July
1986
New York Cycle Club

Our 50th year July 1986

AT LONG LAST!

CLUB JERSEYS
SWISS-TEX BY SERGAL
of Italy

$35.00 EACH

SIZES

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MAKE CHECKS PAYABLE TO NEW YORK CYCLE CLUB
PLACE ORDER BEFORE SEPT 1ST FOR DELIVERY DATE
IN TIME FOR NOVEMBER 11TH MEETING AT CHARAS.

MAHL ORDER AND CHECKS TO:
LEE GELOSTER
2686 OCEAN AV
APT F3
BKLYN NY 11229

NAME
ADDRESS
CITY
STATE
ZIP
NYCC rides are intended to be friendly group rides: we don't like to "drop" or lose anyone. However, leaders should turn back riders whose physical or bicycle condition seems inadequate, or when this is not feasible, those whose riding ability early on in a ride seems inadequate. Our leaders are truly reluctant to do this; so please cooperate with them.

In choosing a ride note the estimated "cruising speed," listed below. This number approximates the speed of a typical rider of the indicated category while moving along a flat road with no wind or other adverse riding conditions. Average riding speed will show the effects of varying terrain.

1) Select rides within your capability. Avoid downgrading the ride for your fellow riders and stressing yourself by trying to keep up, or conversely, demanding a faster pace than advertised.
2) AA, A+, and most A rides generally maintain pacelines. If you are unfamiliar with paceline riding be prepared to learn.
3) Be on time or a bit early. Rides will leave promptly.
4) Have your bike in good condition: both brakes working, properly inflated tires, adjusted derailleurs, no loose parts.
5) Bring water, snacks, spare tubes, patch kits, pump and lights if the ride will begin or end in the dark.
6) Eat a good breakfast.

<table>
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<tr>
<th>Ride Class</th>
<th>Speed (not incl. Stopping)</th>
<th>Cruising Speed</th>
<th>Riders</th>
<th>Ride Description</th>
<th>Self-Classification</th>
<th>Central Park Time</th>
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<tr>
<td>AA</td>
<td>17+ mph</td>
<td>20+ mph</td>
<td>Animals</td>
<td>Anything goes. Eat up roads, hills and all.</td>
<td>Central Park Times</td>
<td>24.5 miles*</td>
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<tr>
<td>A+</td>
<td>16-17 mph</td>
<td>19-20 mph</td>
<td>Sports</td>
<td>Vigorous riding over hill and dale.</td>
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<tr>
<td>A</td>
<td>15-16 mph</td>
<td>19-19 mph</td>
<td>High-point</td>
<td>Good riding style.</td>
<td>1:17 - 1:23</td>
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<tr>
<td>A-</td>
<td>14-15 mph</td>
<td>17-18 mph</td>
<td>Can take care of themselves anywhere.</td>
<td>1:23 - 1:30</td>
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| u+         | 13-14 mph                    | 16-17 mph      | Tourists | Moderate to brisk riding along scenic roads, including hills. Destination not so important. Stops every hour or two. | 1:30 - 1:39
| B          | 12-13 mph                    | 15-16 mph      |                   |                      | 1:39 - 1:49        |
| B-         | 11-12 mph                    | 14-15 mph      |                   |                      | 1:49 - 2:00        |
| C+         | 10-11 mph                    | 13-14 mph      | Sight-seeers     | Leisurely to moderate riding. Destination oriented: nature, historical, cultural. | 2:00 - 2:14
| C          | 9-10 mph                     | 12-13 mph      |                   |                      | 2:14 - 2:30        |
| C-         | 8-9 mph                      | 11-12 mph      |                   |                      | 2:30 - 2:48        |

* New members can assess their probable riding class by riding 4 full laps around Central Park, at a pace which feels comfortable to them, and comparing their times to those listed above. Ride with other cyclists or runners; the park can be dangerous at its northern end. Central Park Boathouse phone numbers are: 650-9521; 744-9813; 744-9814. The Boathouse is located inside the Park, along the East Drive, near 72nd St.


3) Thurs.-Sun. JULY 4TH WEEKEND ON SHELTER ISLAND. Leaders: Alinda Barth (718-441-5612), Debbie Bell (212-666-5133), & Art Guterding (212-615-8920, of.) Looking for an alternative to the Statue of Liberty festivities? How about a weekend of gourmet meals at the Chequint Inn and wonderful biking on Shelter Island, Montauk and Orient Points? An informal group of 24 NYC'ers of all riding levels will be staying at the Chequint. Bike out, take your unboxed bike on the Sunrise Bus Service, or the LIIRR. As of mid-June the Chequint was completely booked, but call Debbie Bell if you're interested. There may be last-minute cancellations or alternative places to stay. Or, come out and join us for a day trip.

4) Thu. Jul. 3  CYCLE CIRCLE AROUND THE LADY. Leader: John Mulcare (718-672-5272) From the Staten Island Ferry (Battery Park). Be one of the first kids on your block to wish the Lady well for the next hundred years by circling around her on Rededication Day without having to use your yacht. We'll take the ferry to Staten Island, cross the Bayonne Bridge, stop a bit at Liberty Park, proceed up the east bank of Jersey, stop for lunch and a view of the harbor, continue to the GNB, cross it and ride down to the ferry to complete the circle. Bring the usual tools, patch kit, pump, water, copy of medical coverage ID card, and lunch (or money for it).

5) Fri.-Sun. BANTAM LAKE FLYING EXPRESS. Leader: Bill Voytech (718-336-6474) Ride a hilly century up to the Bantam Lake Hostel, dine at a local restaurant, sleep, get up and do a 60-ish mi. day ride. Sleep and eat again. Ride home over a similarly hilly century route. To avoid riding with baggage, we'll ship our luggage up via UPS. Cost: $7.00 plus postage. Joint AYH; contact AYH or leader for shipping date, meeting place and time. Limited to five participants plus leader.
SAT. JUL. 5 4:30 AM A

LEADERLESS RIDE. Meet at the Boathouse for a ride to be determined by the participants.

SUN. JUL. 6 9:00 AM A

AIMLESS RIDE. No leader. Meet at the Boathouse and figure this one out yourself.

SUN. JUL. 6 7:00 AM B+ 14-mi.

NESCHANIC STATION. Leader: Martha Ramos (718-858-9142) Meet at the corner of Church & Vesey Sts. (World Trade Center). Bring $0.75 for the PATH train. The ride traverses industrial and residential areas of N.J. as we weave our way to Somerville. Then we make a left at the castle, cross over the bridge and enter another dimension as we follow an enchanted road to Neshanic Station. 75% chance of rain cancels.

SUN. JUL. 6 JUL. AM C+/C 35-40 mi.

INDEPENDENCE DAY RIDE TO KIIS PARK. Leader: Jerry Neiken (718-871-8636) From entrance to Prospect Park at Grand Army Plaza. This is a friendly touring ride, not a race. Part of the ride may be along Ocean Parkway bike path at a leisurely pace. At Avenue F we turn off ride until Flatbush Ave., then Marine Park bridge to Kiis Park and the Rockaways. Bring usual tools, patch kit, pump, water, medical coverage ID card, etc., as well as lunch and lock. Rain or threat of rain cancels; if in doubt, call leader. Alternate rain date: Jul. 7, Jul. 13.

WED. JUL. 9 A

RIDE WITH ART. Leader: Art Guttering (212-415-8926, of.) From the Tavern on the Green, Central Park. Meet at 9:45 AM for a friendly conditioning ride before work.

SAT. JUL. 12 8:25 AM A 3-mi.

PRINCETON RECONSIDERED. Leader: Josh Keller (212-674-0995) From Staten Island Ferry. No words can express the depth of this journey! from the Delaware-Harriton Canal to the house of Garden State brickface and stucco in Roselle, cultural and anthropological truths unfold with the roadside scenery. Don't miss the 8:30 ferry. Total riding time, 6 hours.

SAT. JUL. 12 JUL. AM B 7-mi.

RAMBLIN’ ROUND THE WANANG. Leader: Richard A. Mattner (212-469-9111, of.; 718-596-9630, h.) From 17th St. & H. Washington Ave. Our expeditionary forces will take local roads through Bergen and Passaic counties for a demanding tree-lined tour of N.J.’s high country, taking in Skyline Drive for a luncheon in one of the many nooks or crannies dotting the Wanang Reservoir. Our return is planned through the High Mountain Wilderness Park. Maps available for all with indicated re-assembly points, so there’s even room for some social pace busting. Stops as needed to set a “B” pace. Please call the leader to confirm your interest. The usual weather conditions and lack of interest will cancel.

SAT. JUL. 12 JUL. AM C+/C 3-mi.

CONY ISLAND. Leader: John Mulcare (718-672-5272) Meet in front of City Hall (Broadway, one block south of Chambers) for a ride across the Brooklyn Bridge and along the waterfront. After that, we’ll get a taste of what Nathan’s has to offer, and survey the boardwalk and the beach for relaxation. Then it’s back in the saddle again. Bring the usual tools, patch kit, pump, water, copy of medical coverage ID card, lock, and lunch (or money for it). Rain or greater than 20% thereof cancels (if in doubt, call John before 7:15 AM Sat.)

SUN. JUL. 13 A 9-mi.

50TH ANNIVERSARY ALL-CLASS CLUB RIDE TO BETHPAGE. Join old and new friends in a moving celebration of our anniversary at Bethpage State Park on Long Island. Special invitations have been issued to our guests at the July meeting and our friends in the Long Island Bicycle Club. Ride out with one of the groups listed below, or meet us at Bethpage (the main picnic area -- near the parking lot and restrooms) at 1 PM for a very social picnic.

7:30 AM A 9-mi.

Leader: Maxx Vickers (718-720-7174) From the Boathouse. The usual scenario, entertaining, uneducational routine. Breakfast in downtown Roslyn at 7:30, where LIBC riders can join us.

8:30 AM B 3-mi.

Leaders: Steve Baron (212-228-6558) & Carl Hudson (212-595-7121) From Traheam Plaza (5th & 2nd). We’ll hot foot it to Long Island and meet the LIBC in Roslyn at 10:45 to ride an almost-uncouncted route to Bethpage.

9:40 AM B 75-mi.

Leader: Alinda Barth (718-641-5612) From the Statue (Union Turnpike & Queens Blvd.; “L” or “F” trains to Union Turnpike). We have not been to Bayville this year! So let’s visit it before lunch at Bethpage. LIBC meeting place, Westley School (Bacon Rd.), at 10 AM. Rain or hail cancels.

9:40 AM B 60-mi.

Leader: David Moses (718-375-8036) From the Statue (Union Turnpike & Queens Blvd., “L” or “F” trains to Union Turnpike). Ride to Bethpage by way of Bayster Bay. We’ll meet the LIBC at Westley School (Bacon Rd.) at 10:15 AM. Deli stop is in Bethpage about half a mile from the picnic area.

3
Sun. Jul. 17
9:00 AM
Leader: Sara Flowers (212-921-4317, of.; 718-544-9168, h.) From the Statue (Union Turnpike & Queens Blvd., “E” or “F” trains to Union Turnpike). We’ll meet at 9 AM for a social ride to Wheatley School (Bacon Rd.) to meet LIBC members (or anyone who wants to park there; call for details and directions). We’ll depart there at 10:30 AM to continue our jaunt along cool, tree-shaded roads to Bethpage Park. The deli is a few blocks from the park entrance.
B
55 mi.

9:16 AM
Leader: John Mulcare (718-672-5272) From 1797 St. & Hillsdale, Queens (last stop on “E” and “F” trains). A scenic route to Bethpage, picking up our LIBC contingent at the LIC service road and Wheatley Rd. at 11:45 AM.
Cv/C
45 mi.

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Wed. Jul. 16
RIDE WITH ART. Leader: Art Guterding (212-415-8920, of.) From the Tavern on the Green, Central Park. Meet at 5:45 AM for a friendly conditioning ride before work.
A

Sat. Jul. 19
8:30 AM
RIDE TO STONY POINT. Leader: Carl Faller (212-567-3614, h.; 212-566-1626, of.) From the GW Bridge. Reached from June. Ride up parallel to the Hudson River. Enjoy lunch on the grounds of Stony Point State Park. Return through Rockland County for an early return to the city.
A
70 mi.

Sat. Jul. 19
CAUMSETT STATE PARK. Leaders: Joan Mayer & Joe Vaccaro (212-691-8515) From the Statue. This is a scenic, somewhat hilly ride to a beautiful spot on Long Island’s North Shore. Be prepared to carry your lunch about 6 miles. Usual stuff cancels.
B
75 mi.

Sat. Jul. 19
9:30 AM
KINGSLAND POINT PARK (NORTH TARRYTOWN). Leader: John Mulcare (718-672-5272) This is a preview, training, orientation and/or Saturday version for non-Sunday riders of our September All-Class Club Ride. Meet at 242nd St. & Broadway (last stop on No. 1 train) for a pleasant ride up the eastern bank of the Hudson (with some hills). Bring the usual tools, patch kit, pump, water, copy of medical coverage ID card, and lunch (or money for it). Rain or greater than 20% chance thereof cancels. If in doubt, call John before 7:45 AM Saturday.
C/C
30 mi.

Sun. Jul. 20
NEW JERSEY MISCELLANY II. Leaders: Simone Smith & Clay Heydorn (718-434-7176). From the Boathouse. Eighteen riders did this ride with us in May and we only lost two—let’s make it a 160% this time. Morning temp. below 45 F cancels.
A
70-75 mi.

Sun. Jul. 20
10:40 AM
SWIM WITH LIN. Leader: Lin Derlich (212-737-3222) From the Boathouse. How many hot days have you been cycling past a breezy bay when the humidity and asphalt are as high as the temperature? Well here’s your chance to get off the bike and jump in the bay (or pool depending on where we go). The emphasis is on a leisurely beach day (for those of you who expect a short ride to end at 1 or 2). Bring a bathing suit and sunblock. Cancellation conditions: no swim suit or pouring rain.
B/B+
45-50 mi.

Sun. Jul. 20
BEDFORD VILLAGE REVISITED. Leader: Maggie Clarke (212-567-8272) From Isam & Broadway (last stop on “A” train). Meet at the park benches just north of the 247th St. & Broadway subway for a pleasant ride that winds its way through the manicured lawns and gardens of Westchester and Connecticut to a picnic on the bedford green. Bring your low gears for the hills. Return via Kaanacl Dam. 75% chance of rain cancels.
A
8-76 mi.

Sun. Jul. 20
ROYAL TIBETAN. Leader: Stanley Simon (212-777-1277) From the Staten Island Ferry, Battery Park. This is a ride and swim, emphasis on good riding skills for novices, and open stretches to let you go all out. We go out easy (strict double paceline) along shore, stop off at Gateway Natl. Park (swimming), up to Tibet Center (lunch and meditation), terraced stop on highest point on Staten Island, restoration of Royal Tibetan temple, with outstanding collection, and a short program (at 3 pm). Road back is very hilly. Bring $2 for museum; $.25 for ferry.
C
25 mi.

Sun. Jul. 20
NEW MEMBERS’ RIDE TO FAR ROCKAWAY BEACH. Leader: Bruce Scher (718-499-4566) From Grand Army Plaza, Prospect Park. You’ve been receiving the bulletin month after month, circling great rides in the beginning of the month, but, somehow, never get around to going. Mark your 36 mi. calendar in advance; you won’t want to miss this fun ride, the social event of the season. Call for driving, bicycling, or train directions. Not for new members only! We’ll be having lunch at the beach, so don’t forget your bathing suit.
C
9:30 AM

Wed. Jul. 23
RIDE WITH ART. Leader: Art Guterding (212-415-8920, of.) From the Tavern on the Green, Central Park. Meet at 5:45 AM for a friendly conditioning ride before work.
A

Sat. Jul. 26
VISIT TO MR. PERKINS. Leader: John G. Woffenschmidt (718-476-6488, h.; 212-566-5936/7411, of.) From the Boathouse. Time to visit an old friend. The ride will take us along the aesthetic and friendly route prior to embarking on the bullet express. After visiting the old man, we’ll stage two food acquisition campaigns. We’ll arrive back at the Boathouse. In Alexian honor I will buy the beers. This ride may be tentative. If leader cannot show up, use standard route. Call Friday night for message regarding leader availability.
A
9 mi.

b:36 AM
96 mi.
Sat. Jul. 26  HI TIMES AT HIGH TOR. Leader: Lee Gelobter (718-646-7037; 8-11 pm only) From the Boathouse. 
8:00 AM A 85 mi.
Join Lee for the second of a series of wet and wild bike-and-swim rides. Proper bathing attire recommended but not required. Ride through Saddle River and New City for lunch at Hi Tor Park, a quick dip in the pool and a congenial ride home. Leader will attempt to maintain a friendly pace line with speed freaks and laggards being executed. Call Lee for details.

Sat. Jul. 26  REPOSNIT BEACH AND BREEZY POINT. Leader: John Mulcare (718-672-5272) From SW intersection of Queens & Woodhaven Blvds., opposite Queens Center ("E" or "F" train to Roosevelt Ave/Jackson Heights; change to local to Woodhaven Blvd.). This is a summer Saturday variation of an earlier winter Sunday trip. We’ll have lunch on the beach, then swimmers will receive escort services while they change and adequate protection of their possessions while they swim. Unoccupied riders may continue out to Breezy Point and rejoin the others later for our return trip. Bring the usual tools, pump, patch kit, water, copy of medical coverage ID card, swimming gear and towel, and lunch (or money for it). Rain or 20% chance thereof cancels (if in doubt, call John before 8:30 AM Sat.)

Sun. Jul. 27  BEAR MOUNTAIN IOSRV. Leader: Christy Gazzetta (718-596-9833) From the Boathouse. Double paceline express, IOSRV-style, non-stop for breakfast at the Bear Mountain Inn. Up 9W, down 9W. We’re going for the ride. If we arrive past 10:30 AM, it’s cafeteria slop for breakfast.
B 92 mi.
Tell your friends. Rain cancels.

Sun. Jul. 27  SWIM WITH LIN AGAIN. Leader: Lin Ehrlich (212-737-3222) From the Boathouse. It’s going to be hot—hopefully today. We won’t ride past the bay again today either. This trip is basically the same type of day trip as July 20. Bring a bathing suit, sunblock, beach ball and whatever.
B/B+ 45-50 mi.
Cancellation conditions: no swimsuit or pouring rain.

Sun. Jul. 27  SOMERVILLE/BARITAN. Leader: Stanley Simon (212-777-1277) From PATH entrance, 14th St. & 6th Ave. Somerville/Baritan time warp—beautiful old NJ highway system. We visit Liberty Corners, eat on a secluded island (dirt bike it) with a magnificent view of river. A trip to remember, with something for all. Gently rolling hills (one 20-degree climb). It’s a long day, with easy pace. Good road skills, and we stay together and get our miles in. Bring $.75 for PATH. If rain is scheduled, call leader on Sat.
B 65 mi.

Sun. Jul. 27  CITY ISLAND. Leader: John Mulcare (718-672-5272) From the Boathouse. If you love seafood or want to try some of the best ice cream this side of heaven, this ride is for you. For those of you who seek other nourishment, we’ll stop at the Poe Cottage and then move on to the Hall of Fame, on our way home. Bring the usual tools, patch kit, pump, water, lock, copy of medical coverage ID card, and lunch (or money for it). Rain or greater than 20% chance thereof cancels (if in doubt, call John before 7:45 AM Sat.).

Wed. Jul. 30  RIDE WITH ART. Leader: Art Guterding (212-415-6920, of.) From the Tavern on the Green, Central Park. Meet at 5:45 AM for a friendly conditioning ride before work.

Ride Previews

Aug. 2-3  THE GUNS OF AUGUST. Leader: Maxim Vickers (718-728-7179) That was when they were traditionally unleashed, once the harvest was in. We will force-march to Rhinebeck, NY, on Saturday to observe the Red Baron in action vs. Sopwith Camels at the aerodrome, bibvy and Chow at the Beerwurst Area (of course), and inspect Hudson battlegrounds on the way back Sunday. Call for logistics.
A 221 mi.

Aug. 16-17  DELAWARE WATER GAP. Leader: Christy Gazzetta (718-965-0894). 275 miles.

Aug. 29 - Sept. 1  LABOR DAY WEEKEND IN LAMBERTVILLE. Leaders: Alinda Barth (718-441-5612), Debbie Bell (212-884-5155), & Martha Ramos (718-858-9142). Something old and something new. A return to one of our traditional NCC weekend destinations and a spanning—new inn on the banks of the Delaware, an easy 60-mi. ride or drive from the city. Wonderful day trips in New Jersey and Pennsylvania are available, as well as the enticements of neighboring New Hope. Reserve directly with The Inn at Lambertville Station (609-397-4400): double occupancy with continental breakfast from $65/night.

Wed. Aug. 4-7  BOSTON/CAPE COD CONNECTION. Leader: Stanley Simon (212-777-1277). Boston (midnight ride of Paul Revere). Repeat of last year’s ride which started in the evening sleeping bag it. Whoever is interested, please call for further meetings and discussions.
C 400 mi.

Bike Follies

Sat. Jul. 12  HUNTINGTON BICYCLE CLUB 4TH ANNUAL GOLD COAST TOUR. 25, 50- and 62-mile routes through the scenic North Shore of Long Island. Refreshments, sag services, arrows, cue sheets, door prizes. Free shirts and patches to first 300 entrants. $7.00 registration fee. From Herbortown 25-mi. at 10 am. Rain date: July 13.

Sat. Aug. 2  THE PRINCETON BICYCLING EVENT -- the Princeton Free Wheelers' 6th Annual Bicycle Touring Extravaganza. Six loops from 15-100 mi. Cue sheets, snacks, T-shirts, patches. 1,600 SASE to Debbie Bell, 526 West 113 St., NYC 10025. Rain date: Aug. 3.
NYCC 25- and 50-mi. club route

In 1978 Irv Weisman developed two routes through NJ's Bergen and Rockland Counties which feature scenic, quiet roads, and a mixture of easy riding and challenging hills. The 25-mi. option is a circular route from the DW Bridge to Demarest and Closter. The 50-mi. route adds an additional loop north through West Nyack, Spring Valley, and Park Ridge. Hundreds of NYCC'ers have enjoyed these "club routes" on group rides or independent day trips.

With Irv's unflagging enthusiasm and help, Debbie Bell has prepared a new cue sheet which includes the original Irv Weisman maps. Alinda Barth is organizing a committee to paint arrows at the intersections. Copies of the cue sheets/maps may be picked up at the July meeting, or by write to Debbie Bell, 526 West 113 St., NYC 10025.

RAISED EYEBROWS DEPARTMENT

Dear Editor:

Recently while at the AYH store in The Big Apple, I happened across one of your promotional flyers. Much to my utter dismay, it dawned on me that you people are actually out there in the same world, actively 'recruiting' members. How many more accidents do you want to cause? I assume none, yet you want to add to your ranks.

Aren't there enough of these two wheeled death machines clogging the streets as it is? Both innocent pedestrians and motor vehicle operators are harassed enough without having to be menaced by more of your lunatic fringe.

Bizarre regalia, such as plastic cone hats, skin tight pants, and fingerless gloves, only serve to further alienate you from the public you seem so intent to thrust yourself upon. Is it true that you actually shave off all body hair? It's a sad commentary on our society when grown men and women spend up to a thousand dollars each on these toys, in the vain hope of recapturing the disappointing childhood they never had. Don't you realize that there are people starving in this very country? Don't get me wrong. Bicycles have a legitimate place in the world, i.e. children's recreation, and certain third world countries find them quite functional I'm told. Also, the cities reknowned bicycle messengers help to keep our town ticking and are welcomed as valuable, functioning members of society. They Ride For A Purpose.

Bicycles are not toys, and in the wrong hands become dangerous vehicles/weapon and should be treated as such. They should not be available to the sadistes who 'joy' ride around town, scaring honest folk; Central Park belongs to everyone, not just the cultists. There is no reason why a pleasant stroll in the Park should have to turn into a nightmare.

Channel your energies into a more creative, productive outlet, or continue to earn the alienation and contempt of society. Face it, as it now stands, there is no place for you here and never will be.

Sincerely,

Lars Jarkrowski

Police refused bicyclist c ride

Here's one for the New York City cops. Being an avid bicyclist, I have many times had the unfortunate experience of being caught in an unexpected rain five miles from home on a 15-pound vehicle.

[One recent morning] inspired by the...sunshine...I decided to take the old [bicycle] out for a ride. I was just making my way around Silver Lake near the Forest Avenue side when I perceived that the sun was hidden and the gray clouds...dominated the skies. And the next thing I noticed was rain.

Being quite a way from home, and my bike thrashed around by the wind gusts, I naively turned to the aid of New York City's well-respected...police department. An impulsive part of my nature remembered...fairytale stories of policemen helping lost children and firemen saving old...women's cats from trees.

An adult reality was thrust upon me as the man in blue outright refused to take me home...perhaps [a] 15-minute car ride....I doubt that he ever tried to direct 1½-inch wheels along a wet, windy [street] with ears trailing behind you while rain pellets shoot at your eyes and wet leaves slip your face.

'So you got wet...may be your calm response...But I'm a romantic, and believe in human compasion and help from a stranger. Maybe my sights are too high but I had more faith in humanistic understanding and kindness.

Diane Parrotta

STATEN ISLAND ADVANCE, December 17, 1985
All 13 bikes survived the airlift to Salt Lake City for Art Guterding's Dream Tour of Utah. The sound of a drumming Tom turkey was a strange accompaniment as we reassembled them in Mountain Hollow's garage. Then a quick climb up Emigrant Canyon on, would you believe, Interstate 80, giving us a taste of the wonderful dry air and the effects of altitude. In the morning Ann, our Brooklyn-born hostess, sent us off to Moab stuffed with her amaretti and banana hotcakes, Bikes loaded, we went out. The City Market in Price was like Disneyland compared to the average NYC supermarket - acres and acres of everything our hearts desired for lunches all week. Hi-tech wagons, electronic check-out, free coffee, blood pressure, and rest rooms! It was also the LAST such depot we would see on this trip.

From our Moab base we rode along the Colorado River, most of the group at an incredible pace, myself and Marty taking in the petroglyphs carved in the canyon walls 1000 years ago by Anasazi Indians. Thursday over breakfast we speculated about the true nature of the clouds overhead and decided that, in Utah, they were supposed to burn off. The ride into Arches National Park began with a formidable looking uphill trail. The fantastic weather-sculpted red sandstone forms, reminiscent of skyscrapers, angels, fanciful arches and giant phallicuses. But the clouds were uncooperative. The La Sal Mountains disappeared from view as a cold and steady rain settled in. Equipped for a sunny warm day, we quickly tended toward hypothermia, especially on the downhills, so Todd volunteered to fetch the van. An hour later he found half of us huddled intimately under a bush providing the main attraction for scores of bemused tourists. We picked up Art and Lorenzo, who had heroically pushed to the end, and set to warming Rich Herbin under all the blankets and bodies we had. Claire is still extracting juniper berries from her jacket! Having learned how changeable the plateau weather can be, we of course over- and under dressed.

After breakfast at Utah's answer to Fawlty Towers, we rode a long downhill into Capitol Reef. There was great riding on the steady gradient through the park, but an ATB would be fun for penetrating deep into the narrow washes where the canyon walls give you a feeling of peace and communion with nature. One begins to understand the Indians' universe.

Todd made sure we communed with the landscape on the 10 mile climb from 6500' to Bryce's visitor center at 8100'. Knowing that Rainbow Point at Bryce's far end is at least would surely have to be re-climbed. But there were so many places to stop and take in the fantastic surreal mazes of rosy spires carved from the plateau, to gaze 180 or more miles to Navajo Mountain, to watch a pair of Swainson's hawks soar joyfully in the updrafts, that 9105 took on new meaning as the high point of the trip. After the thrilling downhill through redstone arches into Red Canyon, Lorenzo commented, "You know, Todd, that was fucking beautiful."

For thrills and chills nothing beats the east entrance to Zion - an 800' descent through massive coral pyramids on a red road that winds through a mile long unlit tunnel cut through the rock. An elderly New Jersey couple was glad to escort us through by driving slowly, lights flashing behind us. As we arrived on the switchbacks, Todd and Dennis were already climbing back up. Zion Canyon itself is a majestic red Yosemite. Damp soil deep into the river-red sandstone by the Virgin River. The Narrows Trail at the canyon's end yields unexpected views of swamps and magnificent hanging gardens of golden columbine. The six miles of downhill out of the canyon meant we could relax and enjoy all aspects and possibilities. Thanks to Art's vision and Todd's efforts we had the best of it all in one wonderful week.

Caryl Hudson
1983 Paris-Brest-Paris Chrono.  -  Installment deux

Maxim Vickers

7:45 a.m., August 29. Out of Chateauneuf-en-Thymerais the blacktop, flanked by tall poplars, points South across the wheatfields towards Digny. Somewhere to the East are the spires of Chartres; guessed, not seen. The farming villages cluster along the highway: Belbomert-Guebouville, Fontenay-Simon, La-Madeleine-Bouvet. At Montiers-au-Perche, the road meanders among barnyards and ramshackle wooden fences, holding in the orchards, before abandoning the plain and turning decidedly up.

The climb leads into the woods. At the hairpin, near the very top, a family car is parked with its wheels in the road. Inside, they are beating time in the rhythm of the road, applauding. Kids are shouting encouragement. I thank and wave graciously, maintaining the cadence. The descent on the other side is fast and twisting, complicated by racing patches of light and shadow thrown by the overhead branches swaying with the wind gusts.

The day is gorgeous. Oh, to ride in France! The unfolding valleys, copses and meadows help to keep the mind off the wear which is creeping in after more than five hours in the saddle. Another banana and some raisins. A French peloton passes me too fast to be followed, but I use it as a magnet for quite a few miles before they finally scamper out of sight during the long climb out of the Huisme valley. My bladder gets the better of me and when I stop on the shoulder, I am caught by John, Mike, Jimmy and Don Burch.

We arrive in Belleme together. Noisy throngs guide us to the contrôle station. They stamp it at 10:06: my fastest 100 miles ever!

Inside, it is the familiar bedlam. Meal tickets are being sold in various colors, signifying items. The cyclons line up. Bread and drink, however, are extra, which causes a lot of fumbling for cash and expletives. I load up my tray and head into the dining hall. To my left, through a door open into a small clubroom, laughter and popping corks: the day is over for the motorcycle detail of the Garde Repubblicaine. From here on, we are on our own.

I leave some food behind on the tray and add the fruit to the stock in my rear pockets, but something is still missing: the barmaid fumbles with the spigot and eventually produces a "de mi pr". A French cyclist contemplates me dubiously as I down the beer, but nods his approval: ça fait du bien. After a tweak with cone wrenches at the delinquent front hub, I get back on the road.

The day is crisply sunny. More poplars line the scorching beginning of the roller-coaster between Belleme and the Sarthe. The tailwind assists me in developing downhills momentum, maintaining it up the succeeding "walls". The fastest is the descent into downtown Mameras. I tack and zip in and out of the mid-day traffic. The climb out is skirting the market square where merchants are just starting to hawk their wares to early shoppers ambling in. All gawk as I amguily stand the hill up in 62" (for at least as long as people are watching).

The narrow shoulder of the busy highway is becoming decidedly uncomfortable by the time I sight the turnoff. I bank a fast left and here commences the long descent towards the Sarthe. Coasting along, I am overtaken by a group of teen riders led by a slightly older man with a swept back mane of black hair: the Teacher with disciples. They pass me, but I keep regaining them on uphill, where they inevitably sag. We ride past summer cottages and grazing ranges. Tractors appear. In front of solitary farmsteads, kids perch on fences, applauding our passage. There is a water stand set up for us on nearly every lawn.

The whole world is watching. In the streets of Fresnaye, the sidewalks are lined three-deep: the noise is deafening. Small children dash alongside us to band up pieces of candy which we snatch on the go without missing a beat. Outside of the town, the dark leader of youths is mobbed by enthusiastic relatives and fellow travelers. They pile up in cars and waveily him again five hundred yards up the road, and then again.

The group is fluid: people and whole packs come and go. I hang in with a young English racer who is being for the first time and is hearing the prudent advice not to overdo it. The conversation, naturally, veers towards club riding practices in Britain and the States. The only participant Hollander is here also: a car bursting with his well-wishers is crawling in our lee, oblivious to the rules.

Another town: another outpouring of welcome. Oh, how sweet it is to be loved! On the main square at the village inn, a young and beautiful woman about to enter the doorway on the arm of a dashing escort turns and waves to the cyclons. I blow her a kiss. She hides her face in mock embarrassment, then laughs and throws one back at me.

Conversation makes miles fly. After crossing the Sarthe, we are climbing steadily ever higher above the full, rotund slopes of the Mayenne. Blooming primroses grace roadside hedges. The blacktop curves and rises, hiding away among copses, races along a hillyside, meanders between farmsteads.

I can see Villaines-la-Jubel a long way off crowning a distant hilltop. It shimmers in the warm air. At the top of the knoll preceding it, children prefer water. We do not need any, the contrôle being actually in sight, but it is part of the game and we are good sports. The kids hurry to fill our bottles; they are shy, overwhelmed by the success in flagging down two foreigners, including an American, imagine that!

We enter Villaines in the spirit of a jolly summer afternoon. It is 1:40 p.m. The contrôle is under a broad canopy at the side of a dusty yard where bikes are stacked against every available verticle surface. My English companion seeks out his support vehicle and I shake hands with his father, who is driving it. He blows a loud whistle. "His face is a "self", where a small army of all ages, genders and sizes is boisterously keeping the display stocked and the eating tables swept.

I get myself a little "saucisson" platter, then some chicken. A subteen pixie wielding a ladle as big as she is plops a heap of spaghetti on my plate. Then a fruit Macedonia to top it off.

By the time I finish eating, John and Mike and Don show up. Jimmy is not with them. Again, I get back on the road without waiting for them: the idea is to keep riding while it rides.
THE PERSON WITH THE MOST TOYS....
an occasional column by Baron

ON SHOES: Patricks are ok for walking, and fair on the bike with their foam liners to keep my feet isolated from the pedals, but they are terrible to get into the toe clips. On a scale of 1 to 10, I'd rate about zero. There are nothing like cleats, of course, and I hear the new Look pedals/cleats are the cats meow: don't buy anything else. They come more adjustable and less; buy "more". For cleats in general, the notch should be deep and wide side to side and narrow front to back. I have no evidence that three bolts are better than two or one. Stiff soles are imperative, and I like some padding between sole and foot. Leather or rubber heals and tips will keep you from falling on your Brooks when starting up: I wouldn't buy shoes with the same hard material front to back with nothing to prevent slipping. I have skinny feet and buy shoes short to get them narrow: it doesn't work. Shoes will stretch around the foot, not front to back. Touring shoes: I wish I could find a good pair to fit my 'A' width foot. I wouldn't wear them on club time trials because the look funny, but I'd wear them when I thought you weren't looking.

ON GLOVES: For the ones with leather palms and knit backs; I believe the cheaper the better. I've had good luck with the six-buck Nashbar model. Spenco provides good shock absorption, but the linings don't last. Sorbothane is a good shock absorbing material, but the gloves offer little protection between thumb and forefinger. The Spenco model is squishy, and slides around as my hands start to sweat; after an hour or so I no longer notice the problems. Buy gloves small: the knit always stretches more than I'd imagine. Gloves with lycra backs also work, but always seem to me to be light-duty. My best advice is to buy gloves from a catalog source that will take them back in 30 days with no questions asked.

ON HELMETS: I don't like them either, but I always wear one. A broken shoulder will heal in a few months. A broken head is permanent. Don't believe the (Kiwi) hype: if you want a cool head, the helmet must have lots of large holes. Quick release buckles are a 'must' feature. The Bell VI-Pro, as one friend describes it, uses 6th grade solutions to an interesting design problem (and the surface of the pads tends to fall off, I find). The new Vetta helmets seem especially well designed, they are lighter weight than I'd expect, and I'd suggest, if the helmet fits, buy it. For now, I'll continue to wear my old Bell Biker; they've become classic chic with this writing.

ON MIRRORS: The wire clip-ons are hard to adjust. Don't buy with pointed corners. For my bucks (Nashbar or Performance) the only thing I'd buy is a Third Eye. If you wear glasses (not with very thin temple pieces) buy the glasses model: it is infinitely adjustable. Otherwise the helmet model works almost as well. I always buy a pair of these - they break. Save the pieces as they break in different places.

Special tip for eye glass wearers: I find a lot of dirt blows into the corner of my eyes with open-bridge model glasses. A piece of Scotch tape works wonders and will last for weeks. Of course the best answer is to buy frames that are plastic and have a one piece solid bridge.

DISPATCHES

DEAR GREG, 5-15-86 5-17 TOPREV OTM IT'S BEEN A GREAT TRIP CAPITOL REEF NAT PARK So who's got time to write postcards? Right now, I've just ridden two miles of 8% grade from 5500 to 6000 feet and a mile run on a wonderful jeep trail through the land of the beavers, lizards, and moose. I'm just sitting in the sun looking out on the Delaware Canal, and wondering what a life of travel is all about.

-- Buckaroo Bandi

TONY NAPPI
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Dear Greg,

Having a wonderful time,

Thanks for your food and kind hospitality.

New York Cycle Club 1986 Gregory D. Agostino
1011 E. 92nd St.
Brooklyn, N.Y. 11233

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Figure skates, John Wilson Coronation Eight blades (Sheffield, Eng.), with Riedel leather boots, size 6½, med.-wide, brand new. Asking $150. Call or write former NYCC president Ethel Robertson 34 Old Milford Rd. Amherst, MA 01003 (603) 673-3627; or Irv Weisman (212) 650-6975 (days).

FOR SALE: Raleigh International 201 Reynolds 531 double butted throughout. Fine European craftsmanship. Campagnolo Nuovo Record. NEVER RIDDEN. Frame or whole bike. 212-219-2141
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W. 74 St. 6A
325 9th St.
N. Y. 10023-2226

Baily, Dee
316 W. 15 St. 4D
N. Y. 10011

Baird, Sandy
73 Nason St.
N. Y. 10023

Bayer, Barbara J.
1180 3rd Ave. 101E
N. Y. 10021

Bayne, Janet
292 Riverside Dr. 842C
N. Y. 10023

Beckham, Steve
11 E. 88 St. 63C
P.O. Box 134 Cooper Sta.
N. Y. 10002

Falk, Karen
64 St. Louis
N. Y. 10003

Pentecost, Ed
150 Prospect Pl. M, 4D
B'lyn 11215

Finn, Cynthia N.
43 E. 12 St. 320
B'lyn 11215

Fiss insight, Laura
146 2nd Ave. 1
N. Y. 10003

Gardiner, John
14 Bay St 3D
B'lyn 11231

Gardiner, Patricia
9314 Pl. Hamilton Pkwy.
B'lyn 11214

Garcia, Eduardo
56. River Beach 11213

Geiger, Sandy
175 W. 76 St. 86C
N. Y. 10023

Goldman, Richard
175 Prospect Pl. 6
B'lyn 11213

Hammon, Mary Susan
225 Livernois Ave.
N. Y. 10021

Hanke, Kim
14 Ave. 83
N. Y. 10021

Hanke, Thomas
14 Ave. 83
N. Y. 10021

Hanke, Jennifer
24 W. 12 St. M/O ANHC
N. Y. 10021

Hollis, Lisa L.
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B'lyn 11213

Keeley, Barbara
85 Riverside Dr.
N. Y. 10021

Linder, Alona
7170 72 St. 91
N. Y. 10021

Kiel, Eugene R.
115 Strykeasen Pl. 14H
N. Y. 10021

Hunt, Jules
7131 Lexington Ave. 15
N. Y. 10021

Lang, Eugene M.
35-30 73 St. 523
B'lyn 11213

Levitt, James
2185 Cline Ave. Basement
N. Y. 10021

Lobato, Steven
34 E. 24 St. 2S
B'lyn 11213

Lubin, Eddie
178 Prospect Pl. M.
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Lustig, Barbara
331 73 St. 2114
B'lyn 11213

Lustig, Ernest
208 S. 51 St. 1
N. Y. 10021

McCartan, Nancy
215 E. 12 St. 44C
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Monahan, Christopher
234 E. 29 St. 6E
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Pollack, Robert P.
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Ritch, Karen S.
41 W. 82 St. 8E
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Ritch, Craig
179 E. 64 St.
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1385 York Ave. 81A
N. Y. 10021

Rodenthal, Stephen
43 Park Circle
N. Y. 10021

Rubenstein, Seth
1082 W. 12 St.
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Salouti, Eleonora
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215 Adams St. 48F
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Smer, Leslie
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Sigmund, Jim
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N. Y. 10023

Stewart, Edwin
220 E. 95 St.
B'lyn 11213

Talbot, A. B.
108-51 163 Dr.
B'lyn 11213

Tye, Alan
136 W. 106 St. 110F
B'lyn 11213

Wiggins, Rob
318 E. 104 St. 112S
B'lyn 11213

Wiggins, Elizabeth
115 E. 104 St. 112S
B'lyn 11213

**NEW ADDRESSES:**

**BRADY, James C.**
75-35 210 St. 5B
114-11 34 Ave. 11D
**SMITH, Donald**
Bay Ridge 11664-2218
**SMITH, Donald**
Flushing 11354

**CORRECTED PHONE NUMBER:**

**SIMON, Stanley**
402 E, 12 St.
W. Y. 10009

**REVISED MEMBERSHIP AS OF 6/6/66: 441 MEMBERS**
New York, NY 10022
360 East 50th Street
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