

Go	At	Onto	For
L	0.0	East Dr (central Park) over GWB	7.9
R	7.9	Hudson Ter to END	2.0
L	9.9	CR 505 (E Palisade Ave)	2.2
R	12.1	CR 505 (Knickerbocker) to Livingston St	6.7
L	18.8	Blanche Ave	0.6
R	19.4	Tappan Rd to END	1.9
L	21.3	Main St	0.3
X	21.6	Old Tappan	0.1
BL	21.7	S Greenbush Rd to Western Hwy to END	5.3
L	27.0	W Nyack Rd - DELI	0.3
R	27.3	Strawtown Rd	0.7
R	28.0	Old Mill Rd	2.1
L	30.1	Deer Track Ln (climb)	0.3
L	30.4	Andover Rd	0.1
QR	30.5	Waters Edge (to end) ROUGH near end	1.6
L	32.1	S. Pine Ave	0.1
QL	32.2	Congers (Lake) Rd - Take the lane	1.1
R	33.3	Ridge Rd to END CAUTION GO SLOW	1.4
L	34.7	South Mountain Rd (Caution)	2.5
R	37.2	Central Hwy at STOP sign (Little Tor)- Ride up to top then turn around and come down	1.6
R	38.8	South Mountain Rd - CAUTION pot holes	1.7
L	40.5	Rt 45 - snack - The Orchards	0.7
R	41.2	Rt 86 (Pomona Rd) to END	1.8
L	43.0	Rt 306	0.5
R	43.5	Lime Kiln Rd - SLOW on descent	1.3
L	44.8	Spook Rock (sharp left, easy to miss) to Cherry Lane	5.8
L	50.6	W Saddle River Rd - ROUGH at start	3.7
L	54.3	E Allendale Rd - DELI	0.0

Go	At	Onto	For
QR	54.3	W Saddle River Rd	1.2
L	55.5	Lower Cross Rd	0.4
R	55.9	E Saddle River Road	1.7
BR	57.6	TRO E Saddle River Rd	0.6
L	58.2	E Glen Ave	1.3
R	59.5	Pascack Rd	0.9
L	60.4	Soldier Hill Rd - ROUGH on descent	1.9
R	62.3	Kinderkamack Rd	0.4
L	62.7	Oradell (fluids @ corner) to END	0.7
R	63.4	Grant Ave to Boulevard	1.0
L	64.4	Madison Ave to end	2.8
R	67.2	Piermont Rd	0.5
L	67.7	Hudson	0.2
R	67.9	Magnolia to END	0.7
L	68.6	Hillside	0.1
QR	68.7	Serpentine	0.4
L	69.1	Westervelt to END	0.2
R	69.3	Engle	0.1
L	69.4	Woodland Park Dr to END	0.4
R	69.8	Leroy	0.3
BL	70.1	Elkwood	0.2
L	70.3	Lydecker St	0.2
L	70.5	Next Day Hill (ROUGH) to END	0.4
L	70.9	Speer to END	0.1
QL	71.0	Highview	0.1
QR	71.1	Lewellyn	0.3
L	71.4	Douglas	0.0
QR	71.4	N Woodland St	0.3
L	71.7	Lyncrest to END	0.4
R	72.1	Summit St	0.8
L	72.9	John St to END	0.4
R	73.3	Hudson Ter	1.9
L	75.2	GW Bridge to Boathouse	7.8
	83.0	Central Park	