August
1979
New York Cycle Club

President and info:
Bill Cooper
185 Wickoff St.
Brooklyn, N.Y. 11217

V.P. Programs:
Lorraine Gewirtz
406 East 64th St.
New York, N.Y. 10021

V.P. Rides:
Ed Flowers
111-50 76th Rd. #4L
Forest Hills, N.Y. 11375

Ride Coordinators:
A-Gary Krysznowek
  Ty 3-5984
B-John Lorenz
  833-2223
C-Tony Moreno
  373-0776

Treasurer:
Leona Hollander
235 East 87th St.
New York, N.Y. 10028

Bulletin Editor
Charlotte Hildebrandt
76 Remsen Street
Brooklyn, N.Y. 11201

Secretary:
Chris Mailing
324 East 82nd St.
New York, N.Y. 10028

Circulation Manager:
Mel Shleifer

Members at large:
Bill Knight
Gary Krysznowek
Jim Rex

Next Meeting
Rinaldo's Restaurant
32 East 32nd Street
Tuesday August 21st
6:00PM
Bring a friend!

Photo L. Gewirtz
NO RIDE IS TOO SMALL OR TOO LARGE IF THERE IS A LEADER FOR IT.

Everyone is a potential ride leader. Mail your ride information to the ride coordinators.

A Rides to: Gary Kryznowek, 1460 Bronx River Road, Bronx, N.Y. 10472.
B Rides to: John Lorenz, 459-100 St., Brooklyn, N.Y. 11224.
C Rides to: Tony Morano, 93 Bay 23 St., Brooklyn, N.Y. 11224.

Your rides must be handed by the time of the monthly meeting.


Sunday HAUPPAGE CENTURY CYCLE AND SWIM: 100 miles "A" ride.
Aug. 12 Gary Kryznowek, leader. Meet at the Sutphin St. of the L.I.R.R. in Jamaica, Queens, at 6:00 A.M. for a 6:30 not too sharp start. We will be following the service road of the LIE. to Hauppauge, L.I., for a swim or just to stuff your face with food. Due to some special arrangements for this trip, you MUST call beforehand to let me know if you are coming! The number of people will necessarily be limited to a small group. Bring a swim suit and money. Please call 893-5984 after 6 P.M. NYCC ride.

Sunday BROOKLYN BRIDGE TO JONES BEACH: 60 miles, "C" ride.
Aug. 12 Sherman Cohen and Martha Ramos, leaders. 60 miles round trip. 8:00 A.M. from the Brooklyn side of the Brooklyn Bridge. Bring lock, lunch and bathing suit. Sherham Cohen, 332-1990; Martha Ramos, 858-9142. NYCC ride.

Friday 17 Aug -BRIDGE PARTY. 59th St. Bridge Bike/Pedestrian Lane Celebration. Non-denominational. All invited. If you can't bike, join us anyhow and walk across. Lorraine Gewirtz, leader. Meet 6:45 PM 59th St. bet. 1st & 2nd Aves. Cycle/walk to Roosevelt Island for picnic supper. Bring food or S. After dinner choice: ride, swim (bring $1.50, suit, towel, lock for locker) or theater (perf. info not avail. at press time). Bring bike lock, light, innertube, $, appetite. Return via tramway (50c). NYCC trip. Rain Date: Friday, Aug. 24th.

Sunday WESTCHESTER CRUISE "90": 90 miles, "A" ride. Chris Mailing, Aug. 19 leader. We will repeat the April 8 training ride #6 to Maryknoll, Kitchawan, Goldens Bridge, Bedford Village, Mt. Kisco and Pocantico Hills. Meet at Central Park Boathouse at 7:15 A.M. for a 7:30 SHARP start. Call Chris Mailing at 879-6199 with questions or between 6:30 and 7:00 A.M., before the ride if weather is doubtful. 879-6199. NYCC ride.
SundayAug. 19
NORTHERN N.J. & ROCKLAND CNTY. LOOP: 65 mi., "B+" (10-13
mph). Upright Irv, leader. Ride 8 A.M. from Central Park
West & W 72nd St., or 8:15 from Grant's Tomb (Riverside Dr.
& 122nd St.), or 8:40 from G.W. Bridge bus terminal (178 St. & Ft.
Wash. Rd.) or 9:A.M. from N.J. end of the G.W. Bridge South pedestrian
walk. This is the 50 mi. marked route. Low traffic roads ending
with the newly developed "Southeast passage" back to the G. W. Br.—the
hills are easier than Clinton Ave. A good familiarization run
for your Half Century Patch qualification ride (50 mile) in Sept.
Picnic lunch (bring or buy) in park, enroute. Return to G.W. Br. by
4 PM. For further info: LO2-7298. NYCC ride.

September
LABOR DAY 3-DAY HOSTELING WEEKEND: 300+ miles/3 days, "A"
1 - 3
ride. Bill Yao, leader. Ride will meet at G.W. bridge for
7:00 AM sharp start. We shall go out past Oakland Green-
wood Lake out to the Delaware Water Gap. We shall stay the first
night at the Layton Youth Hostel. Day two will be spent riding along
the Kittatinny and Shawangunk Mtn. up to the catskills. Night two
is at the Mt. Tremper Youth Hostel. We shall return via the coastal
route to the G.W. on Day three. Most of this route will be un-scouted
and we should rely on topographical maps to avoid the worst of the
hills. You must be an NYCC or AYH member to come on this ride. Please
call 749-1978 if you are interested. NYCC ride.

Saturday
8 Sept.
-BROOKLYN RENAISSANCE. 25 miles, C ride. Leaders: Lorraine
Gewirtz, Sherman Cohen. Meet 9 a.m. 5th Ave. & 72nd St.,
10 a.m. pedestrian exit of Bklyn Bridge on Bklyn side. Ex-
plore Bklyn Hqts, Boerum Hill, Ft. Greene. Visit remodeled
home, historic church with Tiffany windows and Lincoln memo-
rabilia. Lunch in choice of historic Montague St. ethnic
restaurants. Bring bike lock, innertube, hearty appetite,
$. (Small donation to non-profit org. for special guide).
Joint AMC.

Sunday
Sep. 9
COLD SPRINGS BREAKFAST RIDE: 110 miles, "A" ride. Chris
Mailing, leader. Meet at the Central Park Boathouse at
6:15 AM for a 6:30 SHARP start up the east bank of the
Hudson River (Route 9) to the Cold Springs Fire Hall for a hearty
breakfast at a bargain price. Return via Bear Mountain State Park,
through Rockland and Bergen Counties, with a second food stop in
Montvale, N.J. Call Chris Mailing at 879-6199 for further details or
between 5:30 AM and 6:00 AM on the morning of the ride if weather is
doubtful. NYCC ride.

Sunday
Sep. 9
50 MILE LAW PATCH RIDE: 50 miles,"B" ride. Upright Irv,
leader. We will ride as a group. Here is your chance to
see how easy it is to do 50 miles when properly paced by
a non-macho rider. Same route & meeting details as for the Aug. 19,
Northern N.J. & Rockland County Ride. LO2-7298. NYCC ride.

Saturday
Sept. 15
SATURDAY MORNING QUICKIE (FOR GOOD RIDERS): 50 miles, "B+"
ride. Chris Mailing, leader. Will cover Irv Weisman's marked
50 mile patch ride route through Bergen and Rockland
Counties in 3 hours. Meet at the New Jersey end of the George Wash-
ington Bridge and Hudson Terrace at 7:15 AM for a 7:30 AM SHARP start.
Call Chris at 879-6199 for further details or between 6:00 AM and
6:30 AM before the ride if the weather is doubtful. NYCC ride.

(continued)

Sunday 
Sep. 30 
Kryznowek, leader. Meet 6:00 AM for 6:30 AM start at Fordham Rd. at the Grand Concourse. This will be an easier version of the Annual Danbury Ride in order for people to spend a little time at the fair. However, it will still contain a few good climbs going and returning. Be sure to bring a lock & chain for your bike, tools for repair of your bike, and money for the fair. Phone 893-5984, Mon-Fri, 6 PM - 11:30 PM for questions. NYCC ride.

REGULAR RIDES -- LEADERLESS

CENTRAL PARK 10:00 A.M. Sat. & Sun. from Boathouse*
BEDFORD VILLAGE 10:00 A.M. Sun. from Firehouse.
WHITE PLAINS 9:15 A.M. Sat. from Milkmaid Diner: at Rosedale & Marmaronack.
LONG ISLAND 10:00 A.M. Sat. & Sun. from I.U. Willets School Pkg.
EASTERN LONG ISLAND Lot: I.U. Willets & Gna. Wds.Rd (Bridgehampton) 10:00 A.M. Sun. from Soporific Bike Shop, Montauk Hwy. (Rte. 27)

*The Boathouse is located on the East Drive of Central Park about 3 blocks north of the Fifth Ave. and 72nd St. entrance.

TRANSPORTATION ALTERNATIVES: Happy 1st Anniversary for Bike Lanes!?

5:30 Columbus Circle Rally for improved maintenance & regulation of our space.
6:00 Ride Down Broadway --a funeral procession for our late Bdwy. bike lane-- across 25th to 6th Ave. and up to ...
6:30 Herald Sqr. Where we'll cut the cake and celebrate!

TOHRV: Tour of the Hudson River Valley. Labor day weekend 1979 Three days New York City to Montreal, A very long "C" ride. Reservations must be made well in advance, and the tour will go only if there is enough interest. Please contact Bill Cooper no later than August 15th.

WANTED: Used child's single speed, coaster brake, bike for 10-12 yr old. Call evenings till 9 pm. (212) 777-6927.
PROGRAMS, ETC.

Lorraine Gewirtz

We did it! It took about two years but we finally, did it! We got a full time bicycle/pedestrian lane on the Queensborough Bridge. In appreciation why not drop a note of thanks to:

Mayor Ed Koch
City Hall
New York, NY 10007

Now, all we have to do is use it. The Department of Transportation is taking counts. They want at least 500 users daily. So, come and celebrate with us at our BRIDGE PARTY, Friday evening, August 17th. (See "Rides" for details).

Henry Gifford (see cover), winner of the 1979 Pepsicola Marathon with 405 miles, on one of the windiest days of the year, was our surprise guest at the July meeting. Henry now rides with the Tempo Bike Club sponsored by Toga Bike Shop. About 3 years ago Henry was a member of NYCC. On the writer's first bike trip which she intended to lead to 3 islands in the East River, Henry appeared. He joined Flora Millet and the writer on their winter ride. We made it through Central Park and over the foot bridge to Ward's Island. Here we were thwarted by ice and snow and the frigid temperatures. What could we do but seek shelter and thaw out. The only building we could find was Manhattan State Hospital. Needless to say, we had no trouble getting in. After our warm-up period we bid adieu to the friendly patients, aborted the rest of the cycle trip and enjoyed the indoor facilities of a local health club, sauna, whirlpool and all.

Frank Hynes, Field Representative for the Auto Club of New York, (local AAA affiliate) will be our August 21st guest. Mr. Hynes lectures on road safety at schools, police departments, service clubs and adult groups. He'll show us a critically acclaimed 25 minute film, "Only One Road". The film clarifies laws from the standpoint of the motorist and cyclist, stressing that the bicycle is another road vehicle. This promises to be another exciting evening. We hope to see you then.
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Trip Miles</th>
<th>Riders</th>
<th>Club's Milage</th>
</tr>
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<tr>
<td>Sep 16</td>
<td>4th Annual Hi-point &amp; Double Metric Century</td>
<td>25 50 120</td>
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<td>Sep 29</td>
<td>3rd Montauk Double Century</td>
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<td>Ancient Mariner Century (slow)</td>
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<td>Sep 30</td>
<td>Danbury Fair Century &quot;</td>
<td>100</td>
<td>Bx</td>
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<td>Sep 30</td>
<td>1st Annual Fall Club Ride</td>
<td>25 50 100</td>
<td>NYC</td>
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<tr>
<td>Oct 6</td>
<td>10th Capitol Run / 1 Day</td>
<td>250 &quot;</td>
<td>WOC</td>
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<td>Oct 14</td>
<td>TH Fall Foliage Ride</td>
<td>40 70</td>
<td>N.J.</td>
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<tr>
<td>Oct 14</td>
<td>TH Semi-Annual Riverhead Ride</td>
<td>65</td>
<td>L.I.-East</td>
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<td>Oct 14</td>
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<td>40</td>
<td>L.I.</td>
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<tr>
<td>Oct 14</td>
<td>Bear Mountain Rally &quot;</td>
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**Ride Results**

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<td>Apr 29</td>
<td>Bear Mountain Century</td>
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<td>9</td>
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<td>Delaware Watergap</td>
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<td>May 6</td>
<td>Lower Manhattan</td>
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<td>9</td>
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<td>East River Island Hopping</td>
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<td>Montauk Century</td>
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<td>Planting Fields</td>
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<td>Jun 30</td>
<td>Gracie Mansion</td>
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<td>Ramapo River Valley</td>
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<td>Dutch Weekend in Pennsylvania</td>
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<td>12</td>
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<td>Cedar Crest College Pa. (50)</td>
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<td>Princeton Training Century</td>
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<td>Queens Park</td>
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<td>Brooklyn Bridge</td>
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<td>Fulton Ferry Museum</td>
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<td>Vanasque Reservoir</td>
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<td>4th Annual Albany Ride</td>
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<td>Bike Two Bridges (10)</td>
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<td>Jul 1</td>
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<td>Sheephead Bay (20)</td>
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<td>Attempted Century</td>
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<td>Danbury Century</td>
<td>110</td>
<td>27</td>
<td>2,990</td>
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RESERVED FOR YOUR ARTICLE
SINIKAL SIKLIST