April
1985
INSIDE

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Tuesday, April 9

O'Hara's - 120 Cedar Street

Membership Update
**DUES ARE DUE--by or at the
next club meeting

NYCC Membership Application 12

P.O. BOX 877, BROOKLYN, NY 11212
APRIL RIDE LISTINGS

GUIDELINES FOR CLUB RIDES

NYCC rides are intended to be friendly group rides; we don't like to "drop" or lose anyone. Riders whose physical or bicycle condition seem inadequate for the ride are to be turned back by the leader. Our leaders are truly reluctant to do this, so please cooperate with them:

1) Select rides within your capabilities - avoid downgrading the ride for your fellow riders and stressing yourself "trying to keep up" or, conversely, demanding a faster pace than advertised.

2) Be on time or a bit early. Rides will leave promptly.

3) Have your bike in good condition: both brakes working, properly inflated tires, adjusted derailleurs, no loose parts.

4) Bring water, snacks, spare tube, patch kit, pump and lights for after dark.

5) Eat a good breakfast.

RIDE AND RIDER CLASSIFICATION

<table>
<thead>
<tr>
<th>Ride/Riders</th>
<th>Riding Pace</th>
</tr>
</thead>
<tbody>
<tr>
<td>&quot;A+&quot; ANIMALS</td>
<td>17+ mph</td>
</tr>
<tr>
<td>&quot;A&quot; SPORTS(W)MEN</td>
<td>14-17 mph</td>
</tr>
<tr>
<td>&quot;B&quot; TOURISTS</td>
<td>11-14 mph</td>
</tr>
<tr>
<td>&quot;C&quot; SIGHTSEEERS</td>
<td>8-11 mph</td>
</tr>
<tr>
<td>&quot;D&quot; BEGINNERS</td>
<td>to 8 mph</td>
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</table>

Any member may lead a ride. See the respective Ride Coordinator to submit a Ride Listing form. Ride Coordinators’ names and telephone numbers are listed on the cover of the Bulletin.

Central Park Boathouse phone numbers are: 650-9521, 744-9813, 744-9814.

ATTENTION A/A- RIDERS: Continue your conditioning and improve your paceline riding skills with Doug Blackburn (212)888-0048, who, weather permitting, will lead 45-60 min rides in Central Park every Tuesday and Thursday morning in April starting at 5:45AM from the Tavern on the Green. Several of us got into this habit last year and had a lot of fun, as well as improved our performance markedly.

Sat. Apr. 6

MAMARONECK; CHAPPAQUA; POCANTO HILLS. Leaders: Chris Mailing (718)965-0894 faster, Lee Gelober (718)646-7037 slower. The perennial Mailing classic. From the Boathouse.

Sat. Apr. 6

WESTCHESTER RAMBLE. Leader: Martha Ramos (718)857-9142. Meet Martha at the end of the #2 subway line in the Bronx (241St. and White Plains Rd.) for a ride to Westchester. There will be an indoor lunch stop. Starting temp. below 40F, winds over 15mph rain or forecast for 75% or greater for precipitation cancel.

Sun. Apr. 7

CROW HILL CLUSTER BUSTER (A TRAINING SERIES). Leaders: Maxim Vickers (718)728-7179 faster, Josh Keller (212)674-0955 slower. Measure your cardio-vascular works and gear ratios under the watchful eyes of the resident scavenging birdlife against this treacherous climb on Harritytown-Mt.Kisco-Armonk run. Bakery stop up, deli down. From the Boathouse.

Sun. Apr. 7

PIERMONT. Leader: Lin Ehrligh (212)737-3887. Meet at the Central Park Boathouse and ride to Piermont for brunch at the Turning Point. Temperature below 40F at the starting time, high winds or rain cancel.

Sat. Apr. 13

OYSTER BAY VIA BAYVILLE. Leaders: Chris Mailing (713)965-0894 faster, Claire Goldsmith (212)228-0828 slower. Check out the Gold Coast real estate. From the Boathouse.
Sat. Apr. 13  SPRING SHOPPING SPREE AT ROSLYN SIMMS. Leader: Jane Rothenberg
            (718)846-8120. Be an educated consumer. Meet at the statue of
            Civil Virtue at Queens Blvd. and Union Turnpike to ride to the
            Roslyn Simms, where you can buy everything, including shoes.
            Enjoy home-made ice cream and see the Wurlitzer juke box and old
            stained glass in Old Roslyn. Bring your lock.

Sun. Apr. 14  ARI, WESTCHESTER/(AND FAIRFIELD)/("A" TRAINING SERIES). Leaders:
            A  Josh Keller (212)674-0955 faster, Maxim Vickers (718)728-7179
            90 mi slower. Fortified with the inimitable French toast at the
            Flagship in White Plains we shall penetrate these exclusive
            localities up through very Hickory Kingdom and return with
            deli stop in Briarcliff Manor. From the Boathouse.

Sun. Apr. 14  Meet at the statue, Columbus Circle, to visit five countries
            C  --no passport needed--Korea, Lebanon, Italy, China, and
            25 miles Israel. Plenty of time for shopping, browsing, and eating.
            10:00 E.T.A. back in the States, 5 p.m. This trip can be arranged
            through your travel agent, or better still, just show up. The
            ride will be cancelled ONLY in the event of nuclear attack (in
            which case it will be held The Day After). Leader: Bernie
            Brook. 212/279-1907. Joint: NYCC/TA/AMC.

Sun. Apr. 14  FIVE TOWNS IN BLOOM-FAST TOUR. Leader: Chuck Albert (718)786-2779.
            B+ Meet at the statue of Civil Virtue, Queens Blvd. & Union Tpke.
            for a scenic ride through the Five Towns in Southern Nassau. We will
            50 mi keep B+ pace and not slower. This area is beautiful in spring
            and having architecturally interesting homes and mansions with
            wanderfully landscaped grounds.

Sun. Apr. 14  ACROSS STATEN ISLAND. Leader: David Moses (718)444-5681. Meet at
            B  the South Street Ferry for a prompt departure on the 9:30 boat.
            50 mi Bring 25c for the fare and low gears, as there will be some hills.
            9:15 Rain cancels.

Sun. Apr. 14  WESTCHESTER/KENISCO B-TRAINING RIDE. Leader: Maggie Clarke (212)
            B- 567-6272. Meet at Triangle Park (Dyckman St. Broadway and Riverside)
            40-50 mi for an evenly paced (10-mph) training ride. The aim is to increase
            9:30 distance capability while enjoying the scenery of the "back roads"
            Westchester. Please bring 3, tube, pump etc. Call Maggie Clarke
            for travel directions/rain cancellation decision.

Sun. Apr. 14  JONES BEACH JAUNT. Leader: Scott E. Feldman (212)310-5256/(718)
            C+ 444-9321.Join Scott for a scenic ride to Jones Beach. Meet at
            the statue of Civil Virtue (Queens Blvd. & Union Tpke.) Bring a
            50 mi spare tube, also a lock, since we will be lunching at the beach.
            9:30 Swim at your own risk.

Sat. Apr. 20  TRAINING RIDES' TIME TRIAL & CLINICS. (By the STAFF) This day
            A/B  will be spent in Bergen and Rockland. Bill Wojtech and Steve
            8:30 Sklar (212)245-3245 will administer the 20mi time trial from
            GWB to Nyack as part of the day's 50-60 mi. ride. After the time
            trial and refueling at the Skylark Diner, Chris Mailing (718)
            965-0894 will hold Cornering Clinic at a convenient place nearby.
            The techniques to be taught are the same as those taught at the
            Proficient Cycling Camp in Florida and explained briefly at the
            March Club Meeting. The participants shall then have a choice of
            continuing the ride with Bill and Steve or proceeding to the
            Hillclimbing Session given by Arlene Primer (212)362-2631 and
            Ione Ohman (212)644-6756(W) with spiritual guidance by Maestro
            Beekman (212)760-4303(W). This clinic will be based on lessons
            learned by Arlene and Ione at the said Florida camp and on
            Alex's many mountainous miles of experience. The rides will
            depart from the Boathouse, but may also be joined at GWB in
            time for the 9:00 shuttle. If you do not intend to participate
            in the time trial, call Ione.
Sat. Apr. 20  GREENWICH GAMBOL. Leader: Debbie Bell (212) 864-5153. A challenging ride through Westchester, the beautiful hills and homes of Connecticut and Greenwich. Meet at the last stop on the #2 subway line (241 St. and White Plains Rd.).

Sat. Apr. 20  SINGLES’ SURPRISE BRUNCH. Leader: Jane Rothenberg (718) 846-8120

C  Meet at the statue of Civic Virtue (Queens Blvd. and Union Tpks.)


Sun. Apr. 21  AAA#. Leaders: Alan Zindman (212) 989-8529 and Alex Bekkerman (212) 760-4303. Leave from the Boathouse for a fast (20mph) steady ride to Bear Mountain. We will climb on the River Rd. and then proceed to the mountain non-stop. A quick stop on the way back to catch 4:00pm bus to Manhattan. Bring food with you to save time on the ride. Note: the pace and overall standards of this ride will be maintained MERCILESSLY.

Sun. Apr. 21  GOLDEN’S BRIDGE. Leaders: David Walle (212) 570-6572 faster, Doug Blackburn (212) 388-0048 slower. This is the gala conclusion of the spring "A" training series. After a triumphant romp across Westchester we will spruce up and reconvene for a congenial pig-out in the City at a place to be announced during the ride!


B+  Meet at George Washington Bridge for 10:00 shuttle van. This will be a fast-paced ride with three major climbs and a lot of rolling hills. The scenery and the downhill rolls make up for the climbing. No pets or radios please.

Sun. Apr. 21  10th ANNUAL CHERRY BLOSSOM RIDE. Leaders: Irv Weissman (212) 562-7295, David Miller (212) 794-9365, Maggie Clarke (212) 567-8272.

35 mi  Meet at 9:00 at th New York Coliseum, (B'way at 60th St.) or at 9:45 at City Hall Park (Brooklyn Bridge, 1RT & BMT). We will take PATH at 10:25 from the World Trade Center to Newark (fare is 75c, exact change) for an easy-paced sociable ride through Branch Brook Park to the Belleville Cherry Grove which should be in full bloom with delicately linked cherry blossoms covering the hillsides and lining the brook walks. After a picnic lunch (best to bring your own, with drink, but a market is nearby) and stroll along the walks, we will return to the SW bridge before 4pm encountering several demanding hills along the way. Trip canceled if the 8:00 prediction of rain is 60%.

Sat. Apr. 27  KINGSTON ROUND-TRIP. Leader: Alex Bekkerman (212) 760-4303/(718) 438-4746. Now that the training rides are over, it is time for the year’s first Double Century. This ride will be held in a highly co-operative spirit with full use of drafting and group riding techniques. As much as possible I will adhere to 14hr schedule so that we could spend the evening with our friends and families. We will NOT concentrate on scenery, but rather on smooth, steady pace, proper eating and other endurance techniques. Call Alex for details.

Sat. Apr. 27  SADDLE RIVER TO NYACK. Leader: Lee Gelober (718) 646-7037. Meet at the SW corner of 23rd St. & 6th Ave. (PATH train entrance) for a quick but friendly-paced paceline ride up Blvd. East for a beautiful view of the skyline and through some of Bergen county’s more scenic roads. Return at a blistering pace along flat Route 501. Call Lee for more details.

Sat. Apr. 27  BAYVILLE. Leader: Sara Flowers (718) 544-9168. Meet Sara at the statue on Queens Blvd. (E or F train to Union Tpks.) for the season’s first ride along the Club’s favorite routes on the Long Island’s North Shore. You may lunch indoors or on the beach. Rain cancels.
Weekend Ride Previews

Fri-Sun  LITCHFIELD HILLS WEEKEND. Leader: David Moses (718)649-7630/  May 17-19 (718)444-5681. Drive to Sharon, Conn. on Friday night, 111 miles  B+/A-  from New York, for two days of hilly, challenging cycling on  7:30PM  Saturday and Sunday. The area is rural with covered bridges and other traditional New England scenery, the Northeast Audubon center and the Housatonic river. Plan to use car pools for getting there. For lodging - space for ten people is available at two Bed-and-Breakfast houses operated by resident families. The cost of accomodations and breakfast is approximately $80 for a double room for two nights. Contact the leader to set up car pools and to make room reservations. Please state your preference for single/double, smoker/non-smoker, private/shared bath and include $35 deposit per person by May 1.

Sat-Mon MEmorial Day Weekend in Sheffield, Mass. Leaders: Lee Gelobter  May 25-27 (718)646-7017, Rick & Jackie Plato (718)788-1322. With the Metro-North station only 27 miles away, the Ivanhoe Country House (413)  A/B/C  is the perfect base for a weekend of touring in the Berkshires. Room rates range $135-174 for the weekend, double occupancy, breakfast included. Since the number of available rooms is limited you MUST make your reservations as soon as possible. For getting there, there may also be a limited number of car spaces on first come-first served basis. Call Lee or Rick & Jackie for more details.

Fri-Jul.5 200km VERMONTAGNARDS. Leader: Maxim Vickers (718)728-7179.  A+  Due to circumstances beyond my control there shall be no blooming  125 m1  lilacs (see the March bulletin), however swimming holes are warmer in July and with four days available during the Independence Day weekend I will offer plenty of challenging, scenic and gastronomic touring from the Schoolhouse Hostel in Rochester, Vt. in addition to the title's piece de resistance. The cost of getting there in the AYH bus, sleeping on creaky bunkbeds and devouring four voluminous (and tasty) breakfasts and three dinners is a sensational $115. Refer to HB4 when talking to AYH.
**Coming Events**

<table>
<thead>
<tr>
<th>Date</th>
<th>Ride</th>
<th>Leader</th>
<th>Class</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td>5/5</td>
<td>All-Club Ride to Bethpage</td>
<td>Rides Comm. A/B/C</td>
<td>35-100</td>
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</tr>
<tr>
<td>5/10-12</td>
<td>TOSRV</td>
<td>AYH</td>
<td>A/B</td>
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<tr>
<td>5/19</td>
<td>Montauk Century</td>
<td>AYH</td>
<td>A/B</td>
<td>115</td>
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<tr>
<td>5/25-26</td>
<td>24hr Central Park Marathon</td>
<td>AYH</td>
<td>A/B/C</td>
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<tr>
<td>6/14-17</td>
<td>GEAR UP (Ride to)</td>
<td>Ramos/Bell</td>
<td>B</td>
<td>60 ea.way</td>
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<tr>
<td>6/15</td>
<td>Long Island Biketrain</td>
<td>Yorke</td>
<td>C+</td>
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<td>Strawberry Supreme</td>
<td>AYH</td>
<td>A/B/C</td>
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<td>200km Vermontagnards</td>
<td>Vickers</td>
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<td>7/21</td>
<td>All-Club Ride to Silver Lake</td>
<td>Rides Comm. A/B/C</td>
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<td>8/17-18</td>
<td>Delaware Water Gap</td>
<td>Mailing</td>
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**A Training Rides**

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<tr>
<th>Sat 4/6</th>
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<th>4†</th>
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<th>Mamaroneck, Chappaqua, Pocantico Hills</th>
<th>Chris Mailing</th>
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<tr>
<td>Sat 4/6</td>
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<td>9:00</td>
<td>Mamaroneck, Chappaqua, Pocantico Hills</td>
<td>Lee Gelobter</td>
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<td>Sun 4/7</td>
<td>80</td>
<td>4 3/4</td>
<td>8:00</td>
<td>Tarrytown, Mt. Kisco, Armonk</td>
<td>Maxim Vickers</td>
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<tr>
<td>Sun 4/7</td>
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<td>5†</td>
<td>8:00</td>
<td>Tarrytown, Mt. Kisco, Armonk</td>
<td>Josh Keller</td>
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<td>Sat 4/13</td>
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<td>4†</td>
<td>9:00</td>
<td>Oyster Bay via Bayville</td>
<td>Chris Mailing</td>
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<td>Sat 4/13</td>
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<td>Sun 4/14</td>
<td>90</td>
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<td>8:00</td>
<td>Round Hill, Ct., Bedford Hills, Tarrytown</td>
<td>Maxim Vickers</td>
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<td>Bill Vojtech</td>
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<td>Sat 4/20</td>
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<td>6</td>
<td>8:00</td>
<td>Golden's Bridge</td>
<td>Doug Blackburn</td>
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**B Training Rides**

**Saturday April 6**

WESTCHESTER RAMBLE: 45 miles. Meet at 9:15 am at the end of the #2 subway line in the Bronx for this ride. Leader: Martha Ramos.

**Sunday April 7**

PIERMONT: 45 miles. Meet at 10 am at the Central Park Boat House and ride to the Turning point in Piermont for brunch. Leader: Lin Ehrlich.

**Sunday April 14**


**Saturday April 20**

GREENWICH GAMBL: 55 miles. Meet at 9 am at the end of the #2 subway line (White Plains Rd. and 241 St.) for a challenging ride through Westchester. Leader: Debbie Bell.
The Admiralty Space

By Maxim Vickers

A specter is haunting the New York Cycle Club—the bugbear of ride classification. The gripes are manyfold. Some say the rides are not true to labels. Others complain that the labels shed no light on the nitty gritty of maximum gradients and instantaneous velocities. It is also heard that there are not enough "A" options available, since most "A" rides tend to acquire unadvertised plusses. As for "C" rides, there simply do not appear to be any and it has been reported to me (confidentially, mind you) that at least part of the reason lies in the reluctance of some leaders to assume the "stigma" of "C" classification and to smuggle in sub-standard offerings under a "B"-sized fig leaf. Hell! If our designated Animal, Mr. D. Walls, could lead a "C" ride (and yours truly can personally attest its authenticity) what else is needed to make them respectable?

I admit to a certain up-to-date laxity in editing the ride submissions. This was due as much to short lead times available for bulletin publication as to lack of concretely formulated policy. The former shall, therefore, henceforth be dealt with by postulating the latter.

The current ride and rider classification table, which precedes the ride listings in every issue of our bulletin, is not a frivolous concoction. Rather, it is the derivative of a project undertaken back in 1980 by Irv Weisman and Jimmy Rex. In February of the following year, Irv published in this very bulletin a graphical grouping of rides which I, with his blessings, am reproducing below* (A full reprint of Irv's article is available to any club member upon supplying me with a stamped self-addressed envelope). From this graph, a ride's class may readily be deduced by raising a vertical line from the Distance axis to intercept with Time (total elapsed) line. Drawing a horizontal line from that point will yield the average speed (with stops). The average road speed is, on the other hand, found by following the curve of velocity lines from the Time point. For example, 50 miles in 5 hours constitute a bone ride with overall average speed of 10 m.p.h. and average road speed of 12.5 m.p.h. (even though braver souls were probably speeding heavily on police radars down E. Clinton). During our last club meeting, Irv made a presentation of actual club ride data fit with this graph, and it was so remarkably good that I am prepared to recant on every instance of merriment in which I partook over the years at the expense of the size of his freewheels.

This, therefore, is the wisdom: save this graph! Cut it out, xerox it, microfilm it—whatever. If you are leading, it will be your responsibility to make sure that your ride fits into the space on it enclosing that letter which you choose to submit it under. Once on the road, you are responsible for administering it true to that letter. If you are riding, before you voice gripes, take out the graph and check if the ride's overall field performance did not perchance (surprise!) match its advertised classification.

For ease of editing (and lessening of potential for conflict) I would like to see EAT (Estimated Arrival Time) alongside the starting time in every Day Ride submission. Allowances will be made for near-freezing temperatures, mountainous terrain, and excruciating pace, but all horse trading is to be done with respective ride coordinators. Any ride reaching the Rides Desk with apparently inappropriate classification lettering, and inadequately documented justification for this, shall be demoted (somewhere I expect fewer promotions) to that rating level which is dictated by arithmetic.

I would also like to second Irv's suggestion that a new category "AA" (or as our cousins, the Princeton Wheelmen, have it—"AX") be introduced to denote the Animals. This will make "A+" available for finer differentiation between "A" rides, where there appears to be some need for this. "AA" ('AX") would occupy the outer reaches of the graph beyond the 17 m.p.h. curve...

The Rides Desk now considers the specter of ride classification exorcised, at least for the duration of this tenure or until publication of further research data.

Heartfelt thanks to those six (6) Club members who took the time, thought and effort to come up with designs for the proposed Club Jersey. I am hoping to see more entries before the Board meets to consider these (on April 2), but at least we have enough of them to select three, as planned. Remember those words, (in the Good Book, I believe) about lighting candles versus cursing darkness?

For those who are still racking their brains over the disposition of July-4 holiday weekend, here is a hint: BAM (Bicycle Across Massachusetts) '85. The tour will cover about 55 miles a day with all gear (and VERY tired cyclists) carried in sag wagons. All inclusive cost is $130, plus transportation to Massachusetts. This should be perfect for B/A cyclists eager to taste the delights of point-to-point touring. See Alinda Barth, "B" Rides Coordinator, for details.

("See p. 10 for Ride-Classification Chart.")
A Word To The Wise, Or: Motherly Advice From Your B-Rides Coordinator

By Alinda Barth

O happy day! The B-Training-Rides season has begun. I hope that you have spent some of the dreary winter afternoons overhauling your beloved vehicles back into a state of grace and glory. There is nothing better than getting out on a sunny spring morning on a clean, shiny, well-functioning bike.

The club has grown. There are many B riders. There are many kinds of B riders and rides. B rides are classified as going from 11-14 m.p.h. We have B- and B+ rides too. The differences among these rides lies within a mile or two of actual riding pace (excluding stops for lunch, flats, and fallen derailleurs). If you think there is not much difference, you are wrong. As Irv Weisman has recently pointed out, there is quite a difference. If you are new to the Club or out of shape, do yourself a favor by starting off at a pace that is a bit slower than your ego or wishful thinking tell you to do. Few things are more discouraging than setting off on that first fine spring morning--your first ride--only to find that you have selected the wrong group, got left behind, or tried all day to keep up and then spent two days in bed. Go on a B- or B ride and see how you keep up. If you go on a B+ ride and can't maintain the pace, you may be dropped. It is simply not fair to keep 14 strong riders waiting for you every 5 miles (if they are willing to wait) or slow them all down to your pace. If you find that you have selected the wrong group, be kind to yourself. Drop yourself off. Remember, riding is supposed to be fun, not torture. There is nothing ignominious about dropping out of a ride. I'm not ashamed to admit that I once dropped out of a ride I was leading when I had a really miserable day. (Luckily, I had a friendly co-leader.) These things happen.

This brings me to another point: Take a map along on each ride so that you can get back on your own if you must. Ride leaders occasionally provide maps, but are not required to do so. They all have jobs and lead harried lives like the rest of us. So be grateful that they are willing to lead you on a ride and don't expect any extra "service." Don't whine and complain if the ride is not exactly to your personal liking and specifications. Instead, lead a ride yourself. Your ride, the way you want it. Most importantly—we do need more B-ride leaders. If no one is willing to lead, there will be no rides. Please don't reduce me to begging and crying on the phone for more rides. Surprise me. Call me up one evening and say: "Hey, Alinda, I'd like to lead a ride to so and so on this or that day." If I do not answer immediately, I'll probably have fainted with joy.

Greetings, and good riding!

Welcome, Two New "E" Riders

By Cyclops

What do you get when you merge the New York City Department of Transportation with the American Youth Hostels? A first-issue 7 lb. 12 oz. baby boy! Timothy Laurence emerged on January 14, 1985, and immediately took charge of his parents—Larry Reilly, NYC Bicycle Coordinator, and Minifred Zubin, AYH Board President.

Lenny LoPinto, Brooklyn Public Library Children's Librarian, produced his first junior edition on January 26. Leonard Carl, Jr. weighed in at 6 lb. 3 oz. Mother Debbie, on leave from her nursing career, contributed.

Timothy and Leonard join our Club's growing "E" (for enfant) riders contingent, already consisting of Tony Mantione's Michelle, Carole Chavanne and Jim Ver Eeck's Helene (both born March 1983), and Lee Gelobter's Michael (born October 1983). Welcome, Timothy and Leonard!
Cycling Shorts

There is something new under the sun (:)—Steve Baron back from a trip to the British Crown Colony of Hong Kong, brings news of a bicycle powered by solar energy. The South China Morning Post reports a tandem driven by a combination of pedalling and electrical energy from solar cells completed a 1,150-mile trip from Cairns to Brisbane, Australia. Dr. Ugar Ortabasi, Director of the Solar Research Centre at the University of Queensland, estimated that the solar cells produced a 25% increase in speed, which was equal to 45% more power. The tandem built by Christie Cycles of Melbourne, has 10 gears for the riders, and 5 separate gears operating in conjunction with a power optimiser and a half horsepower electric motor mounted on the rear. The entire length of the bike was covered by a 56-square-foot canopy holding 440 Kyocera photovoltaic cells. I wonder if the bike was equipped with Suntour components.

Cycling history may remember four Japanese who last year attached sails to their bikes and went nipping across the Sahara Desert. The 2,750 Km journey from Ghardia, Algeria to Niamey, Niger, lasted almost two months. And you thought the camel was the only "ship of the desert."

Alexi Grewal's "Technicolor" Pinarello will be remembered in cycling history. It is now in the Smithsonian.

Here's some news about AMERICAN FLYER, a movie about two brothers who team up to beat a former teammate turned rival as well as the Russians at the Coors Classic. The film was previewed in L.A. in front of an audience of 400. Not one person rated the film in the "poor or fair" category, and 88% said it was "excellent or very good." AMERICAN FLYER was directed by John Badham (War Games), and produced by Gareth Wigan (Terms of Endearment). It will be released this summer.

If you can sometimes do with a bit of inspiration while cranking it out on your Racer Mate, try a cycling video. ICL, a division of the Coors Classic, is offering amongst its titles the '83 World Cycling Championship, the '84 Coors Classic, and a triathlete training tape. For a catalogue, write ICL Videos, 1737 Pearl Street, Boulder, CO 80302, or phone 303-442-7117.

A bicycle frame can weigh as little as 5 pounds and support thirty times its weight. The George Washington Bridge couldn't support thirty times its own weight.

In the book BICYCLE ROAD RACING by National Team Coach, Eddie Borysewicz, he describes some illnesses associated with cycling. They are: Eye redness, Hemorrhoids, Arthritis, Sinusitis, and Gastritis. And you thought you were going to get healthy and live forever.

According to Trivial Pursuit (card #87), the Tour de France "has the distinction of being the longest-lasting, non-mechanical sports event."

If you have any questions about leading a C Ride, call Gregory D'Agostino, your C-Rides Coordinator.
Vacation Ride: Help Wanted

In early June, three NYCC members (Clay Heydorn, Simone Smith, and Mike Klaveness) are planning a two-week bicycle tour through France. The trip will be self-supported and involve 7 to 8 days of biking 40 to 60 miles a day at a B+ pace. If you are interested in joining us, please call Clay for more information at 718/434-7176.

Free Brochure

THE NEW YORK BICYCLE TOURING GUIDE—2,000 miles of cyclist-tested routes criss-crossing the state. 4 separate routes, each with a number of strip maps and descriptive cover brochure. Request free flyer from Bill Hoffman, 53 Claire Avenue, #3C, New Rochelle, NY 10804.
April
Club Meeting Program
HI-TECH
arranged by Sara Flowers
VP Programs

Lennie Preheim of Toga Bicycle Shop will go 'hi tech' for NYCC at the April dinner meeting. New materials and concepts are the talk of the bicycle world. But Lennie will do more than just talk about new aerodynamic developments and precision products. He will also demonstrate, evaluate, and speculate. In preparation for this program he will draw on his seventeen years of experience in the industry and ten years of active participation and leadership in bicycle racing. Specifically for us he has contacted leading manufacturers and theorists for new equipment and ideas.

Whether your interest is touring or racing, theoretical or practical, Lennie's presentation of new bikes, new wheels, new alloys, new clothing, and new strategies will be on the mark. You are in for an evening of sharp ideas, precise presentations, and, always, a surprise or two.

DATE: Tuesday April 9, 1985
TIME: 6:00 PM for beer, cocktails, soda, or just plain socializing
7:00 PM for dinner
IF YOU WANT DINNER AT THE FIXED PRICE ($10 for the meat, fish, or poultry; $7.50 for vegetarian; desserts extra) YOU MUST PURCHASE BY 7 PM. Diners will receive a color-coded coupon; non-diners will be seated separately

PLACE: O'Hara's
120 Cedar Street
(N.B. 120 Cedar Street is one block south of the World Trade Center, between Trinity and Greenwich Streets. Enter the restaurant on Cedar Street, go through the door on your right, and go upstairs to our private room.)

BICYCLE PARKING IS PROVIDED but bring a lock for security
**Take the elevator to the 4th floor, and leave your bike in the storage area provided there.

Membership Update

By Irene Walter

NEW MEMBERS:

BAYER, Daniel
420 59 St.
B'klyn
11220
718-430-5179

COLLINS, Dwayne M.
201 W. 93 St. #13C
N.Y.
10025
212-316-1066

COLVIN, Bruce
215 Willoughby Ave. #1707
B'klyn
11205
718-780-2018

EVERGOOD, Howard
166 E. 92 St. #1F
N.Y.
10128
212-369-0441

FLEISCHMAN, Glenn
130 Gale Pl. #2H
Bronx
10463
212-803-6037

FRANK, Jonny
111 Hicks St. #14G
B'klyn
11201
718-643-9751

GREENBERG, Cora
420 59 St.
B'klyn
11220
718-430-5179

HAAS, Terry
111 Hicks St. #14G
B'klyn
11201
718-643-9751

MEMBERSHIP AS OF MARCH 6, 1985: 513

Please don't forget to renew membership!
Membership Application

APPLICATION FOR MEMBERSHIP IN THE NEW YORK CYCLE CLUB

As a N.Y.C.C. member, I accept full personal responsibility for obeying all traffic regulations and for my own safety on the road. I will hold the Club and its officers, and ride leaders blameless in case of accident.

NAME(S): __________________________ PHONE: (H) ______________

_________________________ (B) ______________

ADDRESS: __________________________ APT. ______________

CITY: _______________________________ STATE: ______________ ZIP: ______________

DATE: ______________ AMT. OF CHECK: _____ NEW _____ RENEWAL __

Circle if applicable: I do not wish my (address)(phone number) listed in the roster which is published in the bulletin semi-annually.

WHERE DID YOU HEAR OF N.Y.C.C.? __________________________

OTHER CYCLING CLUB MEMBERSHIPS (CIRCLE): AMC AYH LAW TA CRCA CCC

1985 membership dues are $12.00 per individual, $15.00 per couple residing at the same address and receiving one bulletin. Mail this application, with a check made payable to the "New York Cycle Club" to: NEW YORK CYCLE CLUB, P.O. Box 877, Brooklyn, New York 11202.