org. For sharing of lodgings or automobile rides to the Berkshires, feel free to post or respond to such listings on the NYCC Bulletin Board or berkshires@nycc.org. When you have made arrangements for accommodations, we would greatly appreciate a line as to their location so we may send info packets to your accommodations. These packages include useful details for the weekend as well as cue sheets. This will also let us better plan the weekend’s events.
Join your fellow club members for **Indian food** at Jackson Diner. Voted by Zagat’s readers as the “best Indian food in NYC” “authentically delicious” and “cheap”.

37-47 74th Street (between Roosevelt and 37th Aves) Jackson Heights, Queens
718-672-1232   Cash only

Near 74/Roosevelt subway stop E/F/7/RR.
C13 28 Miles 9:30 AM
It's Mother's Day! Ride to Herman MacNeil Park
Leader: Trudy Hutter (212) 838-2141 trudyth@aol.com
From: Roosevelt Island Tramway Plaza, Second Ave. betw. 59th & 60th Sts
See the Manhattan skyline from Herman MacNeil Park in College Point, Queens. Join us for a scenic ride as we go over the Queensboro Bridge; weave our way around Shea Stadium and through Flushing Meadow Park on some unfrequented roads. We’ll pick up lunch and eat it in the park while taking-in the wonderful view of the city. Bring a spare inner tube, lunch or money for it, and you must wear a helmet. Co-listed & with 5BBC The Weekday Cyclists.

Tuesday, May 14
A19 Laps in the Park 5:30 AM
Tuesday and Thursday morning training series
Leader: Linda Wintner (212-876-2798; lwintner@excite.com)
From: 90th Street and Fifth Avenue (Engineer’s Gate)
Please join me for laps and training exercises in the Park. I know it’s early, but I’d like to beat the crowds that are starting to come out now that the weather is nice. Trust me - it is really beautiful and peaceful that early and our gorgeous double rotating paceline is the most fun when we start it early, before the rollerbladers show up. If 5:30 am is just too difficult for you, however, please feel free to join us on the second lap at approximately 5:55 am (or catch us somewhere along the way). By the way, if you don’t know how to paceline or do the other training exercises (e.g., hill repeats), we’ll teach you. Precipitation and/or really wet ground cancels. Helmets required.

Wednesday, May 15
A20+/ 52+/- Miles 10:00AM Sharp
Wednesday Morning Spin
Leader: Jeff “El Jefe” Vogel 718-275-6978; CPAcycles@aol.com
From: The Boathouse
Join us for a weekly spin through Bergen and Rockland Counties. Our destination will probably be Nyack, but other suggestions will be entertained based on the weather and group consensus.

B15 15-20 miles 7:00 PM
Prospect Park
Leaders: Ron Grossberg 718-369-2413 718-369-1568 argee401@aol.com & Ralph Yozzo ryozzo@verizon.net
From: Grand Army plaza entrance
Laps of Prospect Park (if time and weather permits may go to Coney Island.

C12 18+/ Miles 6:45 PM
Manhattan Evening Ride on Greenways/Pathways
Leader: Trudy Hutter (212) 838-2141 trudyth@aol.com
From: Plaza Hotel Fountain, 5th Ave. betw. 58th & 59th Sts
In celebration of Bike Week, join us for this annual fun leisurely evening ride on Manhattan’s Greenways/Pathways. We plan to go through Central Park, down the West side pathway to Battery Park, through South Street Seaport, and up the East side. We’ll get back to the Plaza Hotel at approx. 9:30 PM. Bring pocket food, water, spare inner tube, and you must wear a helmet. Co-listed with 5BBC & The Weekday Cyclists.

C 14 18 miles 7:00 PM
Wednesday Night Stress Busters
Leaders: Peter Hochstein (212)-427-1041 & Dave Sabbarese

Thursday, May 16
A19 Laps in the Park 5:30 AM
Tuesday and Thursday morning training series
Leader: Linda Wintner (212-876-2798; lwintner@excite.com)
From: 90th Street and Fifth Avenue (Engineer’s Gate)
See Tuesday May 14 for ride description

B16 15 miles 7:45 PM
Weeknight Loops-in-a Line
Leader: Stan Oldak stanonyc@aol.com H 212-945-9801
From: The benches across from the boathouse
A little later start for those of us who work just a little later (I’ll be coming straight from the office). We’ll do 3 or 4 laps. It may be dark when we finish. But what of it?? We’ll ride in a double paceline (no experience needed). A refreshing weeknight ride. Maybe pizza after the ride. Flashing rear red light and headlight recommended for the ride home. Rain cancels.

Friday, May 17
B16 55 miles 9:20 AM
Staten Island perimeter
Leader: Ron Grossberg 718-369-2413 argee401@aol.com
From: S I Ferry terminal Manhattan
Staten Island Perimeter. Call or mail to confirm.

Saturday, May 18
A-SIG Classic 108 miles 7:00AM
Ride #13: Bear Mountain The graduation ride!
NOTE EARLIER START TIME
Leaders: Damon Hart (212) 753-0204 and Timothy McCarthy (718) 204-7484
From: Boathouse parking lot
Bring your caps, gowns, cameras and champagne. Today we finish with a blast. Please note that we take off at 7:00! Be at the parking lot, signed in, helmets on and bladders emptied by 6:45. We’ll barrel north along the Hudson, stopping for fuel in Stony Point, NY, then climb up Perkins Drive to the top of Bear Mountain. From this point, we head west along the rolling beauty of Seven Lakes Drive out to Sloatsburg, NY. We then head SSE through Suffern, Airmont (where we break to refuel), Saddle River and Ridgewood toward NYC. The ride ends with a celebratory reunion on the hill across from the Boathouse in Central Park. What a fabulous day and a fabulous series! Bring pocket food, sun block and lots of water. How much will you miss us next week? Rain date: Sunday, May 19

A21+ 105+/- miles 7:53 GCT to Poughkeepsie
Spring Training Series - The Grand Finale: Glade Hill
Leaders: Peter Walker, 212-831-4418, pwalker5@nyc.rr.com;
(Continued on Page 10)
The Third "Sunday Singles Cycling Affair" Bike Ride for Singles Only

Sunday, June 9, 2002

Participating Clubs:
New York Cycle Club, Five Borough Bicycle Club, Bicycle Touring Club of North Jersey, Central Jersey Bicycle Club, Staten Island Bicycling Association, Bicycle Club of Philadelphia, South Jersey Wheelmen,

It’s back again!! You loved it last year, and you’ll love it even more this year! Come and join the most unique, popular singles bike event on the east coast… the third Sunday Singles Cycling Affair! This FREE ride is a blast for all singles! This year, we are expecting over 400 cyclists from the tri-state area. Free breakfast, post-lunch entertainment cue sheets, arrows. Bike transport from NYC.

Details and registration, visit: www.active.com/event_detail.cfm?event_id=981199
ing categories, and is suitable for stronger riders. Metro North pass and Helmet required.

C13  40+ miles  9:30 AM Sharp
Sheepshead Bay
Leader: Peter Hochstein (212) 427-1041
From: Boathouse perimeter fence.
Think wet. This ride takes us along one river, across another river, then along the Brooklyn shoreline, to the beach at Sheepshead Bay. A ride along the boardwalk in Coney Island enroute to Sheepshead Bay is also possible. No hills, except for the ramp up the Brooklyn Bridge. Several subway bailouts available in case you bonk. Beach picnic if it’s warm enough, (you’ll have to carry your food a couple of miles) diner lunch otherwise. Bring lock, pump, patch kit, helmet, water bottle, bicycle bag and lunch money. Rain at 8:45 a.m. cancels. Call if in doubt.

Tuesday, May 21

A19  Laps in the Park  5:30 AM
Tuesday and Thursday morning training series
Leader: Linda Wintner (212-876-2798; lwintner@excite.com)
From: 90th Street and Fifth Avenue (Engineer’s Gate)
Please join me for laps and training exercises in the Park. I know it’s early, but I’d like to beat the crowds that are starting to come out now that the weather is nice. Trust me - it is really beautiful and peaceful that early and our gorgeous double rotating paceline is the most fun when we start it early, before the rollerbladers show up. If 5:30 am is just too difficult for you, however, please feel free to join us on the second lap at approximately 5:55 am (or catch us somewhere along the way). By the way, if you don’t know how to paceline or do the other training exercises (e.g., hill repeats), we’ll teach you. Precipitation and/or really wet ground cancels. Helmets required.

Wednesday, May 22

A20+/-
52+/- miles  10:00 AM Sharp
Wednesday Morning Spin
Leader: Jeff “El Jefe” Vogel 718-275-6978; CPAcycles@aol.com
From: The Boathouse
Join us for a weekly spin through Bergen and Rockland Counties. Our destination will probably be Nyack, but other suggestions will be entertained based on the weather and group consensus.

B16  50 miles  9:00 AM
Nyack
Leader: Bill Strachan 212-677-6951 917-369-1807
nycezrider@aol.com & Jon Adler 212-677-6951 917-369-1807 jadler8@nyc.rr.com
From: 72nd St & Riverside Drive
Here’s a chance for us all to be “post grads”. Hills, pacelines, cooperative riding and congeniality are all second nature to us now. Let’s celebrate. 30% chance of rain cancels but call Bill by 8 am to check it out.

B15  15-20 miles  7:00 PM
Prospect Park
Leaders: Ron Grossberg 718-369-2413 718-369-1568
argee401@aol.com & Ralph Yozzo ryozzo@verizon.net
From: Grand Army plaza entrance
Laps of Prospect Park (if time and weather permits may go to Coney Island.

Thursday, May 23

A19  Laps in the Park  5:30 AM
Tuesday and Thursday morning training series
Leader: Linda Wintner (212-876-2798; lwintner@excite.com)
From: 90th Street and Fifth Avenue (Engineer’s Gate)
See Tuesday May 21 for ride description

B16  15MI  7:45 PM
Weeknight Loops-in-a Line
Leader: Stan Oldak stanonyec@aol.com H 212-945-9801
W(day of ride only) 212-995-8888
From: The benches across from the boathouse
A little later start for those of us who work just a little later (I’ll be coming straight from the office). We’ll do 3 or 4 laps. It may be dark when we finish. But what of it?? We’ll ride in a double paceline (no experience needed). A refreshing weeknight ride. Maybe pizza after the ride. Flashing rear red light and headlight recommended for the ride home. Rain cancels.

Memorial Day Weekend in the Berkshires

If you haven’t made arrangements for annual NYCC weekend in the Berkshires there is still time. The riding is great, the company couldn’t be better and there’s a great dinner/party to wind things up. Check the NYCC web page for further details and links to local hostels.

The following rides are for those who want to get an early start on the weekend by taking a Metro North train to either North White Plains, Brewster or Wassaic and riding the remainder of the way to their weekend lodgings. Additional rides may be posted. Contact Fred Steinberg fsteinberg@nyc.rr.com 212 787-5204 and check the NYCC bulletin Board for updated ride information.

If you want to ride on your own from the various Metro North stations contact the ride leaders below for route information.

There will be return rides to the Wassaic and Poughkeepsie Metro North stations on Monday, May 27th. The details will be in the weekend information packet and will be updated at the dinner/party.

Thursday/Friday May 23-24

B-15/16  70MI each day  9:30 AM
Self-contained to the Berkshires
Leader: Carol Waaser 212-581-0509 biker-c@rcn.com
From: The Boathouse
The scenic way to Sheffield – we ride from Manhattan to Brewster on Thursday, stay in a motel that night, then ride from Brewster to Sheffield on Friday. You can do this carrying only the bare necessities for Thursday night’s stay (a seatpost rack with a small bag bungeed on will do) or you can carry all your gear for the weekend in panniers (as I will be doing). I did this last year and it’s an absolutely beautiful ride. If you want to try semi-loaded touring, it’s a great start. We’ll try to find someone with a car to carry our bags back to New York on Monday so we can do the speedier ride to Poughkeepsie to catch the train. If interested, contact leader by May 10 so I can make motel reservations.

(Continued on Page 12)
Please note: the meeting times posted below are based on the current Metro North schedule. The schedule for the Memorial Day weekend is not available as we go to press. Contact the ride leaders to confirm train and meeting time. You must allow time to purchase your ticket, buy whatever munchies, etc, get to the platform and load your bike.

Friday, May 24

A19+ 99 - 125+ miles 7:30 AM
From the Boathouse or GCT
Leader: Hank Schiffman (212)529-9082
schiffrhk@aol.com
Vogel Route to Sheffield
Yes, this is the famous Vogel route to Sheffield, Ma. Interested riders will contact me to voice their preference on whether to leave from the Boathouse (for the Gestalt of hither to yon) or the 7:48 AM AT GCT for North White Plains, saving something for the weekend rides. Included are Dingle Ridge Rd with the fast downhill, Joes Hill (oh my!) and the unforgettable 4 mile climb of East Street. Lunch at the (Great) American Pie Co in Sherman, CT. With luck we will meet up with other rides in Kent. We end at the Stagecoach Inn for libations in Sheffield. You will need a MetroNorth pass, 2 spare tubes, cash and (Jeff, please forgive me) a helmet. You will also need to arrange for you weekend stuff to be brought up to Sheffield. All intended riders need to contact me prior to the ride. Others may join in along the route but we need to get out signals straight. Also, daytrippers can get on in all 3 hillclimbs and take the train back from Waasaic.

A18 65 +/- MI 9:30 AM
Same thing this year...
Leader: Fred Steinberg fsteinberg@nyc.rr.com 212 787-5204
From: Grand Central Terminal
The riding starts in Brewster. Its the same route as last year, which was perfectly un-flat. Lunch is in Kent. We’ll take the hard route from there, with some serious climbing up Sharon Mountain. An alternate cue sheet will be available. The ride will officially end, as always, at the Stagecoach Inn, where we will hoist a pint or two in memory of fellow wheelman Mark Martinez, who traditionally led this ride, and whose presence will be missed.

B17 65+/- miles B17 9:30 AM
Brewster North to Sheffield  Time: TBA
Meet: Grand Central Terminal
Leaders: Linda Wintner (212-876-2798) and Rick Braun (212-477-2575)
Join us for breakfast on the train and then a lovely ride up to Sheffield. It’s a bit hilly, but we have a detour around the worst of the hills (unless the group begs to do it!), and its worth it -the route is really pretty. There’s a nice lunch stop in Kent, Ct. If the weather is bad, we’ll either take the train to Waasaic and ride only 30 miles to Sheffield or scrounge around for a car ride and not ride our bikes at all. So call to confirm if the weather looks iffy. (Call to confirm anyway, in case our plans change:) Helmets required.

C14 35 +/- miles 9:30 AM
To the end of the line...
Leader: Ed Sobin Esobin@bug.com 718 625-7452
From: Grand Central Terminal
The riding starts in Waasaic which is a far as Metro North goes. It’s a beautiful route through farmland and woods and its reasonably flat.

Saturday, May 25

River Road-Bradley-Tweed:
See May 4 listing

B15 50 +/- miles 9:30 AM
Westchester Picnic
Leaders: Mark Gelles mgelles@okcom.net (212) 689 1375 & Ness Rahmey nessarahmey@yahoo.com 212 865 5612
From: 242nd. Street & Broadway (1 & 9 Train’s last stop)
Route is scenic hilly ramble from Van Cortlandt Pk. to Pocantico Hills horse country & lunch @ Kingsland Pt., lots to look at! Bring a smile, fluids, pocket food & something to carry lunch 2 miles from deli stop to park. Wet roads @ 8:00 AM cancels.

B17 50 miles 9:30 AM
Easy Piermont
Leaders: David Hallerman (718) 499-8171, cycleman23@earthlink.net; Cathy Martone (212) 979-0969, cnmfartone@aol.com
From: The Boathouse
Everyone’s up in Sheffield this weekend. Well no, not everyone—we’re not. And you’re not either. So let’s go on an easy, and somewhat different, route to Piermont. We’ll lunch on the semi-eponymous pier, and take a classic route home. Weather threatens? Call Saturday morning between 7:00am and 8:00am. See you!

Sunday, May 26

B 14-16 50+ miles 9:00 AM
Visiting a Bear
Leaders: Hindy and Irving Schachter 212-758-5738
From: First Avenue and E. 64 St., NW corner
We are going to visit a bear. We go over the GW bridge and through Bergen and Rockland counties. Halfway there we split into two groups. A faster group gets to pull the bear’s nose. A slower group gets to wiggle the bear’s toes. Ride ends for everyone at Garrison Station so Metronorth card is mandatory. A glorious ride that keeps getting better and better as we hit urseine territory.

Tuesday, May 28

A19  Laps in the Park  5:30 AM
Tuesday and Thursday morning training series
Leader: Linda Wintner (212-876-2798; lwintner@excite.com)
From: 90th Street and Fifth Avenue (Engineer’s Gate)
Please join me for laps and training exercises in the Park. I know it’s early, but I’d like to beat the crowds that are starting to come out now that the weather is nice. Trust me - it is really beautiful and peaceful that early and our gorgeous double rotating paceline is the most fun when

New York Cycle Club gets a mention in the May issue of MetroSports Magazine. On a February ride, writer Margie Goldsmith rode with a NYCC group to Lighthouse Hill and the Jacques Marchais Tibetan Museum. Ludwig Vogel reported the event. Pick up your copy of MetroSports Magazine at your favorite bike shop or sporting goods store.

http://www.nycc.org
we start it early, before the rollerbladers show up. If 5:30 am is just too difficult for you, however, please feel free to join us on the second lap at approximately 5:55 am (or catch us somewhere along the way). By the way, if you don’t know how to paceline or do the other training exercises (e.g., hill repeats), we’ll teach you. Precipitation and/or really wet ground cancels. Helmets required.

Wednesday, May 29

A20+/-- 52+/-- Miles 10:00AM Sharp

Wednesday Morning Spin
Leader: Jeff “El Jefe” Vogel 718-275-6978; CPAcycles@aol.com
From: The Boathouse
Join us for a weekly spin through Bergen and Rockland Counties. Our destination will probably be Nyack, but other suggestions will be entertained based on the weather and group consensus.

C 14 18 miles 7:00 PM

Wednesday Night Stress Busters
Leaders: Peter Hochstein (212)-427-1041 & Dave Sabbarese (dsabbare@firstmanhattan.com)
From: The 5th Ave & 90th St Gate in Central Park
Let’s get back into our comfortable Weds night routine by doing 2 or 3 park loops. This mid-week spin is perfect for losing that work related stress, or just keeping in tune between those weekend rides to Nyack & Oyster Bay. We’ll take it easy, so newer NYCC members are especially welcome. Bring a helmet, water bottle, and blinking lights are a good idea as we usually end up after dusk. Libations afterward are always a possibility. Rain cancels.

Thursday, May 30

A19 Laps in the Park 5:30 AM

Tuesday and Thursday morning training series
Leader: Linda Wintner (212-876-2798; lwintner@excite.com)
From: 90th Street and Fifth Avenue (Engineer’s Gate)
See Tuesday May 28 for ride description.

B16 15 miles 7:45 PM

Weeknight Loops-in-a Line
Leader: Stan Oldak stanonye@aol.com
H 212-945-9801 W(day of ride only)
212-995-8888
From: The benches across from the boathouse
A little later start for those of us who work just a little later (I’ll becoming straight from the office). We’ll do 3 or 4 laps. It may be dark when we finish. But what of it?? We’ll ride in a double paceline (no experience nec) A refreshing weeknight ride. Maybe pizza after the ride. Flashing rear red light and headlight recommended for the ride home. Rain cancels.

Saturday June 1

River Road-Bradley-Tweed:
See May 4 listing

July 4th All Class Club Weekend at West Point

Last year, the calendar interfered with our annual July 4th celebration at West Point. This year, the calendar enables us to have the absolute best one ever!

We’ll bicycle up to West Point from Central Park on Thursday, July 4th – red white and blue required! Rides will be planned for A, B, and C riders by champion leader and Boss of the Peleton, Fred Steinberg. And don’t worry, a baggage shuttle will carry our clothes.

That evening, we’ll enjoy a patriotic July 4th outdoor concert given by the Army band, picnic dinner included.

A, B, and C rides are planned for Friday, July 5th and Saturday, July 6th. There’s also a swimming hole, Storm King Art Center, holiday celebrations in town, a museum, the campus - West Point is the greatest! Don’t miss the dinner cruise aboard the historic M. V. Commander, chartered for our exclusive use. Sunday, July 7th, we’ll bike on home.

Four days, three nights at the historic and newly renovated Hotel Thayer, 3 full breakfasts, 3 dinners, baggage shuttle to carry our clothes, dinner cruise, pretty much everything except lunch and drinks - all included. Reserve your space now. $335.00 per person covers it all. Space is very limited for this long 4 day holiday weekend this year. Sign up now! Don’t delay! We will send out an information packet answering all your questions shortly after you sign up. This will detail the schedule, departure times, places, etc.

Make your check out to Christy Guzzetta, 49 West 75th Street, New York, NY 10023. Shortly after receipt of your check, the information packet will be sent to you.

Questions?
Accommodations, Jody Sayler, Jsayler@aol.com, 212-799-8293.
Events planner, Christy Guzzetta, Christy.Guzzetta@GEservices.com, 212-595-3674
To the Editor

It drives me nuts when people attack a writer for saying something he didn’t say. Nigel Savage’s April letter to the editor falsely asserts I criticized his Jewish Environmental Bike Ride. I did not. What I criticized was publishing the announcement for it in our club Bulletin at the length and with the content and frequency it was published. The announcement was longer and published more often than other “Out of Bounds” (non-club) rides and felt to me to be proselytizing.

What I wrote, was: “A simple announcement of the bike ride—date, length, cost, location, how to enter—would have been appropriate,” and added; “It’s all all well and good to offer us a bare bones announcement of such a ride; when it goes beyond that...I suggest it is inappropriate for our club.”

I did—and do—take issue with anyone using our Bulletin as an agent for proselytizing any sectarian cause. And it is disingenuous, extraneous, irrelevant, and, if anything, only reinforces the sectarian goal of Nigel’s ride for him to now, belatedly, invoke the names of other religious affiliated organizations that are funded by an organization that gives money to his.

Richard Rosenthal

This note is in response to Richard Rosenthal’s letter in the April bulletin questioning the wisdom of how the proceeds from the ENY (Escape from New York) ride was distributed.

The decision (by the ENY committee) to dedicate the ENY ride to the victims of the WTC tragedy and to donate proceeds to organizations involved in the relief effort, was made in the days after September 11th. The NYCC executive board as well as most club members readily accepted this decision and, I would venture to say, every ride participant. In fact, we had one of our most successful ENY events to date, with many of the riders there simply because of its dedication.

September 2001 was, to say the least, a very unusual time, and those of us who were involved with the planning of ENY and the decision making are proud of our efforts and our choices.

Yes, Richard, it is true; we are about cycling and we have given in the past to groups where their missions and mandates are to improve the conditions of NY cyclists. And we will continue to do so. In fact, Recycle-A-Bicycle, which received close to 30% of the proceeds of the September 2001 ENY, will be our major recipient for the upcoming September 2002 event.

Recycle-A-Bicycle teaches inner city youth about the value of cycling and recycling, how to maintain and repair bicycles, how to ride safely in the city, and how to contribute to the community.

I therefore invite you Richard to be the first one to register for ENY 2002. Whether you plan to ride or not, perhaps you will find some satisfaction in the fact that your $23 (albeit a “drop in the bucket”) will be going to help your club run this event as well as helping our future cyclists.

Stan Oldak
ENY Committee Chairperson

To the Editor

I have to point out that I am quite openly Jewish, celebrate the principal Jewish holidays, and support Zionism. Yet I strenuously object to lengthy and repeated listings in the NYCC Bulletin for the Coalition on the Environment & Jewish Life — as well as those of any other organization whose primary focus is not cycling.

That is why I take particular umbrage at Nigel Savage’s letter to the editor in the last issue of the NYCC Bulletin. The first paragraph seems to suggest by innuendo that Richard Rosenthal, who took a position rather similar to mine, is somehow anti-Semitic for objecting to extensive listings of “sectarian” rides. (Nigel seems to think that the word “sectarian” equals “Jewish.”) I also take umbrage at Nigel’s characterization of people who object to the NYCC lending implicit support to such rides as “intolerant, to put it charitably.”

To put it charitably Nigel, it’s not quite that simple minded. Some members of the club, myself included, object to support by the NYCC, directly or indirectly, of any religious, anti-religious, moral, anti-moral, environmental, anti-environmental, political or counter-political cause that appropriates our club’s good will and facilities for leverage, regardless of how worthy one may consider the cause.

Damnit, we are a bicycle club, not a political or religious club. Our members come from all walks of life and all manner of religious, ethnic, political and sexual orientations. The only thing we all have in common is our love of tearing along a road on two wheels. The minute we support, via lengthy and frequent listings, or by co-participation, any cause that is only tenuously connected to bicycling, we help others to co-opt our club for their own purposes while they sew discord among us.

Sure, it’s nice for those of us who are Jewish to express our Jewish feelings. And who could oppose the environment? But what if next time it’s a Support Osama Bin Laden Ride? Or a Ku Klux Klan Ride? Or a Right To Life Ride? Or A Right To Choose Ride! Or a Jews For Jesus Ride? Or a Jews To Unmask Jews For Jesus Ride? Or a pro-Israel or pro-Palestine ride? Or a pro- or anti-Catholic Celibacy Ride? Or a Gay Pride, or Straight Pride Ride? Or a Seberbian Pride Ride? Or a Support George Bush Ride? Or an Impeach George Bush Ride?

Who gets to decide which rides in support of any particular group or point of view the club will repeatedly list, support and/or participate in? The only way to avoid this issue is to have a clear club policy that limits such listings to a one-time only, 5-line blurb in “Out of Bounds” stating the title, date, distance and start place of the ride, plus whom to call or where to go on the Web for additional information.

Speaking of co-opting: I still have copies of the January 2001, July 2001, and July 2000 club rosters. I’ve searched for Nigel Savage’s name in them. I found no trace of him there. Perhaps he’s new to the sport, but his absence from the roster further adds to my suspicion that while Nigel is sponsoring a bicycle ride, his concerns and interests are not primarily focused on cycling, and certainly not focused at all on the interests of the New York Cycle Club.

Peter Hochstein

NOTE FROM THE EDITOR -

As I read these letters to the Editor and make a decision whether to publish them or not, on the one hand I don’t want to censor them and on the other hand I get the feeling that these letters would be better discussed in private between the parties involved. To go on for several issues on matters that the general membership has limited interest in or understanding of concerns me. The Letters to the Editor column is designed to elicit comments on areas that all of the membership would have some interest in. These are areas involving cycling, which is the primary interest of the club. Let’s remember that in the future.
New York Cycle Club

May 2002

2002 RENEWAL / MEMBERSHIP APPLICATION / CHANGE OF ADDRESS

In consideration of being permitted to participate in any way in New York Cycle Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin: 1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately cease further participation in the Activity. 2. FULLY UNDERSTAND that (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these risks and dangers may be caused by my own actions, or inactions, the action or inaction of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time, and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity. 3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE the Club, the LAB, their respective administrators, directors, agents and employee(s), other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS, AND I FURTHER AGREE that if, despite the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which may incur as the result of such claim. I HAVE READ THIS AGREEMENT FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

☐ New ☐ Renewal ☐ Change of Address Date: _______________ Check Amount: __________________

PLEASING PRINT OR USE ADDRESS LABEL. ZIP CODE IS REQUIRED. Mail this application with a check made payable to:

New York Cycle Club, P.O. Box 20541, Columbus Circle Station, New York, NY 10023

NAME: ______________________ EMAIL: ______________________ 
Riding Style: A B C
SIGNATURE: ___________________________________________ 
ADDRESS: _______________________________________________________
STATE: ___________________ ZIP: ___________________ DAY PHONE: _________________ EXT: _________________
CITY: ___________________ NIGHT TEL: _________________ BIRTHDATE: _________________
Check, if applicable: I do not want my ☐ Address ☐ Phone ☐ Email published in the NYCC roster.
Partner does not want ☐ Address ☐ Phone ☐ Email published in the NYCC roster.
Check if you want to receive monthly bulletin: ☐ Online only (requires email address) ☐ Via regular mail

ANNUAL MEMBERSHIP: Jan. 1 - Dec. 31, 2002. Please check the appropriate box:

☐ Individual $24 ($12.00 after Labor Day 2002) ☐ Couple residing at the same address $30 ($15.00 after Labor Day)

LARRY'S and JEFF'S
2nd Avenue Bicycles Plus
1690 2nd Ave. @ 87th St.
(212) 722-5903
15% off accessories and parts
5% off on better new bikes

CONRAD'S BIKE SHOP
25 Tudor City Place
(212) 679-6666 or conradbike@aol.com; 8.25% off parts, accessories and repairs.

BICYCLE RENAISSANCE
430 Columbus Avenue
(212) 724-2350. 10% off repairs and accessories (not on sale items and new bikes).

SID'S BIKE SHOP
235 East 34th Street (212) 213-8360 or www.sidsbikes.com; 8% off parts, accessories and clothing.

TOGA BIKE SHOP
110 West End Avenue
(212) 799-9625 or gotobik@aol.com;
10% off parts, accessories and repairs.

GOTHAM BIKES
112 West Broadway
(212) 732-2453 or gotobik@aol.com;
10% off parts, accessories and repairs.

CNC BICYCLE WORKS
1101 1st Avenue (212) 230-1919 or cncbiclyeeworks@juno.com; 8.25% off accessories, repairs, rental and bikes.

Bike shop discounts!
BICYCLE HABITAT
244 Lafayette Street
(212) 431-3315 or cmcbike@aol.com;
15% off parts and accessories. 10% off bikes, no discounts on sale items (no double discounts).

A BICYCLE SHOP
345 West 14th Street
(212) 691-6149 or www.a-bicycleshop.com; abikeshp@aol.com; 10% off non-sale items (not items already discounted).

PIERMONT BICYCLE CONNECTION
215 Ash Street, Piermont, NY 10968
4 Washington Street, Tenafly, NJ 07670
www.piermontbike.com
10% off EVERYTHING including bicycles. FREE SHIPPING on purchases over $100.
Don’t Miss the Next Club Meeting!

Join us at our May 14th meeting

Get the 411 on Fitness and Training!!

Todd Herriot, strength and conditioning specialist and well know instructor at New York’s top Health clubs including Chelsea Piers and the Reebok Sports Clubs will speak about key elements in achieving personal fitness goals. Topics will include endurance and strength training, the roll of rest and recovery and proper nutrition.

Todd is a USA Cycling certified Expert Coach and a National Strength and Conditioning Association Certified Strength and Conditioning Specialist. He is also the founder of FACT NY, a lactate and power testing center, a USCF Cat 1 racer and founder of the Think Racing Cycling team.

So please join us on May 14, 2002 @:

Annie Moore's Pub and Restaurant: 50 E. 43rd Street (west of GCT between Madison & Vanderbilt Aves) Buffet Dinner including Chicken Marsala with rice, pasta primavera, green salad, coffee or tea, and more. Dinner is $20, including tax and tip (cash only). Social hour with cash bar starts at 6 PM. Dinner at 6:45 PM. Program starts at 8.

Subway: Take 4/5/6/7/ to 42nd St. / Grand Central