

NYCC *Bulletin*



PARTY!!!

SEE PAGE 12 FOR DETAILS!!!

President's message

By Ben Goldberg

This is my last message as President, since the club is fortunate enough to have **Tom Laskey** taking over the reins. I've really enjoyed the last two years on the board as president, and the two years before that as A-rides coordinator and VP of rides, but I'm also glad to be going into semi-retirement with the ex-officio board position of "past president".

Our 2000 board did a wonderful job and I'd like to acknowledge the board members individually. **Wendy Cohen**, our director of public relations, was instrumental in rounding up bike shops to provide an NYCC discount and in creating the little membership card that appears in the back of each bulletin. **Annaline Dinkelmann** was our incredible B rides coordinator, as well as being active in the ENY century and the B SIG. I'm grateful that she will be continuing on the board in 2001. **Frank Grazioli** did a wonderful job as A rides coordinator and with the A SIG Classic. **Paul Hofherr**, our C rides coordinator, contributed in many ways to the club, including the C SIG. **Cathy Martone** gave us a year of superb club programs and I look forward to another year of her programs. I'm very grateful to **Gary McGraime**, our VP of rides and longest serving board member, who will be giving us yet another year of his time. Many thanks to **Ira Mitchneck**, our treasurer, for keeping watch over our finances and making sure our many bills got paid on time. Fortunately, he will be continuing this role next year. A debt of gratitude is due **Don Montalvo**, our bulletin editor, who has brought us into the 21st century with digital publishing and on-line bulletins in PDF format. **Laurie Nisco** has done a wonderful job in the thankless but critical role of membership director, after having previously served as C rides coordinator. **Lynn Sarro** gave us fabulous special events, including picnics, theatre, music, and the holiday party. **Irv Weisman**, as he has done year after year, contributed to the club in a myriad of ways, including secretary. Many thanks to **Dona Kahn** for stepping in as secretary when ill health forced Irv to resign.

Wendy, Annaline, Frank, Paul, Cathy, Gary, Ira, Don, Laurie, Lynn, Irv, and Dona: THANK YOU!

On behalf of the club, I'd also like to welcome our new 2001 board members: **Carol Waaser** (membership), **Jim Galante** (A rides), **Stan Oldak** (C Rides), **Bob Hancock** (secretary), **Tom Laskey** (president). I'm sure the new board will do a fantastic job.

Finally, to the members at large, I'd like to thank you for your participation in club activities and your assistance with club events. Even you didn't volunteer to lead a ride or to help with an event this year, you'll have plenty of opportunity in 2001!

Happy Holidays, everyone in 2001!

Editor's note

It's December already?! Wow. Well, we're looking far and wide to fill the Bulletin Editor position. In the meantime, I'll keep playing with InDesign (Adobe's QuarkXPress killer). This is the second bulletin I've done with InDesign and I'm beginning to like it. It's not quite as fast as QuarkXPress, but it's still early...

We did it! The NYCC Bulletin is now on the club's fabulous web site. You'll need the log in name and password which is included in the weekly club mailing. Please don't share your password with non-members:

http://www.nycc.org/bulletin/november_2000.pdf

New board members...get your mugshots in!!! I'll be using a South Park character for each board member who doesn't submit a mug shot to me in time for the January bulletin deadline. :-)

Don Montalvo, Editor

New York Cycle Club

Columbus Circle Station

P.O. Box 20541

New York, NY 10023

(212) 828-5711

<http://www.nycc.org>



President

Ben Goldberg

(212) 982-4681

goldberg@cs.nyu.edu



V.P. Programs

Cathy Martone

(212) 979-0969

cmfmartone@aol.com



V.P. Rides

Gary McGraime

(212) 877-4257

garynycc@aol.com



No
Photo
Yet

Secretary

Dona Kahn

(212) 399-9009

donaskahn@aol.com



Treasurer

Ira Mitchneck

(212) 663-2997

imitchneck@cs.com



Public Relations

Wendy Cohen

(212) 532-4803

wcohen@henycottons.com



Membership

Laurie Nisco

(212) 961-1129

LKN8@columbia.edu



Special Events

Lynn Sarro

(212) 722-8495

sarka@erols.com



Bulletin Editor

Don Montalvo

(212) 307-7753

dmjgraphics@earthlink.net



A-Rides Coordinator

Frank Grazioli

(212) 529-9462

fgraziol@wiley.com



B-Rides Coordinator

Anneline Dinkelmann

(212) 876-1344

dinkelmann@att.net



C-Rides Coordinator

Paul Hofherr

(212) 737-1553

Bikeman999@aol.com

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LKN8@columbia.edu

...or call (212) 961-1129. Email is preferable. Please include your name and full address in your message.

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Submissions: There are two ways to send your materials to the editor:

(1) Snail mail. Mail your text files on a PC or Mac formatted Zip, Jaz or floppy disk; images should be flat art, photos, transparencies or negatives. **Please include a self-addressed, stamped envelope**, and mail to:

Don Montalvo
747-10th Avenue
Apt #28I
NY, NY 10019

(2) Email your text in the body of a message. Contact me before sending attachments! Email to:

dmjgraphics@earthlink.net

Material may be edited for brevity and clarity . . . **please proof-read your submissions carefully.** A full page of text is 750 to 1,090 words. Publication is determined by available space. We cannot guarantee that all submissions will be published. Submission is contributor's warranty to the NYCC that material is in no way an infringement on the rights of another and may be published without additional approval.

Deadline: All submissions and advertising are due at the editor by the second Tuesday of each month prior to publication. Sorry, no exceptions.

**Don't miss the NYCC Holiday Party!
Check page 12 for details!**

Letters to the Editor

The PDF Bulletin is on the NYCC web site!

- ✓ "On line bulletin is excellent!" -Judith Goldberg
- ✓ "Coast to coast on a piece of toast. IOW, excellent. If I can figure out how to print it double-sided I'd even be willing to give up the snailmail." -Evan 'kicking and screaming into the 21st Century' (aka "DT shifters but not for much longer") Marks

[You need Adobe Acrobat Reader 4 (it's free):

<http://www.adobe.com/products/acrobat/readstep2.html>

It allows you to print even or odd pages. (1) Print the odd pages first (2) flip the stack (3) print the even pages. Enjoy! The PDF Bulletin login info is included in the weekly NYCC mailing which gets mailed out to members. -Ed]

What's up with this A-SIG thing?

Maybe you've recently joined the NYCC or maybe you've just been living under a rock. Either way, you need to find out about the 2001 A-SIG Classic or risk missing out on this storied NYCC tradition. In short, the A-SIG Classic is an annual ride series that takes strong cyclists (B+ level and above) and turns out the best group riders

in the club. Whirring pacelines, aching climbs, blazing descents . . . the A-SIG has all that and more. Will you be riding alongside next spring? It's not too early to think about it and to get your training plans lined up. Is the A-SIG Classic for you? Need more information? Check out the SIG area of the NYCC web site (<http://www.nycc.org>) or contact a leader in your area. Better yet, email me at asig.captain@nycc.org and you'll receive updates and notices hot off the (electronic) press.

Selected leaders:

Brooklyn: Rich Sporer (rsporer@exchange.ml.com, 718-522-4415)

Downtown: Paul Frio (pfrio@nyc.rr.com, 212-228-9123); Frank Grazioli (frankgrazioli@dellnet.com, 212-529-9462)

East Side: Damon Hart (hart@idt.net, 212-753-0204)

West Side: Christy Guzzetta (gessvc@aol.com, 212-799-8293); Jody Sayler (jsayler@aol.com, 212-799-8293); Rita Tellerman (rxt03@health.state.ny.us, 212-865-8489)

Uptown: John Vazquez (john.vazquez@asbinc.com, 212-544-9450)

Spread the word!

Damon Hart, 2001 A-SIG Classic Captain

Because It's the "Right" Thing to Do

Keeping right, that is. First allow me to say that I am a sinner, and come to you repentant, on bended knee. Here follows two accounts of actual NYCC rides this Spring.

1) We were on Sleepy Hollow Road returning from Fred's "Made in the Shade" ride with a good 70 miles under our wheels. The ride was strung out like hot Turkish Taffy. Everyone was pretty beat. There wasn't much conversation: we were in our own heads, pressing on. The road was two lanes, with no passing, as it was winding and heavily treed. The shoulder was sketchy but doable. There was not a lot of traffic: a few cars would come up from behind every minute or so. We were single file, not exactly a paceline. We were not keeping right far enough so cars could pass us. I watched as one frustrated driver, after hanging back, pulled into the oncoming lane, around a blind curve, to give us a wide berth, and passed the line of us. If an oncoming car had appeared around that bend, the impact of the collision would have bowled us all down like ten pins. That's not exactly how I want to make the newspapers. I was shocked anew when the same scenario played itself out minutes later. Again we were spared tragedy.

Some drivers are very intimidated by bicycles. Either they don't understand cyclists, or have poor driving skills. When I remarked to a close by rider how bad the drivers were, he said that we had to share the blame for not keeping right. He was spot on.

Sometimes the shoulder on a narrow road is too bad to ride on without constantly swerving back to the road, unnerving drivers; then it is safer to take the whole lane. But here we could have

managed to stay on the shoulder and not given the driver the opportunity to put us in harm's way, but we didn't do so.

2) We were on the return from Spencer's Saddle River "Not a Hammerfest" ride. We were outside of Tenafly, on Dean St.; strong riders were still charged. We were going into the wind in a paceline at about 19 mph. I was at the head, and the line was pretty tight. It was a single paceline, but I had that feeling that I was the head car of a train. You don't feel like an individual: you are a part of a whole.

I pulled off without looking back: a major gaffe, cutting off a line of cars just passing on our left. Not just a dumb move. A rude and dangerous move. Cars honking, shouting drivers and angry stares. They were right! I had become totally self-absorbed in my endorphin-induced high, and unthinkingly flirted with disaster, as if we were the only occupants of the road. Those drivers will now think less of cyclists, and I could have severely tested one of my insurance policies. I could have bounced off a passing car into the paceline. This is not what Christy taught us. Some riders, like Ed Fishkin and Irv Weisman, wear rear view mirrors making it a simple glance to check to the rear. The rest of us have to use major muscle groups to achieve the same result. But really, I must turn my head before I pull off. I cannot allow myself to be off my game just because the situation feels good and safe. (Even if I feel that I am part of a train!) If I don't look back, I'm as culpable and unthinking as those drivers who passed us on the blind curve.

And so boys and girls, keep right, look back, and ride another day.

By Hank Schiffman

Please read this before your first club ride

NYCC RIDES are led by volunteer leaders who plan the route and maintain the listed speed (eg. B15 = B Style / 15 mph cruising speed - see charts). Our rides are described by pace and style because it's more fun when the group is of similar ability. We ride for fun, fitness, and food.

RIDE STYLE indicates the type of riding. See chart at right. **CRUISING SPEED** indicates the ride's speed on flat terrain. **AVERAGE RIDING SPEED** over rolling terrain is 3 mph less than cruising speed. This will vary plus or minus 1 mph, according to terrain. **OVERALL SPEED**, including all rest and food stops, is about 3 mph less than average riding speed.

SELF-TEST: Assess your personal cruising speed by riding 4 laps (24.4 miles) around Central Park at a comfortable pace and matching your time with the chart. **NOTE:** Riding fewer than 4 laps will give you a false assessment. *The northern end of the park can be dangerous; ride with other cyclists.*

YOUR FIRST NYCC RIDE: Be conservative. Choose a ride easier and shorter than you think you can ultimately handle. You won't enjoy struggling to keep up with a ride that's too fast for you, nor will the group enjoy waiting for you. It's a good idea to call the leader a day or so before the ride, and introduce yourself when signing up at the start.

BEFORE ANY RIDE: Check that your bike is in good riding condition: brakes and derailleurs working well, tires pumped to the pressure specified on the sidewall. Eat a breakfast consisting of carbohydrates and proteins.

BRING: spare tube, tire levers, patch kit, pump, water, snacks, money, medical ID, emergency phone numbers and rail pass. We also suggest that you bring a lock. Leaders may specify other items in their ride listings.

BIKE TRAINS: On Saturdays and Sundays, MetroNorth has scheduled specific trains to/from Grand Central Station to accommodate large groups of cyclists. Bike trains are indicated by a bicycle symbol on the MetroNorth timetable. Schedules change frequently.

SCHEDULE: Here is the schedule as of February 6th, 2000. *Contact Metro North for the most current schedule:* Bike passes are always required. There are no Bike Trains on holidays. Refer to roster for restrictions which apply at other times. If you are leading a ride and absolutely require a Bike Train at another time, you must call NYCC's Metro North liaison, George Kaplan at (212) 989-0883 well in advance to try to arrange another train for your ride. Bike

Riding Style	Description
A	Vigorous riding with advanced bike handling ability including cooperative paceline skills. Stops every 2 hours or so.
B	Moderate to brisk riding with more attention to scenery. Stops every hour or so.
C	Leisurely to moderate riding, sightseeing and destination oriented. Stops every half-hour or so.
ATB 1	Hilly to mountainous and single track riding. Mountain bikes only.
ATB 2	Rolling to hilly with some single track & trail riding. Mountain and hybrid bikes.
ATB 3	Flat to rolling, trails and road riding. Mountain and hybrid bikes.

Cruising Speed	Central Park Self Test Four Lap Time
22+ mph	1'10" or less
21	1'10" to 1'13
20	1'13" to 1'16
19	1'16" to 1'20
18	1'20" to 1'25
17	1'25" to 1'30
16	1'30" to 1'38
15	1'38" to 1'48
14	1'48" to 2'00
13	2'00" to 2'14
12	2'14" to 2'30
11	2'30" to 2'50

Outgoing from GCT		Returning to GCT	
GCT>Poughkeepsie	7:43am (Hudson Line)	Poughkeepsie>GCT	3:40pm (Hudson Line)
GCT>Poughkeepsie	8:54am (Hudson Line)	Poughkeepsie>GCT	4:35pm (Hudson Line)
GCT>Brewster North	7:48am (Harlem Line)	Poughkeepsie>GCT	5:40pm (Hudson Line)
GCT>Brewster North	8:48am (Harlem Line)	Brewster North>GCT	3:07pm (Harlem Line)
GCT>New Haven	8:07am (New Haven Line)	Brewster North>GCT	4:07pm (Harlem Line)
GCT>New Haven	9:07am (New Haven Line)	Brewster North>GCT	5:07pm (Harlem Line)
		New Haven>GCT	2:57pm (New Haven Line)
		New Haven>GCT	3:57pm (New Haven Line)
		New Haven>GCT	4:57pm (New Haven Line)



Rides List

Always wear your helmet!



Saturday, December 2nd

A18 **60+ MI** **9:00 AM**
New City 30/30

Leader: Fred Steinberg (212) 787-5204 or fsteinberg@nyc.rr.com
From: The Boathouse

We'll aim for New City and the Good Times/Serendipity/Whatever Diner is in the usual spot. The route will be adjusted for weather and temperature. The ride is off if 8AM Central Park temp is under 30 and winds are over 30. Icy, wet roads: get a life, it's December!

B17 **45 - 55 MI** **9:00 AM**
"Oops, I almost forgot to lead a B ride" ride

Leader: Ira Mitchneck (212) 663-2997
From: The Boathouse

No more obscure, arcane, obtuse or oblique ride listings from me! I can't predict the weather in December or any other months for that matter, so above 55 = Pearl River, under 55 = Park Ridge, under 45 = Northvale, under 35 = under the covers.

C14 **50 MI** **9:30 AM**
Return of the "Ride to Eat" ride

Leader: Paul Hofherr (212) 737-1553 bikeman999@aol.com
From: The Boathouse Parking lot

Hopefully the weather will cooperate and we'll be able to satisfy our two most passionate needs...riding and eating of course. (What'd you think I was going to say)? Perhaps hot pancakes at Northvale or maybe Park Ridge. We can make our decision at start time. Even if we're super

hungry, we'll still ride the advertised pace. Rain, Snow or temps below 35 at start cancel. If in doubt call, but not before 7:30 AM. (Grrrrr). Helmets are required.

Sunday, December 3rd

A20 **50 MI** **9:00 AM**
Pancake, er, Park Ridge

Leader: Jaimie Epstein (212) 923-2616 or jaimie@nytimes.com
From: The Boathouse

Any cyclist worth his or her weight in Clif bars knows that gaining a few pounds in the winter is essential to inspire fierce spring training. And if you've been doing your homework, you know that the most efficient way to achieve this goal is to consume more calories than you burn. So with that in mind, we will ride a little and eat a lot. I'd say more, but it's about time for my pre-afternoon-snack snack. Cancels: As Spencer would say, "Cancels?" If you can't do the math, give a call.

B16 **50 MI** **9:00 AM**
Spy Ride

Leader: Diane Goodwin (212) 875-9547
From : The Boathouse

50 mile hilly ride to Elmsford - Westchester County. Let's visit the grave of Pvt. Issac Van Wart - captor of Major John Andre. Also, we'll visit the oldest Dutch Reformed Church which still conducts services. Do you know about the schoolhouse? Learn about Elmsford - the Van Tassels, Van Cortlandts, Storms, etc... Meet the mayor! If you want to know a little of the history of this area, come on this ride. Lunch at a diner.

C13 35 MI 10:00 AM**Croton Aqueduct**

Leader: Maggie Clarke (212) 567-8272

From: 242nd St and Broadway, Bronx, end of the #1 and #9 trains

So that we can enjoy more time outside the City in the nice scenery, we leave from the edge of the City, as we used to in years past. On the way there, we'll take the Croton Aqueduct off-road path (the FLAT, no-traffic way through Westchester) with views of the Hudson -- tire widths down to 28x700 or 1 1/4 have always done OK. Depending on temperature, we'll stop for hot chockie or coffee, and have an indoor lunch stop (Sleepy Hollow or Tarrytown). We'll enjoy an orderly ride on roads along the Hudson back to the City. Helmets required. Cancellation: Predicted excessive wind chill, start temp 40 or below, 50% chance of precip, icy roads (please call if in doubt). Bring Metro-North Pass for emergencies.

C12 25 MI 10:00 AM**Frostbite Series #1 - World's Greatest Pancakes**

Leader: Ed DeFreitas (718) 237-0989

From: City Hall

Ferry to Staten Island and then cross the bridge to Jersey. We'll replenish ourselves with delicious hot cakes at the Broadway Diner, in Bayonne. Ride further to Liberty State Park and listen to a touching lecture on the Liberation Monument by Ed DeFreitas. Co-listed with 5BBC. Helmets required. Reference website: <http://www.libertystatepark.com/>

Wednesday, December 6th**A/B/C 1 MI 6:00 PM****Frosty Ice-Skating + Ballroom Touch Dancing**

Leader: Paul Snowman (212) 740-9123

From: Wollman Rink, walk one block N of Central Park South & 6th Ave.

After 2 hours of skating at Wollman, we'll visit one of Manhattan's ballroom studios featuring such popular touch dances as tango, swing, foxtrot & more. Thrill to the touch dance obsession by which Nyers are meeting to find romance, plus enjoying the best winter muscle toning. Admission 3.50, skate rental 6.00. Pin on lapel card reading "NYCC" to help identify each other.

Saturday, December 9th**A19 70+/- MI 8:30 AM****Briarcliff Manor & Kensico Dam Ride**

Leaders: Spencer Koromilas (212) 867-8678 or SpencerNYCC@juno.com and John Vazquez (212) 544-9450

From: The Boathouse @ 8:30 or Dunkin Donuts (Broadway & 207th St.) @ 9:15 AM

Presto--a shorter version of our November 4 ride with a different return! An absolutely beautiful route, up Broadway (where we'll be picking up John at his new hangout--Dunkin Donuts), then off to Sleepy Hollow, Briarcliff Manor, and Chappaqua via Whipoorwill, Nanny Hagen, Spain and Grassy Sprain to the Bronx. Ride ends @ Bedford Ave. & Grand Concourse (Subway return suggested or ride?). Required: Smooth riding skills & steady pace; warm clothing; it's getting cold out! Cancells: Santa arriving early!

B17 55 MI 9:00 AM**No Cue Sheet Required: Nyack via River Road and Tallman**

Leader: Wayne Wright (212) 873-7103

From: The Boathouse

Not much to say for this one. Show up, do the ride, go home. Temp <=32 at 8am on NY1 or precip at start cancels.

C14 45 MI 9:30 AM**New Jersey nice and easy**

Leader: Ira Mitchneck 212 663-2997

From: The Boathouse

Meandering ride through New Jersey to French toast, English muffins, Canadian bacon and Danish pancakes. No passport required, but a spirit ready for winter riding necessary. (No dropping, no 9W, no Basso, no kidding)

Sunday, December 10th**All-Class/Cross-Training 9:00 AM****Harriman Hike**

Leaders: Marilyn and Ken Weissman (212) 222-5527

From: Via car from our home at 710 West End Ave. at 95th St.

Our annual early-season Harriman Park hike to Pine Meadow Lake and points beyond features lunch and pit stops in the great outdoors. Besides no bathrooms, there's also no place to buy food or get water. But we do offer beautiful scenery, both 6 and 10 mile routes, exciting uphill, matching downhill as well as city skylines from 50 miles away. So, for a great time, bring food and water, wear layered clothing and good footwear. If you can volunteer your car, please do. Call first to make sure we have room. Rain or expected highs under 20 cancel.

A19 65+/- MI 9:00 AM**Nyack and the Lakes**

Leaders: Spencer Koromilas (212) 867-8678 or SpencerNYCC@juno.com and Robert Reimann

(RReimann@thesherpa.com)

From: The Boathouse

As we all know, the rides get shorter at this time of year, but they need not be less beautiful. A lovely route to Nyack via Lakes Tappan, and De Forest, as well as the Oradell Reservoir. One major hill (Christian Herald) will be conquered before lunching in Nyack. Optional hammer home via 9W with Robbie; or a more civilized 501 and Speer with me. Winter is around the corner--we be ready--yamaan! Required: Smooth riding skills; steady pace; warm clothing--it's officially cold out! Cancells: Horrific weather, and then some: call!

B16 50 MI 10:00 AM**Winter Ride**

Leader: You Decide

From: the Boathouse

A friendly "get out on the road" ride. It's getting colder and we'll leave later and return earlier to make the most of the day. Rain, below freezing or slick roads cancel.

Check out our fabulous web site: <http://www.nycc.org>Check out the new NYCC Message Board: http://www.nycc.org/bb_frame.html

C12 50 MI or so 9:00 AM**Urban Exploration**Leaders: Dick Goldberg 212 874-2008 and
Linda Wintner (212) 876-2798

From: The Boathouse

There's nothing like the Brooklyn Waterfront in winter! Winds, crashing waves, maybe some snow. There's also significant flatness, some bike paths and routes through maybe some unfamiliar neighborhoods, maybe some Russian or other food. Come fool around with us. Temps below 32 at 8 am, precipitation or slippery roads cancel.

C12 25 MI 10:00 AM**Frostbite Series #2: Flat Rock Brook**

Leader: Ed Defreitas (718) 237-0989

From: City Hall

Bike-Hike-Bike to this Bergen County nature preserve in New Jersey. Bring lock, \$ for lunch and park contribution. Co-listed with 5BBC. Helmets required. Check out the <http://www.flatrockbrook.org/> website for more info.

Wednesday, December 13th**A/B/C** 1 MI 6:00 PM**Frosty Ice-Skating + Ballroom Touch Dancing**

Leader: Paul Snowman (212) 740-9123

From : Wollman Rink, walk one block N of

Central Park South & 6th Ave

See description of Dec 6, 2000

Friday, December 15th**A/B/C** 30 MI 6:45 PM**Holiday Lights**

Leader: Marty Wolf (212) 935-1460

From: Parking lot in front of City Hall (if not accessible, meet at the
Broadway entrance to the parking lot)

Enjoy a friendly pace ride to Dyker Heights to pedal past some of the most extravagant Christmas displays in the entire NYC area. Don't expect to be home before 11 PM. Note: Call Leader anytime during the week before the 15th to confirm.

Saturday, December 16th**A19** 55 +/- 9:00 AM**Pearl River**

Leader: Tom Laskey (212) 961-1610

From: The Boathouse

Now that it's December, I don't have to feel like a slacker for leading rides to earl River!! Good thing too, the Coffee Shop by the train station is even better than ever with their renovation, new menu and still superb pancakes. So join me in a comfortable spin on familiar roads for a, social and culinary adventure. Better than 50% chance of precipitation on the Weather Channel or temps below 30° by 8:30 am the day of cancels. If unsure, call leader.

Check out our fabulous web site:

<http://www.nycc.org>

Check out the new NYCC Message Board:

http://www.nycc.org/bb_frame.html**B15** 55 MI +/- 10:00 AM**Ed's Chowder House Ride (near Rockland Lake)**

Leaders: Suzanne Levin (212) 869-3850 x20 and

Peter Morales (718) 398-2623

From: The GW Bridge

We haven't been to Ed's in a while and we are missing his world famous Chowder and sunny personality! Its the perfect destination for a cold day - but if its too cold, rainy or snowy, we will have to settle for NYC soup. Please call Suzanne during the week if you intend to join us, so that she can tell Ed how much Chowder to make for us. And by the time you call we will know what "too cold" means.

C12 23 MI 9:15 AM**Bike Chocolate**Leader: Alfredo Garcia (212) 802-2441 or cyclist23@email.com

From: Lower level entrance to the Staten Island Ferry

Life can be so sweet. Another chance to shop at the Superior Confections factory store. Bring \$ for chocolates, maybe an empty pannier or a roomy Carradice saddlebag. Rain, snow, ice and freezing temperature 32 degrees Fahrenheit & below cancels. Check out the <http://www.superiorchocolatier.com> website. Co-listed with 5BBC. Helmets required.

Sunday, December 17th**A18** 55 MI 9:00 AM**A Day Off**

Leader: Gary McGraime (212) 877-4257

From: Guess

Spencer was awarded a day off as a thank you for leading so many, many, many NYCC rides this year. In his honor, we will visit many of the historic places where Spencer has slept or hung his bike for the night. Souvenirs and a lifelike doll are expected to make their debut on our maiden tour.

B15 50 MI 9:30 AM**White Plains**

Leaders: Hindy and Irv Schachter (212) 758-5738

From: First Avenue and E. 64 St. NW corner

Will the streets be white or will white stuff be falling? If so, no ride to White Plains. A bright, dry day with combined temperature and wind chill factor over 35 and we head into Westchester for a pleasant outing.

C12 30 MI 10:00 AM**City Island: Exploring Bronx Neighborhoods**

Leaders: Dick Goldberg (212) 874-2008 and

Arlene Ellner (212) 677-3306

From: The Boathouse

A flat and leisurely ride through the South and Southeast Bronx. Lots of gritty, bustling urbania, bike paths and park lands, all culminating in a seafood lunch at Tony's overlooking the Long Island Sound. Precipitation, precip-covered roads or temps below 30° at 9 am cancel. Phone between 8 and 9 if in doubt.

C12 25 MI 10:00 AM**Frostbite Series #3: A Medieval Christmas**Leader: Ed Defreitas (718) 237-0989 Co-leader Scott Wasserman
(914) 723-6607

From: City Hall

Ride to the Cloisters, a monastery brought here brick-by-brick, from Europe. Serene views of the Hudson. Have lunch at Ft. Tryon

Park Restaurant. Bring a lock, \$ for food and a contribution to the museum. Check the website on the Cloisters at <http://www.metropolitanmuseum.org> Co-listed with 5BBC. Helmets required.

Wednesday, December 20th

A/B/C 1 MI 6:00 PM

Frosty Ice-Skating + Ballroom Touch Dancing

Leader: Paul Snowman (212) 740-9123

From: Wollman Rink, walk one block N of

Central Park South & 6th Ave

See description of Dec 6, 2000

Saturday, December 23rd

A18 55 MI 9:30 AM

Winter Spin

Leader: You Decide

From: the Boathouse

A friendly "get out on the road" ride. It's getting colder and we'll leave later and return earlier to make the most of the day. Rain, below freezing or slick roads cancel.

B16 50 MI 10:00 AM

Winter Ride

Leader: You Decide

From: the Boathouse

A friendly "get out on the road" ride. It's getting colder and we'll leave later and return earlier to make the most of the day. Rain, below freezing or slick roads cancel.

C14 45 MI 9:30 AM

Scarsdale

Leader: Scott Wasserman (914) 723-6607 or bicyclelife@cs.com

From: Near the Boathouse

Since this is my hometown, start without me and I'll meet you for lunch. OK, just kidding. We'll eat indoors as befits a December ride. Temps below 28 at 8:30 am, rain or snow means I'll go for a run instead. Call if in doubt.

Sunday, December 24th

B16 50 MI 10:00 AM

Day before Christmas Ride

Leader: You Decide

From: The Boathouse

A friendly "get out on the road" ride. It's getting colder and we'll leave later and return earlier to make the most of the day. Rain, below freezing or slick roads cancel.

C12 25 MI 10:00 AM

Frost Bite #4: Xmas Lights in Dyker Heights and Dim Sum.

Leader: Ed Defreitas (718) 237-0989

From: City Hall

See bigger-than-life statues and other holiday-related motifs that make this community stand out during the holidays. Then feast on Chinese Cuisine. Bring a lock and \$ for lunch. Co-listed with 5BBC. Helmets required. You can check out images at <http://www.dykerheights.com/>

Wednesday, December 27th

A/B/C 1 MI 6:00 PM

Frosty Ice-Skating + Ballroom Touch Dancing

Leader: Paul Snowman (212) 740-9123

From: Wollman Rink, walk one block N of

Central Park South & 6th Ave

See description of Dec 6, 2000

Saturday, December 30th

A19 35 MI 10:45 AM (Prompt)

Is it too late for me to lead a ride for 2000?

Alt. plan: Build your own wheel.

Leader: Richard Rosenthal (212) 371-4700

From: The Boathouse

My first lead ride of the year...that is, 2000. (Do not research your Oct. Bulletin for Oct. 21). River Road to the end, and turn back on 9W. That's it; that's all. No lunch. Temp. below 30° or wind chill below 25° keeps me inside. In that case, if you want to learn how to build your own wheel and have the parts, call me by 10AM. You'll have made your own perfect wheel by the time you would have been back from the ride.

B16 50 MI 10:00 AM

Winter Ride

Leader: You Decide

From: the Boathouse

A friendly "get out on the road" ride. It's getting colder and we'll leave later and return earlier to make the most of the day. Rain, below freezing or slick roads cancel.

C13 35 MI 10:00 AM

Winter Ride

Leader: You decide

From: The Boathouse

A friendly "get out on the road" ride. It's getting colder and we'll leave later and return earlier to make the most of the day. Rain, below freezing or slick roads cancel. Helmets required.

Sunday, December 31st

B16 50 MI 10:00 AM

Do you remember Y2K Ride

Leader: You Decide

From: The Boathouse

A friendly "get out on the road" ride. It's getting colder and we'll leave later and return earlier to make the most of the day. Rain, below freezing or slick roads cancel.

C12 25 MI 10:00 AM

Frostbite #5: Sheepshead Bay and Beyond

Leader: Ed Defreitas (718) 237-0989

From: City Hall

One of the final bike rides of 2000 AD. Ramble to some of the nicest parts of Brooklyn. See the greenway at Floyd Bennett Field for a lovely time. Bring a lock and \$ for lunch. Co-listed with 5BBC. Helmets required. For more on the airfield, click on:

<http://www.aero-web.org/history/fbennett/cgframe.htm>

Check page 12 for info on our Holiday Party! It'll be great! You won't want to miss it!

Monday, January 1st

A17 55 MI 10:00 AM

Annual New Year's Day Ride

Leader: Marty Wolf (212) 935-1460

From: The Boathouse

The "Start the New Year Right" ride. A chance to get off on an easy-pace start. Brunch in White Plains at the Sea Star Diner. Obvious cancels.

Wednesday, January 3rd

A/B/C 1 MI 6:00 PM

Frosty Ice-Skating + Ballroom Touch Dancing

Leader: Paul Snowman (212) 740-9123

From Wollman Rink, walk one block N of

Central Park South & 6th Ave

See description of Dec 6, 2000

NYCC Ride Leader Guidelines and Responsibilities

The quality of NYCC rides depends on the active participation of the leader and cooperation of the riders. Members rely on the pace (cruising speed) and ride description as advertised, therefore, the leader is expected to adhere to his/her description accordingly as well as the following guidelines.

1. Learn the route and its stops before the actual ride. Carry a map of the area and extra cue sheets for emergencies or for riders who leave the ride early.
2. Bring a sign-in sheet and be sure all riders sign it. Make sure you are provided with an emergency contact phone number for each rider in case you need assistance.
3. To prepare for emergencies, know the location of train stations, shopping centers, etc. on or near the route. If available, carry a cell phone or make an effort to find out if someone in your group has one.
4. Designate rest stop intervals appropriate to the level of the ride. See the riding style description in each month's bulletin.

Because It's the "Right" Thing to Do

by Hank Schiffman

Keeping right, that is. First allow me to say that I am a sinner, and come to you repentant, on bended knee. Here follows two accounts of actual NYCC rides this Spring.

1) We were on Sleepy Hollow Road returning from Fred's "Made in the Shade" ride with a good 70 miles under our wheels. The ride was strung out like hot Turkish Taffy. Everyone was pretty beat. There wasn't much conversation: we were in our own heads, pressing on. The road was two lanes, with no passing, as it was winding and heavily treed. The shoulder was sketchy but doable. There was not a lot of traffic: a few cars would come up from behind every minute or so. We were single file, not exactly a paceline. We were not keeping right far enough so cars could pass us. I watched as one frustrated driver, after hanging back, pulled into the

Sunday, January 7th

C12 25 MI 10:00 AM

Frostbite #6: New York Botanical Garden

Leaders: Elly Spagenberg, Alfredo Garcia (212) 802-2441 or cyclist23@email.com

From: Plaza Hotel, 59th St. & Fifth Ave.

(Please note different Frostbite start location).

Memories of green. Smell the sweet aroma of spring (which is months away). Possible visits to Snuff Mill Cafe and renowned Haupt Conservatory. Take along a bike lock, \$ for admission (6.50 for grounds/conservatory; 3.00 for grounds only.), lunch, maybe gifts. If you did the Tour de Bronx and got a complimentary ticket, bring it and you'll get in free. Co-listed with 5BBC. Check out the <http://www.nybg.org> website. Helmets required.

5. Announce your drop policy. If you do not intend to drop riders, ask all riders to look out for each other. Also, announce where you intend to wait for lagging riders.
6. Turn back riders who are physically unprepared or who show up with poorly maintained bikes at the start or before you get too far along. As a leader you have the final say on the ride, including that of removing uncooperative participants as a last resort.
7. Ride the advertised pace. Monitor your speed often during the ride so riders can rely on the cruising speed advertised in the bulletin. Make allowances for hills.
8. Emphasize predictable, single or double line riding, attentive to local traffic laws and common sense. Do not bunch up at lights or while riding ñ maintain the line.
9. Maintain control of your ride. "Pace Busters" break the ride tempo and compromise group safety.
10. Be predictable, use signals, and alert other riders to dangerous obstacles and situations. Maintain a safe distance between riders commensurate with the level of the ride.

A pre-ride discussion emphasizing these guidelines is always advised

oncoming lane, around a blind curve, to give us a wide berth, and passed the line of us. If an oncoming car had appeared around that bend, the impact of the collision would have bowled us all down like ten pins. That's not exactly how I want to make the newspapers. I was shocked anew when the same scenario played itself out minutes later. Again we were spared tragedy.

Some drivers are very intimidated by bicycles. Either they don't understand cyclists, or have poor driving skills. When I remarked to a close by rider how bad the drivers were, he said that we had to share the blame for not keeping right. He was spot on.

Sometimes the shoulder on a narrow road is too bad to ride on without constantly swerving back to the road, unnerving drivers; then it is safer to take the whole lane. But here we could have managed to stay on the shoulder and not given the driver the opportunity to put us in harm's way, but we didn't do so.

(Continued on page 9)

(Continued from page 8)

2) We were on the return from Spencer's Saddle River "Not a Hammerfest" ride. We were outside of Tenafly, on Dean St.; strong riders were still charged. We were going into the wind in a paceline at about 19 mph. I was at the head, and the line was pretty tight. It was a single paceline, but I had that feeling that I was the head car of a train. You don't feel like an individual: you are a part of a whole.

I pulled off without looking back: a major gaffe, cutting off a line of cars just passing on our left. Not just a dumb move. A rude and dangerous move. Cars honking, shouting drivers and angry stares. They were right! I had become totally self-absorbed in my endorphin-induced high, and

unthinkingly flirted with disaster, as if we were the only occupants of the road.

Those drivers will now think less of cyclists, and I could have severely tested one of my insurance policies. I could have bounced off a passing car into the paceline. This is not what Christy taught us. Some riders, like Ed Fishkin and Irv Weisman, wear rearview mirrors making it a simple glance to check to the rear. The rest of us have to use major muscle groups to achieve the same result. But really, I must turn my head before I pull off. I cannot allow myself to be off my game just because the situation feels good and safe. (Even if I feel that I am part of a train!) If I don't look back, I'm as culpable and unthinking as those drivers who passed us on the blind curve.

And so boys and girls, keep right, look back, and ride another day.

Biker Babes

The box was full to the gills this month - keep up the good work and send the dish to nycnews@yahoo.com.

There were a lot of celebrities in town last month and on November 9th Anne Grossman attended the sold-out World T.E.A.M. Sports 5th Annual Charity Celebrity Bicycle Auction at The Sports Club/LA in Rockefeller Center. Greg LeMond was Guest of Honor, and Lance Armstrong was Honorary Benefit Host! Anne got to speak with Greg and Lance a couple of times during the evening, and got their autographs. Also there were Richard Sachs and his wife Deb Paulson, and in addition to meeting Signore Mengoni and Puffy, they also chatted with Kathy LeMond, Geoffrey, Scott and Simone (the LeMond kids), Kristen Armstrong, Dana Reeve, Diana Nyad, Johann Lammerts (Greg's former Team Z teammate and TdF stage winner), Paul Curley (at least 10 times US National Champion, says Richard), John Wordin (manager of the Mercury and AutoTrader.com teams), Warren Gibson (Greg's manager; also started the Saturn team way back when, according to Richard), Julie Walsh (cyclist and freelance writer) and Enrique Cubillo (photographer and Keith Haring Foundation racing team manager).

The celebrity bikes up for auction included Shaquille O'Neal's huge Cannondale MTB, Robin Williams' striking Griffin Tri, Michael J. Fox's Cannondale Road, Puffy's Mongoose MTB, Britney Spears' Schwinn Beach Cruiser, Christopher Reeve's Cannondale Road, Lance's Trek Road, Greg's RevMaster, and bikes from Vinny Testaverde, the New York Yankees, Natasha Richardson, Liam Neeson and Bebe Neuwirth. \$225,000 was raised by evening's end, including \$10,000 for Greg LeMond's Team Z Tour jersey, and \$4,000 for Britney's Schwinn, which little Simone LeMond really, really wanted, but didn't get. The proceeds for the evening will benefit World T.E.A.M.'s next major global event, the Middle East Odyssey in Spring 2002.

Anne also reports that Mr. Mengoni, looking very much the proper businessman as he spoke about racing and prodotti Campagnolo, suddenly leaned forward, the grandpa in him taking over, squeezing the rosy cheeks of a wide-eyed Simone LeMond, and saying, "Remember me, remember me?" Next year maybe more club members will join Anne and her friends.

Where could there be a more appropriate venue for the marriage of 2 cyclists than the pinnacle of Perkins Drive? Perkins is undoubtedly the most beautiful climb in the metropolitan area. That is where Laura Matlow and Ray Goon-Pan exchanged vows (on the precipice with the Manhattan skyline in the distant background under a perfectly cloudless sky) on October 22.

After the wedding ceremony, the guests were treated to a scenic feast of peak foliage as they transversed the backroads of Northern Westchester to the Connecticut reception. The wedding cake was flanked by sculptured bikes. A December honeymoon is planned to Australia including Sydney (Ray's home town) and Tasmania. What a way to start off a marriage.

Don't try this on a bike: When Jody Saylor woke up Saturday, November 4, in scenic Cold Spring, it was fuhfuhfuhfuhreezing, but that wasn't about to deter this hardy lass (or her hardy hubby, Christy Guzzetta) from jumping on a train

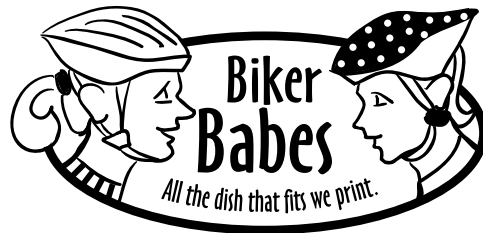
to meet half a dozen NYCC'ers at the Boathouse for a pickup ride. Jody had on several layers of clothes but by the time she and her pals left the park, she had relieved herself of her outermost layer. Then, on Hudson Terrace, while her hubby was busy changing his flat, she decided that things were really heating up fast and that another layer had to go. With Rita Tellerman helping to direct, Jody attempted to remove her long-sleeved undershirt without removing her jersey. Eventually, Jody had enough sleeves and arms dangling to make an octopus jealous, and, well, to make a long story short, Jody was so flummoxed about what to do next, that she just, 9, threw up her hands. Which resulted in full-top-frontal exposure, of course. Christy, distracted by pumping up his tire, moaned about missing the peep show, and everyone wondered if her strip act was a new skill Jody was planning to teach the next crop of SIGgies.

Star struck but not stuck: It was a brisk early November day and Wendy Cohen, en route to the post office, found herself at 57th and Madison, the crossroads of the fashionable universe. Not one to let beauty (especially in the form of a cycling celeb) escape her gaze, she spied a, well, very attractive man with spiky, gelled hair who was wearing cool shades and a silver choker. "Hmmm ... he looks familiar," she thought, "could that be ... ?" Maybe it was, maybe it wasn't, but the never-bashful Wendy figured, "What the hell, I'm gonna find out." And what better way than by shouting his first name? Which is just what she did. And what he did was turn around and stare right into her glistening eyes.

And so, she, wearing her usual ear-to-ear-I-love-cycling-and-everything-that-has-to-do-with-it grin, walked right up to ... George Hincapie (!) and shook his hand and wished him luck. Then off she went, kicking herself for not putting on lipstick before leaving her office. But George, apparently equally struck, didn't notice. For as he went on his way, he was heard to mutter, "Her new red hair color totally rocks!"

There were several members of the NYCC in the NYC Marathon 2000. Dave Obelkevich kept up his streak with this, his 25th five-borough NYC Marathon, though a bad cold slowed him down a bit. Dave ran the 55 (well, really 56) mile London to Brighton race on October 1, the day after his birthday. His idea of fun is a 10 mile run before riding to Nyack. After a lapse of 17 years Caryl Baron decided to run NY again. At 20 miles it occurred to her that lunchtime was two hours ago, but a handful of bananas and tootsie rolls at the Sri Chinmoy food station kept the hunger pangs at bay until the finish. She felt it would have been a better race if it started two hours earlier, and included a stop at Runcible. Marty Wolf was stationed at about the 21st mile on the Madison Avenue bridge, cheering on all comers. The times of the NYCC members who ran the marathon: Noel Comess, (42) 2:54:16, Dave Obelkevich (57) 4:01:43 and Caryl Baron (58) 4:36:30

There were 73 wheelchair and 23 handcycle competitors. The winners in these categories produced impressive winning times. Richard Traum, who founded the Achilles Track Club, has been seen in Central Park this summer training on his new handcycle, and obviously enjoying it. He was 14th in the handcycle category with his newfound speed. We are told that a few other members are now talking about trying next year. Bikerbabes are sticking to the bike. See you next month.



Minutes, NYCC Board Meeting: October 3, 2000

Present were Wendy Cohen, Ben Goldberg, Paul Hofherr, Dona Kahn, Cathy Martone, Gary McGraime, Ira Mitchneck, Don Montalvo, Laurie Nisco, and Lynn Sarro. Absent were Annaline Dinkelmann and Frank Grazioli.

The meeting was called to order by Ben Goldberg at 6:45 p.m. at the offices of Dona Kahn.

Minutes for the September 5, 2000, meeting were reviewed and approved with a modification to amend the number of members to accurately reflect the paid membership.

Paul Hofherr distributed a draft and reported on the proposed guidelines for ride leaders. The Board was asked to review the draft and make any suggestions for changes before the next Board meeting.

Ira Mitchneck reported that the Century ended in the "black" and that there were 325 paid registrants. The century committee will be asked to recommend organizations to which a donation should be made with the profits from the Century.

Don Montalvo and Laurie Nisco reported that we have engaged a new mailer for the bulletin and that the first run went well. Don will now work with the printer to reduce the turn-around time, with the expectation that it will ultimately be only 3 days from the time the printer receives the copy and has it to the mailer. This month all items for the Bulletin need to be to the editor by Saturday, October 14, 2000. Don also reported that the next bulletin would contain statements from candidates nominated for positions on next year's Board. We will have a password to protect the web page with respect to the bulletin once it is available on PDF.

Lynn Sarro reported that the Holiday party is in place and that she has received some checks already. The possibility of a raffle at the party was discussed.

Gary McGraime reported that he was trying to form a committee to design and offer ride leader training. Irv Weisman's contribution to the club, especially in connection with the newcomer's ride, was acknowledged.

Cathy Martone reported that La Dolce Vita would present a program for the November meeting. Cannondale is scheduled for October.

Ben Goldberg reported that the Sunday singles ride filled up (over 100 riders). Ben also reported that he is working with Irv Weismann to complete the transcription of the minutes for several past meetings. Ben also reported that he contacted everyone nominated for the Board to ascertain whether they were accepting - it is hoped that a full slate would be in place by the middle of October.

Laurie Nisco suggested that all Board members prepare a job description for their position to pass on to the new Board members. Laurie also reported that Maggie Clark volunteered to design another questionnaire for the members. Laurie suggested we use it to measure membership satisfaction. It was suggested by several Board members that we review the results of the last questionnaire before we do a new one. A copy of the last report will be made available to the Board members to be discussed at the next meeting.

The next meeting was scheduled for Wednesday, November 8, 2000, because of election day. The meeting adjourned at 8:10 p.m.

Respectfully submitted,
Dona Kahn

Check out our fabulous web site: <http://www.nycc.org>

Check out the new NYCC Message Board: http://www.nycc.org/bb_frame.html

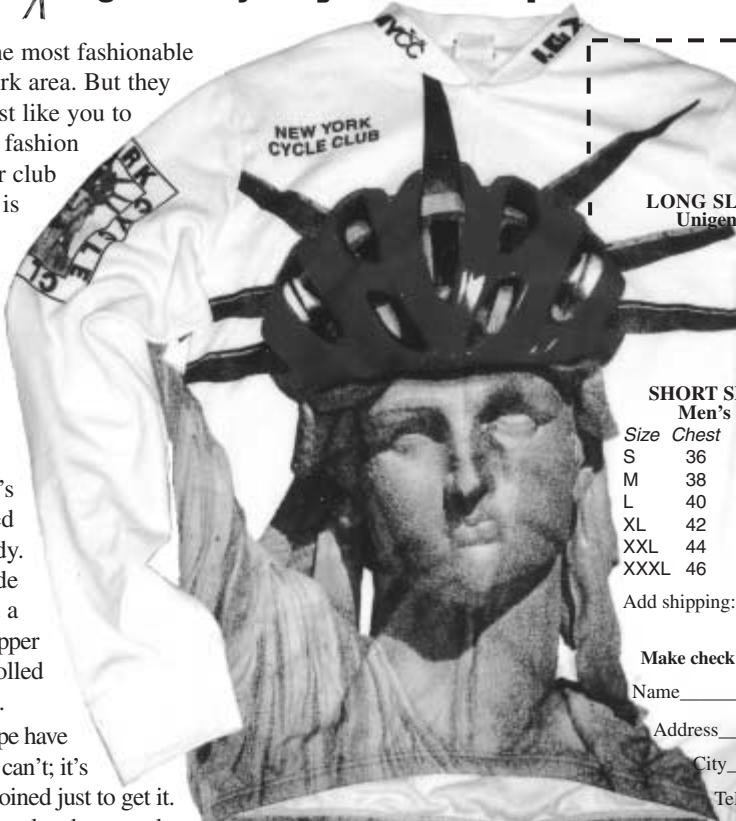
attention-getting
Club members, your long-sleeve jersey is here: keep warm *and* make a statement.

You've seen the NYCC jersey on the most fashionable roads throughout the entire New York area. But they had short sleeves. So what's a cyclist like you to do to remain on the cutting edge of fashion and make a proud statement of your club membership now that cold weather is here? Answer: Wear the new *long-sleeve* club jersey.

It has the same eye-popping graphic as the short-sleeve jersey: the Statue of Liberty wearing a helmet. The same designer: club member Richard Rosenthal. And the same manufacturer: Louis Garneau.

What's new is the Airdry® fabric. It's a 100% polyester microfiber, treated to keep moisture away from the body. It has the same rip-stop/waffle outside finish as the short-sleeve jersey, but a brushed inside surface. A deep, 15" zipper makes for easy on-and-off and controlled cooling (yes, useful even in winter).

Riders from around the U.S. & Europe have sought to buy the club jersey. But they can't; it's limited to club members. Some have joined just to get it. But, lucky you, you don't have to. You're already a member.



NYCC Jersey Order Form

Mail to:
Ben Goldberg
1 Washington Sq. Village, #5B
New York, NY 10012
goldberg@cs.nyu.edu

LONG SLEEVE Unigender @ \$57

Quantity	Size	Chest
_____	S	36
_____	M	38
_____	L	40
_____	XL	42
_____	XXL	44

SHORT SLEEVE @ \$50

Men's			Women's		
Size	Chest	Quantity	Size	Chest	Quantity
S	36	_____	XS	30	_____
M	38	_____	S	32	_____
L	40	_____	M	34	_____
XL	42	_____	L	36	_____
XXL	44	_____	XL	38	_____
XXXL	46	_____	XXL	40	_____

Add shipping: 1-2 jersey(s): \$3.20; 3 or more: \$6.40

Make check payable to New York Cycle Club Total

Name _____
Address _____
City _____ State _____ Zip _____
Tel: Day _____ Eve. _____

2000 Renewal / Membership Application / Change of Address



In consideration of being permitted to participate in any way in New York Cycle Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin: 1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately cease further participation in the Activity. 2. FULLY UNDERSTAND that (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these risks and dangers may be caused by my own actions, or inactions, the action or inaction of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time, and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity. 3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE the Club, the LAB, their respective administrators, directors, agents and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS, AND I FURTHER AGREE that if, despite the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which may incur as the result of such claim. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Mail this application with a check made payable to: **New York Cycle Club, P.O. Box 20541, Columbus Circle Station, New York, NY 10023**

PLEASE PRINT or use address label. Zip code is required.

New Renew Change of Address Date: _____ Check Amount: _____

NAME: _____ SIGNATURE: _____ RIDING STYLE: A B C

NAME: _____ SIGNATURE: _____ RIDING STYLE: A B C

ADDRESS: _____ APT: _____

CITY: _____ STATE: _____ ZIP (REQUIRED): _____

DAY TEL: _____ NIGHT TEL: _____ EMAIL: _____

Check if applicable: I do not want my Address Phone Email published in the NYCC semi-annual roster.

Annual Membership: January 1st - December 31st, 2000. Please check the appropriate box:

Individual — \$21 (\$10.50 after Labor Day) Couple residing at the same address — \$27 (\$13.50 after Labor Day)

Recycle

For Sale: KHS track bicycle, size large, silver, excellent condition (ridden on track only) Upgraded rims (Mavic Reflex Blue with track hubs), track spec. chainring, cog, and chain, Look peddles, needs saddle. Frame drilled for brakes. Perfect for beginner track

riding or fixed gear training. Asking \$400.00, Negotiable. Interested? Call Mark at (212) 534-0559 or MPMorgan075@aol.com

For Sale: Adopt a Baby Jogger II - 16" Wheels. Excellent condition, 2 years old, only used on pavement. Green w/ detachable wind/rain canopy. Make a reasonable offer (can get new for \$250). Call Charlie at work (718) 248-5393 or write to charliekatz@nyc.rr.com

Membership card!
Cut me out!

Bike shop discounts!
BICYCLE HABITAT
244 Lafayette Street
(212) 431-3315 or
cmcbike@aol.com; 15% off parts
and accessories, 10% off bikes, no
discounts on sale items (no double
discounts)

A BICYCLE SHOP
345 West 14th Street
(212) 691-6149 or www.a-bicycleshop.com; abikshp@aol.com;
10% on non sale items (not items already discounted)

SID'S BIKE SHIP
235 East 34th Street
(212) 213-8360 or www.sidesbikes.com; 8% parts,
accessories and clothing

CNC BICYCLE WORKS
1101-1st Ave (212) 230-1919 or cncbicycleworks@juno.com;
8.25% accessories, repairs, rental and bikes



Membership card!
Cut me out!

CONRAD'S BIKE SHOP
25 Tudor City Place
(212) 697-6966 or conradbike@aol.com;
8.25% on parts, accessories and repairs

BICYCLE RENAISSANCE
430 Columbus Ave
(212) 724-2350. 10% off repairs and acces-
sories (not on sales items and new bikes)

TOGA BIKE SHOP
110 West End Ave
(212) 799-9625 or gotbik@aol.com;
10% parts, accessories and repairs

GOTHAM BIKES
112 West Broadway
(212) 732-2453 or gotbik@aol.com;
10% parts, accessories and repairs



Don't miss

THE NYCC HOLIDAY PARTY

Monday, December 4th, 7-10pm

St. Maggie's Cafe, 120 Wall Street

Don't miss the fun this year! This is the perfect opportunity to schmooze with your cycling buddies and impress them with how great you look in nice clothes instead of the sweaty stuff they usually see you in. We're back at St. Maggie's Cafe, a hidden jewel in the heart of Wall Street. The restaurant is at 120 Wall Street (near South St.) and is 2 blocks east of the Wall Street subway stop for the #2 and #3 trains. Buffet dinner includes hors d'oeuvres, salad, bread, 4 entrees (including vegetarian), cake, and coffee. A cash bar is available. \$40 at the door. Many prizes will be given away, by raffle or otherwise, at the party, so be there!

Dated Material!

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