November
1998
November 10: NYCC General Election
Ballot and Information, p. 13-14

December 15
Holiday Party
(Signup & Info, p. 15)
November Opportunities

FROM THE PRESIDENT — GENE VEZZANI

Opportunity #1 — Thank you, Century Volunteers!
A big "Thank you!" goes out to everybody who volunteered to help make the New York Cycle Club's Escape From New York Century a huge success for the fourth year in a row! And a special "Thank you" goes to Charlie Katz for doing an extraordinary job of pulling together all of the last-minute details.

Our club membership is a powerful resource. We have a very large and diverse pool of talent within our ranks that seems to answer the call whenever we ask for volunteers. Thanks again NYCC members for volunteering, you're great!

Opportunity #2 — Order Your New NYCC Long Sleeve Cycling Jersey Now
Richard Rosenthal has completed a magnificent new design for our club jersey and the fastest and easiest way to order one is to attend the November club meeting on Tuesday, November 30th. (Meeting location, menu, time, and subway info is on the back cover.) A sneak preview of the artwork that is featured on our new long sleeve, Fall/Winter/Spring weight cycling jersey is printed on page 9 of this edition of the Bulletin.

Come to the November club meeting and place your order for the New York Cycle Club jersey that will ride with us into the next century.

Opportunity #3 — Vote Early, Vote Today
It's time to vote for the 1999 Board of Directors for your club and the best time to vote is right now. Take a minute and turn to page 13 and complete the ballot. The ballot is a self-mailer. All you have to do is complete the form with your signature, fold and tape it shut (please do not staple it) and mail with a stamp.

Your return address and your signature will be removed by Irv Weisman prior to counting the votes. As you can see two people are running for the same position in more than one category, so your vote is very important. You also have an opportunity to write in any club member's name that you think best fits the "fun categories" (best dressed man/woman, etc.) that appears with the ballot.

The introduction of the new Board and the presentation of the "fun categories" winners takes place at the December holiday party. Please vote today.

Opportunity #4 — Holiday Party
Special Events Director Anne Grossman has completed the arrangements for this year's Holiday Party scheduled for Tuesday, December 15th. The location of the party is the gorgeous St. Maggie's Cafe and the party runs from 6:00 to 9:00 pm. The party room has limited space so it is important that you purchase your tickets either by mail today or in person at the November club meeting. Additional Holiday Party information including ticket ordering instructions is available on page — of the Bulletin.

Opportunity #5 — Single File on the George Washington Bridge
It is important for your safety and the safety of everybody concerned that you ride single file when crossing the George Washington Bridge. The designated multi-use recreational lane that take you from one side of the bridge to the other are shared with in-line skaters, runners, walkers, and other cyclists. When crossing the bridge you have a great opportunity to become an excellent ambassador of cycling.

Please do your part in keeping the G.W. Bridge safe for everyone by riding single file.

Opportunity #6 — In This Issue
A great new feature appears on page 11 of this issue that salutes the Ride Leader of the Month. If you would like to nominate your favorite ride leader for this special honor simply e-mail your nominee's name along with a brief recommendation to any of the Board members. E-mail addresses are printed in the column to the right. Don't have e-mail yet? No problem, just give me a call.

Also, please apply the "Safety Tips for Group Riding" written by A-Ride Coordinator Tom Laskey to all of your club rides. This article is printed on page 5. These tips apply to all of us, at every level: A, B and C.

Opportunity #7 — Quote of the Month
Two NYCC cyclists in Central Park on Columbus Day overheard one tourist explaining to another, "This isn't America, this is New York City."
Club Rides

RIDE LISTINGS: To lead a NYCC ride next month and list it in the Bulletin, contact the Ride Coordinator (see page 2) for that ride class on or before this month's club meeting date. 

BEFORE YOUR FIRST CLUB RIDE: Please read about club rides on page 11.

ALWAYS WEAR YOUR HELMET. NO HEADPHONES.

Unless otherwise stated, precipitation at starting time cancels the ride.

Saturday, October 31

A19 60 MI 9:00 AM  Ride and Treat

Leader: Tom Loskey (212) 496-1636 From: The Boathouse.
Maybe it's time to visit Pearl River again. I'd heard discouraged words about my favorite diner since it changed hands but then heard more positive words recently. Anyway if there's any foliage left we'll have a great opportunity to view it. Since it is Halloween, costumes are encouraged. I'll be coming as a ride leader.

B17 70 MI 9:00/10:00 AM North Shore

Leaders: Carolyn Booker (718) 636-0315 and Gary McGraine (212) 877-4257. From: The Boathouse at 9:00 am and the Statue of Civic Virtue (Union Turnpike & Queens Blvd) - E/F train at 10:00 am.
Join us on a brisk spin through lightly traveled woodland roads lined with fallen Autumn colors. Plenty of hills followed by a comfy luncheonette in Oyster Bay. Our focus is on spinning through the most scenic miles so we may bail at the subway in Queens on our return. Water, pocket food and helmets required. The usual cancels.

B15/18 50/75 MI 9:00 AM  Halloween Haunts

Leader: Douglas Ricardi (212) 228-9423. From: The Boathouse
Join us for a moderately paced tour of my favorite haunts in Rockland and Bergen counties. Might include a stop for cider and doughnuts; might include a scavenger hunt; might include other thrills. Call leader after October 26 if you want more information. Special treats for anyone coming in costume.

B13 42 MI 12:00 PM  Greenpoint's Polonaise and Cheek-to-Cheek Tango

After NW Chicago, this is the world's largest Polish neighborhood outside Europe with Poznan–like streets and towering church spires. Greenpoint has a dozen quaint delis where (like Delancy Jewish delis in the Yiddish era) they start at 5:00 am smoking and marinating briskets, wurst and kielbasas that are world class. During intermission, land that boyfriend/girlfriend dancing naughty tango. Rain or shine.

C13 45 MI 9:00 AM Piermont

Leader: Bernie Brandell (718) 633-1739. From: The Boathouse. We'll enjoy a leisurely ride in the cool Autumn air. Happy Halloween!

Sunday, November 1

A19 75 MI 8:30 AM  North Shore

This spin should really flow since I'm doing a similar route (dress rehearsal) the day before. Guaranteed beautiful roads and an abundance of hills followed by a good sitdown lunch. Some long stretches for those who want to hammer and then regroup. Helmets required. The usual cancels.

B16/17 60 MI 8:30 AM Nonstop to Nyack

Leader: David Hallerman (718) 499-4467 (cycle@walrus.com) and Damian O'Leary (203) 876-9626 (doleary78@aol.com). From: The Boathouse.
No, “nonstop” doesn’t mean we’ll fly to Nyack, but we intend to roll uninterrupted until we reach the Runcible (except, of course, for mechanics or other surprises the universe offers up). And no promises, but we’ll try to map out some different roads for at least part of our route. Rain or temps below 40° cancel.

C14 50 MI 9:00 AM  Bayville in the Fall

Leaders: Hindy and Irving Schachter (212) 758-5738. From: The Statue of Civic Virtue (E or F train to Union Turnpike & Queens Blvd.)
Daylight Savings Time is over. The days are getting shorter and colder. Do we offer short, boring trips to match? No, sir! We offer one of our best, through horse country and on winding roads. You certainly won’t want to swim at Bayville or Oyster Bay but you should enjoy the scenery. Rain cancels.

Thursday, November 5

A18/19 65½ MI 10:00 AM  Sick Day, Ride Day Fall Series #6

Leader: Jill Tucker (212) 431-3029. From: the Boathouse.
How long have you been reading these Thursday ride listings and wondering whether to call in sick? Give up your guilt and lighten your load. It's fun.

Friday, November 6

B15 45 MI 9:15 AM  Staten Island

Leader: Ron Grossberg (718) 369-2413. From: The Staten Island Ferry.
We'll circumnavigate the island, passing historical homes, parks and cultural museums. Rain cancels.

Saturday, November 7

A21 65 MI 9:00 AM  Back Door to Nyack

Leader: Marc Mauceri (212) 749-2685. From: The Boathouse.
We'll wind our way through some of our favorite roads and hills in Bergen and Rockland Counties, before stopping in Nyack for coffee and muffins. Wet weather or temps below 35° cancel.

A19 80½ MI 9:00 AM  Apple Polishers

Leader: David Newman (212) 627-0899 or dnewman@data.com. From: TBD
It's way late in the season, but I know an orchard about 10 miles north of Nyack that may still have a few apples on its trees. If the apples are all gone, we'll fill up on hard cider and weave our way home. The usual cancels, and excessive sloth on the leader's part may shorten the ride.
Wednesday, November 11 (Veterans' Day)

A20 60+/MI 10:00 AM Veterans' Day Ride
Leader: Chris Audley (203) 876-9231. From: The Boathouse.
If you're lucky enough to have this day off, join us for a Wednesday spin.
Destination: Group’s choice.

A20 48 MI 9:30 AM Vets' Day*
Leader: Mark Martinez (212) 496-5518.
From: The bench across from The Boathouse.
Let the cats, dogs, canaries and ferrets fend for themselves for a while. If
you're off from work today (or just need a mental health ride) join me for a
quick spin to Park Ridge (with apologies to all you real vets out there).

Thursday, November 12

A18/19 65+/MI 10:00 AM Sick Day, Ride Day Fall series #7
Leader: Jill Tucker (212) 431-3029. From: The Boathouse.
Addicted to the Runcible Spoon? Meet other like-minded types who consider
sweets a substitute for lunch.

Saturday, November 14

A18 60 MI 9:00 AM Pearl River via Paris
Leader: Ira Mitchneck (212) 663-2997. From: The Boathouse.
Celebrate Bastille Day five months late, but show up at the boathouse.
Slower than the Concorde, faster than a steamship, we will fly/cruise for
French toast or crepes at a club-famous bistro across the street from the
Gare Pearl River.

B16/17 60 MI 8:30 AM Back Way to Piermont
Leader: David Hallerman (718) 499-4467 and Anastasia Thedoropoulos
(718) 729-3062. From: The Boathouse.
Hills make you know you're alive. At least that'll be true on the first half of
the trip, but the road back is mainly downhill. Rain or temps below 40° cancel.

B13 40 MI 12:00 PM Crown Heights — Roaring 20's Flamboyance and Tango
During the heady 1920's the U.S. exported capital approaching 1/2 trillion
dollars in today's dollars. Upwardly mobile Jews escaping Orchard Street's
tenements built Crown Heights palazzos with extravagance befitting this
decade. During intermission, land that esculent boyfriend/girlfriend with
amorous tango. Rain or shine.

C13 45 MI 9:00 AM Point to Point (Revisited)
Leader: Jim Drazios (718) 225-1842. From: The Statue of Civic Virtue (E/F train to Union Tumpike).
From King's Point to Sands Point, never mind the rich and famous: the fall
foliage, rich with the colors of the rainbow, is a feast for the eyes. Mostly
flat, with lovely rolling hills. Rain cancels.

C12 20 MI 12:45 PM A Brooklyn-Queens Mosaic
From borsch to arroz con pollo, we'll tour some interesting neighborhoods:
LIC, Greenpoint, Williamsburg, Ft. Green, the Waterfront and Brooklyn
Heights. Mostly flat with few steep hills. This tour ends in Brooklyn Heights.
Co-led with 5BBC, bring lock, and night light for early evening return.
Sunday, November 15

A20 60*/- MI 9:00 AM Turkey Ride
Leader: Chris Audley (203) 876-9231. From: The Boathouse.
Yesterday was the Turkey Race. The race season is really over and now I
know whether I’m having Butterball or Boar’s Head turkey for
Thanksgiving. Come join me for cold cuts in Nyack.

A18 65 MI 9:00 AM Looking Towards Next Year
Leader: Ben Goldberg (212) 982-4681. From: The Boathouse.
This year has been pretty much of a wash-out for me, so I’m considering
this ride the first of 1999. Help me get my training off to a good start.

B15 35* MI 9:45 AM Scarsdale
Leaders: Hindy and Irv Schachter (212) 758-5738. From: The Boathouse.
Pleasant ride through lower Westchester to lunch in Scarsdale. Rain cancels.

B/C 24 MI 10:00 AM Self-Classification Ride
Leader: Irv Weissman (212) 567-9672. From: Central Park, East Drive &
72nd St (entrance at 72nd St & Fifth Ave) — not The Boathouse!
So what ride class feels comfortable for you now after a season of riding, or
not riding? This ride is intended to (a) help you find your present class, (b)
calibrate your cyclo-computer so that we all agree on the same distance, (c)
provide feedback for possible revision of the self-classification system.
Participants will be started out at intervals. They’ll ride continuously at their
own comfortable, “all-day-like” pace (this is not a race or time trial) and will
be timed lap by lap for 4 complete laps totaling 24.08 miles. Subsequent
computation will show how consistent your pacing is; will advise you of
your comfortable ride class; and will provide you with a correction factor
for the tire size calibration number used in your cyclo-computer. The ride
results may be printed in Bulletin by registration number, not by name. If
you would like your results as soon as they are computed, bring a self-
addressed postcard or a quarter. Rain or temps below 45° cancels.

C13 32*/- MI 9:00 AM Coney Island/
Brighton Beach
Leader: Norman Borden (212) 679-0609. From: City Hall.
An easy ride (and my first as leader) to the land of hot dogs, knishes, and
chicken. Probably lunch at Nathan’s. We’ll visit “Little Odessa” and head
home. Precipitation or temperature below 45° cancels.

C13 20 MI 11:00 AM Over the River and
Into the Woods
Leader: Alinda Barth (212) 928-5399. From: The GW Bridge Bus Terminal.
A ride along River Road, for those of us who like a late start. We’ll go back
along 9W and have a late lunch at a diner. We won’t ride if it rains.

Thursday, November 19

A18/19 65*/- MI 10:00 AM Sick Day, Ride Day
Fall series #8
Leader: Jill Tucker (212) 431-3029. From: The Boathouse.
Trying to figure out a way to sneak in an extra desert on Thanksgiving? It’s
easy, take your figure out today for an extra ride.

Welcome Aboard, Lynn and Frederica
Recent improvements in the quality of the Bulletin’s copy and in the Bulletin’s
more timely fulfillment are due to the efforts of two volunteers: Frederica Miller
now edits the Bulletin’s copy, and Lynn Sarro now sends our fulfillment house the
monthly mailing list.

Friday, November 20

B15 45 MI 9:15 AM TBD
Leader: Ron Grossberg (718) 369-2413. From: City Hall.
Call me to confirm and decide destination.

Saturday, November 21

A20 55 MI 9:00 AM Park Ridge
Leader: Phil Simpson (718) 639-6264. From: The Boathouse.
We’ll enjoy the shelter from the chill that the Park Ridge Diner provides,
and also their wonderful pancakes and French toast.

B16/17 45 MI 9:30 AM Syosset
Leader: Jim Drazio (718) 225-1842.
From: The Statue of Civic Virtue (Union Tumpke & Queens Blvd — E/F trains).
Let’s enjoy a shorter North Shore ride to Syosset and warm-up at the
Quicksilver Diner. The roads will be quiet and smooth with visibility of hidden
estates through the barren woodlands. Rain cancels.

B16 45 MI 9:00 AM I Cover the Waterfront
Leader: Ludwig Vogel (212) 838-0852 and Gary McGraime (212) 877-4257.
From: The Boathouse.
Experience the most panoramic view of Manhattan. A loop across the
GW and south along the Jersey Coast will bring us to the area’s best
Polish food. After our cultural experience, we’ll head across the Bayonne
Bridge to Staten Island where we’ll circle around to the ferry for the best
free lift back to Manhattan. Helmets required.

B13 43 MI 12:00 PM Arthur Miller’s Midwood
And Cheek to Cheek Tango
Arthur Miller’s plays articulated the language of angst and travail beset-
ting 20th century man. First we’ll pass his Brooklyn Heights carriage
house where he courted Marilyn Monroe, writing plays while his
estranged wife dwelt in the brownstone across the alley — a loyal first
wife he could never live down. Then on to the Midwood of his birth and
molding. During intermission, land that boyfriend/girlfriend dancing to
hypnotic tango. Rain or shine.

C13 45 MI 9:15 AM Scarsdale
This is the week before I’m going on a cycling vacation, so this ride will be
a good break from packing (or is that over-packing?). To get into the spirit,
remember to bring your passport for entering Westchester, and as I’m
expecting rain on my trip, rain won’t cancel this ride. Snow would, though.

Sunday, November 22

A20 55-60 MI 10:00 AM How to Become a
Beer Maven
Leader: Mark Martinez (212) 496-5518. From: The Boathouse.
No it’s not a Learning Annex course; it’s a ride to Micro Brew Heaven (aka
“Company B’s Pub”) in Orangeburg, NY. Join us on a spirited ride, followed
by good food, great brews and an easy cruise (home). (Rain at start
changes to a Manhattan brew pub excursion at Noon. Call leader after
9:30 on morning of ride for details of rain option.)
Thursday, November 26

**A/B/C** 9:00 AM  **Thanksgiving Pickup Rides**  
*From: The Boathouse.*

If you are in town, come to The Boathouse for a pickup ride to build up your appetite.

Friday, November 27

**A20** 60/- 9:00 AM  **No Turkeys on This Ride**  
*Leader: Jeff Vogel (718) 275-6978. From: The Boathouse.*

Work off yesterday's overindulgence by joining us on this quick trip through Bergen County. It may be 40 miles to our lunch stop so be prepared with pocket food (anything but a turkey sandwich). Paceline skills requested. Social skills mandatory.

Saturday, November 28

**A20** 70 MI 9:00 AM  **Rockland Lake Express**  
*Leader: Todd Brilliant (212) 274-9463. From: The Boathouse.*

We'll be riding some of my favorite roads in Bergen/Rockland counties up to Rockland Lake and then back into Nyack for lunch. It's probably 45 miles before the food stop, but that's fine because you'll be too cold to drink all your water anyway. Rain (or snow!) cancels.

**A18** 55/- MI 9:00 AM  **Birthday Surprise**  
*Leader: Fred Steinberg (212) 787-5204. From: The Boathouse.*

We'll go as far as we can depending on the weather, temperature, and road conditions. Destination: Rockland or Bergen or Westchester or Putnam Counties. **Bring Metro-North pass,** you never know. Rain, sleet, or icy roads cancel.

**A/B17/18** 56 MI 9:00 AM  **Bicycle Christmas Shopping in Hicksville**  
*Leader: Marty Wolf (212) 935-1460. From: Tramway Plaza (2nd Ave & 59th St).*

Objective: a sale of bicycle paraphernalia — books, posters, Christmas cards, jewelry, stationary, etc. A wonderful place to buy your favorite bike rider a Christmas present (or one for yourself). **Bring LIRR pass** if you want to return by train. Ride leaves at 9:10 am sharp; cue sheets provided.

**B16** 60 MI 9:00 AM  **Rockland Lake**  
*Leader: TBD. From: The Boathouse.*

A smooth spin with a few hills to burn off some of that holiday butter and gravy.

**B13** 45 MI 12:00 PM  **Bay Ridge’s Grand Mansions**  
*Leader: Paul Rubenfarb (212) 740-7923. From: The Boathouse.*

Bay Ridge’s gold coast is the esplanade lined with mansions along the bluff overlooking the Verrezano Bridge. This hilly burg is exaggeratedly

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**Safety Tips For Group Riding**

Group cycling can be a very rewarding and fun experience. Unfortunately, with that also comes the potential for accidents and injury. In order to keep your cycling experience as safe as possible, it is very important to adhere to the following precautions:

**Don’t Ride More Than Two Abreast:**

Whether you are riding in a paceline or not, you should always stay directly behind the bike in front of you even when the group is coming to a stop. When you are stopped, do not bunch up at the light or stop sign. Maintain your position in the line, especially when you come to a stop. **Never ride more than two abreast, never pass on the right, never overlap wheels.**

**Club Rides Are Not A Race:**

All ride listings advertise a flat cruising speed that should be maintained by the leader. If this pace is maintained by the leader and you feel it is too slow, you are free at any time to notify the leader and take off on your own. If you plan to stay on the ride, you should follow the leader's pace. Conversely, if the leader is exceeding the listed pace, feel free to let them know and ask them to stick to the advertised pace.

**Keep Groups To A Manageable Size:**

Cycling groups of more than 20 riders are unwieldy and unsafe. If more than 20 people show up for a ride, the group should be split up into two smaller groups, faster and slower. If you feel confident to lead one of the groups, identify yourself to the leaders. You will make their job easier.

It is imperative that everyone take responsibility not only for their own safety but also for the safety of the group. If you see another rider riding in an unsafe manner, feel free to politely point this out. If you are uncomfortable doing this, let the leaders know so they can point it out.

— Tom Laskey
middle class and self-confident — seemingly immune to the cycles of exodus and ethnic change endemic to the rest of Brooklyn. During intermission, land that hypnotic boyfriend/girlfriend dancing to naughty tango. Rain or shine.

**C13 45 MI 9:00 AM New Jersey Foliage Mystery Ride**

Leader: Bernie Brandell (718) 633-1759 and Elena Acosta (718) 706-6989. From: The Boathouse.
Come and get an unobstructed panoramic view of nature's display of its finest colors from your bike seat, and dine on the finest pancakes on the other side of the Hudson. Rain or temp. below 35° cancels.

**Sunday, November 29**

**A20 50-70 MI 9:00 AM Revving or Recovery?**

Leader: Beth Renaud (212) 274-9463. From: The Boathouse.
It's the end of a long holiday weekend. Either you've been riding a lot since Thursday or not. Depending on personal and/or meteorological circumstances, today's ride will be a zippy diner run to Park Ridge (a Monte Cristo, anybody?) or a more lengthy excursion.

**B16*/- 50 MI 9:00 AM Park Ridge Diner**

Leader: TBD. From: The Boathouse.
Great pancakes is probably a nice change from turkey!

**Saturday, December 5**

**A18 45 MI 9:00 AM Sweet Spin**

Enjoy a smooth spin up to Piernot the scenic way including some hills for cardiovascular benefit. A quick break at the deli or bike store will ensure an early return. Riders who practiced basic paceline skills in the B Training Series are also welcome. Helmets required.

**B16 50 MI 9:00 AM Sky Lark**

The cooler weather is a fine time to work on your spin and strength. A warm pit stop is also appreciated, especially one so bike-friendly that your bike can unchill, too. Fixed gears welcome. Under 40° cancels.

**C13 45MI 10:00AM A Mini-ENY Ride**

Leader: Larry Rutkowski (212) 799-9625 (days).
From: The New Jersey side of the GW Bridge at Hudson Terrace.
For those who missed the Escape From New York ride that was held in September, we are going to do it again. Great opportunity to try out the rest of the menu at the Sidewalk Cafe in Piernot. Rain, snow, and/or temp below 35° cancel.

**C12 25 MI/15 MI 12:30/1:30 PM Y'ar Ole Salt**

Leader: Terry Chin (718) 680-5227.
From: City Hall at 12:30 pm or Prospect Park Picnic House at 1:30 pm.
The fleet is in. This midday detour to Sheephead Bay gives us a chance to join in a flurry of activity at Brooklyn's Cape Cod. Bring your favorite fish tale to tell over clam chowder.

**Sunday, December 6**

**A20*- 65 MI 9:00 AM It's a Jeff Vogel Route**

Leader: Jeff Vogel (718) 275-6978. From: The Boathouse.
What makes a route a JeffVogel Route? Is it the incredible scenery, lack of traffic, or the complete and utter disregard for the condition of the road surface? Maybe it's all of the above. Pump up your tires and come explore Northern Westchester. There will be several sections of hard-packed dirt roads, so be forewarned. No complaining. Metro-North return — passes required.

**B17 50MI 9:00AM Rockland Loop**

Let's enjoy a "brisk" spin heading up north with rural scenery and some rolling hills. On our return, we'll refuel at the Sidewalk Cafe in Piernot. Helmets required. The usual cancels.

**C13 30 MI 10:00/10:30 AM Frostbite Ride**

Leader: Marina Bekkerman (718) 851-1527.
From: City Hall at 10:00 and Grand Army Plaza entrance to Prospect Park at 10:30.
The start of the traditional winter rides within the city limits. Co-led with 58BC.

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**Club Calendar**

**Election of 1999 Officers, NYCC Meeting, Tuesday, November 10, from 6:00 pm to 9:00 pm. Dallas BBQ, 27 West 72nd St, between Columbus Ave and Central Park West (212) 873-2004. Take the 1, 2, 3, or 9 to 72nd St, and walk two blocks east, or take the B or C to 72nd St and walk 1/2 block west.) Admission between 6:00 and 8:00 pm (including dinner): $12. Admission after 8:00 pm (program only): free. If you cannot attend, please mail in the ballot located on page 56 before the date of the meeting. Mail ballots received after November 30 will not be counted.**

**NYCC Annual Holiday Party, Tuesday, December 15 from 6:00 pm to 9:00 pm. Dine in elegant Victorian splendor at St. Maggie's Cafe, one of lower Manhattan's hidden jewels. Those of you who came last year know how wonderful it is. The restaurant is at 120 Wall Street near South Street and close to the #2 and #3 trains. The buffet dinner includes hors d'oeuvres; salad and bread; choice of entree (including vegetarian); cake and coffee. A cash bar will be available. The dinner costs $33 before November 30 and $38 at the door. We encourage you to pay in advance because space is limited. Pay with check or cash at the October and November club meetings or by sending a check made out to the NYCC to Anne Grossman, 205 W. 15th St. #P, NY, NY 10011.**

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**Out of Bounds**

**Mountaineering for Cyclists, by John G. Waffenschmidt. Introduction: November/December, 1998. For a number of years now, John Waffenschmidt has been offering this program as a supplemental off-season training tool; this year it is being co-led by Bob Moulder. In addition, it is also listed with the Adirondack Mountain Club. There will be two or three introductory sessions between November and December. From January to March John and Bob will lead two or three multi-day trips. Eligibility for any of the multi-day trips depends on having been to at least one introductory session. For more information, call Bob at (212) 682-5669 (home) or John at (516) 227-3951 (work).**

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**Did you get your volunteer t-shirt? If not, call Charlie Katz at (212) 580-5695.**
Escape From New York:

Drink all your water apes before taking on the morning rush.

Right: The Peanut Butter Brigade at work. Those pictured include: Connie Pagano, Margaret Cipolla, Laurie Nisco, Jim Greene, and Terry Chin.

We couldn’t have made it happen without volunteers. Thanks for helping out.
1998

Ed Fishkin led a group of intermediate and high school students from the “Recycle a Bicycle” program on the Half-Century.

Below: sign-in in Sakura Park at 7:30 (after the morning rush).

SNEAK PREVIEW!
Our First Look at the Sleeve Design
For the 1999 NYCC Jersey —
Order Yours at the November Meeting
Pony Pedal
By Caryl Baron

I think I was still a child when I first heard of the wild ponies that wander on the pristine beaches on Assateague Island off the coast of Delaware. It's been one of the places I've long dreamed of visiting, and it's reputed to be a wonderful place to cycle.

One Memorial Day Weekend, Steve and I just did it. We rented a car, bought a bike rack and ride book, reserved a B&B and took off. It took five and a half hours to get there. By 1 pm, we were watching a horde of terns diving into a school of fish in the sound while we enjoy a lunch of soft shell crabs.

An hour later we were riding the bicycle loop in Chincoteague National Wildlife Refuge. The 3-mile loop encircles Snow Goose Pool, which is seasonally managed to provide a favorable environment for migrating water birds. Autos are only allowed from 3 pm to dusk, and in-line skates are never allowed. In late May, we saw herons, egrets, ibis, swans, sandpipers, redwings, ducks and geese. We explored the unpaved walking and cycling trails leading off it. We headed down the woodland trail through coastal woods full of warblers, and connected with the pony trail which goes through pine woods to an overlook near the wild ponies. My fantasy was of ponies running on the beaches, but the reality is that the grass is tastier and richer in the salt marshes. It's quite beautiful to watch the ponies grazing against a background of salt marsh, forest hummocks, vast sky, and flights of birds. The ponies are aware of the overlook and make efforts to avoid voyeurs (wouldn't you?). Further down the trail we spotted a pony from the corner of our eye and from a mound just off the trail we were able to observe several pony haemres quite close by.

We followed a road to the beach at Tom's Cove, and took another trail to explore the narrow marsh, full of sandpipers and rabbits, between the beach dunes and Snow Goose Pool. By the end of the afternoon we'd gone 20 miles, seen dozens of species of birds, the ponies, and the island's miniature Sika elk.

We enjoyed riding the refuge in the magic early hours of the morning. One morning we saw a rare fox squirrel, the native white tailed deer, more elk incredibly close to the trail, and a large snapping turtle who dared anyone to get it off the road. We completed this most civilized first day with a wonderful dinner at "The Garden and The Sea," in nearby New Church, VA, a recommendation from "25 Rides on the Delmarva" (BackCountry Publications, see the sidebar or the NYCC Roster for details).

Saturday was the day that didn't work out. We started out on a century ride to Salisbury, but wound up on a century drive to Salisbury when Steve had three flats in the first six miles, due to a slashed sidewall.

There are no real bike shops in Chincoteague, only beach bike rental shops, and the best tire in town would only hold 70 pounds — maybe. We did, however, see the just-released

For Further Information
Contact: Chincoteague Island Chamber of Commerce, POB 258, Chincoteague, VA 23336, phone (804) 336-6161.
Citizens for a Better Eastern Shore, POB 882, Eastville, VA 23347, phone (804) 678-7157, fax (804) 678-7216, publishes a Bicycling and Weekend Travel Guide on the area.

“Mission Impossible” that evening, because our B&B hosts also managed the movie theater. After the movie, we lined up at The Creamery for home-made ice cream.

Sunday's ride took us through farm country, past many old and neglected Victorian houses. Mega-farming does not exist here, and Perdue is downsizing, complaining about the cost of grain. The area is isolated by being a peninsula, and all the heavy industry (mostly DuPont) is at the north end. The Delmarva is a land that time forgot, and has rural charm and wonderful, traffic-free roads. Drivers are considerate and there are "Share the Road" signs and bicycle route markings on the roads. However, it is a good idea to carry extra food and water because there are few restaurants or delis.

We rode quite a bit of our intended century route, but diverted when we saw a Seagull century road marker, figuring we couldn't get too lost. We lunched late in Snow Hill. When we emerged, the weather that had been threatening for two days had moved in, and a gentle rain was falling for the last 30 miles of our ride.

The egrets on the causeway to Chincoteague were having a great time catching fish in the marsh water near by. Occasionally, one would take off, and it was as if it were flying with us. We, too, dined on fresh seafood: oysters, champagne, and a huge plate of seafood pasta at AJ's On The Creek.

Dennis Holland, our B&B host at The Main Street House (800/401-2027), used to manage the refuge. He was happy to share his knowledge with us. Cathy Holland served wonderful gourmet breakfasts, and was the one with the hot restaurant tips. We stored our bikes in their garage. The Delmarva Peninsula offers excellent riding for all levels — as you can see from our varied weekend sample.

The other end of Assateague Island is easily accessible from Berlin, MD, reputedly a somewhat drolled-up town.

Salisbury, MD, in the center of the Peninsula, is also a good cycling base, though not as full of charm and character. It's the starting point for the popular Seagull Century.

Our tour book, 25 Bicycle Tours on Delmarva, has invaluable logistic information, such as where to stay, bike shops, and routes. We also used a good, detailed road map. Not all the good cycling roads have route numbers, so it's crucial to know what town you're heading for, and to be cool about diversions. The most important thing about having a good map, though, is that when it rains on Monday, and all the highways are bumper to bumper, you can still get all the way back to New York on scenic bike routes, and encounter no traffic at all.

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NYCC WELCOMES 55 NEW MEMBERS

Allen, Jonathan Heckerling, Joan
Anzarouth, Joy Hetzer, William
Ard, John Janowski, Aaron
Ashmore, Basil Jones, Mary Beth
Ashmore, Mary Kraus, Michael
Atran, Susan Lewis, Alan
Baecher, Margaret Marcus, Emily
Baiery, Eileen McManus, John
Basil, Peter Miller, Arthur
Berlin, Lisa Miranda, Frank
Bertagna, Robert Mondi, Wilma
Birbaum, Debra Murenyi, John
Biro, Joan Neiditz, Nancy
Bluestein, Lew Nislick, Barbara
Boesch, Stephen Ostfeld, Sue
Bryan, Kristine Rosenstein, Michele
Carlisle, Diane Sanders, Stephen
Cheville, Andrea Santiago, Sonia
Delmarco, Barbara Spink, Anne
Dubinsk, Paul Stein, Bob
Ekchilch, David Strachan, Bill
Evangelista, Diane Tanzman, Barbara
Fine, Dorit Yedereame, Rosmarie
Friedman, Orit Walker, Stewart
Gallagher, Cathy Weiner, Diane
Gordon, Jay Whitlock, Isiah
Habachy, Hinet Will, Nancy
Haider, Blake

 stunned

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 stunned
Even though the cycling season is slowly winding down, that doesn’t mean we don’t hear what’s happening. Many thanks to all of you who sent us dish at nyccnews@yahoo.com. Keep it coming!

Congratulations for a job well-done to all those who pulled off another successful Escape From New York Century. When Steve Britt, the mastermind behind the Century, was injured on the All-Class ride to Oyster Bay, Charlie Katz, Judy Meyer, Gene Vezzani, George Kaplan, and Gary McGratine mobilized the forces and did an excellent job organizing what needed to get done.

The Century raised the bar for the food required at all other bike events. The Rincoble Spoon provided their usual great muffins and other baked goods at Rockland Lake. Piermont’s Sidewalk Cafe put out a brunch buffet that couldn’t be beat by most NYC restaurants charging $15 to $20 per person. There was coffee, juice, bagels and cream cheese, scrambled eggs, home fries, green salad, chicken wings, bean burritos, pasta salad, chicken fingers and soup. At the finish, thanks to Anne Grossman, there were gourmet wraps sandwiched from Fairway and, of course, cookies, brownies, and Rice Krispie squares from the Judy Meyer home bakery. Rising to the occasion, Judy baked 12 batches (5 different kinds) of brownies, and there wasn’t a crumb left at the end. This brings us to the nickname of the month: the Escape From New York Century also known as the Judy Meyer Bake-Off.

So who was the first one back from the Escape From New York Century? Regina Hammond. Did she do the full Century? No. The 65-mile ride to Rockland Lake? Piermont? No. Regina had a minor accident on Riverside Drive. (She was not hurt but her bike had a few minor problems, all quickly fixed by Jeff Vogel, one of the many capable marshalls.) She went over the George Washington Bridge and decided that it just wasn’t her day. She turned around and went back to the finish where she stayed until about 4:00 pm. What a testament to the great party at the finish! Everyone had a great time no matter how much or how little they rode. Maybe the Century should offer the 15-mile route to Fort Lee and back.

Damon Hart’s South Mountain A ride took a slight detour to wish Irv a happy birthday at Pascack Brook Park in NJ on Sunday, Oct. 5. Damon and fellow riders Todd Brilliant, Al Boland, Laura Matlow, and Jeff Vogel thought it would be a nice surprise (along the lines of “A riders laud Irv”) but found themselves surprised by the fact that A riders were already represented by Christy Guzzetta and Jody Saylor who rode out with Irv from the GWB. For being so thoughtful and classy, Damon, Christy and Jody get our Mensch of the Month award.

The Columbus Day Weekend in Phoenicia was a success with a turnout of 50 riders. However, it set a record for the least amount of riding on a club weekend because of the rain. We thank the following leaders: Suzanne Levine, Peter Morales, Margaret Cipolla, Jeff Vogel, and Paul Hofher. Paul, a former Phoenicia resident, led all the C rides and gave invaluable information about routes to all the riders. Charlie Katz led hikes for those who didn’t want to get their wheels wet. During the rain on Saturday, cyclists rode up Devil’s Kitchen, a 2-mile, 18% grade climb. Only Richard Kitzmiller cycled up it on Monday. The only injury was Molly Lipsher breaking two nails while bowling.

A riders have noticed the conspicuous absence of one of the stars of the 1997 A SIG, Bo Arlander. What happened to her? We are happy to report that in the last 3 months she competed in 3 Ironman competitions.

In July, she completed Ironman Europe in Germany in a time of 10:30 which gave her 22nd place among all women, 6th in her age group (30-34). Since she missed qualifying for the Hawaii Ironman World Championship by one person in Germany, Bo did Ironman Canada in Penticton, BC in August and was the 13th woman overall, 3rd in her age group with a time of 11:03 which earned her a spot on the Hawaii Ironman. She came back from the World Championship in Hawaii on October 3rd and finished 8th in her age group with a time of 11:19. Bo encountered 40 mph winds on the 112-mile bike leg.

She says, “Being able to compete with the best in the world in Hawaii was a realization of a dream that started last summer when I did my first triathlon following the completion of the 1997 SIG.” Another star from the A SIG (several years ago), Elizabeth Emery placed 10th in the World Championship Time Trial October 7th in Maastricht-Vilt, Holland. Her time was all the more remarkable because neither she nor her U.S. National Team coaches knew she was eligible until 10 days before the race (she was relaxing on her couch, eating bon-bons, our sources say).

Yet another cycling star in the club, Stefanie Jackenthal, competed in the original Eco Challenge race, the Raid Gauloisones, in Ecuador. The race includes sea kayaking, mountain climbing and wilderness hiking. Teams of at least 5 people compete against one another. If one member of the team quits, the team cannot qualify. Stephanie’s team included a Navy Seal and a Marine who quit before she finished her spectacular 21,000 ft. climb of Cotopaxi, the highest mountain in Ecuador. We know whom to ask when we need to borrow some crampons and ice picks.

And on a final note: do we eat to ride or ride to eat? That is the question. A riders will certainly be eating better now that Dan Young has joined their ranks. So far, it’s still the standard diners and bakeries, but that will change soon. Dan is the restaurant critic for the Daily News. Look for his new book on French bistro (all in Paris, fortunately). We can’t wait to see where the lunch stop will be on a ride he leads.

Well, that’s all the dish there is this month. We hope to see you at the monthly meetings (scoop: a committee of three is busy at work to find a more desirable restaurant at which to meet). We also want to see you at the Christmas party where you can meet someone new and maybe create an item for the column (you never know). Keep the dish coming.

**Ride Leader of the Month — Karin Fantus:**

The first person featured in our new series on ride leaders is Karin Fantus. The Redwood City, California native graduated from Boston University with a major in Applied Music. She’s spent her career in television news production and is now branching out into website marketing.

Karin has been a member of the NYCC since 1986, and enjoys both club rides and an occasional solitary trip. She participated in Paris-Brest-Paris ’91, and crewed for David Wallis in the 1987 Race Across America.

Most NYCC members know Karin from her role co-leading the B Training Series. She believes that B-level riding is not just an intermediate step on the way from C-level to A-level, but a unique style of its own. She emphasizes that bike handling skills and group riding techniques are as important on a B ride as on an A ride, while appreciating that B rides are more schmooze-y, with less emphasis on racing to destinations.

Karin enjoys taking self-guided bike trips in Europe with friends, and keeps in shape by swimming and using the Pilates method of body conditioning, which she says has given her the muscle, flexibility and body alignment to make her a faster and happier rider.

— C.J. Obregon
Please read this before your first club ride:

NYCC Rides are led by volunteer leaders who plan the route and maintain the listed speed (e.g. B15 = B Style /15 mph cruising speed — see chart). Our rides are described by pace and style because it’s more fun when the group is of similar ability. We ride for fun, fitness, and food.

RIDE STYLE indicates the type of riding. See chart at right. CRUISING SPEED indicates the ride’s speed on flat terrain. AVERAGE RIDING SPEED over rolling terrain is 3 mph less than cruising speed. This will vary plus or minus 1 mph, according to terrain. OVERALL SPEED, including rest and food stops, is about 3 mph less than average riding speed.

SELF-TEST: Assess your personal cruising speed by riding 4 laps (2.98 miles) around Central Park at a comfortable pace and matching your time with the chart. NOTE: Riding fewer than 4 laps will give you a false assessment. (The northern end of the park can be dangerous; ride with other cyclists, and mind the radar-enforced speed limit.)

YOUR FIRST NYCC RIDE: Be conservative. Choose a ride easier and shorter than you think you can ultimately handle. You won’t enjoy struggling to keep up with a ride that’s too fast for you, nor will the group enjoy waiting for you. It’s a good idea to call the leader a day or so before the ride, and introduce yourself when signing up at the start.

BEFORE ANY RIDE: Check that your bike is in good riding condition: brakes and derailleurs working well, tires pumped to the pressure specified on the sidewall. Eat breakfast.

BRING: helmet, spare tube, tire levers, patch kit, pump, water, snacks, money, medical ID, emergency phone numbers. We also suggest: lock, railroad pass. Leaders may specify other items on their ride listings.

BIKE PASSES are always required on Metro-North and LIRR. Bike passes good for both Metro-North and LIRR are available at Window 27 at Grand Central or by calling 212-499-4398 or 212-499-3060 or by visiting http://www.mta.nyc.ny.us for an application.

BIKE TRAINS: On Saturdays and Sundays, Metro-North has scheduled specific trains to/from Grand Central Station to accommodate large groups of cyclists. Bike trains are indicated by a bicycle symbol on the Metro-North timetable. Schedules change frequently. The following list is the most current available:

<table>
<thead>
<tr>
<th>From GCT</th>
<th>To/from</th>
<th>To GCT</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:54 AM (Hudson Line)</td>
<td>Poughkeepsie</td>
<td>4:12 PM</td>
</tr>
<tr>
<td>8:58 AM (Hudson Line)</td>
<td>Poughkeepsie</td>
<td>5:12 PM</td>
</tr>
<tr>
<td>8:49 AM (Harlem Line)</td>
<td>Poughkeepsie</td>
<td>6:12 PM</td>
</tr>
<tr>
<td>8:07 AM (New Haven Line)</td>
<td>Brewster North</td>
<td>4:08 PM</td>
</tr>
<tr>
<td></td>
<td>New Haven</td>
<td>3:57 PM</td>
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</tbody>
</table>

There are no Bike Trains on holidays. Refer to roster for restrictions which apply at other times. If you are leading a ride and absolutely require a Bike Train at another time, you must call NYCC’s Metro-North liaison, Jeff Vogel at 718-275-6976 or in advance to try to arrange another train for your ride.

Cruising Speed | Central Park Self Test | Four Lap Time
---|---|---
22+ MPH | 1:10 or less | 1:10 to 1:13 |
21 | 1:10 to 1:13 | 1:13 to 1:16 |
20 | 1:13 to 1:16 | 1:16 to 1:20 |
19 | 1:16 to 1:20 | 1:20 to 1:25 |
18 | 1:20 to 1:25 | 1:25 to 1:30 |
17 | 1:25 to 1:30 | 1:30 to 1:38 |
16 | 1:30 to 1:38 | 1:38 to 1:48 |
15 | 1:38 to 1:48 | 1:48 to 2:00 |
14 | 1:48 to 2:00 | 2:00 to 2:14 |
13 | 2:00 to 2:14 | 2:14 to 2:30 |
12 | 2:14 to 2:30 | 2:30 to 2:50 |
11 | 2:30 to 2:50 | 2:50 to 3:00 |

MINUTES OF THE NEW YORK CYCLE CLUB BOARD MEETING OF TUESDAY, AUG. 4, 1998


The minutes of July 7, 1998 were approved.

Gene advised the Board that frozen yogurt would be served at the ice cream social at Dallas BBQ.

Gene announced that Lynn Sarro, who was present at the Board meeting, would be taking over responsibility for maintaining the membership list from Liane Montesa. The Board voted to express its appreciation to Liane for her effort.

It was agreed to conduct an all-class ride on September 3. The Board expressed its thanks to Anne for the barbecue. Anne advised that upcoming special events included Shakespeare in the Park and a night of salsa dancing.

The Board discussed ride leader recognition. It was agreed that the Bulletin would feature a ride leader of the month.

The Board confirmed its authorization of the expenditure of $250 for the new club jersey.

Gene announced that he had asked Ben and the rde coordinators to act as the Nominating Committee.

The Board agreed to provide an up-front deposit of $1000 for the West Weekend, if needed.

Anne and Doug reported preparations were underway for the ENY Century. The Board approved special century advance pricing for $45 for the century and membership for the rest of the year.

Including a Department of Transportation insert with the Bulletin was approved. Ludwig expects to have the Bulletin to the printer by August 20. Gary will work with TA to provide support for their century and ask them to hand out ENY Century brochures.

The meeting adjourned at 8:00 pm. Respectfully submitted.

Conrad J. Obregon

MINUTES OF THE NEW YORK CYCLE CLUB BOARD MEETING OF TUESDAY, SEPT. 1, 1998


All members who have been nominated for 1999 NYCC Board positions that accept will be listed in the October bulletin.

Joel Engleander has scheduled Crossroads Tour Company to give a presentation at the October general meeting.

A club expense of $100.00 was approved for a birthday cake for Irv Weisman's 75th birthday.

Dona Kahn presented a chart indicating a new all-time high in members at this time of year of 1,331.

Special Events coordinated by Anne Grossman will be listed separately in the Bulletin.

The club will list a June "Sid Lang Anniversary Ride" in memory of the founder of the NYCC.

The Board discussed ride leader incentives. Gary McGraime suggested cycling gloves with the Club logo as a reward for leading five or more rides.

The Board also discussed the possibility of rewarding every ride leader or having a "Ride Leader Lottery" for a larger gift.

Toga Bike Shop offered to have a ride support at our Escape from New York event.

Last, Richard Rosenthal made his presentation of his final design for the new NYCC jersey.

The meeting adjourned at 8:00 pm. Respectfully submitted,

Gary McGraime
NYCC Holiday Party: Tuesday, December 10
Reserve Now!

NYCC Annual Party, Tuesday, December 15 from 6:00 pm to 9:00 pm. Dine in elegant Victorian splendor at St. Maggie's Cafe, one of lower Manhattan's hidden treasures. Those of you who came last year know how wonderful it is. The restaurant is at 120 Wall Street near South Street and close to the #2 and #3 trains.

The buffet dinner includes hors d'oeuvres, salad and bread, choice of entree (including vegetarian), cake and coffee. A cash bar will be available. The dinner costs $33 before November 30 and $38 at the door. We encourage you to pay in advance because space is limited. Pay with check or cash at the October and November club meetings or by sending a check made out to the NYCC to Anne Grossman, 205 W. 15th St. #1P, NY, NY 10011.

Name:
Signature:
Address / Apt:
City: State: Zip:

Mail this completed form by November 30 with a check for $33 made out to NYCC to:
Anne Grossman, 205 W. 15th St. #1P, NY, NY 10011.
Thank You.

1999 RENEWAL / MEMBERSHIP APPLICATION / CHANGE OF ADDRESS

In consideration of being permitted to participate in any way in New York Cycle Club ("Club"), sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin: 1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately cease further participation in the Activity. 2. FULLY UNDERSTAND that (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these risks and dangers may be caused by my own actions, or inactions, the action or inaction of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time, and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity. 3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE the Club, the Lab, their respective administrators, directors, agents and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessees of premises on which the Activity takes place, each considered one of the "RELEASEES" herein FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS, AND I FURTHER AGREE THAT IF, DESPITE THE RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the "RELEASEES", I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which may occur as the result of such claim. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY KIND AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

☐ New ☐ Renew ☐ Change of Address Date ______________ Check Amount ___________

PLEASE PRINT OR USE ADDRESS LABEL. ZIP CODE IS REQUIRED. Mail this application with a check made payable to the:

New York Cycle Club, P.O. Box 205421, Columbus Circle Station, New York, NY 10023.

NAME: ____________ SIGNATURE: ____________

NAME: ____________ SIGNATURE: ____________

ADDRESS / APT:

CITY: ____________ STATE: ____________ ZIP (REQUIRED) ____________

DAY TEL: ____________ NIGHT TEL: ____________ E-MAIL: ____________

Check, if applicable: I do not want my ☐ Address ☐ Phone ☐ E-mail published in the NYCC semi-annual roster.

ANNUAL MEMBERSHIP: Jan. 1 – Dec. 31, 1999. Please check the appropriate ring:

☐ Individual — $21 ☐ Couple residing at the same address — $27
The "Big Ride:" Is It for You?
Come to Our Meeting November 10
Hear NYCCC Member Moira McFadden Tell You About
THE PROS &
THE CONS

A stimulating and informative program that will help you make up your mind whether a cross-country charity tour is for you.

Dallas BBQ
27 West 72nd St (between Columbus Ave and Central Park West)
212-873-2004

We will have our own private room, and great food.
New Menu, New Prices:
Half Rotisserie Chicken With Salad $12.00
Large Dinner Caesar Salad 12.00
All of the Above Served With Corn Bread, Potato, Cole Slaw, Coffee and Dessert.

Meet at 6:00 pm — Dinner at 6:30 — Program at 8:00.
Admission Between 6:00 and 8:00 pm — Per Menu Above.
(Includes dinner, tax, gratuity and the program.)
Admission after 8:00 pm (program only) — Free.

Take the 1, 2, 3, or 9 to 72nd St, and walk two blocks east, or take the B or C to 72nd St and walk ½ block west.
Sorry, no indoor bike parking.

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Chris Mahnig

NEW YORK, NY 10023
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New York Cycle Club

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