**Meeting - March 21, 1978**
Slide Show
National LAW Convention
Denver, Colorado

**MEETING** - Tuesday, March 21, 1978 at Rinaldo's Restaurant (one flight up), 32 East 32 Street near Lexington Avenue. 6:00 - Cocktails, 6:45 - Dinner & Conversation, 7:45 - Slide show of the 1977 National LAW Convention held in Denver, Colorado.
NO RIDE IS TOO SMALL OR TOO BIG, IF THERE IS A LEADER FOR IT!

Send your ride information in advance to V.P.-Rides by 21 March for next April bulletin period ending 14 May, or contact him by phone if not at the monthly meeting in person.

Sunday - 4th Annual Easter Patch Ride, AYH 25 miles "C" joint event. 
26 Mar
Mike Gerber, leader. Meet 11:00 AM at Flatbush & Nostrand Avenues in Brooklyn. Ride will be cancelled due to precipitation, wet or slippery roads, freezing weather, or 15 mph wind chill.

Sunday - April Poole Rallye AYH 75 miles "A" joint ride to Saggamore Hill of Oyster Bay Long Island, birthplace of Teddy Roosevelt. Bill Schwartz, leader request that participants must be previous experienced patch riders. This is not a novice ride!
2 Apr
Meet in Manhattan 6:45 AM at Tramway Plaza by 60th St & 2nd Ave (Queensborough Bridge), with pickup points along the route 7:15 by Woodhaven & Queens Blvds, 8:15 Union Tpke & Winchester Blvd (Alley Pond Park).

Saturday - 8 Apr
BAYSHORE DISCOVERY TRAIL approximately 42 miles moderate "B" ride. Lorraine Gewirtz & Sherman Cohen co-leaders of Appalachian Mountain Club (AMC) joint event. Demonstrate your support for developing this walking, cycling and environmental education trail.
Meet 8:30 AM at 72nd St & 5th Ave by Central Park, or on B'klyn side of B'klyn Bridge 9:30 AM. We will ride to Sheephead Bay for cycling on the trail and picknicking along the water. For desert we'll be treated to a guided tour of the Starrett City Sewer Treatment Plant. Bring bike lock and lunch. Rain date April 9.

9 Apr
Ride begins promptly 9:30 AM from Flatbush & Nostrand Aves in Brooklyn. "C" ride will end at South Ferry in Manhattan, "B" on Staten Island making use of the ferry. Bring coins....

<table>
<thead>
<tr>
<th>Date</th>
<th>Miles</th>
<th>Ride Name</th>
<th>Location</th>
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<tbody>
<tr>
<td>16 Apr</td>
<td>25,50</td>
<td>&quot;C-B&quot; AYH Patch ride repeat of Apr 9</td>
<td>Bkln</td>
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<tr>
<td>23</td>
<td>65</td>
<td>&quot;A&quot; Semi-annual Riverhead Ride</td>
<td>LI-East</td>
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<tr>
<td>29</td>
<td>40</td>
<td>&quot;B&quot; Annual Cherry Blossom</td>
<td>NJ</td>
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<tr>
<td>30</td>
<td>100</td>
<td>&quot;C,B&quot; AYH Birthday Patch Ride</td>
<td>Manhattan</td>
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<tr>
<td>6 May</td>
<td>40, 70</td>
<td>&quot;B,A&quot; Semi-annual ALLAMUCHY ride</td>
<td>NJ</td>
</tr>
<tr>
<td>7</td>
<td>58</td>
<td>&quot;B&quot; 5 Borough Bicycle Challenge</td>
<td>NYO</td>
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<td>14</td>
<td>200</td>
<td>&quot;AA&quot; 3rd Ironleg Double Century</td>
<td>Qns</td>
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<tr>
<td>20-21</td>
<td>55, 58</td>
<td>&quot;B,B&quot; TOES Tour of Eastern Suffolk</td>
<td>LI-East</td>
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<tr>
<td>21</td>
<td>115</td>
<td>&quot;A&quot; Montauk Century</td>
<td>Qns</td>
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--- Continued ---
27 May
4 Jun
11 Jun
17 Jun
24 Jun
25 Jul
8 Jul

405 miles/3dys
24 hrs
25,50,100 miles
207 miles
25,50,100 miles
155
35

"A-Z" Tour of Hudson River Valley
"A,B,C" Pepsi cola Bike Marathon
"A,B,C" Club Patch Rides
"A,B,C" Metuchen Club Patch Rides
"A,B,C" Deluxe Double Century
"A,B,C" Metuchen Club Patch Rides
"A,B,C" Solomon's Pond Park

More already slated and in the planning stages. You can call to co-ordinate your ride plans with Jim Rex and offer alternate choices.

ALL MONTH for March period, Hugh Rubin is conducting his DIAL A RIDE "B" series from Manhattan. Give him a call (212) 677-7295, beforehand.

REGULAR Rides - Leaderless

CENTRAL PARK 10:00 AM Sat. & Sun. from Boathouse
BEDFORD VILLAGE 10:00 , , Sun. , , Firehouse
WESTCHESTER 9:15 , , Sat. , , Milkmaid Diner
LONG ISLAND (Roslyn) 10:00 , , Sat. & Sun. , , I.U. Willets School parking lot
EASTERN LONG ISLAND (Bridgehampton) 10:00 , , Sun. , , Sophistic Bike Shop Montauk Hwy (Rt 27)

MARCH DATA SUPPLEMENTS

Total 9 rides: Saturdays 1B; Sundays 2C, 5B, 1A

WINTER QUARTERLY - RIDE RESULTS

( Nov, Dec, Jan)

<table>
<thead>
<tr>
<th>Qtrs</th>
<th>Ldr</th>
<th>Sub Totals</th>
<th>E</th>
<th>C</th>
<th>B</th>
<th>A</th>
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<tbody>
<tr>
<td>1976</td>
<td>9</td>
<td>14 588</td>
<td>88 3719</td>
<td>= 4</td>
<td>111 24</td>
<td>997</td>
</tr>
<tr>
<td>1977</td>
<td>14</td>
<td>14 487</td>
<td>126 3524</td>
<td>= 7</td>
<td>140 35</td>
<td>695</td>
</tr>
<tr>
<td>1978</td>
<td>15</td>
<td>12 432</td>
<td>79 2898</td>
<td>= 5</td>
<td>100 33</td>
<td>695</td>
</tr>
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</table>

Trip mile/Rider miles

Off season cold weather riders cut down on their usual daily distances. The "A" rider becomes like "B", who in turn like "C", who then tapers off till spring. Some takes up other exercises or activities to tie themselves over the winter, skating becomes the alternative to rollers and so on.

Thursday March 16th, A.Y.R.-Metro of 132 Spring Street in Manhattan will hold its annual auction about 7:00 PM, at bargain prices. Specially if you'll bring some goods you would like to sell. House rule 10% surcharge on the price you quote on any item of yours offered for sale will be collected, so as to keep out totally worthless items. More info (212) 431-7100.
Following leaders played the "Ice Breakers" recently:

1 Jan 1975 Jim Rex with 12 ORCA racers including Berryl Mulligan, in Manhattan.
1 Jan 1976 Jim Rex with Ron Kahn in Queens
4 " " , " , Bill Hoffman with 4 riders in Westchester
" , " , " , P. Melo & G. Fabian with 12 riders on Long Island
2 " , 1977 Jim Rex solo on Long Island
13 Feb " , Bob Hertzfelder with 5 riders in Central Park
1 Jan 1978 Steve Bauman with 7 riders on Staten Island

Notice: those of you interested to attend TOES 78, it's a weekend riding event on Long Island's Eastern Suffolk County. References can be found on p. 30 Dec 1977 L.A.W. bulletin, and managed by Don Moffitt. The daily rides of 55 & 58 miles are spent near Greenport with over night accomodations at Chequit Inn on Shelter Island.

The estimated cost for the registration, motel, meals excluding transportation is around $26 per head. For full details contact Donald B. Moffitt with self addressed stamped envelope at 19 Hampshire Drive, Wheatley Heights N.Y. 11798. More info 516-643-7293.

As reservations are liable to fill up quickly, a $5 downpayment to cover registration is requested, and the rest be paid by April 15 to secure accomodations. The rides will take place on the 3rd weekend of May.

Car owners who are willing to share room with bike on a cost share basis, and prospective passengers please contact after 6 PM your ride clearing house before April 4th, managed by Lorraine Gewirtz (212) 832-9073 and Sherman Cohen (212) 332-1990.

Sequel to Jan & Feb report.

Part XII - OUTSTANDING WOMEN RIDERS (Recently)

[Table listing various riders with details]

23 Total
7 members
RIDER PROFILE

1. Sex  _ Man  _ Woman

2. I've been a member of NYCC
   a) __ less than 1 year.
   b) __ 1 to 2 years.
   c) __ 2 to 5 years.
   d) __ over 5 years.

3. I am a member of these bike organizations:
   a) __ League of American Wheelmen (LAW)
   b) __ International Bicycle Touring Soc.
   c) __ American Youth Hostels (AYH)
   d) __ Other

4. For me, riding in city traffic
   a) __ is no problem.
   b) __ is not fun, but I do it.
   c) __ gets me nervous; I avoid it.
   d) __ is something I have yet to try.

5. My longest one day ride last season was
   a) __ less than 25 miles.
   b) __ 26 to 45 miles.
   c) __ 46 to 75 miles.
   d) __ 76 to 100 miles.
   e) __ over 100 miles.

6. Last season I rode
   a) __ infrequently.
   b) __ mostly on weekends.
   c) __ several times a week.
   d) __ daily.

7. With regard to winter riding, I
   a) __ would like to do it, but don't
      know how to dress for it.
   b) __ do it only when the temperature
      is above freezing.
   c) __ like it and do it frequently.

8. By the end of this season I want to do
   a) __ 50 miles in 6 hours (LAW).
   b) __ 50 miles in 5 hours (AYH).
   c) __ 75 miles in 9 hours (LAW).
   d) __ 75 miles in 7 hours (AYH).
   e) __ 100 miles in 12 hours(LAW).
   f) __ 100 miles in 10 hours(AYH).

RIDE PREFERENCES

9. I like rides which
   (check and circle all which interest you)
   a) __ Have definite destinations
      (beach, zoo, nature areas, museum).
   b) __ go thru scenic areas with few cars;
      destination of secondary importance.
   c) __ present a challenge in distance,
      mileage, terrain, or pace.

10. I generally like to get home
    a) __ before lunch.
    b) __ about 3 PM.
    c) __ before supper time.
    d) __ before dark.

11. My preferred distance (not including
    getting to and from the meeting point) is
    a) __ under 25 miles.
    b) __ 26 to 45 miles.
    c) __ 46 to 75 miles.
    d) __ over 75 miles.

12. My preferred terrain is
    a) __ flat.
    b) __ rolling.
    c) __ hilly.
    d) __ mountainous.

    (NOTE: In NJ, north-south is level to
    rolling; east-west is hilly.)

13. On longer rides I prefer to
    a) __ bring my own picnic lunch.
    b) __ buy a picnic lunch enroute.
    c) __ eat at a luncheonette.
    d) __ eat a good meal in a restaurant.

14. On our rides I prefer that
    a) __ our group rides together at the
       pace advertised by the leader.
    b) __ the group strings out, but regroups
       so that no one gets lost.
    c) __ everybody gets a map and rides
       at his own pace.

15. I am interested in a series of training
    rides to improve my performance.
    a) __ Yes.
    b) __ No.

Comments: __________________________
16. I go to ride starting points
   a) __ by car.
   b) __ by public transportation.
   c) __ by bike.

17. I would like to share the rental of a van to get to starting points out of NYC.
   a) __ Yes
   b) __ No

18. I am interested in 2 day weekends in which we ride our bikes to an overnite
   a) __ at motels or hotels.
   b) __ at AYH hostels.
   c) __ at neither; no interest.

19. I am interested in 2 day weekends in which we get there by car or van, and then ride in the environs of
   a) __ a motel or hotel.
   b) __ an AYH hostel.
   c) __ both
   d) __ neither; no interest.

Please use the additional space below, or a separate sheet, to make additional comments on:
   a) the club's monthly meeting programs - what you enjoy, don't enjoy, would like to see, etc.
   b) our newsletter - its contents, style, format, etc.
   c) anything else regarding your membership in the club.

VOLUNTEER HELP

Name: ________________________________

Address: ___________________________________________

Phone: ( ) _____________________________

20. I can help the rides program by
    a) __ leading rides.
    b) __ assisting or co-leading.

21. I am interested in workshops on planning and leading rides.
    a) __ Yes    b) __ No

22. I am willing to help the club put on the June Invitational Century, Half-Century, and Quarter Century rides.
    a) __ Yes    b) __ No.
A MESSAGE FROM THE BOARD OF DIRECTORS

For many years NYCC has been an affiliated club of the League of American Wheelmen (L.A.W.). All of us (the officers) belong to L.A.W., and we strongly urge you to join too if you're not already a member (over 40% of all NYCC members are). We think L.A.W. has a lot to offer—here are just a few of the benefits:

- special monthly Bulletin that lists all the major bike events and has articles on many aspects of cycling;
- complete directory with the name and address of every member, officer, and affiliated club;
- membership card, bike and car decals, and patches;
- discounts on the registration fees at GEAR and the L.A.W. Convention;
- legal assistance if you have an accident; optional low-cost accident and group life insurance; and free touring information for any part of the country you plan to bike in.

The most important reason why we all need to support L.A.W. is its work in the legislative area. This includes protecting our rights to the road, improving cycling conditions (like getting parallel sewer grates changed), and working for favorable legislation for cyclists. L.A.W. is the only national organization doing this. Maybe this doesn't seem important to you, but this is where the action is in cycling today, because the real decisions on bikes, equipment, and the way they're used are being made by non-cyclists in government. As a large national organization, L.A.W. can be more effective than one individual or club. To have maximum effectiveness, L.A.W. needs lots of members. Therefore, it's in your best interest to support L.A.W. by becoming a member. And of course, if you'd like to help out in other ways too, we know they'd be glad to hear from you. Just contact Bill Hoffman, our Regional Vice President (he's a NYCC member too), 220 Pelham Road, New Rochelle, N.Y. 10805, phone (914) NE 6-7597.

Why not join today, using the application form below. Let's make NYCC a 100% L.A.W. club!
FROM THE VELON'S DESK

We may not be able to get out on our bikes these days; but we have plenty of time to think and dream of those good days ahead. By the time this goes to print, the worst should be over.

On March 21st which incidentally is the first day of spring, you will be entertained at the monthly meeting by Irv Weisman, our former president, and Bill Hoffman, our LAW regional VP. They will present a slide show of the National LAW Convention of 1977 held in Denver, Colorado plus touring scenes of the area.

On Tuesday, April 18th Eric Kalvis will tell us about his cross country bicycle tour which should be most interesting. Eric has done considerable touring, and really knows where it's at.

On Memorial Day weekend the NYCC plans to show up at GEAR '78 with the largest turn-out ever, (we hope). This year GEAR will be held in Millersville, Penna. not far from Lancaster in the heart of the Pennsylvania Dach country. There will be more about this in the club and LAW bulletins.

Also coming up in May for those who have the time is TOSRV '78 (Tour of the Scioto River Valley in Ohio. This is a two day annual event covering 110 miles each day. Watch your bulletin and LAW bulletin for more on this.

In June the NYCC is planning a big patch ride in Northern New Jersey into Rockland County ranging from 25 to 100 miles. Watch your bulletin for further details.

On the July 4th weekend the NYCC is planning a gala weekend at the Tannah Lake Shore Lodge in Roscoe, NY. For those who can plan a four day weekend there will be a full program of rides and activities.

For those who can only take two days there will be plenty to keep you going.

Following are the rates:
For a 4 day weekend including 11 meals commencing after dinner on Friday, July 3rd to check out after lunch on Tuesday, July 4th, the rate is $39.00 per person double occupancy, and $109 single occupancy. For the 2 day weekend including 5 meals, the rates are $54.00 double occupancy, and $60.00 for single occupancy. The rates include transportation for self and bikes up the long hill for those who feel they cannot make it. Also included is swimming and boating on the lake or use of the pool, sauna bath and whirlpool.

Those who have attended the last two Labor Day weekends and the SCOR events will attest to the wonderful times to be had here, and the graciousness of the owners and staff. Start thinking about this soon.

Will be back next month with more tantalizing tid-bits.

Bob Herzfelder

NOTICES

It is with deep regret that the New York Cycle Club announces the recent passing of one of our long time members, Charlie Pinto. Charlie died of cancer in December. He will be missed by all who knew him and had the pleasure of riding with him.

Herbie Schaefer, our club sag wagon driver is recuperating from a broken hip suffered in a fall on ice on January 24th. He has been in Kings County Hospital; but hopes to be home by the time this goes to press. He would appreciate hearing from you. His address is: 601-A Surf Ave, Brooklyn, NY 11224
ez - Bike paths  Shleifer, mel

After I spoke against the North Bronx Bikeway at the hearing Jan 30 '78 a clubmember for it asked me "Would you be against bikeways/paths if the regulation made their use optional instead of mandatory?" I hastily replied no. Upon reflection on this question I must say "YES, I OPPOSE BICEPATHS REGARDLESS OF THEIR BEING MANDATORY OR OPTIONAL!!" %&#

The reason is that their being optional would cause them to be built more readily under various disguises as bicyclist's benefits; then a secondary bureaucrat with a Single Sentence could sneakily write our road rights away, as exemplified by the recent no parking on sidewalk issue. AFTER THE PATHS ARE CONSTRUCTED, DECISION REVERSAL MAY BE IMPOSSIBLE. I see the issue thusly- is a bicycle a road vehicle for transportation over existing routes? I say yes. One's right to travel over ANY roads should NOT be removed regardless of the mode of transport. An adult cyclist should be free to make their own risk-reward judgement. Every time we mount our bicycles we make a risk-reward judgement. I also fear a policeman may interpret the word "adjacent" very liberally (causing a detour of several miles) especially when a "job action" (his being more Nixon "productive").

Some of the bikeway/lane agitator believe they're gaining a "protection" when they ride same. A protection from what, their lack of traffic riding ability and NON-desire to learn those skills? Having these paths and mandating their mandatory usage reduces the skill of all to the lowest value. Cresson's Law applies to everything. Government can't give us anything, it can only take away. For example taking away our rights to cross rivers (Queensboro Br; extra gates on GWB to close pedestrian path at any whim; removal of Bklyn-SI ferry; removal of pedestrian walk on Br-Whitestone Br; Removal of right to ride roadway of Tri-Boro Br. and substituting sidewalk with 4 staircases and snow plowed onto it in winter; the former closing of Bayonne, Goethal and still closed Outerbridge; the lower Manhattan tunnels when they're closed to cars; you may find some I omitted; etc.). The right of using intercity trains when the coaches had vestibules and friendly conductors. Now the vestibules are gone and so is the right to carry a bike aboard as hand baggage on almost any train.

With the bike path agitators playing into the Fascists' hands pretty soon we won't be able to ride anywhere except the "circus" or rollers. Examples of this fascism exist in the various Consumer Product Safety Com. decrees and some State regulations--Remember reflectorized tires? One state makes bike flags mandatory. As experienced riders we should be opposed to anything that adds unnecessary impediment to our pleasure, even if disguised as a "benefit."

Therefore if we can use existing roads; bikepaths, "facilities" and etc. should fought against by every experienced rider. We should fight to EX PAND our rights, not limit them.

Memo To The Stockholders

Memo to the stockholders? Well the NYCC is a corporation. We do pay dividends. Dividends in the form of good riding, good health, good fun and friends. The club does have a board of directors and officers to carry out the day-to-day operation of the club. Like all corporations those who invest the most get the most dividends. In the NYCC those who ride, and lead rides, and participate in programs reap the largest dividends.

Our club's purpose is to promote cycling-FUN CYCLING. We have different definitions of fun. We can all enjoy the club to its fullest only if we all get out and participate.

I would like to see our proposed June patch ride be a big success. A ride where we can have members of other clubs join us. B and C riders who don't ride with other clubs will find it a true adventure and meet new friends. Volunteers

Continued
to make this ride a success are needed, please contact me.
The Board has included a message about the L.A.W. Again participation, on a national basis.
Now is the time to plan your spring rides and to get into shape. Those who attended the February meeting (participation) were able to get their introduction to aerobics, an excellent start to a fun season.

REPORT OF CIRCULATION MGR 1977

Perform the following math---
(no. of pages)x(No. of copies)x (.004 inches per page)-- inches of bull that month. Add these inches up for the year, divide by 1/3 inch per lb (or multiply by 360 lbs foot) to equal the total tons of bull removed from winter in '77. I leave the math to the reader.

No. of address labels stuck = the summation of the members per month for the year. Same for staples.

WANTED

Wanted: Bike, men's, 10 speed, 21" frame, clinchers, for visiting Japanese scientist. $75 or so.

Wanted: Ladies' frame bike, 21", clinchers. $75 or so.

Contact Irv Weisman, LO2-7298 or 650-8075.

FOR SALE

New Witcomb USA Road Frame, 23" Red, sloping fork crown. $215

Call (516)223-5007 Evenings.

NEW YORK CYCLE CLUB, Inc.
c/o Mel Shleifer
P.O. Box 1081
Mt. Vernon, NY 10551