Ride 1: Westwood
B16

Turn	Total Miles	Street	For
L	0.0	Park Drive East	2.0
L	2.0	W. 110th St [*exit park*]	0.9
R	2.9	Riverside Drive	2.3
R	5.2	W. 155th St. [*BL up hill*]	0.2
L	5.4	W. 158th St. [*up RSD ramp*]	0.3
R	5.7	W. 162nd St.	0.1
L	5.8	Ft. Washington Ave.	0.7
R	6.5	Cabrini Blvd.	0.1
L	6.6	GWB Bike Path [*cross*]	1.3
R	7.9	Hudson Terrace [*to end*]	2.0
L	9.9	Palisade Ave.	0.4
R	10.3	Summit St. [*to end*]	0.7
L	11.0	Lyncrest Rd. [*to end*]	0.4
R	11.3	N. Woodland St.	1.0
R	12.4	Kent Rd. [*to end*]	0.2
L	12.5	E. Clinton Ave.	1.5
R	14.1	County Rd. [*Rte. 501*]	2.0
S	16.0	Anderson Ave.	1.2
L	17.2	Hardenburgh Ave. [P]	1.3
R	18.5	Schraalenburgh Rd.	1.9
BL	20.4	at fork [*stay on Schralenburgh*]	0.3
L	20.7	Harriot Ave. [*Tappan Rd.*]	1.0
L	21.6	Bogerts Mill Rd.	0.4
R	22.1	Old Hook Rd. [*Rte. 502*]	0.8
L	22.9	Main St. [*at light*]	0.1
QR	22.9	Bergenline Ave.	0.2
R	23.2	Into Westood Diner	0.1
		Parking Lot	
		Just past Carver Ave	
		LUNCH	
		Exit Diner from Front	

Turn	Total Miles	Street	For
R	23.2	Old Hook Rd. [*front of diner*]	1.7
R	24.9	Schraalenburgh Rd.	1.2
L	26.1 27.2	Hardenburgh Ave. [*1st L after Lukoil Station*]	1.1
R	27.2	County Rd.	0.2
BR	27.5	Piermont Rd. [*at fork*]	1.3
L	28.8	Hudson Ave.	0.3
R	29.1	Magnolia Ave.	0.6
L	29.7	Hillside Ave.	0.1
QR	29.8	Serpentine Rd.	0.4
L	30.1	Westervelt Ave.	0.2
R	30.3	Engle St.	0.6
L	30.9	E. Hudson Ave. [*at light*]	0.3
R	31.2	Elkwood Terr	0.1
L	31.3	Lydecker St. [*hill*]	0.1
R	31.4	To stay on Lydecker	0.2
X	31.7	Glenwood Rd. [*L then R*]	0.0
BR	31.7	To stay on Lydecker	0.6
L	32.3	Walnut St. [*uphill to end*]	0.6
L	32.8	N. Woodland St.	0.1
R	32.9	Pershing Rd.	0.3
R	33.2	Summit St.	0.4
L	33.6	E. Palisade Ave.	0.4
R	34.0	Hudson Terrace	2.0
L	36.0	GW Bridge [*cross*]	1.3
R	37.3	Cabrini Blvd.	0.1
R	37.4	W. 177th St.	0.1
L	37.5	Haven Ave.	0.4
R	37.9	Ft. Washington Ave.	0.2
R	38.1	W. 165th St.	0.1
L	38.2	Riverside Dr.	4.9
L	43.0	W. 72nd St.	0.6
S	43.6	Central Park	1.2
End		Boathouse	