October 1985
NEW YORK CYCLE CLUB

OCTOBER 1985

In its 49th year

BICYCLE USA

BEWARE OF BLIND CURVES!

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P.O. Box 877, Brooklyn, NY 11202
Rides Schedule

GUIDELINES FOR CLUB RIDES

NYCC rides are intended to be friendly group rides; we don’t like to “drop” or lose anyone. Riders whose physical or bicycle condition seem inadequate for the ride are to be turned back by the leader. Our leaders are truly reluctant to do this, so please cooperate with them:

1) Select rides within your capabilities - avoid downgrading the ride for your fellow riders and stressing yourself “trying to keep up” or, conversely, demanding a faster pace than advertised.

2) Be on time or a bit early. Rides will leave promptly.

3) Have your bike in good condition: both brakes working, properly inflated tires, adjusted derailleurs, no loose parts.

4) Bring water, snacks, spare tube, patch kit, pump and lights for after dark.

5) Eat a good breakfast.

RIE AND RIDER CLASSIFICATION

<table>
<thead>
<tr>
<th>Ride/Riders</th>
<th>Riding Pace</th>
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<tbody>
<tr>
<td>&quot;A&quot; SPOTS(WO)MEN</td>
<td>14-17 mph</td>
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<tr>
<td>&quot;B&quot; TOURISTS</td>
<td>11-14 mph</td>
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<tr>
<td>&quot;C&quot; SIGHTSEEERS</td>
<td>8-11 mph</td>
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<tr>
<td>&quot;D&quot; BEGINNERS</td>
<td>to 8 mph</td>
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Any member may lead a ride. See the respective Ride Coordinator to submit a Ride Listing form. Ride Coordinators' names and telephone numbers are listed on the cover of the Bulletin.

Central Park Boathouse phone numbers are: 650-9521, 744-9813, 744-9814.

V.P. Rides Note: I would like to apologize to Maggie Clarke and John Mulcare for accidentally omitting their names as leaders of the B- and C All Class Club Rides from last months' write-up. Sorry, folks.

<table>
<thead>
<tr>
<th>Date</th>
<th>Ride Description</th>
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<tr>
<td>Thur.-Mon.</td>
<td>THE FRENCH CONNECTION RIDE (IN PART), BURLINGTON+VT TO NYC. Leader: John G. Waffenschmidt</td>
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<td>Oct 3-6</td>
<td>Cost: $30 trainfare, sleeper car (in addition to trainfare) $30 single, $50 double; bicycle box (provided by Amtrak) $5. First day 120 miles to Fort Edward (lodging approx. $20 per person); second day 140 miles to Dover Plains (lodging approx. $25); last day 101 miles back to NYC. Bailout opportunities exist at Poughkeepsie and points south via Metro-North (pass required) Pace busting and other forms of unusual behavior will be tolerated and to a certain extent encouraged. Train and hotel reservations have been made but due to the season space is extremely limited. Call John YESTERDAY if interested.</td>
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<td>Sat-Oct.5</td>
<td>SOUTH MOUNTAIN ROAD RE-RE-REVISITTED. Leader: Rich Herbin (212-666-2162) Another classic route beginning at the Central Park Boathouse and culminating in a delightful romp through surprisingly rural routes in Rockland County. Ride through an apple orchard and along the Hudson River Adventure Trails. Return triumphantly in a memorable 94 mile paceline. Alternate pickup at the 6W Bridge walkway (NY side) at 8:40. Food stop at Friendly’s after 30 miles, deli stop later.</td>
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<td>Sat-Oct.5</td>
<td>BAYVILLE THE PRETTY WAY. Leader: Marty Wolf (H.212-935-1460; W.212-210-7547) Meet at Trainway Plaza (59th &amp; 2nd) for a prompt 8:30 departure. First and only food stop will be for lunch in Bayville. Call Marty for details.</td>
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SADDLE RIVER REVISITED. Leader: Alinda Barth (718-441-5612) Meet at the Boathouse for another ride through scenic Bergen County. There will be a deli or diner stop depending on the weather. Rain cancels.

Sun. Oct. 6
8:30 AM
A
75 mi.

A DAY AT THE RACES (UNOFFICIAL ALL CLASS CLUB RIDE) Leader: Mike Klaveness (212-873-5754) W.212-262-6810 In conjunction with the Oyster Festival in Oyster Bay (where else?) there will be a professional criterium race (part of the 7-Eleven Cup Series). Meet Mike at Boathouse for a friendly paceline ride via a scenic, meandering route for lunch in Bagville with the other groups and then on to Oyster Bay to watch the race.

B/C+
Leaders: Sara Flowers (718-544-9168) John Mulcare (718-672-5272) Meet at the Statue on Queens Blvd. (E or F train to Union Tpke.) for a somewhat hilly ride to the festival and race in Oyster Bay.

Sun. Oct. 6
B+
55 mi.

CONNECTICUT BERKSHIRE CARTOP. Leaders: David Moses (718-444-5681) Karen Reich (212-874-7923) This is an all day car topper for a ride through the scenic historic and HILLY areas of Litchfield County Connecticut. Call the leaders for further details.

Sat.-Sun.
Oct. 12-14
250 mi.

CAPITOL RUN-NEW YORK TO WASHINGTON. Leader: Steve Bauman, ATH (212-431-7100) If you missed the pre-trip meetin on Sept. 19 there still may be a chance that you can beg Steve to let you join the ride. Call A TH for details.

Sat.-Oct. 12
HILLIER THAN THOU CENTURY AND METRIC CENTURY. Leader: Central Jersey Bicycle Club See application elsewhere in the bulletin.

Sat.-Sun.
Oct. 12-13
A-
9:00 AM
220 mi.


7:30 AM
A
115 mi.

RIDGFIELD FALL FOLIAGE CENTURY. Leader: Chris Nailing (718-965-0894) Meet at the Boathouse for the sixth annual ride to Ossining, Somers and Ridgefield, Conn. Return via Bedford, Mt. Kisco and Pocantico Hills. Check out the scenery and fall foliage in between food stops in Ossining, Ridgefield and Tarrytown. Estimated riding time: 7 hrs. Portions of the ride will be ridden in a double paceline. Maps will be available, Rain cancels.

9:00 AM
B
80 mi.

NORTH SHORE HILL CLIMBER II. Leader: Alinda Barth (718-441-5612) Since the first hill climber was so much fun we’ll do another. This time we’ll follow a longer and more scenic route developed by Ed Flowers (who used to know how to ride a bike) Ha Ha. L.G.) Meet at the Statue on Queens Blvd. (E or F train to Union Tpke.) Lunch at the Northport Marina. Rain Cancels.

8:15 AM
B
65 mi.

SOMERSET RIVERS. Leader: Stanley Simon (212-741-3241) Meet at the World Trade Center (Vesey St. entrance) and take the PATH to Newark for a ride over gently rolling terrain. We’ll cross many old iron bridges with intricate ironwork, some dating back to 1910. There will be a stop at the Watch Hill Flea Market. Bring money for the PATH ($1.75 each way)

9:15 AM
C
30 mi.

BUCKS COUNTY BASH (ATH RIDE #83) Leader: Amy Weinstock (718-438-1603) Join a group of adventurers as we journey down to historic Bucks County, Pa. We will be staying at the Newtown Hostel, a converted farmhouse which pre-dates the Revolutionary War. The hostel is located in Tyler State Park which has its own bike trail system. We will tour this large park and venture out to New Hope and Washington's Crossing via the East Coast Trail. Expect rolling terrain with distances of 35-40 miles per day. The cost of $69 includes two breakfasts, one dinner, overnight hostel fee and round trip van transportation. You must sign up and pay for this trip in advance at ATH 75 Spring St. by Oct. 13. (Refer to Trip #83.) Trip departs at 6:00 PM on Friday from in front of ATH.

STATEN ISLAND QUICKIE HILL CLIMBER. Leader: Jody Sayler (H: 212-799-8293, W: 212-977-5500) Early morning hills-Late breakfast at the Conference House-Fast flat back to the ferry-brunch on Columbus Ave. Start PROMPTLY from the Boathouse at 8 or meet at 8:25 at the ferry.

BEDFORD VILLAGE. Leader: Joe Vaccaro (212-691-8515) Meet at Bedford Park Blvd. and Grand Concourse in the Bronx. (Next to last stop on the D train.) We will pass through Armonk on the way up and return through Connecticut. The usual stuff cancels. Call if in doubt.

BEDFORD REVISITED. Leader: Max Vickers (H: 718-728-7179, W: 212-889-7100) It's different in autumn! the air is crisper, the leaves are turning, and the legs are stronger. We will ride from the Boathouse for breakfast in White Plains and then tour rarely travelled country lanes of Connecticut and Westchester, now in their full fall foliage glory. NOTE: This is not an A+ ride, although some honest to goodness climbing is inevitable. There will also be a mile or so of un-metalled roadway. Morning rain cancels.

GREENWICH, CONNECTICUT. Leaders: Debbie Bell (212-864-5153) & Martha Ramos (718-858-9142) Meet at the last stop of the #2 Train. This is a hilly ride into Westchester and Connecticut. Destination: Greenwich. Return via Westchester. The location of the lunch stop depends on the weather. If you think this is a hilly ride, you should see the ones we eliminated, including reversing Dingletown and Cat Rock Roads. Rain or starting time temperature below 40 cancels.

CLUB MARKED ROUTE FORWARD FOR A CHANGE. Leader: David C. Miller (W: 212-594-5269, H: 212-794-9365) Meet at the Boathouse for a ride with a few steep hills over the marked club route in New Jersey. Please bring your lunch as the deli we used to stop at has been closed. Return by 4:00 PM.

CROTON AQUEDUCT TO POCANTICO HILLS FALL FOLIAGE III. Leader: Maggie Clarke (212-567-8272) Meet at Broadway and 211th St. (End of the A train north end of 207th St. station.) The ride is a reprise of a great ride to some great fall foliage, picnic on the Rockefeller Estate, and experience traffic free riding on the old Croton Aqueduct with views of the Hudson. Please bring your Metro North permit in case of emergencies; lunch or money for it and the usual tools; etc. Bikes with tires narrower than 1 1/8" are not recommended since the Aqueduct is not paved.

TIME TRIALS TAKE TWO. Leaders: Steve Sklar (212-245-3245), Lee Gelobter (718-646-7037) Do you remember the time trials we held in the spring? (Standing around and freezing your bums off?) Here's an opportunity to see how much you've improved during the season. You will be timed over the same route as we did in March (78 Bridge to Nyack via 78). After lunch in Nyack we will return via Bradley Hill; Western Highway and Routes 340 and 501. THE RIDE WILL ASSEMBLE ON HUDSON TERRACE 2 BLOCKS NORTH OF THE 78 BRIDGE WALKWAY. Because of the nature of the ride you should be prepared to stand around a while. (Leg and arm warmers are a good idea) Call Lee or Steve for further details. Rain cancels.

SAGAMORE HILL. Leader: Sara Flowers (718-544-9168) We will take a quick look at the historic spots including Teddy Roosevelt's estate and other Victorian structures in Oyster Bay. We will socialize beneath the trees while we eat our lunch. Be prepared for some hills and some beautiful sights. Meet at the Statue on Queens Blvd. (E or F train to Union Tpke.) Don't forget your water bottle.
Sun. Oct. 27  YE MERRIE LEAVES OF GLEN COVE. Leader: Maxia Vickers (h.718-728-7179; v.212-889-7100). It peaks later on Long Island. We will start from the Boathouse to view the dramatic foliage and mansionry on the North Shore. There will be an indoor breakfast and at least one deli stop. Double paceline where appropriate; but this will not be an A+ ride. Morning rain cancels.

Sun. Oct. 27  HOLMDEL REVISITED. Leaders: Debbie Bell (212-868-4586) & Martha Ramos (718-856-9142). Even if you didn't miss this car top ride in June come to enjoy the spectacular autumn scenery, horsefarms and rolling terrain. Starting from the snack bar in Holmdel State Park (Longstreet Road Entrance) near Exits 117 & 114 of the Garden State Parkway. Leaders will be riding the 80 mile route at a B+ pace. Follow them or ride at your own pace. Cue sheets will be available for all options. Call Debbie if you can offer or need a ride, or if you need directions to the starting point. Rain cancels.


Coming Events

Sat. Nov. 2  NYACK AGAIN; (OF COURSE). Leader: Bill Vojtech (718-336-6474). This ride was rained out last time so we'll try it again. Pray to your choice of Gods, Goddesses, Spirits, Nymphs and/or Totem Poles for cool, crisp (but not wet) fall weather. The pace will be brisk and we'll try for a lunch stop with class. Meet at the GW Bridge walkway.

Tues. Nov. 5  BANKERS, BUREAUCRATS AND FREELAVERS. Leader: Chris Mailing. A Classic !

Tues. Nov. 5  ELECTION DAY SPECIAL. Leaders: Debbie Bell & Martha Ramos. Destination Unknown???

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Election '85

At the September 10 meeting of NYCC, the following people were nominated for the 1986 Board of Directors:

- President: Martha Ramos
- Lee Gelobter
- VP Rides: Steve Sklar
- Debbie Bell
- VP Programs: Amy Smolens
- A Rides Coordinator: Art Guterding
- Josh Keller
- B Rides Coordinator: Jackie Plate
- C Rides Coordinator: John Mulcare
- William Clark
- Circulation Manager: Jody Sayler
- Editor: Gregory D'Agostino
- Public Relations Director: To be announced
- Secretary: Alinda Barth
- Rosmarie Ottomaneelli
ORDER NOW! Your Club T-Shirt/Jersey

- 50/50 Cotton/Poly Bulk Knit
- 3 Reinforced Back Pockets
- Colors: YELLOW, RED w/ Full Color Club Patch Design on Back.

Sizes: Small, Medium, Large

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Quantity/Color/Size

Total

Send to: Lee Gelobter, 2686 Ocean Ave, BKLYN, NY 11229

Your Name

Address

City

State

Zip

Deadline: Please mail your orders, checks, M.O.'s on or before 10/8/85

Note: If we don't fill a minimum production order by this date, all checks & M.O.'s will be returned to you.
October
Club Meeting Program
arranged by Sara Flowers
VP Programs
TOUR DE FRANCE

Thanks to the collaboration of three NYCC members, our October meeting promises to be a spectacular presentation of a spectacular event. Lee Gelobter and Alan Kindman have skillfully and lovingly recorded and edited the video presentation of the 1985 Tour De France and have offered to share the good view with their fellow club members. Larry Rutkowski, with his good Treasurer's eye on preserving the NYCC dollar (but not his own back), will provide the TV monitor.

This will be a rich, full evening. Join Lee, Alan, Larry, Greg LeMond, Bernard Hinault, and an international cast of hundreds on October 12.

DATE: Tuesday, October 12, 1985
TIME: 6:00 PM for beer, cocktails, soda, or just plain socializing
       7:00 PM for dinner
       IF YOU WANT DINNER AT THE FIXED PRICE ($10 for the meat, fish, or poultry; $7.50 for vegetarian; desserts extra) YOU MUST PURCHASE
       BY 7:00 PM. Diners will receive color-coded coupons; non-diners will be seated separately
PLACE: O'Hara's
       120 Cedar Street
       (N.B. 120 Cedar Street is one block south of the World Trade Center, between Trinity and Greenwich Streets. Enter the restaurant on Cedar Street, go through the door on your right, and go up stairs to our private room.)

BICYCLE PARKING IS PROVIDED but bring a lock for security. Take the elevator to the 4th floor, and leave your bike in the storage area provided there.

 Classified

20" HOLDSWORTH--only $400. 531 DB; all Campy except Weinman CP brakes. Brooks pro, tubulars. Silver and blue with chrome forks and chainstays. Practically unused. For more information about this great buy, call Vera Kraus at 212/989-1173.


Lead a bicycle ride for two. Taurean bicycle enthusiast joined NYCC to meet the man of her dreams--someone she could relate to on a bicycle. If you are an SJM between the ages of 30 and 40, call Jamie evenings at 718/846-8120.
Jody Sayler
49 West 75 Street
New York, NY 10023

First Class

Arlene Brimer
345 West 85th Street Apt. 36
New York, NY 10024