

**Ride 7: Armonk [Traditional]
B16, B17, B18**

Turn	Total Miles	Street	For
L	0.0	Park Drive East	2.0
S	2.0	AC Powell Blvd [exit park]	1.3
R	3.2	W. 135th St.	0.5
L	3.7	Madison Ave [cross bridge]	0.3
L	4.0	Grand Concourse	5.0
BR	9.0	GC Service Rd [@205th St]	0.1
R	9.1	Van Cortlandt Ave E	0.3
L	9.4	Bainbridge Ave → Jerome Ave.	1.3
R	10.7	E. 233rd St.	0.2
L	10.9	Van Cortlandt Park E [P] → Kimball Ave	4.0
R	14.9	Pondfield Rd.	0.1
L	15.0	Park View Ave.	1.1
BR	16.1	→ Pennsylvania Ave.	
QL	16.1	Scarsdale Rd. [to end]	2.5
R	18.6	Ardsey Rd. [over hwy]	0.2
L	18.8	Chase Rd. [P]	0.2
L	19.0	Crane Rd.	0.1
R	19.1	Fox Meadow Rd. → Walworth Ave. → Fisher Ave	3.1

Turn	Total Miles	Street	For
	30.9	North on Rte. 128	5.0
L	35.9	Rte. 117 [Mobile Station]	4.6
R	40.5	Bedford Rd. [gas station]	1.0
S	41.5	Pleasantville Rd. Under Taconic Pkwy Pass Rte. 100 / 9A	2.2
L	43.7	S. State Rd. [@ "T"] → Beech Hill Rd.	1.8
X	45.5	Rte. 117 [short light]	
S	45.5	Bedford Rd.	0.1
1st R	45.6	Sleepy Hollow Rd. → Old Sleepy Hollow Rd.	1.7
L	47.3	Sleepy Hollow Rd. [@ "T"]	1.5
BR	48.8	Webber Ave. [at fork]	0.5
R	49.2	Bedford Rd. [Rte. 448]	0.2
L	49.4	N. Broadway [Rte. 9] [P] → S. Broadway [Rte. 9]	5.0
R	54.4	Rte. 9 [Ashford Ave.]	1.5
BR	55.9	Warburton Ave. → Riverdale	5.7
L	61.6	Radford St. [Michelin sign on L]	0.3
R	61.9	S Broadway → Broadway	2.0

BL	22.2	Bank St. → Ferris Ave.	0.5
R	22.7	Water St. → Barker Ave.	0.5
L	23.2	N. Broadway [Rte. 22]	1.4
BL	24.6	to stay on Rte. 22	0.6
BR	25.2	Mt. Kisco Rd. [Rte. 22]	3.9
R	29.0	King St. [Rte. 120]	
QL	29.0	Old Post Rd. [ignore "Do Not Enter" sign]	1.0
X	30.0	Rte. 22 [stop light]	
S	30.0	Old Rte. 22 [to end]	0.5
L	30.5	Main St. [Rte. 128]	0.4
	30.9	LUNCH	
		Continue on Rte. 128	

☺	63.9	Lloyd's Carrot Cake	0.2
		242nd St. Subway [1 train]	
		B16 End	
S	64.0	B17 & B18 Continue	0.3
R	64.3	W. 238th St.	0.0
QL	64.4	Kingsbridge Ave.	0.7
R	65.1	W. 228th St.	0.1
L	65.1	Adrian Ave. [hill]	0.2
L	65.3	W. 225th St.	0.2
R	65.5	Broadway	0.0
X	65.5	Use Sidewalk over Bridge	0.3
R	65.8	W. 218th St.	0.2
L	66.0	Seaman Ave.	0.7
L	66.7	Riverside Dr.	0.0
QR	66.7	Broadway	1.2
R	67.9	Bennett Ave. [hill]	0.7
R	68.7	W. 181st St. [x Ft. Washington]	0.2
L	68.9	Cabrini Blvd.	0.1
L	68.9	W. 180th St.	0.1
R	69.0	Ft. Washington Ave.	0.7
R	69.7	W. 165th St.	0.1
L	69.9	Riverside Dr.	4.9
L	74.7	W. 72nd St.	0.6
S	75.3	Central Park	1.2
End	76.5	Boathouse	