

Nyack The Back Way: (B16)

Apr-2011

Turn	Tot Mi	Street	For
L	0	Park Drive East	2.1
L	2.1	W. 110th St. <i>[park exit]</i>	0.4
R	2.5	Riverside Dr.	3.3
R	5.8	W. 155 th St. <i>[BL up hill]</i>	0.2
L	6.0	W. 158 th St <i>[up R.D. ramp]</i>	0.3
R	6.3	W. 160 th St.	0.2
L	6.5	Ft. Washington Ave.	0.8
L	7.3	W. 177 th St.	0.1
R	7.4	Cabrini Blvd.	0.1
L	7.5	GW Bridge <i>[cross]</i>	1.3
L	8.8	Immediately after bridge on sidewalk	0.2
L	9.0	Enter Henry Hudson Dr	7.1
ST	16.1	→ uphill P @ police station	0.1

Turn	Tot Mi	Street	For
L	28.5	S. Blvd / S. Highland Ave <i>[at stop sign] [down hill]</i>	0.3
L	28.8	Rte. 9W <i>[N. Highland Av.]</i> <i>(At traffic light)</i>	0.4
R	29.2	High Ave. <i>[to Broadway]</i>	1.1
	30.3	Lunch in scenic Nyack	
		RETURN	
	30.3	Broadway <i>[south]</i>	0.1
L	30.4	Main St.	0.1
R	30.5	Piermont Ave. <i>[thru Piermont]</i> <i>[single file only...CAUTION!!!]</i>	3.5
BR	34.0	Ferdon Ave.	0.9
L	34.9	Highland <i>[return via 9W]</i>	0.1
BR	35.0	Rte. 9W <i>[paceline riding?]</i>	9.5
R	44.5	Sage <i>[to end]</i>	0.1
L	44.6	Johnson <i>(park w/restrooms)</i>	0.4

Turn	Tot Mi	Street	For
BL	16.2	Under overpass to "T"	0.1
R	16.3	9W	4.1
L	20.4	Oak Tree Rd <i>[at light]</i>	1.5
R	21.9	Bike Path <i>[1st Right after Rockland Park]</i>	1.0
X	22.9	Washington Cont. bike path → end	1.5
L	24.4	Greenbush Rd. IMED	0.1
R	24.5	Highview Ave. IMED	0.1
R	24.6	Western Hwy @ RR	0.5
R	25.1	Bataan IMED	0.1
R	25.2	Mountainview	0.3
X	25.5	Rte. 303 <i>[short light]</i>	0.1
BL	25.6	S. Greenbush IMED	1.7
R	27.3	Bradley Hill Rd <i>[Rte. 38]</i>	1.1
L	28.4	S. Highland Ave @ "T" <i>[down hill]</i>	0.1

Turn	Tot Mi	Street	For
L	45.0	Van Wagoner <i>[to end]</i>	0.1
R	45.1	Floyd	1.0
L	46.1	Palisade Ave.	0.2
R	46.3	Hudson Terrace	2.0
L	48.3	GW Bridge <i>[cross]</i>	1.3
R	49.6	Cabrini Blvd	0.1
R	49.7	W. 177 th St.	0.1
L	49.8	Haven Ave.	0.4
R	50.2	Ft. Washington Ave.	0.2
R	50.4	W. 165 th St.	0.1
L	50.5	Riverside Dr.	4.8
L	55.3	W. 72 nd St.	0.6
ST	55.9	into Central Park	1.2
	57.1	Boathouse	