

A19 SIG Ride #8
Rockland Lake

Go	At	Onto	For
L	0	Boathouse over GW Bridge	8.1
L	8.1	Hudson Ter (ride on sidewalk to path)	0.5
L	8.6	River Rd	8.3
R	16.9	9W	4.1
L	21.0	Oak Tree	2.0
BR	23.0	TRO Oak Tree > Main > Kings Hwy	0.2
BL	23.2	Greenbush	0.5
R	23.7	Western Highway	4.8
L	28.5	West Nyack Rd/Pit Stop	0.4
R	28.9	Strawtown	2.3
R	31.2	At blinking light TRO Strawtown	2.3
R	33.5	Congers > Lake Rd E	1.9
BL	35.4	TRO Lake Rd E	0.4
X	35.8	9W into Rockland Lake State Park	
R	35.8	1 laps around lake	3.8
L	39.6	US 9W S (Rockland lake)	1.4
L	41.0	Christian Herald (at gas station)	0.4
BL	41.4	Old Mtn Rd (easy to miss)	0.2
R	41.6	N Broadway	1.0
	42.6	Runcible Spoon (Nyack)	

Go	At	Onto	For
		Return	
	42.6	N on Broadway	1.0
L	43.6	Old Mountain Rd	0.2
R/QL	43.8	TRO Old Mountain Rd	0.4
X	44.2	9W, becomes Christian Herald	0.6
L	44.8	Mountain View Av > Waldron	1.6
BR	46.4	TRO Waldron	0.1
R	46.5	TRO Waldron	0.3
L	46.8	Schuyler Rd	0.7
L	47.5	Bradley Hill Rd	0.4
R	47.9	Tweed Blvd	1.5
S	49.4	Tweed Blvd (Caution: sharp L and steep downhill at end)	2.2
R	51.6	9W	12.2
L	63.8	Palisades	0.1
R	63.9	Hudson Terrace	2.0
L	65.9	GWB > CP	8.0
	73.9	End CP	